

Parish of Bangor, Member of Ards Pastoral Community

Seventh Sunday in Ordinary Time - 24 February 2019

Seeing Your Life Through the

Lens of the Gospels

Luke 6:27-38

1. Our natural tendency when attacked is to protect ourselves; when we are attacked, we attack back. We respond to an angry word with another, or to a blow by hitting back. Here, Jesus suggests that at times there may be another way to act. What has been your experience of retaliation? Has it been life-giving? Have you experience of another way of acting?
2. 'When we do good to another, it can sometimes be in return for what we have received. At other times it can be done in the hope of getting something back. Or we may do it simply for the sake of doing good without any strings attached. Jesus suggests that this is when we are at our best. Recall your experience of these different ways of giving and celebrate the occasions when you gave without expectation of return.
3. Jesus proposes the generosity of God as a model for our generosity, and says that the generous will be rewarded. Perhaps you have experienced rewards, even in this life, from generous behaviour.

John Byrne osa
Email jpbyrneosa@gmail.com

Sunday Mass Times this week:

Bangor:	Vigil 6.30pm 10.30 am, 12.30 pm.
Donaghadee:	Sun 9.30 am.
Ballyholme:	11 am.
Holywood:	Vigil 6.30 pm; 10 am and 12 noon.
Newtownards:	Vigil 6.30 pm; 11.30 am.
Comber:	10.00 am.

Weekday Mass Times:

Bangor:	Monday - Friday 9.30am.
Ballyholme:	Mon and Fri 9am.

Confessions: Sat 5.30 pm.

Children's Liturgy:

Every Sunday at the 10.30am Mass for children from P1-P7. Parent consent forms must be signed.

Baptisms: 1st and 3rd Sunday of the Month at 2pm. Register online at www.bangorparish.com under Sacramental Preparation. 2 month's notice required.

St Vincent de Paul Helpline No: 077 0367 9384

The Deep End - Freely Giving

*Lord, teach me to be generous,
to serve you as you deserve,
to give and not to count the cost,
to fight and not to heed the wounds,
to toil and not to seek for rest,
to labour and not to seek reward,
save that of knowing that I do your holy will.*

The 'Prayer for Generosity' which many of us learned as children, is associated with St Ignatius Loyola, founder of the Jesuit Order, yet it is unclear whether he actually composed it. One of the earliest references to it comes from 1910, when it began to be used as a prayer for the French scouting movement. To this day it is often known as 'The Scout Prayer' and is used by many Scout groups as a blueprint for the work they do.

The prayer perfectly sums up the generous spirit of the many volunteer organisations and charities whose members give their time and energy so freely and generously to help others.

Your prayers are requested for:

Recently Deceased:

Anne Byrne, Mary Hamilton,
Dermot McCaffrey

Anniversaries:

John Rogan, Mary Larkin, Tony Hill,
Brain O'Connor, Mary Sharwin,
Eric, Mary and Gerard Beaman,
Kay MacKenzie, Thomas Donohue,
Paul and Jacqueline McCann,
Brendan Barr, Patsy Goan, Phil Trist,
Patrick Gilmore, Alice Barnes,
Deirdre and Fiona Clarke,
Richard Robinson, Edith Williamson.

*The second collection next weekend is
the monthly stipend in support of
your priests.*

Perpetual Adoration

St Comgall's Church
Monday 10.30am-9.30pm.

Trocaire and Traidcraft are having
a sale this weekend 23/24 February. Tea
and coffee will be served after all
Masses on Sunday.

St Joseph's Young Priests Society.

The latest addition of The Sheaf, the
quarterly magazine of the Society, is
available at the back of the church.
Please take a copy.

Diocesan Pilgrimage to Lourdes

Full Board in hotel: 7 nights (9-16 July)
£725 or 5 nights (10-15 July) £650. Full
board for sick or infirm pilgrims with
medical and nursing care in Accueil
Notre-Dame: 5 nights (10-15 July)
£550. Youth team (7-16 July) £590. All
flights from Belfast Int'l Airport.
Application forms available from the
Parish Office.

St Columbanus' College PTA –

Table Quiz Thurs 28 Feb. Doors
open 7pm Quiz at 7.30pm. Tables of up
to 8 £20. BYO Drinks, Nibbles
Provided. Participants must be aged
20+ To book a table please email:
stcolumbanuspta@gmail.com. Please
support this event to raise much needed
funds for the College.

Cappella Caeciliana will present "A
Spring Celebration in Words and
Music" in Clandeboye Courtyard on Sat
2 March at 7.30pm. Tickets cost £16
and are available from Clandeboye
Office or at www.caeciliana.org

**St Vincent de Paul - Most Holy
Redeemer Conference** will hold a
cake sale after 11am mass next Sun 3
March to help raise additional funds to
meet the many demands on the Society
which are increasing all the
time. Please support this event.

Welcome Rota for March

6.30 pm Mass
Una Sweeney, Anne McCabe
10.30 am Mass
Lisa Morrow, Una Graham
12. 30 pm Mass
Coici Denny, Eileen Hanna

World Day of Prayer

*Come Everything is ready! Praying for
Slovenia, A Service for Everyone.* First
Bangor Presbyterian Church, Main
Street, Bangor. Friday 1 March,
Refreshments from 10am, Service 11am.

(Ballyholme Branch)

Ballycrochan Presbyterian Church at
11am on Friday 1 March. Refreshments
will be served from 10am. Everyone is
welcome. *Please come and support the
Women of Slovenia.*

**First Saturday Devotion of
Reparation** as requested by Our Lady
of Fatima will take place in St Joseph's
Church, Killough on Saturday 2 March:

Sacrament of Reconciliation from 9am;
Rosary at 9am; Meditation on the
Mysteries of the Rosary 9.30am, Holy
Sacrifice of the Mass at 10am.

**A Quick Journey through the
Bible:** A series of talks on an overview
of the Bible by DVD. An excellent
introduction for those who may not be
too familiar with the Bible. They will be
shown at the Monastery in Portglenone
on the Sun evenings during Lent at 5pm
beginning on Sun 10 March. All
welcome. Contact the Monastery or
Thomas Carey on 079 6762 0435 for
further details.

Tobar Mhuire

Ash Wednesday Day of Prayer

Our annual day of prayer is dedicated to
prisoners; their families, and those who
care for them. Chapel open all day for
Adoration followed by Prayer Service at
7pm. Talk by Fr Ciaran Dallat (Prison
Chaplain) at 7.30pm. All welcome.
Wed 13 March: First of our Lenten
Talk Series: The Beatitudes of Pope
Francis with Dr Aidan Donaldson at
7pm. All welcome. Voluntary donation.

Down and Connor Youth Team

'Strictly Come Dancing' in aid of the
Lourdes Pilgrimage. Join us for a
superb evening of entertainment in
Carryduff Parish Centre on 15 March at
7.30pm. Ticket £15 for Adults, £7.50 for
children. Can be ordered through the
Carryduff Parish Office on 9081 2238
or drumbo@downandconnor.org

**The MIC Thurles Student
Experience Day** will take place in
MIC St Patrick's Campus, Thurles, on 6
April. If you're interested in a career in
education then this is the event for you.
Register your interest for the day and
find out more at www.micopenday.ie

Shalom Retreat:

*A retreat that will shine the light of
Christ into your heart and lead you to
forgiveness, freedom and healing!* will
be held in Drumalis Retreat Centre
(Sisters of the Cross and Passion) 5-7
April from Fri 10am-Sun 4pm. Register
at www.shalommedia.org/retreat

Ards CCE - St Patrick's Night

Special Concert and new CD launch,
Friday 8 March, doors open 7.30pm,
St Comgalls Parish Centre. Featuring
Ards CCE Entertainment Groups,
McClellan Family, Irish Dancing,
McGinn Family and guest artists.
Tickets £5 from Thomas' shop, kids
free, late bar, great ballots.
More info Ards CCE Facebook.

**6 Night Parish Pilgrimage to
Rome, Assisi and Cascia:**

Some spaces now available due to
cancellations. Spiritual Directors Fr
McGrath and Fr McGrattan. Divine
Mercy Sun in Rome, 27 April -3 May
2019, package price from £945 pps.
Single rooms available. Application
form available in the Parish Office or
9081 2238 opt 2.

Support for the Bereaved

If you need to talk to someone about
your bereavement, a member of the
Bethany Bereavement Support Group
can be contact on the Confidential
mobile number: 075 1085 2157.

Parish Envelopes 2019-20

The new parish envelopes will be
available for collection in March. If any
parishioner does not have envelopes
and would like some please contact the
parish office.

Fr Gunn/Parish Office Tel: 9146 5522, 27 Brunswick Road, Bangor.

Website: www.bangorparish.com

Email: bangor@downandconnor.org Office hours Mon-Fri 9.30am-1pm.