

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 9.30pm to 1pm.

PARISH NEWSLETTER

Sixth Sunday in Ordinary Time, Year A – 12 February 2023 –

Your prayers are requested for

Recently Deceased:

Sheila O'Neill, Clare Crothers (Belfast).

Anniversaries:

Matthew Mani, Bert Cassidy, David Carlin, Sidney Stalford, Brian Duffy, Patricia O'Reilly, Deirdre Clarke, Peter Carberry, Sonny Inglis, Una Devlin, Eddie McElvoy, Mary Waddell, Rita Brogan, Ellen Curran, Anne McBurney, Eileen Bell, Michael Devlin, Kathleen Dornan-Brown, Thomas & Brigid Doherty.

For more details on the different notices please go on to the parish website:

www.bangorparish.com

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Mass is Live Streamed and can be accessed via the Parish Website

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Holy Hour in St Comgall's Donaghadee – every 2nd Sunday in the month @ 2.45pm

<https://www.bangorparish.com/the-parish-today/the-columban-sisters/>

LINK FOR: 🙏 Sr Maura's PRAYING TOWARDS... SUNDAY REFLECTIONS on the HOLY SCRIPTURES.

Canons Whyte and Gunn wish to thank most sincerely all those who prepared last Sunday's celebration of their being nominated Canons. It was an overwhelming occasion for us with the beautiful traditional music, the wonderful refreshments but above all the warmth and support of so many parishioners who attended. Thanks are also due to Fr Joe Rooney who spoke so kindly of both of us and to Canon Ronnie Nesbitt who dropped in. Deep gratitude is also offered to Jacinta Crockford, Thomas McMullan and the background team who did so much unsung but invaluable work co-ordinating cakes and food in the kitchen and to Pat McAllister and those who prepared the hall.

Furthermore in response to so many kind wishes on his recent birthday, Canon Gunn promises to try and become wiser! (That is the Belfast sense in wising up!!) Canon Whyte says he is not making any promises.

Full Copy of The Sunday Missalette can be found on The Parish Website Under "News"

BAPTISM REGISTRATION
Please register online SIDE BAR under 'Baptism Registration'

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 12th February 2023 @ 9.00am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Sat Vigil 11th February @ 6.30pm and
Sunday 12th February @ 10am & 12noon

MASS TIMES FOR:

DAILY MASS NEXT WEEK – 13th to 17th February

Morning Mass:

Monday, Wednesday, Thursday and Friday at 9.30am

TUESDAY 14TH FEBRUARY, REQUIEM MASS SHEILA O'NEILL AT 10AM

A number of Masses including funerals are recorded.

These can be accessed by clicking on the link below:

www.churchservices.tv/bangor

Solemn Adoration of the Blessed Sacrament takes place every Monday. Adoration will last from after Morning Mass until **4.00pm** with the intention of prolonging it later until 9.00pm as heretofore subject to there being sufficient adorers on the rota. Please let us know if you are interested in being part of the evening rota.

Apologies for any loss of information for the bulletin through emails to the parish office but there has been a problem with the diocesan parish email (bangor@downandconnor.org) over the last week if you can use the following email for the next week or so...

parishofbangor@gmail.com

Many thanks for your patience...

New & Existing Altar Servers welcome!
Parents please give your details into the parish office during office hours or by email. Many thanks.

Bethany Bereavement Support Group
we are here to support and listen.
Confidential. New No.
07732 513400

FRIENDSHIP CLUB every on Tuesday all welcome!

This is a 5 Page Bulletin.Full Copy Online....

PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
BRIDGE CLUB at 7.15 until 9.45pm	FRIENDSHIP CLUB at 10.00am	MENCAP Every fortnight at 6.00pm	St Comgall's Guide Unit (Girls aged 6-18) at 6.30pm
YOUTH CLUB 6.30pm – 8.30pm	IRISH DANCING CLASSES at 6.00pm	YOUTH CLUB 6.30pm – 8.30pm	IRISH CLASS & CEILI DANCING at 7.00pm
LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room]	SENIOR CHOIR Starting 11 th October at 7.30pm	BADMINTON Every fortnight at 8.00pm	

BOOKING OF PARISH CENTRE:
Contact Thomas on T: 07305 746 263 or Email: mcmullanthomas481@gmail.com

If you have a parish group and wish to advertise the times of starting or day in this Parish Newsletter please contact the parish office by email on: bangor@downandconnor.org

AT A GLANCE – NEWS ITEMS IN THE PARISH AND AROUND THE DIOCESE
To see the fuller details please go to the parish website 'Parish Newsletter'

TWO NEW JOB VACANCIES - PARISH SECRETARY & ACCOUNTS OFFICER, BANGOR PARISH PARISH SECRETARY

The post holder will be required to: 1) provide confidential, efficient, and effective secretarial support to the Parish Priest, and assistance to visitors and parishioners who visit or make contact with the Parish office. 2) effectively and efficiently manage and maintain the Parish Office. The terms are based on a permanent appointment requiring 15 hours per week, Monday to Friday from 10.00 am to 1.00 pm daily. Rate of Pay - £10.50 gross per hour.

ACCOUNTS CLERK

The post holder will be required to: 1) provide accurate, efficient, and confidential financial support to the Parish Priest and Parish Finance Committee. The terms are based on a permanent appointment requiring 15 hours per week on a Monday, Tuesday and Wednesday from 10.00 am to 3.00 pm daily. Rate of Pay - £10.50 gross per hour.

Closing date for both applications will be 12.00 noon on Thursday 16th February 2023

ONE VACANCY - PARISH CENTRE CLEANER, BANGOR PARISH

We are seeking to recruit 1 Parish Centre Cleaner within Bangor Parish, (St Comgall's Parish Centre, Brunswick Road, Bangor). The post holders will be required to provide an efficient and comprehensive cleaning service to the Parish to ensure the Parish Centre is clean, tidy and in an orderly condition at all times. The terms of each role are based on a permanent appointment requiring 8 hours attendance each week, work pattern to be agreed. Ability to work flexible hours is required from the post holders from time to time. Rate of Pay - £9.50 gross per hour.

Closing date for applications will be 12.00 noon on Monday 6th February 2023

Full details relating to the vacancy can be found on the Diocesan website at: <http://www.downandconnor.org> clicking on the tab: **JOB VACANCIES** and on the Community NI website, where terms and conditions relating to the role can also be accessed by way of a Role Profile and Employment Application form. Application packs can also be obtained from the Bangor Parish Office. We welcome applications from anyone who feels they meet the criteria and are interested in playing an active part in the Parish. *Down and Connor Diocesan Trust is an Equal Opportunities Employer*

St Vincent de Paul Helpline 077 0367 9384

The Society of St Vincent de Paul offers practical and confidential help to those in need throughout the North Down Area. Donations can also be made to SVP Giving Page at www.svp-ni.co.uk. If you are a UK income tax-payer please consider Gift Aiding your donation, which will enhance your donation by 25% at no extra cost to you. Gift Aid forms are available on the Parish website, or on request, via SVP Helpline number, as above.

The Society is always on the lookout for new Members, and if you are interested and can spare a few hours per week please speak to a Conference Member, or leave your name and contact number on the Helpline and we will return to you promptly. You will be warmly welcomed and full training will be given.

Please support our

TROCAIRE COFFEE MORNING

in aid of the victims of the Earthquakes on **Sunday 12th March** after both Masses, great ballot prizes!

DOWN and CONNOR DIOCESAN TRUST

VACANCY – BANGOR PARISH, 'ACCOUNTS OFFICER' PART-TIME

A vacancy has arisen for a Parish Accounts Officer within Bangor Parish, St Comgall's Parish Office, Brunswick Road, Bangor, BT20 3DS. The post holder will be required to:

- provide accurate, efficient, and confidential financial support to the Parish Priest and Parish Finance Committee.

The terms are based on a permanent appointment requiring **15 hours** per week on a Monday, Tuesday and Wednesday from 10.00 am to 3.00 pm daily. Rate of Pay - £10.50 gross per hour.

Closing date for applications will be 12.00 noon on Thursday 16th February 2023

VACANCY – BANGOR PARISH, 'PARISH SECRETARY' PART-TIME

A vacancy has arisen for a Parish Secretary within Bangor Parish at St Comgall's Parish Office, Brunswick Road, Bangor, BT20 3DS. The post holder will be required to:

- provide confidential, efficient, and effective secretarial support to the Parish Priest, and assistance to visitors and parishioners who visit or make contact with the Parish office.
- effectively and efficiently manage and maintain the Parish Office.

The terms are based on a permanent appointment requiring **15 hours** per week, Monday to Friday from 10.00 am to 1.00 pm daily. Rate of Pay - £10.50 gross per hour.

Closing date for applications will be 12.00 noon on Thursday 16th February 2023

VACANCY – BANGOR PARISH, 'PARISH CENTRE CLEANER', PART-TIME

We are seeking to recruit 1 Parish Centre Cleaner within Bangor Parish, (St Comgall's Parish Centre, Brunswick Road, Bangor). The post holders will be required to provide an efficient and comprehensive cleaning service to the Parish to ensure the Parish Centre is clean, tidy and in an orderly condition at all times. The terms of each role are based on a permanent appointment requiring **8 hours** attendance each week, work pattern to be agreed. Ability to work flexible hours is required from the post holders from time to time. Rate of Pay - £9.50 gross per hour.

VACANCY - DIOCESAN CURIA OFFICE, 'EXECUTIVE SUPPORT OFFICER'

An exciting opportunity has arisen for the recruitment of an Executive Support Officer, to join the Down and Connor Diocesan Trust team based at 75 Somerton Road, Belfast, BT15 4DE. The Executive Support Officer will be required to provide a full portfolio of support to the present Apostolic Administrator and the future Bishop of Down and Connor, Senior Clergy and the Management Team, by way of expert secretarial, clerical, administrative and diary management services. If you are an individual with excellent communication skills and the ability to deal with sensitive and confidential matters in a professional manner, then we see this as a unique opportunity to join the Down and Connor Diocesan Trust Team. The terms are based on a permanent appointment for 35 hours per week. Monday to Friday from 9.00am – 5.00pm; additional out of hours may be required from time to time.

Salary: Will be considered within the range of £27,000 to £30,000 gross per annum – commensurate upon experience. **Closing date for applications will be 12.00 noon on Tuesday 7th February 2023**

Full details relating to the vacancy can be found on the Diocesan website at: <http://www.downandconnor.org> clicking on the tab: **JOB VACANCIES** and on the Community NI website and on nijobs.com, where terms and conditions relating to the role can also be accessed by way of a Role Profile and Employment Application form. Application packs can also be obtained from Bangor Parish Office. We welcome applications from anyone who feels they meet the criteria and are interested in playing an active part in the Parish.

Down and Connor Diocesan Trust is an Equal Opportunities Employer

DIOCESAN NOTICES:



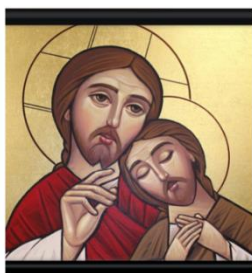
The annual 4 Corners Festival has announced its dates for 2023 and this year's theme which will be Dreams...Visions for Belfast.

The festival will feature a range of art, music, discussion, sport and faith-based events from January 27 to February 5 in venues across the city.

Now in its 11th year, the festival was conceived as a way to inspire people from across the city to transform it for the peace and wellbeing of all.

It features innovative events designed to entice people out of their own 'corners' of the city and into new places where they will encounter new perspectives, new ideas and hopefully meet new friends.

The full programme is now live, for more information go to www.4cornersfestival.com/the-festival



Beloved Disciples

Spirituality for the
Autumn of Life

"Old age, is where wisdom is woven, which in turn illuminates the lives of younger generations and the entire community."
Pope Francis

Why not take some time this February/March to join us for the Beloved Disciples Programme which explores and celebrates the gifts that older people bring to our Church community. It reminds us that there is no such thing as retirement from the Kingdom of God and that we are called to discipleship at every age in our lives. The programme, designed for the over 60's runs for 4 weeks. Over a cup of tea/coffee there will be opportunities for talking and listening and sharing what our faith means to us as we continue our journey seeking to grow in the love of Christ and others.

The programme for women, will begin on Friday 10th February at 11:00am at **Living Church 120 Cliftonville Rd, Belfast**, and will conclude on Friday 3rd March. Each session will be approximately one hour long and will be facilitated by Fr Paul Byrne from the Living Church Office. We look forward to welcoming you!

To Book Contact Claire: Email: livingchurch@downandconnor.org Tel: 028 9069 0920

▪ **BEGINNING EXPERIENCE IS A PEER MINISTRY**

to the bereaved, separated and divorced, based within the Family Ministry of the Diocese of Down and Connor. The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on **three Saturdays (February 18th and March 18th 2023)** Booking essential. Residential weekend in Drumalis, Larne, 10/12th March. To find out more, contact Phil: [02890 207645](tel:02890207645) or Marie [07896119669](tel:07896119669) or email belfastbe@yahoo.com

OTHER NOTICES:

▪ **NI CANCER PILGRIMAGE TO LOURDES, Sun 28 May to Fri 2 June 2023**

The price of £799 (with price reduction for Cancer Patients) will include: Return flights from Belfast International Airport, operated by Northern Star Travel Ltd. Full board and accommodation at the Hotel Agena in Lourdes for five nights based on twin/double/triple rooms. Service of JWT guides in Lourdes. The party will consist of patients, ex-patients, relatives and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel. [07846 88388](tel:0784688388) or email mail@nicancerpilgrimage.org.uk

▪ **COLUMBANUS ACROSS EUROPE**

Dear Friend of Columbanus Bangor, An Italian Columbanus friend sent me the link below which is a beautifully illustrated copy of a children's book written by Giovanni Caselli about the journeys of Columbanus across Europe through the eyes of a young trainee monk called Finbar. <https://rotharoutes.com/wp-content/uploads/2015/09/columbanus.pdf>

▪ **FOSTER CARE SERVICES AND SUPPORT**

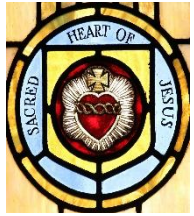
'There are children in crisis today in our local communities – children of all ages and all abilities. Can you spare an hour a day, an overnight or a weekend or more to make a difference in a child's life? If you can, then contact the Regional Fostering Team at www.adoptionandfosteringcare.hscni.net or on 0800 0720 137....remember ,every child is just one caring adult away from success'.

Dromantine Retreat and Conference Centre

'**NODDING OFF**' *How to sleep deeper and better for longer* Saturday, 18 February (9.30am - 4.30pm) 2023 £40.

'**DIFFICULT PEOPLE**' *How to bring out the best of people at their worst.* Saturday, 11 March (9.30am - 4.30pm) £40 Please contact Jacinta or Louisa to reserve your place: TEL: 028 (048 from ROI) 3082 1964

EMAIL: admin@dromantineconference.com



6th Sunday in Ordinary Time, Year A – 12th February 2023

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.
composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

FEBRUARY/MARCH 2023

Friday 10 February

Saint Scholastica

Saturday 11 February

Feast Day of Our Lady of Lourdes

Sunday 12 February

6th Sunday of the Year A

Tuesday 14 February

Saints Cyril & Methodius

Friday 17 February

Saint Fintan, Abbot

Sunday 19 February

Saints Paul Miki and companions

Tuesday 21 February

Saint Peter Damian

Wednesday 22 February

ASH WEDNESDAY

Sunday 26 February

1st SUNDAY OF LENT

Sunday 5 March

2nd SUNDAY OF LENT

NOTICE FOR NEW AND EXISTING ALTAR SERVERS – BANGOR PARISH, St Comgall's Church, Brunswick Road
It is hoped to revive the custom of having Altar Servers at Mass. The parents of any interested boy or girl who is aged 8 or over and who has received their First Holy Communion are asked to leave the name and the contact details of a **parent/guardian** in the parish office in person before 1pm Monday to Friday or by email on bangor@downandconnor.org Details concerning training will be announced later.