

THIRTIETH SUNDAY IN ORDINARY TIME

STAND

29th October 2023

ENTRANCE ANTIPHON Cf. Ps 104: 3-4

Let the hearts that seek the Lord
rejoice; turn to the Lord and his
strength; constantly seek his face.

ENTRANCE HYMN

Love is his word, love is his way,
Feasting with kin, fasting alone,
Living and dying, rising again,
Love, only love, is his way.

*Richer than gold is the love of my Lord:
Better than splendour and wealth.*

Love is his way, love is his mark,
sharing his last Passover feast,
Christ at his table, host to the twelve,
love, only love, is his mark.

Love is his law, love is his word,
love of the Lord, Father and Word,
love of the Spirit, God ever one,
love, only love, is his word.

Love is his name, love is his law.
Hear his command, all who are his:
'Love one another, I have loved you.'
Love, only love, is his law.

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.
People: **Amen.**

Grace to you and peace from God our
Father and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I
have failed to do,

Striking your breast as you say:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-
Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.



The absolution by the priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
Amen.

Lord have mercy. **Lord have mercy.**
Christ have mercy. **Christ have mercy.**
Lord have mercy. **Lord have mercy.**

GLORIA

**Glory to God in the highest,
and on earth peace to people of
good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great
glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten
Son,
Lord God, Lamb of God, Son of the
Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of
the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

COLLECT

Almighty ever-living God, increase our
faith, hope and charity, and make us
love what you command, so that we
may merit what you promise. Through
our Lord Jesus Christ, your Son, who
lives and reigns with you in the unity
of the Holy Spirit, God, for ever and
ever. **Amen.**

THE LITURGY OF THE WORD

SIT

FIRST READING

22:20-26

A reading from the book of Exodus

The Lord said to Moses, "Tell the sons
of Israel this, 'You must not molest the
stranger or oppress him, for you lived
as strangers in the land of Egypt. You
must not be harsh with the widow, or
with the orphan; if you are harsh with
them, they will surely cry out to me,
and be sure I shall hear their cry; my
anger will flare and I shall kill you with
the sword, your own wives will be
widows, your own children orphans.'

"If you lend money to any of my
people, to any poor man among you,
you must not play the usurer with him:
you must not demand interest from
him.'

"If you take another's cloak as a
pledge, you must give it back to him
before sunset. It is all the covering he
has; it is the cloak he wraps his body
in; what else would he sleep in? If he
cries to me, I will listen, for I am full of
pity."

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps 17:2-4,47, 51; Rv2

R. I love you, Lord, my strength.

1. I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my
stronghold;
the Lord is worthy of all praise:
when I call I am saved from my foes. **R.**

2. Long life to the Lord, my rock!
Praised be the God who saves me.
He has given great victories to his king
and shown his love for his anointed. **R.**

SECOND READING**1:5-10**

A reading from the first letter of St Paul to the Thessalonians.

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all around you.

This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere.

We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

The word of the Lord.

Thanks be to God.

STAND**ACCLAMATION****Jn14:23**

Alleluia, alleluia!

Open our heart, O God, to accept the words of your Son. Alleluia!

GOSPEL**22:34-40**

The Lord be with you
And with your Spirit.
A reading from the holy Gospel according to Matthew



Glory to you, O Lord.

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: you must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

**STAND****PROFESSION OF FAITH**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (All bow during the next three lines) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL**LITURGY OF THE EUCHARIST****SIT****Raising the host, the priest says:**

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.
Blessed be God for ever.

The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

Then the priest washes his hands, saying quietly:

Wash me, O Lord, from my iniquity; and cleanse me from my sin.

STAND**Facing the people the priest says:**

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Look, we pray, O Lord, on the offerings we make to your majesty, that whatever is done by us in your service may be directed above all to your glory.

Through Christ our Lord.

Amen.



EUCCHARISTIC PRAYER II
PREFACE III Ordinary Time

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just

It is truly right and just, our duty and our salvation,
 always and everywhere to give you thanks,
 Lord, holy Father, almighty and eternal God.
 For we know it belongs to your boundless glory,
 that you came to the aid of mortal beings with your divinity
 and even fashioned for us a remedy out of mortality itself,
 that the cause of our downfall might become the means of our salvation,
 through Christ our Lord.
 Through him the host of Angels adores your majesty
 and rejoices in your presence for ever.
 May our voices, we pray, join with theirs in one chorus of exultant praise, as we acclaim:

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

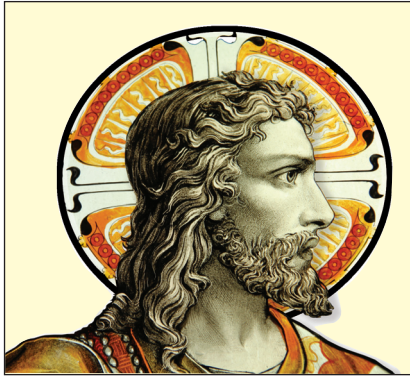


You are indeed Holy, O Lord,
 the fount of all holiness.

The Priest joins his hands and, holding them extended over the offerings, says:

Make holy, therefore, these gifts, we pray,
 by sending down your Spirit upon them like the dewfall,
 so that they may become for us the Body and Blood of our Lord,
 Jesus Christ.

At the time he was betrayed
 and entered willingly into his Passion,
 he took bread and, giving thanks,
 broke it,
 and gave it to his disciples, saying:



TAKE THIS, ALL OF YOU, AND EAT OF IT,
 FOR THIS IS MY BODY,
 WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,
 he took the chalice
 and, once more giving thanks,
 he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
 FOR THIS IS THE CHALICE OF MY BLOOD,
 THE BLOOD OF THE NEW AND ETERNAL COVENANT,
 WHICH WILL BE POURED OUT FOR YOU AND FOR MANY
 FOR THE FORGIVENESS OF SINS.
 DO THIS IN MEMORY OF ME.

The mystery of faith

**We proclaim your Death, O Lord,
 and profess your Resurrection
 until you come again.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the memorial of his Death and Resurrection,
 we offer you, Lord, the Bread of life
 and the Chalice of salvation,
 giving thanks that you have held us
 worthy to be in your presence and
 minister to you.

Humbly we pray
 that, partaking of the Body and Blood of Christ,
 we may be gathered into one by the Holy Spirit.
 Remember, Lord, your Church,
 spread throughout the world,
 and bring her to the fullness of charity,
 together with Francis our Pope and
 N. our Bishop, his assistant Bishop(s),
 and all the clergy.
 Remember also our brothers and
 sisters who have fallen asleep in the

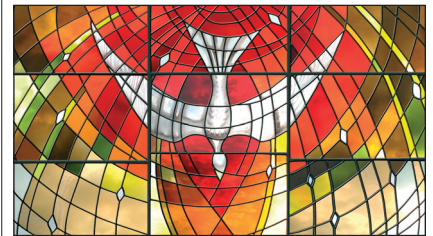
hope of the resurrection,
 and all who have died in your mercy:
 welcome them into the light of your face.

Have mercy on us all, we pray,
 that with the Blessed Virgin Mary,
 Mother of God,
 with blessed Joseph, her Spouse,
 with the blessed Apostles,
 and all the Saints who have pleased
 you throughout the ages,
 we may merit to be coheirs to eternal life,
 and may praise and glorify you
 through your Son, Jesus Christ.

The Priest takes the chalice and the paten with the host and, elevating both, he says:

Through him, and with him, and in him,
 O God, almighty Father,
 in the unity of the Holy Spirit,
 all glory and honour is yours,
 for ever and ever.

Amen.



COMMUNION RITE

STAND

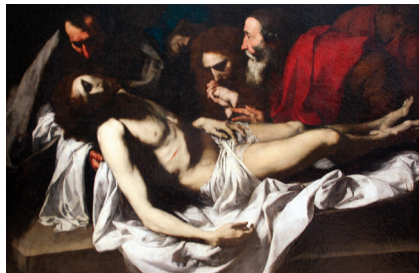
At the Saviour's command
 and formed by divine teaching,
 we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil,
 graciously grant peace in our days,
 that, by the help of your mercy,
 we may be always free from sin
 and safe from all distress,
 as we await the blessed hope
 and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the
 glory are yours, now and for ever.**

Lord Jesus Christ,
 who said to your Apostles:
 Peace I leave you, my peace I give
 you, look not on our sins,
 but on the faith of your Church,
 and graciously grant her peace and
 unity in accordance with your will.
 Who live and reign for ever and ever.
Amen.



The peace of the Lord be with you
always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and
blood of our Lord Jesus Christ
bring eternal life to us who receive it.

Meanwhile the people sing or say:

**Lamb of God, you take away the
sins of the world:
have mercy on us.**

**Lamb of God, you take away the
sins of the world
have mercy on us.**

**Lamb of God, you take away the
sins of the world
grant us peace.**

— KNEEL —

The priest says quietly:

May the receiving of your Body and
Blood,
Lord Jesus Christ,
not bring me to judgement and
condemnation,
but through your loving mercy
be for me protection in mind and body,
and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God,
behold him who takes away the sins of
the world.
Blessed are those called to the supper
of the Lamb.

And together with the people he says once:

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

May the Body of Christ
keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:
May the Blood of Christ
keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.
Amen.

COMMUNION ANTIPHON Cf. Ps 19: 6

**We will ring out our joy at your
saving help and exult in the name of
our God.**

COMMUNION HYMN

Gifts of bread and wine,
gifts we've offered,
fruits of labour, fruits of love;
taken, offered, sanctified,
blessed and broken;
words of one who died:

*Refrain: 'Take my body, take my saving
blood.'*

*Gifts of bread and wine:
Christ our Lord.*

**Christ our Saviour,
living presence here,
as he promised while on earth:
'I am with you for all time,
I am with you
in this bread and wine.'** *Refrain*

**Through the Father, with the Spirit,
one in union with the Son,
for God's people, joined in prayer,
faith is strengthened
by the food we share.** *Refrain*

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, my Saviour, in your love you
have called me to your Supper.

Abide in me and I in you.

"What is the greatest thing a man can do
on earth?" they asked you.

"What is the first thing that God asks of
man or woman?"

"Which is the greatest of the
commandments of God?"

May I never forget your answer.

"You must love the Lord your God with
all your heart, with all your soul and with all
your mind."

I love you, my Lord, my strength, my rock,
my fortress, my Saviour.

The second commandment is: you must
love your neighbour as yourself. I shall be
friendly to strangers, helpful of the weak,
honest in work and trade. Thus may I be a
servant of the real, living God: waiting for
Jesus, his Son, whom he raised from the
dead, to come from heaven to save me.

— STAND —

PRAYER AFTER COMMUNION

May your Sacraments, O Lord, we
pray, perfect in us what lies within
them, that what we now celebrate in
signs we may one day possess in
truth. Through Christ our Lord.
Amen.

CONCLUDING RITES

The Lord be with you.
And with your spirit.

Bow head for the blessing Ord. Time V No13

May almighty God always keep
every adversity far from you
and in his kindness pour out upon
you the gifts of his blessing.
Amen.

May God keep your hearts attentive
to his words,
that they may be filled with
everlasting gladness.

Amen.

And so, may you always understand
what is good and right,
and be found ever hastening along
in the path of God's commands,
made coheirs with the citizens of
heaven.

Amen.

And may the blessing of almighty
God, the Father, and the Son, ✠ and
the Holy Spirit,
come down on you and remain with
you for ever.

Amen.

Go forth, the Mass is ended.
Thanks be to God.

RECESSIONAL HYMN

**God's spirit is in my heart.
He has called me and set me apart.
This is what I have to do,
what I have to do.**

*He sent me to give the Good News to the
poor,
tell prisoners that they are prisoners
no more,
tell the blind people that they can see,
and set the downtrodden free,
and go tell ev'ryone
the news that the Kingdom of God has
come,
and go tell ev'ryone
the news that God's Kingdom has come.*