

**ENTRANCE ANTIPHON** Cf. Ps 24: 15-16

My eyes are always on the Lord,  
for he rescues my feet from the  
snare. Turn to me and have mercy  
on me, for I am alone and poor.

### ENTRANCE HYMN

Behold the days are coming,  
says the Lord our God,  
when I will make a new covenant  
with the house of Israel.

**R:** Grant to us, O Lord, a heart renewed;  
recreate in us your own spirit Lord!

Deep within their being  
I will implant my law;  
I will write it in their hearts.

**R:** Grant to us, O Lord, a heart renewed;  
recreate in us your own spirit Lord!

I will be their God  
and they shall be my people.

**R:** Grant to us, O Lord, a heart renewed;  
recreate in us your own spirit Lord!

And for all their faults  
I will grant forgiveness;  
never more.

**R:** Grant to us, O Lord, a heart renewed;  
recreate in us your own spirit Lord!

**Priest:** In the name of the Father and  
of the Son, and of the Holy  
Spirit.

People: **Amen.**

Grace to you and peace from God our  
Father and the Lord Jesus Christ.

**And with your spirit.**

### PENITENTIAL RITE

You raise the dead to life in the Spirit:  
Lord, have mercy.

**Lord, have mercy.**

You bring pardon and peace to the  
sinner: Christ, have mercy.

**Christ, have mercy.**

You bring light to those in darkness:  
Lord, have mercy.

**Lord, have mercy.**

**The absolution by the Priest follows:**

May almighty God have mercy on us,  
forgive us our sins  
and bring us to everlasting life.

**Amen.**



# THIRD SUNDAY OF LENT

23rd March 2025



### COLLECT

O God, author of every mercy and of  
all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of  
our lowliness, that we, who are bowed  
down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your  
Son, who lives and reigns with you in  
the unity of the Holy Spirit,  
God, for ever and ever.  
**Amen.**

## THE LITURGY OF THE WORD

SIT

### FIRST READING

3:1-8.13-15

#### A reading from the book of Exodus

Moses was looking after the flock of  
Jethro, his father-in-law, priest of  
Midian. He led his flock to the far side  
of the wilderness and came to Horeb,  
the mountain of God. There the angel  
of the Lord appeared to him in the  
shape of a flame of fire, coming from  
the middle of a bush. Moses looked;  
there was the bush blazing but it was  
not being burnt up. "I must go and  
look at this strange sight," Moses said,  
"and see why the bush is not burnt."  
Now the Lord saw him go forward to  
look, and God called to him from the  
middle of the bush. "Moses, Moses!"  
he said. "Here I am," he answered.

"Come no nearer," he said. "Take off  
your shoes, for the place on which you  
stand is holy ground. I am the God of  
your father," he said, "the God of  
Abraham, the God of Isaac and the  
God of Jacob." At this Moses covered  
his face, afraid to look at God.

And the Lord said, "I have seen the  
miserable state of my people in Egypt.  
I have heard their appeal to be free of  
their slave-drivers. Yes, I am well  
aware of their sufferings. I mean to  
deliver them out of the hands of the  
Egyptians and bring them up out of  
that land to a land rich and broad, a  
land where milk and honey flow."

Then Moses said to God, "I am to  
go, then, to the sons of Israel and say  
to them, 'The God of your fathers has  
sent me to you.' But if they ask me  
what his name is, what am I to tell  
them?" And God said to Moses, "I Am  
who I Am. This", he added, "is what  
you must say to the sons of Israel:  
'The Lord, the God of your fathers, the  
God of Abraham, the God of Isaac,  
and the God of Jacob, has sent me to  
you.' This is my name for all time; by  
this name I shall be invoked for all  
generations to come."

The word of the Lord.

**Thanks be to God.**

### RESPONSORIAL PSALM

Ps102:1-4.6-8.11.R.v.8

#### R. The Lord is compassion and love.

1. My soul, give thanks to the Lord,  
all my being, bless his holy name.  
My soul give thanks to the Lord  
and never forget all his blessings. **R.**
2. It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and  
compassion. **R.**
3. The Lord does deeds of justice,  
gives judgment for all who are oppressed.  
He made known his ways to Moses  
and his deeds to Israel's sons. **R.**
4. The Lord is compassion and love,  
slow to anger and rich in mercy.  
For as the heavens are high above  
the earth  
so strong is his love for those who fear  
him. **R.**

### A reading from the first letter of St Paul to the Corinthians

I want to remind you, brothers, how our fathers were all guided by a cloud above them and how they all passed through the sea. They were all baptised into Moses in this cloud and in this sea; all ate the same spiritual food and all drank the same spiritual drink, since they all drank from the spiritual rock that followed them as they went, and that rock was Christ. In spite of this, most of them failed to please God and their corpses littered the desert.

These things all happened as warnings for us, not to have the wicked lusts for forbidden things that they had. You must never complain: some of them did, and they were killed by the Destroyer.

All this happened to them as a warning, and it was written down to be a lesson for us who are living at the end of the age. The man who thinks he is safe must be careful that he does not fall.

The word of the Lord.

Thanks be to God.

— **STAND** —

**ACCLAMATION** *Mt 4:17*

**Glory to you, O Christ,  
you are the Word of God  
Repent, says the Lord,  
for the kingdom of heaven is close  
at hand.**

**Glory to you, O Christ,  
you are the Word of God.**

**GOSPEL**

*13:1-9*

The Lord be with you.  
**And with your spirit.**  
A reading from the holy  
Gospel according to Luke.  
**Glory to you, O Lord.**



Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, "Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you.



No; but unless you repent you will all perish as they did."

He told this parable: "A man had a fig tree planted in his vineyard, and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied, "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

— **STAND** —

**PROFESSION OF FAITH**

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial  
with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
(All bow during the next three lines)  
and by the Holy Spirit was incarnate  
of the Virgin Mary,  
and became man.**

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,**

**and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of  
the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and  
the Son,  
who with the Father and the Son is  
adored and glorified,  
who has spoken through the  
prophets.  
I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the  
forgiveness of sins  
and I look forward to the  
resurrection of the dead  
and the life of the world to come.  
Amen.**

**PRAYER OF THE FAITHFUL**

**LITURGY OF THE EUCHARIST**

— **SIT** —

*Raising the host, the priest says:*

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.  
**Blessed be God for ever.**

*The priest pours wine and a little water  
into the chalice, saying quietly:*

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

*Raising the chalice, the priest says:*

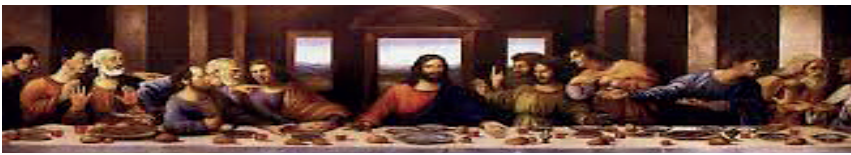
Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.  
**Blessed be God for ever.**

*Bowing the priest says quietly:*

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

*Then the priest washes his hands, saying  
quietly:*

Wash me, O Lord, from my iniquity;  
and cleanse me from my sin.



## STAND

*Facing the people the priest says:*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at  
your hands  
for the praise and glory of his name,  
for our good, and the good of all  
his holy Church.**

### PRAYER OVER THE OFFERINGS

Be pleased, O Lord, with these  
sacrificial offerings,  
and grant that we who beseech  
pardon for our own sins, may take  
care to forgive our neighbour.  
Through Christ our Lord.  
**Amen.**

### PREFACE: II of Lent EUCCHARISTIC PRAYER II

The Lord be with you.  
**And with your Spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

It is truly right and just, our duty and  
our salvation, always and everywhere  
to give you thanks,  
Lord, holy Father, almighty and  
eternal God.  
For you have given your children a  
sacred time for the renewing and  
purifying of their hearts,  
that, freed from disordered affections,  
they may so deal with the things of  
this passing world as to hold rather to  
the things that eternally endure.

And so, with all the Angels and Saints,  
we praise you, as without end we  
acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your  
glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.  
Hosanna in the highest.**



## KNEEL

You are indeed Holy, O Lord,  
the fount of all holiness.

*The Priest joins his hands and, holding them  
extended over the offerings, says:*

Make holy, therefore, these gifts, we  
pray,  
by sending down your Spirit upon  
them like the dewfall,  
so that they may become for us  
the Body ✠ and Blood of our Lord,  
Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks,  
broke it,  
and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT  
OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was  
ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND  
DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY  
BLOOD,  
THE BLOOD OF THE NEW AND  
ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR  
YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.**

**DO THIS IN MEMORY OF ME.**

### The mystery of faith

**When we eat this Bread and  
drink this Cup,  
we proclaim your death, O Lord,  
until you come again.**

*Then the Priest, with hands extended, says:*

Therefore, as we celebrate the  
memorial of his Death and  
Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of  
salvation, giving thanks that you have  
held us worthy  
to be in your presence and minister to  
you.

Humbly we pray that, partaking of the  
Body and Blood of Christ,  
we may be gathered into one by the  
Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with Francis, our Pope, **N.**  
our Bishop, his assistant Bishop(s),  
and all the clergy.

Remember also our brothers and  
sisters who have fallen asleep in the  
hope of the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your  
face.

Have mercy on us all, we pray,  
that with the Blessed Virgin Mary,  
Mother of God, with blessed Joseph,  
her Spouse, with the blessed Apostles  
and with all the Saints who have  
pleased you throughout the ages,  
we may merit to be coheirs to eternal  
life, and may praise and glorify you  
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten  
with the host and, elevating both, he says:*

Through him, and with him, and in  
him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.  
**Amen.**

## COMMUNION RITE

### STAND

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven . . .**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus  
Christ.

**For the kingdom, the power and the  
glory are yours, now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give  
you, look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and  
unity in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**



The peace of the Lord be with you  
always.

**And with your Spirit.**

*The priest may add these or similar words.*

Let us offer each other the sign of peace.

*The priest places a small piece of the host in the chalice saying quietly:*

May this mingling of the body and  
blood of our Lord Jesus Christ  
bring eternal life to us who receive it.

*Meanwhile the people sing or say:*

**Lamb of God, you take away the  
sins of the world:  
have mercy on us.**

**Lamb of God, you take away the  
sins of the world  
have mercy on us.**

**Lamb of God, you take away the  
sins of the world  
grant us peace.**



*The priest says quietly:*

May the receiving of your Body and  
Blood,  
Lord Jesus Christ,  
not bring me to judgement and  
condemnation,  
but through your loving mercy  
be for me protection in mind and  
body, and a healing remedy.

*Raising the host the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of  
the world.  
Blessed are those called to the supper  
of the Lamb.

*And together with the people he says once:*

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

May the Body of Christ  
keep me safe for eternal life.

*The Priest reverently consumes the Body of Christ.*

*Then he takes the chalice and says quietly:*

May the Blood of Christ  
keep me safe for eternal life.

*The Priest raises a host slightly and shows it to each of the communicants, saying:*

The Body of Christ.

**Amen.**

**COMMUNION ANTIPHON** Jn 4: 13-14

**For anyone who drinks it, says the  
Lord, the water I shall give will  
become in him  
a spring welling up to eternal life.**

### COMMUNION HYMN

*Eat this bread, drink this cup.  
come to me and never be hungry.  
Eat this bread, drink this cup  
trust in me and you will not thirst.*

**I am the Bread of Life,  
the true bread sent from the Father.**

**Your ancestors ate manna in the  
desert,  
but this is the bread come down  
from heaven.**

**Eat my flesh, and drink my blood,  
and I will raise you up on the last day.**

**Anyone who eats this bread  
will live forever.**

**If you believe and eat this bread  
you will have eternal life.**

### PRIVATE PRAYER AFTER COMMUNION

You are the God of Abraham, the God  
of Isaac, the God of Jacob,  
the eternal God without beginning or  
end, the One who is, yet who  
condescends to come to me and save  
me from the bondage caused by my sins.  
Lord, I am not worthy to stand on this  
holy ground and receive you, my Lord  
and my God, into my soul.  
Lord, I want to repent, I want to do  
penance, I want to cooperate with your  
loving designs.

Yet I am weak, and as long as I live in  
this vale of tears,  
I have to take great care that I do not  
fall into sin.

You made me one with you in the  
waters of baptism;  
often you have made me eat and drink  
your Body and Blood, yet time and  
time again I have failed to please you.  
Through the graces of this Holy  
Communion help me to improve my  
way of life, and rather than let me  
perish in the desert of selfishness,  
make me bear fruit which will last for  
ever.



### PRAYER AFTER COMMUNION

As we receive the pledge  
of things yet hidden in heaven  
and are nourished while still on earth  
with the Bread that comes from  
on high,  
we humbly entreat you, O Lord,  
that what is being brought about in us  
in mystery  
may come to true completion.  
Through Christ our Lord.  
**Amen.**

### CONCLUDING RITES

#### PRAYER OVER THE PEOPLE

Direct, O Lord, we pray, the hearts of  
your faithful,  
and in your kindness grant your  
servants this grace:  
that, abiding in the love of you and  
their neighbour, they may fulfil the  
whole of your commands.  
Through Christ our Lord.  
**Amen.**

The Lord be with you.  
**And with your spirit.**

#### Bow head for the blessing – short silence

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the  
Holy Spirit, come down on you and  
remain with you for ever.  
**Amen.**

Go and announce the Gospel of  
the Lord.

**Thanks be to God.**

### RECESSIONAL HYMN

**How lovely on the mountains  
are the feet of him  
who brings good news, good news,  
announcing peace,  
proclaiming news of happiness:  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.**

**Ends of the earth, see  
the salvation of our God!  
Jesus is Lord, is Lord!  
Before the nations,  
he has bared his holy arm.  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.**