

ENTRANCE ANTIPHON Cf. Ps 26: 8-9

Of you my heart has spoken:
Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.

ENTRANCE HYMN

Be thou my Vision, O Lord of my heart,
Naught be all else, to me
save that thou art:
Thou my best thought in the
day and the night,
Waking or sleeping,
thy presence my light.

Riches I heed not, nor man's
empty praise
Thou mine inheritance through
all my days;
Thou, and thou only,
the first in my heart,
High King of heaven, my treasure
thou art!

High King of heaven,
when battle is done
grant heaven's joy to me bright
heaven's sun;
Christ of my own heart, whatever
befall,
still be my Vision, O Ruler of all.

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I
have failed to do,**

Striking your breast as you say:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary
ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

SECOND SUNDAY OF LENT



16th March 2025

The absolution by the priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
Amen.

Lord have mercy. **Lord have mercy.**
Christ have mercy. **Christ have mercy.**
Lord have mercy. **Lord have mercy.**

COLLECT

O God, who have commanded us
to listen to your beloved Son,
be pleased, we pray,
to nourish us inwardly by your word,
that, with spiritual sight made pure,
we may rejoice to behold your glory.
Through our Lord Jesus Christ, your
Son, who lives and reigns with you
in the unity of the Holy Spirit,
God, for ever and ever.
Amen.



THE LITURGY OF THE WORD

FIRST READING 15:5-12.17-18

A reading from the book of Genesis

Taking Abram outside the Lord said,
“Look up to heaven and count the
stars if you can. Such will be your
descendants,” he told him. Abram put
his faith in the Lord, who counted this
as making him justified.

“I am the Lord”, he said to him, “who
brought you out of Ur of the
Chaldaeans to make you heir to this
land.” “My Lord, the Lord,” Abram
replied, “how am I to know that I shall
inherit it?” He said to him, “Get me a
three-year-old heifer, a three-year-old
goat, a three-year-old ram, a
turtledove and a young pigeon.” He
brought him all these, cut them in half
and put half on one side and half
facing it on the other; but the birds he
did not cut in half. Birds of prey came
down on the carcasses but Abram
drove them off.

Now as the sun was setting Abram
fell into a deep sleep, and terror
seized him. When the sun had set and
darkness had fallen, there appeared a

smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:
"To your descendants I give this land, from the wadi of Egypt to the Great River."

The word of the Lord.
Thanks be to God.

RESPONSORIAL PSALM

Ps 26:1.7-9.13-14.R.v.1

R. The Lord is my light and my help.

1. The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
before whom shall I shrink? **R.**
2. O Lord, hear my voice when I call:
have mercy and answer.
Of you my heart has spoken:
"Seek his face." **R.**
3. It is your face, O Lord, that I seek;
hide not your face.
Dismiss not your servant in anger;
you have been my help. **R.**
4. I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord! **R.**

SECOND READING

3:17-4:1

A reading from the letter of St. Paul to the Philippians

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

The word of the Lord.
Thanks be to God.

STAND

ACCLAMATION Mt17.5

**Glory and praise to you, O Christ:
From the bright cloud the
Father's voice was heard:
"This is my Son, the Beloved.
Listen to him."
Glory and praise to you, O Christ.**

GOSPEL

9:28-36

The Lord be with you.
And with your spirit.
A reading from the holy
Gospel according to Luke.
Glory to you, O Lord.

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, "Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah." He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, "This is my Son, the Chosen One. Listen to him." And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

STAND

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,**

**begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the
forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

SIT

Raising the host, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands,
it will become for us the bread of life.
Blessed be God for ever.

The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine may we come to share in the divinity of Christ,
who humbled himself to share in our humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands,
it will become our spiritual drink.
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart
may we be accepted by you, O Lord,
and may our sacrifice in your sight
this day be pleasing to you, O Lord.

*Then the priest washes his hands, saying
quietly:*

Wash me, O Lord, from my iniquity;
and cleanse me from my sin.

— **STAND** —

Facing the people the priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

May this sacrifice, O Lord, we pray,
cleanse us of our faults and sanctify
your faithful in body and mind
for the celebration of the paschal
festivities.

Through Christ our Lord.

Amen.

EUCCHARISTIC PRAYER II

*PREFACE: The Transfiguration of the
Lord.*

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our
God.

It is right and just

It is truly right and just, our duty and
our salvation, always and everywhere
to give you thanks,
Lord, holy Father, almighty and
eternal God, through Christ our Lord.
For after he had told the disciples of
his coming Death,
on the holy mountain he manifested
to them his glory, to show, even by
the testimony of the law and the
prophets, that the Passion leads to
the glory of the Resurrection.
And so, with the Powers of heaven,
we worship you constantly on earth,
and before your majesty
without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name
of the Lord.
Hosanna in the highest.**

— **KNEEL** —

You are indeed Holy, O Lord,
the fount of all holiness.

*The Priest joins his hands and, holding them
extended over the offerings, says:*

Make holy, therefore, these gifts, we
pray,
by sending down your Spirit upon
them like the dewfall,
so that they may become for us
the Body ✠ and Blood of our Lord,
Jesus Christ.

At the time he was betrayed
and entered willingly into his Passion,
he took bread and, giving thanks,
broke it,
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT
OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was
ended,
he took the chalice
and, once more giving thanks,
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND
DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY
BLOOD,
THE BLOOD OF THE NEW AND
ETERNAL COVENANT,
WHICH WILL BE POURED OUT FOR
YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.

The mystery of faith

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the
memorial of his Death and
Resurrection,
we offer you, Lord,
the Bread of life and the Chalice of
salvation, giving thanks that you have
held us worthy to be in your presence
and minister to you.

Humbly we pray
that, partaking of the Body and Blood
of Christ,
we may be gathered into one by the
Holy Spirit.

Remember, Lord, your Church,
spread throughout the world,

and bring her to the fullness of charity,
together with Francis, our Pope,
N. our Bishop, his assistant Bishop(s),
and all the clergy.

Remember also our brothers and
sisters
who have fallen asleep in the hope of
the resurrection,
and all who have died in your mercy:
welcome them into the light of your
face.

Have mercy on us all, we pray,
that with the Blessed Virgin Mary,
Mother of God, with blessed Joseph,
her Spouse, with the blessed
Apostles,
and all the Saints who have pleased
you throughout the ages,
we may merit to be coheirs to eternal
life,
and may praise and glorify you
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten
with the host and, elevating both, he says:*

Through him, and with him, and in
him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

Amen.

COMMUNION RITE

— **STAND** —

At the Saviour's command
and formed by divine teaching,
we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus
Christ.

**For the kingdom, the power and the
glory are yours, now and for ever.**

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give
you, look not on our sins,
but on the faith of your Church,
and graciously grant her peace and
unity in accordance with your will.
Who live and reign for ever and ever.
Amen.



The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world

have mercy on us.

Lamb of God, you take away the sins of the world grant us peace.

— KNEEL —

The priest says quietly:

May the receiving of your Body and Blood,
Lord Jesus Christ,
not bring me to judgement and condemnation,
but through your loving mercy be for me protection in mind and body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

And together with the people he says once:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

May the Body of Christ keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.



COMMUNION ANTIPHON *Mt 17: 5*
This is my beloved Son, with whom I am well pleased; listen to him.

COMMUNION HYMN

O bread of heaven, beneath this veil thou dost my very God conceal;
my Jesus, dearest treasure, hail;
I love thee and adoring kneel;
each loving soul by thee is fed with thine own self in form of bread.

O food of life, thou who dost give the pledge of immortality;
I live; no, 'tis not I that live;
God gives me life, God lives in me:
he feeds my soul, he guides my ways,
and every grief with joy repays.

Beloved Lord in heaven above,
there, Jesus, thou awaitest me;
to gaze on thee with changeless love,
yes, thus I hope, thus shall it be:
for how can he deny me heaven who here on earth himself hath given.

PRIVATE PRAYER AFTER COMMUNION

Jesus, my Lord and Master,
it is indeed wonderful for me to be here.
You are in my soul, true God and true Man, just as really present as you were on Tabor.
You are the fulfilment of all that was revealed in the Law and in the Prophets.
I believe in you with all the sincerity of Abraham's faith.
You are the Son of God, the chosen One, the one whose passing was a cruel death on a cross to save me from sin and open to me the homeland of heaven.
It is you who will transfigure this wretched body of mine and change it into a copy of your own glorious body.
My Jesus, I place all my trust in you, and it is in the hope generated by your coming to me in this Holy Communion, that I look forward to seeing you face to face in the glory of heaven.

— STAND —

PRAYER AFTER COMMUNION

As we receive these glorious mysteries, we make thanksgiving to you, O Lord,
for allowing us while still on earth to be partakers even now of the things of heaven.
Through Christ our Lord.
Amen.

CONCLUDING RITES

PRAYER OVER THE PEOPLE

Bless your faithful, we pray, O Lord, with a blessing that endures for ever, and keep them faithful to the Gospel of your Only Begotten Son, so that they may always desire and at last attain that glory whose beauty he showed in his own Body, to the amazement of his Apostles.
Through Christ our Lord. **Amen.**

The Lord be with you.

And with your spirit.

Bow head for the blessing – short silence

And may the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever.

Amen.

Go and announce the Gospel of the Lord.

Thanks be to God.

RECESSIONAL HYMN

**Holy God we praise thy name,
Lord of all we bow before thee.
All on earth thy sceptre own.
All in heaven above adore thee.
Endless is thy vast domain.
Ever lasting is thy reign.**

**Hark, with loud and pealing hymn,
Thee the angel choirs are praising;
Cherubim and seraphim,
One unceasing chorus raising,
Ever sing with sweet accord,
Holy, holy, holy Lord.**

**Spare thy people, Lord, we pray,
By a thousand snares surrounded:
Keep us free from sin today;
Never let us be confounded.
All my trust I place in thee,
Never, Lord, abandon me.**