

# THIRD SUNDAY IN ORDINARY TIME

STAND

**ENTRANCE ANTIPHON** Cf. Ps 95: 1, 6

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and  
splendour, strength and honour in  
his holy place.

## ENTRANCE HYMN

How lovely on the mountains  
are the feet of him  
who brings good news, good news,  
announcing peace,  
proclaiming news of happiness:  
our God reigns, our God reigns.

*Our God reigns, our God reigns,  
our God reigns, our God reigns.*

Ends of earth, see the salvation  
of our God!  
Jesus is Lord, is Lord!  
Before the nations,  
he has bared his holy arm:  
our God reigns, our God reigns. (R)

**Priest:** In the name of the Father and  
of the Son, and of the Holy  
Spirit.

People: **Amen.**

Grace to you and peace from God our  
Father  
and the Lord Jesus Christ.

**And with your spirit.**

## PENITENTIAL ACT

Brethren (Brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves to  
celebrate the sacred mysteries.

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

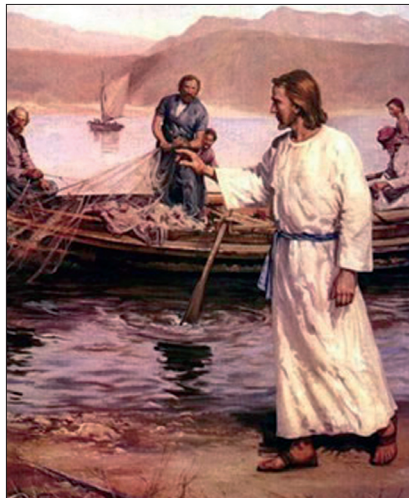
*Striking your breast as you say:*

through my fault, through my fault,  
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*The absolution by the priest follows:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.  
**Amen.**



## GLORIA

Glory to God in the highest,  
and on earth peace to people of  
good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great  
glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten  
Son,  
Lord God, Lamb of God, Son of the  
Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of  
the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
**Amen.**

## COLLECT

Almighty ever-living God,  
direct our actions according to your  
good pleasure, that in the name of  
your beloved Son we may abound in  
good works. Through our Lord Jesus  
Christ, your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit,  
God, for ever and ever.  
**Amen.**

25th January 2026

## THE LITURGY OF THE WORD

SIT

### FIRST READING

8:23-9:3

**A reading from the prophet Isaiah**

In days past the Lord humbled the  
land of Zebulun and the land of  
Naphtali, but in days to come he will  
confer glory on the Way of the Sea on  
the far side of Jordan, province of the  
nations.

The people that walked in darkness  
has seen a great light;  
on those who live in a land of deep  
shadow a light has shone.  
You have made their gladness  
greater,  
you have made their joy increase;  
they rejoice in your presence  
as men rejoice at harvest time,  
as men are happy when they are  
dividing the spoils.

For the yoke that was weighing on  
him,  
the bar across his shoulders,  
the rod of his oppressor,  
these you break as on the day of  
Midian.

*The word of the Lord.*

**Thanks be to God.**

### RESPONSORIAL PSALM

Ps26:1.4.13-14.R.v.1

**R. The Lord is my light and my help**

1. The Lord is my light and my help;  
whom shall I fear?  
The Lord is the stronghold of my life;  
before whom shall I shrink? **R.**
2. There is one thing I ask of the Lord,  
for this I long,  
to live in the house of the Lord,  
all the days of my life,  
to savour the sweetness of the Lord,  
to behold his temple. **R.**
3. I am sure I shall see the Lord's  
goodness  
in the land of the living.  
Hope in him, hold firm and take  
heart.  
Hope in the Lord. **R.**

### A reading from the first letter of St Paul to the Corinthians

I appeal to you, brothers, for the sake of our Lord Jesus Christ, to make up the differences between you, and instead of disagreeing among yourselves, to be united again in your belief and practice. From what Chloe's people have been telling me, my dear brothers, it is clear that there are serious differences among you. What I mean are all these slogans that you have, like: "I am for Paul", "I am for Apollos", "I am for Cephas", "I am for Christ". Has Christ been parcelled out? Was it Paul that was crucified for you? Were you baptised in the name of Paul?

For Christ did not send me to baptise, but to preach the Good News, and not to preach that in the terms of philosophy in which the crucifixion of Christ cannot be expressed.

The word of the Lord.

Thanks be to God.

#### STAND

#### ACCLAMATION

Mt4:23

**Alleluia, alleluia!**  
**Jesus proclaimed the Good News**  
**of the kingdom,**  
**and cured all kinds of sickness**  
**among the people.**  
**Alleluia!**

#### GOSPEL

4:12-23

The Lord be with you.  
**And with your spirit.**  
A reading from the holy  
Gospel according to Matthew.  
**Glory to you, O Lord.**



Hearing that John had been arrested Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the prophecy of Isaiah was to be fulfilled:

Land of Zebulun! Land of Naphtali!  
Way of the sea on the far side of  
Jordan,  
Galilee of the nations!  
The people that lived in darkness  
has seen a great light;  
on those who dwell in the land and  
shadow of death  
a light has dawned.

From that moment Jesus began his



preaching with the message, "Repent, for the kingdom of heaven is close at hand."

As he was walking by the Sea of Galilee he saw two brothers, Simon, who was called Peter, and his brother Andrew; they were making a cast in the lake with their net, for they were fishermen. And he said to them, "Follow me and I will make you fishers of men." And they left their nets at once and followed him.

Going on from there he saw another pair of brothers, James son of Zebedee and his brother John; they were in their boat with their father Zebedee, mending their nets, and he called them. At once, leaving the boat and their father, they followed him.

He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

#### STAND

#### PROFESSION OF FAITH

**I believe in one God,**  
**the Father almighty,**  
**maker of heaven and earth,**  
**of all things visible and invisible.**  
**I believe in one Lord Jesus Christ,**  
**the Only Begotten Son of God,**  
**born of the Father before all ages.**  
**God from God, Light from Light,**  
**true God from true God,**  
**begotten, not made, consubstantial**  
**with the Father;**  
**through him all things were made.**  
**For us men and for our salvation**  
**he came down from heaven,**  
**(All bow during the next three lines)**  
**and by the Holy Spirit was incarnate**  
**of the Virgin Mary,**  
**and became man.**

**For our sake he was crucified under**  
**Pontius Pilate,**  
**he suffered death and was buried,**

**and rose again on the third day**  
**in accordance with the Scriptures.**  
**He ascended into heaven**  
**and is seated at the right hand of the**  
**Father.**

**He will come again in glory**  
**to judge the living and the dead**  
**and his kingdom will have no end.**  
**I believe in the Holy Spirit, the Lord,**  
**the giver of life,**  
**who proceeds from the Father and**  
**the Son,**  
**who with the Father and the Son is**  
**adored and glorified,**  
**who has spoken through the prophets.**  
**I believe in one, holy, catholic and**  
**apostolic Church.**  
**I confess one Baptism for the**  
**forgiveness of sins**  
**and I look forward to the resurrection**  
**of the dead**  
**and the life of the world to come.**  
**Amen.**

#### PRAYER OF THE FAITHFUL

#### LITURGY OF THE EUCHARIST

#### SIT

#### Raising the host, the priest says:

Blessed are you, Lord, God of all  
creation, for through your goodness  
we have received the bread we offer  
you: fruit of the earth and work of  
human hands,  
it will become for us the bread of life.  
**Blessed be God for ever.**

#### The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine  
may we come to share in the divinity  
of Christ,  
who humbled himself to share in our  
humanity.

#### Raising the chalice, the priest says:

Blessed are you, Lord, God of all  
creation, for through your goodness  
we have received the wine we offer  
you: fruit of the vine and work of  
human hands,  
it will become our spiritual drink.  
**Blessed be God for ever.**

#### Bowing the priest says quietly:

With humble spirit and contrite heart  
may we be accepted by you, O Lord,  
and may our sacrifice in your sight  
this day be pleasing to you, O Lord.

#### Then the priest washes his hands, saying quietly:

Wash me, O Lord, from my iniquity;  
and cleanse me from my sin.

STAND

*Facing the people the priest says:*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at  
your hands  
for the praise and glory of his name,  
for our good, and the good of all  
his holy Church.**

**PRAYER OVER THE OFFERINGS**

Accept our offerings, O Lord, we pray,  
and in sanctifying them  
grant that they may profit us for  
salvation.  
Through Christ our Lord.  
**Amen.**

*EUCCHARISTIC PRAYER II*  
*Preface: II Ordinary Time*

The Lord be with you.  
**And with your Spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our  
God.

**It is right and just**

It is truly right and just, our duty and  
our salvation,  
always and everywhere to give you  
thanks, Lord, holy Father, almighty  
and eternal God,  
through Christ our Lord.

For out of compassion for the  
waywardness that is ours,  
he humbled himself and was born of  
the Virgin;  
by the passion of the Cross he freed  
us from unending death,  
and by rising from the dead he gave  
us life eternal.

And so, with Angels and Archangels,  
with Thrones and Dominions,  
and with all the hosts and Powers of  
heaven,  
we sing the hymn of your glory,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your  
glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.  
Hosanna in the highest.**

KNEEL

You are indeed Holy, O Lord,  
the fount of all holiness.

*The Priest joins his hands and, holding them  
extended over the offerings, says:*

Make holy, therefore, these gifts, we  
pray,  
by sending down your Spirit upon  
them like the dewfall,  
so that they may become for us  
the Body ✠ and Blood of our Lord,  
Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks,  
broke it,  
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT  
OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was  
ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND  
DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY  
BLOOD,  
THE BLOOD OF THE NEW AND  
ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR  
YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

**The mystery of faith:**

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*Then the Priest, with hands extended, says:*

Therefore, as we celebrate the  
memorial of his Death and  
Resurrection, we offer you, Lord,  
the Bread of life and the Chalice of  
salvation, giving thanks that you have  
held us worthy to be in your presence  
and minister to you.  
Humbly we pray  
that, partaking of the Body and Blood  
of Christ, we may be gathered into  
one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,

together with Leo, our Pope,  
**N.** our Bishop, his assistant Bishop(s),  
and all the clergy.

Remember also our brothers and  
sisters  
who have fallen asleep in the hope of  
the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your  
face.

Have mercy on us all, we pray,  
that with the Blessed Virgin Mary,  
Mother of God, with blessed Joseph,  
her Spouse, with the blessed Apostles  
and all the Saints who have pleased  
you throughout the ages,  
we may merit to be coheirs to eternal  
life,  
and may praise and glorify you  
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten  
with the host and, elevating both, he says:*

Through him, and with him, and in  
him,

O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

**Amen.**

COMMUNION RITE

STAND

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven . . .**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus  
Christ.

**For the kingdom, the power and the  
glory  
are yours, now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and  
unity in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.

**And with your Spirit.**

*The priest may add these or similar words.*

Let us offer each other the sign of peace.

*The priest places a small piece of the host in the chalice saying quietly:*

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

*Meanwhile the people sing or say:*

**Lamb of God, you take away the sins of the world:**

**have mercy on us.**

**Lamb of God, you take away the sins of the world:**

**have mercy on us.**

**Lamb of God, you take away the sins of the world:**

**grant us peace.**



*The priest says quietly:*

May the receiving of your Body and Blood,  
Lord Jesus Christ,  
not bring me to judgement and condemnation,  
but through your loving mercy  
be for me protection in mind and body,  
and a healing remedy.

*Raising the host the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

*And together with the people he says once:*

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

May the Body of Christ  
keep me safe for eternal life.

*The Priest reverently consumes the Body of Christ.*

*Then he takes the chalice and says quietly:*  
May the Blood of Christ  
keep me safe for eternal life.

*The Priest raises a host slightly and shows it to each of the communicants, saying:*

The Body of Christ.  
**Amen.**

**COMMUNION ANTIPHON Cf. Ps 33: 6**

**Look toward the Lord and be radiant;  
let your faces not be abashed.**

### COMMUNION HYMN

**Love is his word, love is his way,  
feasting with kin, fasting alone,  
living and dying, rising again,  
love, only love, is his way.**

*Richer than gold is the love of my Lord:*

*better than splendour and wealth.*

**Love is his way, love is his mark,  
sharing his last Passover feast,  
Christ at the table, host to the Twelve,  
love, only love, is his mark. R.**

**Love is his mark, love is his sign  
bread for our strength, wine  
for our joy,**

**'This is my body, this is my blood,'  
love, only love, is his sign. R.**

**Love is his sign, love is his news,  
'Do this,' he said, lest you forget  
all my deep sorrow, all my dear blood,  
love, only love, is his news. R.**

### PRIVATE PRAYER AFTER COMMUNION

Jesus of Nazareth, Light of the world,  
you have called me to yourself in Communion  
just as you called Peter and Andrew,  
and James and John.  
I have followed you and am now close to you.

But perhaps I have not left everything  
and I may turn back.

I must obey you and repent for the  
kingdom of heaven is close at hand.  
Help me to be your faithful follower.  
Jesus, Master of the Apostles,  
heal all who are sick in mind and body.

Grant us the peace and unity of your kingdom.



### PRAYER AFTER COMMUNION

Grant, we pray, almighty God,  
that, receiving the grace  
by which you bring us to new life,  
we may always glory in your gift.  
Through Christ our Lord.  
**Amen.**

### CONCLUDING RITES



The Lord be with you.  
**And with your spirit.**

**Solemn Blessing – Ordinary Time No12**

May the God of all consolation order  
your days in his peace  
and grant you the gifts of his blessing.  
**Amen.**

May he free you always from every  
distress  
and confirm your hearts in his love.  
**Amen.**

So that on this life's journey  
you may be effective in good works,  
rich in the gifts of hope, faith and  
charity,  
and may come happily to eternal life.  
**Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the  
Holy Spirit, come down on you and  
remain with you for ever.  
**Amen.**

Go forth, the Mass is ended.  
**Thanks be to God.**

### RECESSIONAL HYMN

**Praise, my soul, the king of heaven!  
To his feet thy tribute bring.  
Ransomed, healed, restored, forgiven,  
who like me his praise should sing?  
Praise him! Praise him! (x2)  
Praise the everlasting King!**

**Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same for ever,  
slow to chide and swift to bless.  
Praise him! Praise him! (x2)  
Glorious in his faithfulness.**