

THIRD SUNDAY IN ORDINARY TIME

— (STAND) —

ENTRANCE ANTIPHON Cf. Ps 95: 1, 6

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty and
splendour, strength and honour in
his holy place.

ENTRANCE HYMN

How lovely on the mountains
are the feet of him
who brings good news, good news,
announcing peace,
proclaiming news of happiness:
our God reigns, our God reigns.

*Our God reigns, our God reigns,
our God reigns, our God reigns.*

Ends of earth, see the salvation
of our God!
Jesus is Lord, is Lord!
Before the nations,
he has bared his holy arm:
our God reigns, our God reigns. (R)

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

Striking your breast as you say:

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The absolution by the priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
Amen.



GLORIA

Glory to God in the highest,
and on earth peace to people of
good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great
glory,

Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten
Son,
Lord God, Lamb of God, Son of the
Father,

you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of
the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

Almighty ever-living God,
direct our actions according to your
good pleasure, that in the name of
your beloved Son we may abound in
good works. Through our Lord Jesus
Christ, your Son,
who lives and reigns with you in the
unity of the Holy Spirit, God, for ever
and ever.
Amen.

21st January 2024

THE LITURGY OF THE WORD

— SIT —

FIRST READING

3:1-5.10

A reading from the prophet Jonah

The word of the Lord was
addressed to Jonah: "Up!" he said
"Go to Nineveh, the great city, and
preach to them as I told you to."
Jonah set out and went to Nineveh
in obedience to the word of the
Lord. Now Nineveh was a city great
beyond compare: it took three days
to cross it. Jonah went on into the
city, making a day's journey.
He preached in these words, "Only
forty days more and Nineveh is
going to be destroyed." And the
people of Nineveh believed in God;
they proclaimed a fast and put on
sackcloth, from the greatest to the
least.

God saw their efforts to renounce
their evil behaviour. And God
relented: he did not inflict on them
the disaster which he had
threatened.

The word of the Lord.

Thanks be to God.



R. Lord, make me know your ways.

1. Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and
teach me:
for you are God my saviour. **R.**

2. Remember your mercy, Lord.
and the love you have shown from
of old.
In your love remember me,
because of your goodness,
O Lord. **R.**

3. The Lord is good and upright.
He shows the path to those who
stray,
He guides the humble in the right
path;
he teaches his way to the poor. **R.**



SECOND READING 7:29-31

**A reading from the first letter of
St Paul to the Corinthians**

Brothers, our time is growing short.
Those who have wives should live as
though they had none, and those who
mourn should live as though they had
nothing to mourn for; those who are
enjoying life should live as though
there were nothing to laugh about;
those whose life is buying things
should live as though they had
nothing of their own; and those who
have to deal with the world should not
become engrossed in it. I say this
because the world as we know it is
passing away.

The word of the Lord.
Thanks be to God.



STAND

ACCLAMATION Mk 1:15

**Alleluia, alleluia!
The kingdom of God is close at
hand; believe the Good News.
Alleluia!**

GOSPEL

1:14-20

The Lord be with you.
And with your spirit.
A reading from the holy
Gospel according to Mark.
Glory to you, O Lord.



After John had been arrested, Jesus
went into Galilee. There he
proclaimed the Good News from God.
“The time has come”, he said, “and
the kingdom of God is close at hand.
Repent, and believe the Good News.”

As he was walking along by the Sea
of Galilee he saw Simon and his
brother Andrew casting a net in the
lake – for they were fishermen. And
Jesus said to them, “Follow me and I
will make you into fishers of men.”
And at once they left their nets and
followed him.

Going on a little further, he saw
James son of Zebedee and his
brother John; they too were in their
boat, mending their nets. He called
them at once and, leaving their father
Zebedee in the boat with the men he
employed, they went after him.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

STAND

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,**

**and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the
forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

SIT

Raising the host, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the bread we offer
you: fruit of the earth and work of
human hands,
it will become for us the bread of life.
Blessed be God for ever.

**The priest pours wine and a little water
into the chalice, saying quietly:**

By the mystery of this water and wine
may we come to share in the divinity
of Christ,
who humbled himself to share in our
humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the wine we offer
you: fruit of the vine and work of
human hands,
it will become our spiritual drink.
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart
may we be accepted by you, O Lord,
and may our sacrifice in your sight
this day be pleasing to you, O Lord.

**Then the priest washes his hands, saying
quietly:**

Wash me, O Lord, from my iniquity;
and cleanse me from my sin.

STAND

Facing the people the priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

Accept our offerings, O Lord, we pray,
and in sanctifying them
grant that they may profit us for
salvation.
Through Christ our Lord.
Amen.

EUCCHARISTIC PRAYER II

Preface: II Ordinary Time

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our
God.

It is right and just

It is truly right and just, our duty and
our salvation,
always and everywhere to give you
thanks, Lord, holy Father, almighty
and eternal God,
through Christ our Lord.

For out of compassion for the
waywardness that is ours,
he humbled himself and was born of
the Virgin;
by the passion of the Cross he freed
us from unending death,
and by rising from the dead he gave
us life eternal.

And so, with Angels and Archangels,
with Thrones and Dominions,
and with all the hosts and Powers of
heaven,
we sing the hymn of your glory,
as without end we acclaim:

Holy, Holy, Holy Lord God of hosts.

**Heaven and earth are full of your
glory.**

Hosanna in the highest.

**Blessed is he who comes in the name
of the Lord.**

Hosanna in the highest.

KNEEL

You are indeed Holy, O Lord,
the fount of all holiness.

*The Priest joins his hands and, holding them
extended over the offerings, says:*

Make holy, therefore, these gifts, we
pray,
by sending down your Spirit upon
them like the dewfall,
so that they may become for us
the Body ✠ and Blood of our Lord,
Jesus Christ.

At the time he was betrayed
and entered willingly into his Passion,
he took bread and, giving thanks,
broke it,
and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT
OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was
ended,
he took the chalice
and, once more giving thanks,
he gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND
DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY
BLOOD,
THE BLOOD OF THE NEW AND
ETERNAL COVENANT,
WHICH WILL BE POURED OUT FOR
YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.**

The mystery of faith:

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the
memorial of his Death and
Resurrection, we offer you, Lord,
the Bread of life and the Chalice of
salvation, giving thanks that you have
held us worthy to be in your presence
and minister to you.
Humbly we pray
that, partaking of the Body and Blood
of Christ, we may be gathered into
one by the Holy Spirit.

Remember, Lord, your Church,
spread throughout the world,
and bring her to the fullness of charity,

together with Francis, our Pope,
N. our Bishop, his assistant Bishop(s),
and all the clergy.

Remember also our brothers and
sisters
who have fallen asleep in the hope of
the resurrection,
and all who have died in your mercy:
welcome them into the light of your
face.

Have mercy on us all, we pray,
that with the Blessed Virgin Mary,
Mother of God, with blessed Joseph,
her Spouse, with the blessed Apostles
and all the Saints who have pleased
you throughout the ages,
we may merit to be coheirs to eternal
life,
and may praise and glorify you
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten
with the host and, elevating both, he says:*

Through him, and with him, and in
him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.
Amen.

COMMUNION RITE

STAND

At the Saviour's command
and formed by divine teaching,
we dare to say:
Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus
Christ.

**For the kingdom, the power and the
glory
are yours, now and for ever.**

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and
unity in accordance with your will.
Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

—(KNEEL)—

The priest says quietly:

May the receiving of your Body and Blood,
Lord Jesus Christ,
not bring me to judgement and condemnation,
but through your loving mercy
be for me protection in mind and body,
and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper
of the Lamb.

And together with the people he says once:

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

May the Body of Christ
keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:
May the Blood of Christ
keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.
Amen.

COMMUNION ANTIPHON Cf. Ps 33: 6

**Look toward the Lord and be radiant;
let your faces not be abashed.**

COMMUNION HYMN

**Love is his word, love is his way,
feasting with kin, fasting alone,
living and dying, rising again,
love, only love, is his way.**

Richer than gold is the love of my Lord:

better than splendour and wealth.

**Love is his way, love is his mark,
sharing his last Passover feast,
Christ at the table, host to the Twelve,
love, only love, is his mark. R.**

**Love is his mark, love is his sign
bread for our strength, wine
for our joy,**

**‘This is my body, this is my blood,’
love, only love, is his sign. R.**

**Love is his sign, love is his news,
‘Do this,’ he said, lest you forget
all my deep sorrow, all my dear blood,’
love, only love, is his news. R.**

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, you are our reconciliation with the Father.

You call me “to repent, and believe the Good News, for the kingdom of God is close at hand”. I hear your call “Follow me” but I stumble and fall in the following.

I know my faults, my habitual failings, the sin I have to confess too regularly. Lamb of God, the time for change is growing short and the world as we know it is passing by, bring me to full reconciliation with your Father by self-denial and repentance on my part and by the healing of your mercy. Always I will receive the sacrament of Penance as the prodigal rejoiced in the loving embrace of his father. The eucharist is the memorial of your passion and resurrection. Imprint deep in my soul the lasting memory of the bitter sufferings you endured, in the presence of your mother, for my sins.

Grant me true sorrow and a firm purpose of amendment.

—(STAND)—

PRAYER AFTER COMMUNION

Grant, we pray, almighty God,
that, receiving the grace
by which you bring us to new life,
we may always glory in your gift.
Through Christ our Lord.
Amen.

CONCLUDING RITES

—(STAND)—

The Lord be with you.
And with your spirit.

Solemn Blessing – Ordinary Time No12
May the God of all consolation order your days in his peace
and grant you the gifts of his blessing.
Amen.

May he free you always from every distress and confirm your hearts in his love. **Amen.**

So that on this life’s journey
you may be effective in good works,
rich in the gifts of hope, faith and charity, and may come happily to eternal life. **Amen.**

And may the blessing of almighty God,
the Father, and the Son, ✠ and the Holy Spirit,
come down on you and remain with you for ever.
Amen.

Go forth, the Mass is ended.
Thanks be to God.

RECESSIONAL HYMN

**God’s Spirit is in my heart.
He has called me and set me apart.
This is what I have to do,
what I have to do.**

*He sent me to give the Good News
to the poor,
tell prisoners that they are prisoners
no more,
tell blind people that they can see,
and set the downtrodden free,
and go tell ev’ryone
the news that the Kingdom of God
has come,
and go tell ev’ryone
the news that God’s kingdom has come.*

**Just as the Father sent me,
so I’m sending you out to be
my witnesses throughout the world,
the whole of the world.**