

ENTRANCE ANTIPHON Cf. Ps 90: 15-16

When he calls on me, I will
answer him;
I will deliver him and give him glory,
I will grant him length of days.

ENTRANCE HYMN

1. God of mercy and compassion,
look with pity upon me;
Father, let me call thee Father,
'tis thy child returns to thee.

*Jesus, Lord, I ask for mercy,
knowing it is not in vain:
all my sins I now detest them,
help me not to sin again.*

2. Only by thy grace and mercy
may I hope for heav'n above,
where the saints rejoice for ever
in a sea of boundless love.
3. See our Saviour, bleeding, dying
on the cross of Calvary;
to that cross my sins have nailed him,
yet he bleeds and dies for me.

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I
have failed to do,

Striking your breast as you say:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary
ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The absolution by the priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
Amen.

FIRST SUNDAY OF LENT

18th February 2024



Lord have mercy. **Lord have mercy.**
Christ have mercy. **Christ have mercy.**
Lord have mercy. **Lord have mercy.**

COLLECT

Grant, almighty God, through the
yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue
their effects.

Through our Lord Jesus Christ,
your Son, who lives and reigns with
you in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

THE LITURGY OF THE WORD

SIT

FIRST READING

9:8-15

A reading from the book of
Genesis

God spoke to Noah and his sons,
“See, I establish my Covenant with
you, and with your descendants
after you; also with every living
creature to be found with you, birds,
cattle and every wild beast with you:
everything that came out of the ark,
every-thing that lives on the earth. I
establish my Covenant with you: no
thing of flesh shall be swept away

by the waters of the flood. There
shall be no flood to destroy the
earth again.”

God said, “Here is the sign of the
Covenant I make between myself
and you and every living creature
with you for all generations. I set my
bow in the clouds and it shall be a
sign of the Covenant between me
and the earth. When I gather the
clouds over the earth and the bow
appears in the clouds, I will recall
the Covenant between myself and
you and every living creature of
every kind. And so the waters shall
never again become a flood to
destroy all things of flesh.”

The word of the Lord.

Thanks be to God

RESPONSORIAL PSALM Ps24:4-9.Rv.10

R. Your ways, Lord, are faithfulness
and love for those who keep your
covenant.

1. Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and
teach me:
for you are God my saviour. **R.**
2. Remember your mercy, Lord, and
the love you have shown from of old.
In your love remember me,
because of your goodness, O Lord.

R.

3. The Lord is good and upright.
He shows the path to those who
stray,
he guides the humble in the right
path;
he teaches his way to the poor. **R.**

SECOND READING 3:18-22

**A reading from the first letter of
St Peter**

Christ himself, innocent though he
was, died once for sins, died for the
guilty, to lead us to God. In the body
he was put to death, in the spirit he
was raised to life, and, in the spirit,
he went to preach to the spirits in
prison. Now it was long ago, when
Noah was still building that ark
which saved only a small group of
eight people "by water", and when
God was still waiting patiently, that
these spirits refused to believe. That
water is a type of the baptism which
saves you now, and which is not the
washing off of physical dirt but a
pledge made to God from a good
conscience, through the
resurrection of Jesus Christ, who
has entered heaven and is at God's
right hand, now that he has made
the angels and Dominations and
Powers his subjects.

The word of the Lord.

Thanks be to God.

STAND

ACCLAMATION Mt4:4

**Praise to you, O Christ,
king of eternal glory!**

**Man does not live on bread alone,
but on every word
that comes from the
mouth of God.**

**Praise to you, O Christ,
king of eternal glory!**



GOSPEL

1:12-15

The Lord be with you.
And with your spirit.
A reading from the holy
Gospel according to Mark.
Glory to you, O Lord.



The Spirit drove Jesus out into the
wilderness and he remained there
for forty days, and was tempted by
Satan. He was with the wild beasts,
and the angels looked after him.

After John had been arrested,
Jesus went into Galilee. There he
proclaimed the Good News from
God. "The time has come", he said,
"and the kingdom of God is close at
hand. Repent, and believe the Good
News."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

STAND

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the
forgiveness of sins**

**and I look forward to the resurrection
of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

SIT

Raising the host, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the bread we offer
you: fruit of the earth and work of
human hands,

it will become for us the bread of life.

Blessed be God for ever.

**The priest pours wine and a little water
into the chalice, saying quietly:**

By the mystery of this water and wine
may we come to share in the divinity
of Christ,
who humbled himself to share in our
humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the wine we offer
you: fruit of the vine and work of
human hands,

it will become our spiritual drink.

Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart
may we be accepted by you, O Lord,
and may our sacrifice in your sight
this day be pleasing to you, O Lord.

**Then the priest washes his hands, saying
quietly:**

Wash me, O Lord, from my iniquity;
and cleanse me from my sin.

STAND

Facing the people the priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord,
we pray, to make these offerings,
for with them we celebrate the
beginning of this venerable and
sacred time. Through Christ our Lord.
Amen.

EUCCHARISTIC PRAYER III

PREFACE: The Temptation of The Lord

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation,

always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God,

through Christ our Lord.

By abstaining forty long days from earthly food, he consecrated through his fast the pattern of our Lenten observance and, by overturning all the snares of the ancient serpent, taught us to cast out the leaven of malice, so that, celebrating worthily the Paschal Mystery, we might pass over at last to the eternal paschal feast.

And so, with the company of Angels and Saints, we sing the hymn of your praise, as without end we acclaim:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

◆ **KNEEL** ◆

You are indeed Holy, O Lord, and all you have created rightly gives you praise, for through your Son our Lord Jesus Christ, by the power and working of the Holy Spirit,

you give life to all things and make them holy, and you never cease to gather a people to yourself, so that from the rising of the sun to its setting a pure sacrifice may be offered to your name.

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may become the Body and ✠ Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries.

For on the night he was betrayed he himself took bread, and, giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice, and, giving you thanks, he said the blessing, and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

Then the Priest, with hands extended, says:

Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice.

Look, we pray, upon the oblation of your Church and, recognising the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ.

May he make of us an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the blessed Apostles and glorious Martyrs (with Saint N., the Saint of the day or Patron Saint) and with all the Saints, on whose constant intercession in your presence we rely for unfailing help.

May this Sacrifice of our reconciliation, we pray, O Lord, advance the peace and salvation of all the world. Be

pleased to confirm in faith and charity your pilgrim Church on earth, with your servant Francis, our Pope, and N. our Bishop, his assistant Bishop(s) the Order of Bishops, all the clergy, and the entire people you have gained for your own.

Listen graciously to the prayers of this family,

whom you have summoned before you: in your compassion, O merciful Father, gather to yourself all your children scattered throughout the world. To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we hope to enjoy for ever the fullness of your glory

The Priest joins his hands.

through Christ our Lord, through whom you bestow on the world all that is good. †

The Priest takes the chalice and the paten with the host and, elevating both, he says:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

Amen.

COMMUNION RITE

◆ **STAND** ◆

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

Amen.



The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world have mercy on us.

Lamb of God, you take away the sins of the world grant us peace.

(KNEEL)

The priest says quietly:

May the receiving of your Body and Blood,

Lord Jesus Christ,

not bring me to judgement and condemnation,

but through your loving mercy

be for me protection in mind and body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

And together with the people he says once:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

May the Body of Christ keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.

COMMUNION ANTIPHON Mt.4:4

One does not live by bread alone, but on every word that comes from the mouth of God.

COMMUNION HYMN

I am the Bread of life, you who come to me shall not hunger and who believes in me shall not thirst. No one can come to me unless the Father beckon.

R. *And I will raise you up, and I will raise you up, and I will raise you up on the last day.*

The bread that I will give is my flesh for the life of the world, And if you eat of this bread, you shall live forever, you shall live forever. R.

Yes, Lord, I believe that you are the Christ the Son of God who have come into the world. R.

PRIVATE PRAYER AFTER COMMUNION

It is your Spirit, Lord Jesus, who leads me into this Lent, just as he drove you into the wilderness.

Give to me now the graces you won for me during those forty days, so that I may spend this Lent well.

The time has come for me to repent, and to show by my way of life that I really believe the Good News of the Gospel.

I want to prepare for the celebration of the great event of Easter, in which I first shared when I was united with you in the waters of my baptism.

My Jesus, you are with me now to find you in your Church, in the Eucharist, in the words of Scripture, and even in other members of my family and the events of daily life.

Lord, bless my family, grant peace to my home, and bring us to the happiness of your family in heaven.

Jesus, Mary and Joseph, I give you my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with you.



(STAND)

PRAYER AFTER COMMUNION

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord. **Amen.**

CONCLUDING RITES

Prayer over the People

May bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation, virtue be strengthened in temptation, and eternal redemption be assured.

Through Christ our Lord. **Amen.**

The Lord be with you. **And with your spirit.**

Bow head for the blessing – short silence

And may the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever.

Amen.

Go and announce the Gospel of the Lord.

Thanks be to God.

RECESSIONAL HYMN

Holy God we praise thy name, Lord of all we bow before thee. All on earth thy sceptre own. All in heaven above adore thee. Endless is thy vast domain. Ever lasting is thy reign.

Hark, with loud and pealing hymn, Thee the angel choirs are praising; Cherubim and seraphim, One unceasing chorus raising, Ever sing with sweet accord, Holy, holy, holy Lord.

Spare thy people, Lord, we pray, By a thousand snares surrounded: Keep us free from sin today; Never let us be confounded. All my trust I place in thee, Never, Lord, abandon me.