

# SIXTH SUNDAY IN ORDINARY TIME

STAND

**ENTRANCE ANTIPHON** Cf. Ps 30: 3-4

Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my  
stronghold! Lead me, guide me, for  
the sake of your name.

## ENTRANCE HYMN

**R.** *God bids us welcome to his House  
And He invites us to His Feast  
Day of great joy and happiness,  
Alleluia!*

Great was my joy when I was told  
Let us approach to God's abode  
That's in the City of the Lord. **R.**

Christ is the Sun which brings  
the dawn  
He is the Light of all the world  
Setting us free from death and sin.  
**R.**

Christ is alive, with joy we sing  
We celebrate our Risen Lord  
Praising the glory of His name. **R.**

**Priest:** In the name of the Father and  
of the Son, and of the Holy  
Spirit.

People: **Amen.**

Grace to you and peace from God our  
Father  
and the Lord Jesus Christ.

**And with your spirit.**

## PENITENTIAL ACT

Brethren (Brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves to  
celebrate the sacred mysteries.

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I  
have failed to do,

*Striking your breast as you say:*  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary  
ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

15th February 2026



*The absolution by the priest follows:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.  
**Amen.**

Lord have mercy. **Lord have mercy.**  
Christ have mercy. **Christ have mercy.**  
Lord have mercy. **Lord have mercy.**

## GLORIA

**Glory to God in the highest,  
and on earth peace to people of  
good will.**

**We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great  
glory,**

**Lord God, heavenly King,**

**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten  
Son,**

**Lord God, Lamb of God, Son of the  
Father,**

**you take away the sins of the world,  
have mercy on us;**

**you take away the sins of the world,  
receive our prayer;**

**you are seated at the right hand of  
the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,**

**you alone are the Most High,  
Jesus Christ,**

**with the Holy Spirit,  
in the glory of God the Father.**

**Amen.**

## COLLECT

O God, who teach us that you abide  
in hearts that are just and true,  
grant that we may be so fashioned by  
your grace as to become a dwelling  
pleasing to you.

Through our Lord Jesus Christ,  
your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit,  
God, for ever and ever.

**Amen.**

## THE LITURGY OF THE WORD

SIT

### FIRST READING

15:15-20

**A reading from the book of  
Ecclesiasticus**

If you wish, you can keep the  
commandments,  
to behave faithfully is within your  
power.

He has set fire and water before you;  
put out your hand to whichever you  
prefer.

Man has life and death before him;  
whichever a man likes better will be  
given him.

For vast is the wisdom of the Lord;  
he is almighty and all-seeing.  
His eyes are on those who fear him,  
he notes every action of man.

He never commanded anyone to be  
godless,

he has given no one permission to sin  
The word of the Lord.

**Thanks be to God.**

### RESPONSORIAL PSALM

Ps118:1-2.4.5.17-18.33-34.R.v.1

**R. They are happy who follow  
God's law!**

1. They are happy whose life is  
blameless,  
who follow God's law!  
They are happy those who do his  
will,  
seeking him with all their hearts. **R.**

2. You have laid down you precepts  
to be obeyed with care.  
May my footsteps be firm  
to obey your statutes. **R.**

3. Bless your servant and I shall live and obey your word.  
Open my eyes that I may consider the wonders of your law. **R.**
4. Teach me the demands of your statutes  
and I will keep them to the end.  
Train me to observe your law,  
to keep it with my heart. **R.**

**SECOND READING** *2:6-10*  
**A reading from the first letter of St Paul to the Corinthians**

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of his age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

The word of the Lord.  
**Thanks be to God.**



**ACCLAMATION** *1 Sam 3:9; Jn 6:68*  
**Alleluia, alleluia!**  
**Speak, Lord, your servant is listening:**  
**you have the message of eternal life.**  
**Alleluia**

**GOSPEL** *\*Shorter version 5:20-22. 27-28. 33-34. 37*

The Lord be with you.

**And with your spirit.**  
A reading from the holy Gospel according to Matthew.  
**Glory to you, O Lord.**



Jesus said to his disciples: "I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

"You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. "You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart. "Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**



**PROFESSION OF FAITH**  
**I believe in one God,**  
**the Father almighty,**  
**maker of heaven and earth,**  
**of all things visible and invisible.**  
**I believe in one Lord Jesus Christ,**  
**the Only Begotten Son of God,**  
**born of the Father before all ages.**  
**God from God, Light from Light,**  
**true God from true God,**  
**begotten, not made,**  
**consubstantial with the Father;**  
**through him all things were made.**  
**For us men and for our salvation**  
**he came down from heaven,**  
*(All bow during the next three lines)*  
**and by the Holy Spirit was**  
**incarnate of the Virgin Mary,**  
**and became man.**

**For our sake he was crucified**  
**under Pontius Pilate,**  
**he suffered death and was buried,**  
**and rose again on the third day**  
**in accordance with the Scriptures.**  
**He ascended into heaven**  
**and is seated at the right hand of**  
**the Father.**  
**He will come again in glory**  
**to judge the living and the dead**  
**and his kingdom will have no end.**  
**I believe in the Holy Spirit, the**  
**Lord, the giver of life,**  
**who proceeds from the Father and**  
**the Son,**  
**who with the Father and the Son**  
**is adored and glorified,**  
**who has spoken through the**  
**prophets.**  
**I believe in one, holy, catholic and**  
**apostolic Church.**

**I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

**PRAYER OF THE FAITHFUL**

**LITURGY OF THE EUCHARIST**



*Raising the host, the priest says:*  
Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands,  
it will become for us the bread of life.  
**Blessed be God for ever.**

*The priest pours wine and a little water into the chalice, saying quietly:*  
By the mystery of this water and wine may we come to share in the divinity of Christ,  
who humbled himself to share in our humanity.

*Raising the chalice, the priest says:*  
Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands,  
it will become our spiritual drink.  
**Blessed be God for ever.**

*Bowing the priest says quietly:*  
With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

*Then the priest washes his hands, saying quietly:*  
Wash me, O Lord, from my iniquity; and cleanse me from my sin.



*Facing the people the priest says:*  
Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.**



### **PRAYER OVER THE OFFERINGS**

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will, the source of eternal reward.

Through Christ our Lord.

**Amen.**

### **PREFACE I of Ordinary Time EUCCHARISTIC PRAYER III**

The Lord be with you.

**And with your Spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord. For through his Paschal Mystery, he accomplished the marvellous deed, by which he has freed us from the yoke of sin and death, summoning us to the glory of being now called a chosen race, a royal priesthood, a holy nation, a people for your own possession, to proclaim everywhere your mighty works, for you have called us out of darkness into your own wonderful light. And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.  
Hosanna in the highest.**

◀ **KNEEL** ▶

You are indeed Holy, O Lord, and all you have created rightly gives you praise, for through your Son our Lord Jesus Christ, by the power and working of the Holy Spirit, you give life to all things and make them holy, and you never cease to gather a people to yourself, so that from the rising of the sun to its setting a pure sacrifice may be offered to your name. Therefore, O Lord, we humbly implore you: by the same Spirit graciously

make holy these gifts we have brought to you for consecration, that they may become the Body and ✦ Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries.

For on the night he was betrayed he himself took bread, and, giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was ended, he took the chalice, and, giving you thanks, he said the blessing, and gave the chalice to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.**

**The mystery of faith  
When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.**

*Then the Priest, with hands extended, says:* Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice.

Look, we pray, upon the oblation of your Church and, recognising the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ. May he make of us an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with

the blessed Apostles and glorious Martyrs (with Saint N., the Saint of the day or Patron Saint) and with all the Saints, on whose constant intercession in your presence we rely for unfailing help.

May this Sacrifice of our reconciliation, we pray, O Lord, advance the peace and salvation of all the world. Be pleased to confirm in faith and charity your pilgrim Church on earth, with your servant Leo, our Pope, and N. our Bishop, his assistant Bishop(s) the Order of Bishops, all the clergy, and the entire people you have gained for your own.

Listen graciously to the prayers of this family, whom you have summoned before you: in your compassion, O merciful Father, gather to yourself all your children scattered throughout the world. To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we hope to enjoy for ever the fullness of your glory

*The Priest joins his hands.*

through Christ our Lord, through whom you bestow on the world all that is good. †

*The Priest takes the chalice and the paten with the host and, elevating both, he says:*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

**Amen.**

## COMMUNION RITE

◀ **STAND** ▶

At the Saviour's command and formed by divine teaching, we dare to say:  
**Our Father, who art in heaven . . .**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the glory are yours, now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give  
you, look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and  
unity in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you  
always.

**And with your Spirit.**

*The priest may add these or similar words.*

Let us offer each other the sign of peace.

*The priest places a small piece of the host in  
the chalice saying quietly:*

May this mingling of the body and  
blood of our Lord Jesus Christ  
bring eternal life to us who receive it.

*Meanwhile the people sing or say:*

**Lamb of God, you take away the  
sins of the world:**

**have mercy on us.**

**Lamb of God, you take away the  
sins of the world:**

**have mercy on us.**

**Lamb of God, you take away the  
sins of the world:**

**grant us peace.**

◆ **(KNEEL)** ◆

*The priest says quietly:*

May the receiving of your Body and  
Blood,  
Lord Jesus Christ,  
not bring me to judgement and  
condemnation,  
but through your loving mercy  
be for me protection in mind and body,  
and a healing remedy.

*Raising the host the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of  
the world.

Blessed are those called to the supper  
of the Lamb.

*And together with the people he says once:*

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

May the Body of Christ  
keep me safe for eternal life.

*The Priest reverently consumes the Body of  
Christ.*

*Then he takes the chalice and says quietly:*

May the Blood of Christ  
keep me safe for eternal life.

*The Priest raises a host slightly and shows it  
to each of the communicants, saying:*

The Body of Christ.

**Amen.**

### COMMUNION ANTIPHON

*Cf. Ps 77: 29-30*

**They ate and had their fill, and what  
they craved the Lord gave them;  
they were not disappointed in what  
they craved.**

### COMMUNION HYMN

**Love is his word, love is his way.  
feasting with kin, fasting alone,  
living and dying, rising again,  
love, only love, is his way.**

*Richer than gold is the love of my Lord:  
better than splendour and wealth.*

**Love is his way, love is his mark,  
sharing his last Passover feast,  
Christ at the table, host to the Twelve,  
love, only love, is his mark.**

**Love is his mark, love is his sign,  
bread for our strength, wine for our joy,  
'This is my body, this is my blood,'  
love, only love, is his sign.**

**Love is his sign, love is his news,  
'Do this,' he said, 'lest you forget  
all my deep sorrow, all my dear blood,'  
love, only love, is his news.**

**Love is his name, love is his law.  
Hear his command, all who are his:  
'Love one another, I have loved you.'  
Love, only love, is his law.**

### PRIVATE PRAYER AFTER COMMUNION

Jesus, Lord of glory, I have received you in  
Communion. In silence, for a while,  
let me bow down in adoration before you.

You have told me, today at Mass, what  
you want me to do.

I am not to be angry: I am to be pure in  
thought: I am to be faithful and loyal: to  
speak the truth.

Without you I would fail, but, in this  
Communion, you strengthen me.

Therefore, with your help, I will strive,  
during this week, to obey my Lord's  
commands.

If I keep the Commandments, one day  
you will bring me to things no eye has seen  
and no ear heard, things beyond the mind  
of man, all that God has prepared for those  
who love him.

◆ **(STAND)** ◆

### PRAYER AFTER COMMUNION

Having fed upon these heavenly  
delights, we pray, O Lord,  
that we may always long  
for that food by which we truly live.  
Through Christ our Lord.  
**Amen.**

### CONCLUDING RITES

◆ **(STAND)** ◆

The Lord be with you.  
**And with your spirit.**

### Solemn Blessing – Ordinary Time V

May almighty God always keep every  
adversity far from you  
and in his kindness pour out upon you  
the gifts of his blessing.  
**Amen.**

May God keep your hearts attentive to  
his words,  
that they may be filled with everlasting  
gladness.  
**Amen.**

And so, may you always understand  
what is good and right,  
and be found ever hastening along  
in the path of God's commands,  
made coheirs with the citizens of  
heaven.

**Amen.**

And may the blessing of almighty  
God, the Father, and the Son, ✠ and  
the Holy Spirit, come down on you  
and remain with you for ever.

**Amen.**

Go forth, the Mass is ended.  
**Thanks be to God.**

### RECESSIONAL HYMN

**Now thank we all our God,  
with heart and hands and voices,  
who wondrous things hath done,  
in whom his world rejoices;  
who from our mother's arms  
hath blessed us on our way  
with countless gifts of love  
and still is ours today.**

**O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us;  
and keep us in his grace,  
and guide us when perplexed,  
and free us from all ills  
in this world and the next.**