

TRINITY SUNDAY C



The Spirit of truth will guide you to all truth.

THE GOSPEL John 16:12-15

Before mountains, stars, springs and seas
even the foundations of the earth
you were there
as three,

as
one,

in the eternity
of your
now.

Spirit,

thank you for the gift of
the truth of

the
Father
(who gave us his Son),

the Son
(who gave us his life), and

the Holy Spirit.
(who lives in our hearts as our constant companion, now.)
Please guide us to the truth
in all things.

THE FIRST READING Proverbs 8:22-31

When the Lord established the heavens I was there.

You
gave birth
to all creation.
You mothered oceans
and they burst from your womb.
You gave them clouds for their garments
and thick darkness for their swaddling clothes.
When the young ones cried out to you
and roved abroad without food,
you came to nourish them
and hold them
and quiet
their
cry.

And
you sowed the seeds of
Holy Wisdom
into
our
own
hearts.

Let wisdom's seeds grow in us now.
We want to parent your climate,
oceans, and all the earth.
We want to nourish
all your people:
with good food,
and

strength to
feed them.

THE SECOND READING. Romans 5:1-5

*The love of God has been poured out into our hearts
through the Holy Spirit that has been given to us.*

Holy Spirit,
love of God poured out,
strengthen us through grace
in our hardships.

Let hope bloom.

Turn
our
brief lives
into eternal love. (Annie Osdieck)



(A Russian wedding ring is a symbol of the unity of the Three Divine Persons in the Godhead)

Reflection:

Today our Easter season closes with the feast of the Holy Trinity – the mystery that is central to our faith. We celebrate our trust in God who is three persons: God the Father, the Creator of all; Jesus, God’s Word made flesh; and the Spirit who teaches and guides us. Three in One and One in Three – we offer them our praise and glory.

The **First Reading** tells of the glory of creation, as Wisdom herself rejoices in the unfolding of God’s plan for the natural world we now inhabit.

The **Psalm (Psalm 8:4-9)** continues the theme of joy and praise for creation, reminding us of the power over all living things that God has given humankind, and the responsibility that this brings.

In the **Second Reading**, St Paul speaks of how we, through the love of Jesus, are at peace with God and will have a share in his glory. Because of this, when times of suffering come to us, we will find the patience to persevere and continue to have hope in the love of God.

In the **Gospel**, Jesus seeks to reassure the disciples that even when he is no longer with them, they will not be facing the future alone. They – and we – will always have the Spirit of truth as teacher and guide, helping us to see and hear the word of God in Christ Jesus every day of our lives.

Because of the love poured out on us, we are called to show that love to the world and to everyone we meet. This week we pray, in the words of the prophet Micah, for the grace to always do justice, act kindly, and walk humbly with our God. We also pray for the peace of the world, and especially for the people of Ukraine. (From St. Bueno’s Outreach to the Diocese of Wrexham)

Glory to the Father and to the Son and to the Holy Spirit!!

