

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Monday to Friday, 9.30am-1.30pm

SUNDAY MASS TIMES This weekend:

Bangor: (BRUNSWICK RD)
Vigil 6.30pm;
Sun 11.00am

Donaghadee:
Sun 9.30am.

Ballyholme:
Sun 12.30pm.

WEEKDAY MASS TIMES:

**BANGOR PARISH,
BRUNSWICK ROAD
WEEK DAYS AT 9.30AM
BALLYHOLME
MONDAYS & FRIDAYS
9.00AM**

CONFESSIONS:

BANGOR: SAT 5.30 PM AND
AFTER ALL MASSES.

Weekend Mass in the Pastoral Communities

Holywood: Vigil 6.30pm;
Sun 10am & 12noon.

Newtownards:
Vigil 6.30pm; Sun 11.30am.
Comber: Sun 10.00am.

Baptisms: 1st and 3rd
Sunday of the Month at
2pm. Register online at
www.bangorparish.com
under

Sacramental Preparation.
2 month's notice required.

PERPETUAL EUCARISTIC ADORATION

**EVERY MONDAY
10.00AM TO 9.30PM**

VENUE: **ST COMGALL'S
CHURCH, BRUNSWICK RD.**

**The MARIAN PRAYER
GROUP** will be moving back
to St Comgall's Church.
Starting back on 2nd January.
Rosary of the Unborn,
Reflections, Petitions,
Thanksgivings. 6.30pm –
7.30pm. All Welcome.

Extra notices on the website page! 3 page Bulletin.

All notices and anvs.
notices to be included
need to be received by
Wednesday at 1pm.

The Holy Family of Jesus, Mary & Joseph

– 29 December 2019

CHILDREN'S LITURGY

Children's Liturgy has now **stopped**
until the New Year. We wish all the
children and their families a very
happy and blessed New Year.

Volunteers always welcome contact the Parish Office.



Your prayers are requested for:

Anniversaries:

Daniel McCambridge, Sarah McConville, Harry Skehin,
Michael McConville, Phyllis McPoland, Jim McCart.

BANGOR PARISH FAMILY OF SCHOOLS

Open Days/Nights



St Anne's PS, Donaghadee –
Thurs. 9th Jan, 11am~12noon

St Columbanus' College,
Bangor – Tuesday 7th January
at 7pm. Principal's address
7pm & 8pm.

Reflecting on Prayer & Family. Ephesians 3:14-19

'This then, is what I pray, kneeling before the Father, for whom every family, whether spiritual or natural, takes its name: Out of his infinite glory, may he give you the power through his Spirit for your hidden self to grow strong, so that Christ may live in your hearts through faith, and then, planted in love and built on love, you will with all the saints have strength.'

Seeing Your Life Through the Lens of the Gospel of Saint Matthew 2:13-15, 19-23

1. The threat to the child Jesus put Joseph in a situation where he had to make a quick yet wise decision. Perhaps you have also had to make a speedy response to an unexpected crisis. Who were the 'angels' who guided you to wise decisions? Remember them and give thanks.
2. The whole narrative is designed to bring out the guidance of God's providence for the child Jesus. Have there been times when you have been grateful that things worked out well for you despite adverse circumstances or experiences?
3. External forces imposed migration on Joseph and his family, until he came to establish a home in Nazareth. Where have you lived before coming to the place you now call home? How has this journey helped to fashion the person you are now? Perhaps you have a mixture of gratitude and regrets as you look back. Give thanks for the good memories. What helps you to deal with the disappointments and hurts in the past? Bring them to God with a prayer for further healing.
4. The story and today's feast remind us of the importance of the family in nourishing and fostering new life. Recall and give thanks for those in your own childhood who helped you to find your way in life.

John Byrne OSA, E: jbpbbyrneosa@gmail.com

**St Vincent de Paul
Helpline 077 0367 9384**

**Bethany
Bereavement
Support Group**
we are here to support
and listen. Confidential.
075 1085 2157

WELCOME ROTA DURING JANUARY 2020

6. 30pm Mass
Gerry Fox and
Maura Fox
11.00am Mass
Una Graham
and Anne Rea

WELCOME ROTA DURING DECEMBER

6.30pm Mass -
Anne Mc Cabe
and Maxine
Galway
11.00am Mass -
Joe Drew and
Pauline Andrews

**St Comgall's Church
Refurbishment Fund.**

**Many thanks to the
parishioners who
donated £150.00
this week.**

We are very grateful for
all the generosity that
has been shown by so
many parishioners
towards the fund.

PARISH CENTRE GROUPS

Badminton Club Venue: Main Hall.	Every Wednesday: 8.30pm - 9.30pm
Bible Study Venue: St Dymphna's Room.	Every Thursday: 7.30pm - 9.00pm
Bridge Club Venue: Minor Hall.	Every Monday: 7.30pm - 10.00pm
Charismatic Prayer Group Venue: Pre-School Room.	Every Monday: 7.00pm – 8.30pm
Christian Meditation Prayer Group Venue: St Columbanus Room.	Every Wednesday: 11.20am – 12.30pm <i>(up the stairs to the top floor of St Comgall's Parish Centre)</i>
Irish Language Group Venue: St Columbanus Room, Ceili Dancing-Minor Hall.	Every Thursday: 7.00pm - 8.00pm St. Colum.Rm Every Thurs Ceili Dancing: 8.15pm-9.30pm M.Hall <i>Contact: Harry 9146-2055 [Language 1st & 2nd Year 7.00pm-8.00pm]</i>
Friendship Club Venue: Minor Hall.	Every Tuesday: 10.00am - 12noon
Mothers & Toddlers Group Venue: Minor Hall.	Every Thursday: 10.30am - 12noon
Mulvenna Academy Irish Dancing Venue: Main Hall.	Every Tuesday: 6.00pm - 9.00pm
St. Comgall's Briggins Venue: Main Hall.	Every Thursday: Cygnets: (p1/p2) 5.45 - 6.30pm Aged 6-10: 6.30 - 8.00pm
Trocaire & Traidcraft Venue: Minor Hall.	Weekend Dates: February-15 th & 16 th March-14 th & 15 th April-18 th & 19 th May-16 th & 17 th
Youth Club Venue: Youth Room, Sports Hall.	Every Mon, Wed, Fri: 6.30pm – 8.30pm P6, Monday P7, Wednesday Yr8+ Friday
Whist Club Venue: Minor Hall.	Every Friday: 1.30pm - 3.30pm

Baptism Course – Pre-Sacramental Parents & God-parents Evening.	2 nd Tuesday of the Month 7.00pm until 7.45pm	Venue: St Columbanus & St Cecelia Rooms <i>[Through the green fence 2nd Floor of Parish Centre]</i>
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SACRAMENTAL PREPARATION CLASSES	<ul style="list-style-type: none"> Holy Communion Date - 16th May 2020 at 10am & 1pm. Holy Communion and First Penance Classes - Venue: St Dymphna's Room.
All classes held after 11am Mass in the Parish Centre.	<ul style="list-style-type: none"> Confirmation Date – 20th May 2020 at 5pm. Confirmation Class - Venue: St Columbanus Room, 2nd floor of Parish Centre.

DATES FOR YOUR DIARY! AND OTHER NOTICES....

Our Lady and St Patrick's College, Knock
Year 7 Pupils and Parents
Open Morning in
Saturday, 18th January 2020
9.15 am – 12.30 pm
Principal's Address 9.15 am and 11.00 am.
Anyone considering entry to our Sixth Form is also most welcome.

SATURDAY 25TH JANUARY
The Living Church Office will host the second of three Development Days for leaders of Children's Liturgy of the Word on, , here in our offices at, 120, Cliftonville Road, Belfast BT14 6LA. The day will commence at **9.30am** and finish at **3.30pm**. Development Days are designed to nourish, support, and resource, all those involved in leading Children's Liturgy of the Word in their parish. Due to the popularity of these days, early registration is advised. As usual, there will be time for prayer, input, discussion and activities. There is no charge for the day and lunch and all necessary resources will be provided. To book your place, please contact Caren at c.collins@downandconnor.org or ring the Living Church Office on 02890690920

The Diocesan Pilgrimage to Lourdes are currently seeking volunteer registered nurses to work on the 2020 Pilgrimage (8-13 July). For more information or to register your interest, please email Lourdes@downandconnor.org

We are currently looking for Church Cleaners to help with the existing Rota. Volunteers will be asked to help for one 2 hour session per month. Please leave your contact details in the parish office.



Extra Notices! For your information!

NI CANCER PILGRIMAGE TO LOURDES.

Tues. 19th May to Sunday 24th May 2020

The price of £695 (with price reduction for Cancer Patients) will include: Return flights from Belfast International Airport, operated by JWT License T.O. 052. Full board and accommodation at the Hotel Agena in Lourdes for five nights based on twin/double/treble rooms. Travel insurance cover for persons up to 85 years on date of return.

The party will consist of patients, ex-patients, relatives and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel: 07933938981; Email:

mail@nicancerpilgrimage.org.uk or contact: Mrs Jean Clarke, N. I. Cancer Pilgrimage, c/o Drumbo & Cartyduff Parish, 546 Saintfield Road, Carryduff, Belfast, BT8 8DL. Chairman:- Dr Gerard Walls, accompanied by Dr Seamus McAleer & Spiritual Director.

HEALTHCARE VISITOR TRAINING. Are you a lay person who might be interested in healthcare visitation either within your local parish context or within a chaplaincy context? Are you a lay person who visits healthcare facilities as part of your church responsibilities? Do you sometimes feel unsure what to do, what to say or how to react to the different pastoral situations you meet or could meet in a healthcare setting? Please consider attending training for healthcare visitors: Venue: Edgehill House, 9 Lennoxvale, Belfast BT9 5BY; Dates: Thursday 23rd to Thursday 19th March 2020, 7-9pm. Fee: £75. T:028 9066 5870, Edgehill Theological College.

St Mary's University College, Belfast

St Mary's is at present accepting applications for courses beginning in September 2020. On offer are places on undergraduate courses for the BEd (Hons) Primary teaching degree, the BEd (Hons) Post-Primary teaching degree, and the BA (Hons) Liberal Arts. The closing date for applications for these undergraduate courses is Monday, 13 January 2020. Also on offer are places on a postgraduate course for the Postgraduate Certificate in Education (Irish-medium Education) Primary. The **closing date** for this postgraduate course is **Friday 28 February 2020**. For further details contact the College on +44(0) 28 90268320 or visit the College website at www.smucb.ac.uk.

Application Deadline: 9th January 2020



Every day in Northern Ireland, 4 children experience the death of a parent. YOU can make a difference in the lives of bereaved children across

NI by volunteering with Cruse Bereavement Care. APPLY NOW for the 2020 NI Bereavement Support Foundation (BSF) Course + Children's & Young People's (CYP) Elective. Must have at least 100 hours experience working with CYP, and be available for training weekends on: *8 – 9th February *29th February, *28-29 March *25-26 April, *16th May. An application pack, contact: maria.mcentee@cruse.org.uk For more insights, see www.hopeagain.org.uk

YOUTH FESTIVAL AT MEDJUGORJE - 2020

The LIVING YOUTH Summer Pilgrimage 2020 will be to Medjugorje. We will join more than 50,000 other young people from around the world to celebrate our Catholic Faith. Staying at the Medjugorje Palace Hotel we will take part in the youth festival and also visit the Waterfalls of Kravice, the capital Mostar and the Shrine of Vepric at Makarska, all the while journeying with other young people from across our Diocese.

Pilgrimage Dates: **29th July – 7th August 2020**, for those aged 17 – 25 Cost £799. For an Application Form and more information go to www.livingyouthni.org or contact us on 02890 232 432 or info@livingyouthni.org.