



Between Cross and Resurrection

27 — 29 March 2026 – with Paschal Somers and John Thornhill

Using the practice of Visio Divina, or “holy seeing,” we will explore the key events of Holy Week from Palm Sunday to Holy Saturday through iconography and art.

“Visio Divina is the practice of praying with a sacred image or art. By incorporating art into reflection and prayer, Visio Divina invites us to bring our sense of sight as well as our imagination into our relationship with God.”



Paschal studied Divinity at Heythrop College in London, worked in Education and is coordinator for the Community of the Passion. He is a Trustee for Project Bonhoeffer.



John studied Theology at Cambridge University and Union Theological Seminary, New York. He is a member of the Community of the Passion and a Trustee for Positive Catholics.

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Paschal and John will take us on a reflective journey through the key events of Holy Week using art and iconography.

Visio Divina, sacred seeing, is an ancient form of Christian prayer.

Visio Divina invites us to carefully interact with iconography and art through meditation and prayer.

Art becomes the “sacrament” that opens our hearts to the indwelling Spirit of God.

From: Friday afternoon 27 March to Sunday afternoon 29 March 2026.

Location: Tobar Mhuire Retreat and Conference Centre, 6A Downpatrick Rd, Crossgar, Downpatrick BT30 9EQ

Find out more: <https://www.tobarmhuire.com/>

