

# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
T: (028) 9146-5522 E: bangor@downandconnor.org W: [www.bangorparish.com](http://www.bangorparish.com) Office Hours: Monday to Friday, 9.30am-1.30pm

## SUNDAY MASS TIMES This weekend:

**Bangor:** (BRUNSWICK RD)  
Vigil 6.30pm;  
Sun 11.00am  
**Donaghadee:**  
Sun 9.30am.  
**Ballyholme:**  
Sun 12.30pm.

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## WEEKDAY MASS TIMES:

**BANGOR PARISH,  
BRUNSWICK ROAD  
WEEK DAYS AT 9.30AM**

## CONFESSIONS:

**BANGOR:** SAT 5.30 PM AND  
AFTER ALL MASSES.

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## Weekend Mass in the Pastoral Communities

**Holywood:** Vigil 6.30pm;  
Sun 10am & 12noon.  
**Newtownards:**  
Vigil 6.30pm; Sun 11.30am.  
**Comber:** Sun 10.00am.

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## Baptisms: 1st and 3rd

Sunday of the Month at  
2pm. Register online at  
[www.bangorparish.com](http://www.bangorparish.com)  
under

**Sacramental Preparation.**  
2 month's notice required.

## PERPETUAL EUCARISTIC ADORATION

**EVERY MONDAY  
10.00AM TO 9.30PM**

VENUE: **ST COMGALL'S  
CHURCH, BRUNSWICK RD.**

## St Comgall's Church MARIAN PRAYER GROUP

Every Thursday evening.  
Rosary of the Unborn,  
Reflections, Petitions,  
Thanksgivings. 6.30pm –  
7.30pm. All Welcome.

**Many thanks** for the  
donation of **£20**  
towards the Parish  
Refurbishment Fund.  
The continued support  
is very much  
appreciated.

## 7<sup>th</sup> Sunday in Ordinary Time – 23 February 2020

### SAVE THE DATE!! SATURDAY 14<sup>th</sup> MARCH!!

Bangor Parish will be hosting a Saint Patrick's Day Event in the Parish Centre. Eight to Late! Music (Cap on the Wall), Ceili, Irish Disco and much more. Full licensed late bar with hot finger buffet. Strictly over 18's. Cost £10. Tickets can be bought from Thomas McMullan T:07305-746263

**Ards CCE 'Night At The Races.'** Imperial Bar Function Room  
**Friday 28 February**. Doors open **7.30pm**. Light supper and entertainment. Tickets £5 from Thomas shop or imperial bar. All funds raised to our young musicians.



### Your prayers are requested for:

#### Anniversaries:

Mary Larkin, Patrick Larkin, Tony Hill, James Hart, James Johnston, Mary Hamilton, Annie Mary Sharvin, John Robinson, Brian Duffy, Patrick McAloon, Michael Devlin, Ellen Curran, Kay Mackenzie, Mary Beaman, Eric Beaman, Gerard Beaman, Thomas Donohue, Irene Thompson, Edith Williamson, Fr John Courtney, Annie Louise Wilson.

### St Joseph's Young Priests Society.

The latest addition of The Sheaf, the quarterly magazine of the Society, is available at the back of the church. There are also; Blue "thank you cards" thanking you for your support in the past. On the reverse of the cards are statistics showing the expenditure over the last three years, the number of students assisted, and the number of new Priests ordained. Leaflets explaining the work of the Society.

### WHAT ARE YOU DOING FOR LENT?

Join Bangor Parish on a 5 WEEK JOURNEY with Jesus as we look at the 'Greatest Love Story Ever Told'.  
Shown in pictures, scripture, and video footage.  
Thursdays – 7.00pm-7.45pm.

**Starting March - 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> & April 2<sup>nd</sup>**

We invite all parishioners and their families to take part. The programme will be organised by some students involved with the John Paul II Awards and some other students from the parish.

### Seeing Your Life Through the Lens of the Gospel of Saint Matthew 5:38-48

1. *Jesus tells us to act out of love and says that acting out of love is better than acting out of revenge. What does your experience tell you?*
2. *Perhaps you have at times hit back in revenge when you have been hurt or offended. What effect did this have on you, on others, and on your relationship with them? Contrast this with the times when you resisted the urge to retaliate. What outcome did this have on you, on others, and on your relationship with them – at the time, and in the long term?*
3. *From other passages in the Gospels, it is clear that Jesus did not mean that we should ignore injustices, or never make a stand against others. What lessons have you learned in life on when, and how, to make a stand? What wisdom would you share with others from your experience?*

John Byrne OSA, E: [jbpb Byrneosa@gmail.com](mailto:jbpb Byrneosa@gmail.com)

**St Vincent de Paul  
Helpline 077 0367 9384**

### Bethany Bereavement Support Group

we are here to support  
and listen. Confidential.  
**075 1085 2157**

**SUNDAY CAFÉ**  
continues in the  
**PARISH CENTRE**  
every Sunday after  
**11am Mass.**

Fresh filtered coffee /  
tea and something  
sweet! All welcome.  
Let's build community  
together!

### WELCOME ROTA DURING FEBRUARY

**6.30pm Mass**  
Dorreen Corran  
& Patricia  
Connelly  
**11.00am Mass**  
Derek Le  
Mahieu & Elaine  
Le Mahieu

### CHURCH GALLERY

Brunswick Road

Due to the steepness of  
the stairs it is requested  
that babies in arms and  
children under 8 years  
of age not be brought  
into the Gallery.

## PARISH CENTRE to view all the groups please go to the website [www.bangorparish.com](http://www.bangorparish.com)

**Baptism Course** – 2<sup>nd</sup> Tuesday of the Month Venue: St Columbanus & St Cecelia Rooms  
Pre-Sacramental Parents & 7.00pm until 7.45pm [Through the green fence 2<sup>nd</sup> Floor of Parish Centre]  
God-parents Evening.

### SACRAMENTAL PREPARATION CLASSES

All classes held after 11am Mass in the Parish Centre.

- Holy Communion Date - **16<sup>th</sup> May 2020** at 10am & 1pm.
- Holy Communion and First Penance Classes - Venue: St Dymphna's Room.
- Confirmation Date – **20<sup>th</sup> May 2020** at 5pm.
- Confirmation Class - Venue: St Columbanus Room, 2<sup>nd</sup> floor of Parish Centre.

### DATES FOR YOUR DIARY! AND OTHER NOTICES....

**Ards CCE Trad Music Classes** every Saturday in St Columbanus' College for all trad instruments and all levels. More info contact Niall Mc Clean 07960072218.

Ards CCE 'Spring Concert' Sunday 8<sup>th</sup> March in Saint Columbanus' College at **6pm**.  
£5 at door/kids free. Great Ballots.

### WEDNESDAY 26<sup>TH</sup> FEBRUARY

Anam Cara Armagh the organisation that supports bereaved parents, is holding a Bereavement Information Evening at 7:20pm in the Armagh City Hotel, Armagh, BT60 4FR. This is a free event and open to all bereaved parents. As Anam Cara will need to confirm numbers for teas, coffees, etc, please RSVP to [info@anamcara.ie](mailto:info@anamcara.ie) before Tuesday 25<sup>th</sup> February or call 028 95213120.

### FRIDAY 28<sup>TH</sup> FEBRUARY

LIVING YOUTH - 'Stay Awake for Homelessness' - Fundraising event @ Living Youth. 8pm to 6am, Aged 17-25. Living Youth, along with other organisations across Ireland, are running 'Stay Awake for Homelessness' to raise awareness and raise vital funds for homelessness, by staying awake all night. All proceeds go towards St Patrick's Mercy Door Soup Kitchen and Morning Star House. If interested, please email [s.mullan@downandconnor.org](mailto:s.mullan@downandconnor.org) or phone 028 90 232432

### FRIDAY 6<sup>TH</sup> MARCH

The CONSUMER COUNCIL is holding its fourth annual Consumer Parliament on, 10am to 2pm. The free event is to help consumers in Northern Ireland learn about their consumer rights, how to manage their household bills and how to save money. The event is free to attend and a hot lunch is provided. It is being held in Assembly Buildings Conference Centre, Belfast.

More information and free registration at [www.consumer council.org.uk/consumerparliament2020](http://www.consumer council.org.uk/consumerparliament2020)

### LENTEN PIONEER PLEDGE

Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction? Please consider taking the short term Lenten Pledge and make a difference to someone's life. Register your pledge with local Pioneers and say the daily prayer.

**PRAYER:** "I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

### DIOCESAN VOCATION WEEKEND

#### FRIDAY 6<sup>TH</sup> – SUNDAY 8<sup>TH</sup> MARCH

Have you ever considered the possibility that God is calling you to the priesthood? If so, take this opportunity to gather with other men who are discerning a vocation to the priesthood. This retreat will create the time and space to help you discern God's calling in your life.

The retreat will take place in Drumalis Retreat Centre. If you wish to attend this retreat or would like further information contact: Fr Gunn or

Fr. Kevin McGuckien  
23 Hannahstown Hill, Belfast, BT17 0LT (028 9061 4567)  
Email: [k.mcguickien@downandconnor.org](mailto:k.mcguickien@downandconnor.org)

### ST VINCENT DE PAUL – CLARE LODGE 16<sup>th</sup>-18<sup>th</sup> March 2020

2 nights full board, £90 per person sharing. £110 single room occupancy. For further details please contact Clare Lodge 02843722849 or email [clare.lodge@svpni.co.uk](mailto:clare.lodge@svpni.co.uk)

### DIOCESAN PILGRIMAGE TO LOURDES 2020

Full board in hotel: 7 nights (7-14 July) for £725 or 5 Nights (8-13 July) for £650. Full board for sick or infirm pilgrims with medical and nursing care in Accueil Notre-Dame: 5 Nights (8-13 July) for £550. Youth Team (5-14 July) £590. All flights from Belfast International Airport. Application forms now available from the Parish Office or for further information contact the Pilgrimage Office on (028) 9077 0162 email: [Lourdes@downandconnor.org](mailto:Lourdes@downandconnor.org) or visit [www.downandconnor.org/Lourdes](http://www.downandconnor.org/Lourdes)

**Donaghadee Town Steering Group.** Are looking for applications from youth groups or faith groups. Are you interested? Please give your name into the parish office by **Wednesday 26<sup>th</sup> February.**

The Steering Group is being reconstituted and will hopefully include a young person and a representative of faith groups. The Steering Group was formed initially to provide for the implementation of the Townscape Heritage Initiative (£1.5m fund to restore buildings) but since then became a forum for the planning of the £2.5m public realm scheme. The Donaghadee Town Masterplan and is where community representatives can discuss issues such as car parking, traffic flows, the town infrastructure and issues affecting residents. It meets about 4 times a year usually at 5.30pm and meetings only last a couple of hours at most. Aside from the community reps on the Group, membership also includes our 6 councillors, reps from government departments and council officers.

### Extra notices on the website page!

**5 page Bulletin.** All notices and anvs. notices need to be received by Wednesday at 1pm to be included.

*Womb with a Window*

This book written by Monsignor Antony Perumayan will be launched on **Saturday 22<sup>nd</sup> February 2020** after 6.30pm Mass at St Paul's Church, 125 Falls Road, Belfast. This book is a timely consideration because in a so called 'throw away culture' one could easily forget to recognise and acknowledge the personhood of the unborn. The book will be on sale in the Parish Centre in the church grounds.

**St Comgall's Girl Guide Unit**, Brunswick Road, Bangor. Voluntary Girlguide **Youth Coaches Needed**

Thursday Night. Cygnets: 5.45pm To 6.30pm.

Brigini/Guides: 6.30pm To 8pm.

No experience required, as full training will be given. Age 18+. No Upper Age Limit. We Would Encourage Women Of All Ages To Apply. If you want a few hours of fun, friendship, to contribute to this community, awards for your cv and much more: Then email: [stcomgallsguideunit@gmail.com](mailto:stcomgallsguideunit@gmail.com)

**Beginning Experience** - Are you suffering the pain of loss of a partner? Looking for help and understanding? Beginning Experience (a support group for widowed, separated and divorced people) meets **every Wednesday** evening from 8pm to 10pm, in St Bride's Hall, Derryvolgie Ave., Malone Rd., Belfast. All welcome. For details please contact Phil Tel: 028 90 207645 or Marie Tel: 07896119669.



Accord provides a counselling service for any couple who are experiencing difficulties or challenges in their marriage.

The Belfast Centre is situated in Twin Spires Centre, Northumberland Street, Belfast. Tel No- 02890339944. [Email-belfast@accordni.com](mailto:Email-belfast@accordni.com)

**SATURDAY 21<sup>ST</sup> - SUNDAY 22<sup>ND</sup> MARCH**

Preparing for Marriage? Catholic Engaged Encounter. A two day non-residential course will be held in Castle Community Centre, Ballymoney on 21-22 March 2020. This weekend is a positive way of preparing for Marriage where you will discover how you can enrich your future relationship. Information/Booking: [marriageencounter.ie](http://marriageencounter.ie) or 028276 38512

**SMA Retreat and Conference Centre, Dromantine LENTEN PROGRAMME**

LENTEN DAYS of Recollection

**Lord, open my heart as wide as it can open'**

by Fr. Damian Bresnahan SMA

14<sup>th</sup> March: 9.30am – 5.00pm (inc. Lunch - £25)

**'Remember – you're worth it!'**

by Fr. John Gallagher SMA

28<sup>th</sup> March: 9.30am – 5.00pm (inc. Lunch - £25)

**LENT AT TOBAR MUIRE**

**Ash Wednesday.** A conversation on forgiveness between Alan McBride and Jude Whyte, two people who been faced with the challenge of forgiving those who perpetrated awful deeds upon their loved ones. Session

**- Job Vacancy -**

Holy Family Catholic Primary School, Kent, England

**Vacancy: KS2 Class Teacher**

Post available with immediate effect

Grade: MPS

Contact: 01622 756 778

<https://www.holyfamily.kent.sch.uk/>

The Holy Family Catholic Primary School  
Bicknor Road, Maidstone, Kent, ME15 9PS

**UNITED IN PRAYER IN THE COMMON PURPOSE OF CHRISTIAN TEMPERANCE**

The liturgical season of Lent helps us prepare for the great feast of Easter, and for the forty days of Lent (where Sundays are excluded in the counting of the days), we commit ourselves in a special way to prayer, almsgiving, denial of self and ego, and acts of penance. It is, essentially, an act of prayer extended for forty consecutive days that takes us on a spiritual journey that, hopefully, will bring us closer to God. The number 'forty' is mentioned well over a hundred times in the Bible as it held special spiritual relevance in both the Old and the New Testaments with regard to periods of preparation, testing or probation. Think of the forty days and nights Moses spent on Mount Sinai before God gave him the Ten Commandments and, in the New Testament, the forty days that Jesus spent in the desert before He began His public ministry.

Aside from the fast and abstinence days of Ash Wednesday and Good Friday, anything we give up or taken on to do during Lent may be considered self-disciplinary in nature and are often more effective if we see them through every day of Lent, including Sundays and the Irish 'free pass' of St Patrick's Day! Our sacrifices for Lent are not Church or law-governed, but a matter of individual conscience.

As part of its apostolate, the Pioneer Association has a Short-Term Pledge section for adults over the age of eighteen years. This enables a person who does not wish to make a life commitment to total abstinence to take a pledge for a limited period of time. Many people who have problems with alcohol over-consumption have used this pledge to help them, while others want to do something uplifting or challenging for themselves or for others for a particular season of the year, i.e., for Lent, for the month of the Holy Souls in November or for Advent, in preparation for Christmas. Many of these 'Short-Term Pledgers' have gone on to become longer-term and frequent members. Many have used it to buttress their resolution to stay 'dry' for a particular month for their own personal reasons.

If you feel that you can and would like to take the pledge for the six weeks of Lent, please go online at [www.pioneerassociation.ie](http://www.pioneerassociation.ie) and follow the links to join. A small fee applies if you wish to have the Pioneer emblem and the registration card.

**PILGRIMAGES**

**EASTER PILGRIMAGE TO FATIMA 8<sup>TH</sup> - 13<sup>TH</sup> APRIL**

All Easter Ceremonies in Fatima Mass in Santarem where the bleeding host took place and Prayers, and Hungarian Stations of the Cross in Fatima.  
Contact James Treacy 00353 (0)86-0572216

**TUESDAY 19<sup>TH</sup> MAY - SUNDAY 24<sup>TH</sup> MAY**

Ni Cancer Pilgrimage to Lourdes - The price of £695 (with price reduction for Cancer Patients) will include: Return flights from Belfast International Airport, operated by JWT License T.O. 052. Full board and accommodation at the Hotel Agena in Lourdes for five

begins at 7.30pm. *Voluntary donation towards Belfast Welcome Centre.*

**Lenten Scripture Course with Fr. Oliver Treanor.** A four week series on the Wednesdays of Lent, in which Fr. Oliver Treanor invites us to see the meaning of the Cross in God's plan and as a way of achieving the fullness of life. Begins at 7.30pm and concludes at 9.00pm sharp. Voluntary Donation. **Take Off Your Shoes – You are Standing on Holy Ground!** A three week course, March 1<sup>st</sup>; March 8<sup>th</sup>; March 15<sup>th</sup>, to explore the beauty of Eucharistic Adoration and ways of developing best practice in our personal lives and in our parishes. **Led by:** Fr Tom Scanlon CP. **Time:** 3.00pm – 5.30pm each day. *Voluntary Donation.*

**The Dalgan Summer School  
July 19<sup>th</sup> to 23<sup>rd</sup> 2020**

The Dalgan Summer School will be led by Dr. John Feehan author of *God in a five-pointed star; A spiritual philosophy of Nature 2028*

Twice in *Laudato Si'* Pope Francis refers to the created world as the 'other' book of revelation: the 'magnificent book in which God speaks to us and grants us a glimpse of his infinite beauty and goodness;' 'a precious book "whose letters are the multitude of created things present in the universe."

This year's Dalgan Summer School sets out to open the pages of some of the volumes of this Great Book of Creation, especially those that can be read with special meaning in the unique geological setting of the north-east of Ireland.

The Summer School will consist of lectures, recognition of species and work with microscopes.

**ST. BENEDICT'S PRIORY, CO. CORK  
MONASTIC DAY RETREAT**

**Saturday 21<sup>st</sup> March** 9am-5pm Talks: Donation only Monasticism. All Welcome! Monastic Saints. Life in a Contemporary Monastery. Participate in the Divine Office and Adoration. Lunch Provided.

**MONASTIC EXPERIENCE**

**16th – 18th April** Opportunity for Women discerning Religious Life to experience life in our monastery. Contact: Mother Prioress **St. Benedict's Priory**, The Mount, Cobh, Co. Cork Tel 021 4811354  
cobhtyburnconvent@gmail.com

Booking essential for both events as places are limited.

**Alzheimer's Society Volunteering Opportunities**

Would you like a worthwhile and rewarding volunteering opportunity with Alzheimer's Society? If so, Side by Side is a befriending style service from Alzheimer's Society which helps people in the early stages of dementia keep doing the things they love, with the support of a volunteer. We are currently recruiting new volunteers for our "Side by Side" service in the South Eastern Trust. If you would like further information on becoming a Side by Side volunteer please contact Charlotte on 07889 201667 or email [charlotte.thompson@alzheimers.org.uk](mailto:charlotte.thompson@alzheimers.org.uk)

nights based on twin/double/treble rooms. Travel insurance cover for persons up to 85 years on date of return. The party will consist of patients, ex-patients, relatives and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel: 07933938981; Email: [mail@nicancerpilgrimage.org.uk](mailto:mail@nicancerpilgrimage.org.uk)

**MEDJUGORJE IRISH CENTRE PILGRIMAGES**

**APRIL - OCT 2020:** 7 Night Stay and Airport Shuttle service from Dubrovnik or Split for €266 per person sharing. Book any flight - any time and we provide guaranteed airport shuttle service. Call us for further info and book the dates that suit you. Tel. 01 4434510 or email [reservations@med-irishcentre.com](mailto:reservations@med-irishcentre.com).

MEDJUGORJE: 00387 36 651 518 IRELAND: 00353 1 443 4510 N. IRELAND: 0044 28 8224 1888 Email: [reservations@med-irishcentre.com](mailto:reservations@med-irishcentre.com)

**SHRINES OF POLAND**

with a Day retreat at the shrine of the Divine Mercy Poland - Including visits to Krakow, Czestochowa, Wieliczka Salt Mines, Auschwitz & Wadowice to see St. John-Paul's house

**2nd - 7th JUNE 2020 6 DAY ESCORTED GROUP PILGRIMAGE** *Spiritual Director: Fr. Tony Devlin*

FURTHER DETAILS: St Pauls Parish Belfast - Phone 028 90 325034 email: [stpauls@downandconnor.org](mailto:stpauls@downandconnor.org)

Cost: £850 per person sharing - based on 20 pilgrims traveling; Cost: £775 per person sharing - based on 40 pilgrims traveling; £100 non-refundable deposit per person to secure a place by 28th February. Single Supplement £180.00. Balances due 6 weeks before departure and are accepted in instalments prior to due date. 28th February. Single Supplement £180.00. Balances due 6 weeks before departure and are accepted in instalments prior to due date.

**YOUTH FESTIVAL AT MEDJUGORJE - 2020**

**29<sup>th</sup> July – 7<sup>th</sup> August**

The LIVING YOUTH Summer Pilgrimage 2020 will be to Medjugorje. We will join more than 50,000 other young people from around the world to celebrate our Catholic Faith.

Staying at the Medjugorje Palace Hotel we will take part in the youth festival and also visit the Waterfalls of Kravice, the capital Mostar and the Shrine of Vepric at Makarska, all the while journeying with other young people from across our Diocese.

Pilgrimage Dates: **29<sup>th</sup> July – 7<sup>th</sup> August 2020**, for those aged 17 – 25 Cost £799. For an Application Form and more information go to [www.livingyouthni.org](http://www.livingyouthni.org) or contact us on 02890 232 432 or [info@livingyouthni.org](mailto:info@livingyouthni.org)

**SUNDAY 13<sup>TH</sup> SEPTEMBER**

Join us and follow in the footsteps of Padre Pio on this, our first Parish pilgrimage to San Giovanni Rotondo Italy. Return flights from Dublin, **4-nights** from 13th September, accompanied by a Spiritual Director and includes a fully escorted religious programme. Tour package £595 per person. £200 deposit to be paid by **7<sup>th</sup> Febuary 2020** to secure places For additional details visit the website [www.kilmoreandkillyleagh.com](http://www.kilmoreandkillyleagh.com) or contact Joe Walsh tours Tel: 00353 1241 0800.



## INTERNATIONAL "ECONOMY AND SOCIETY" AWARD

### ANNOUNCEMENT OF THE COMPETITION

#### FIFTH EDITION - YEAR 2021

To promote knowledge of the Social Doctrine of the Catholic Church, the *Centesimus Annus- Pro Pontifice* Foundation (FCAPP), as part of the International "Economy and Society" Award, is offering

- a) a prize worth 20,000 euro for publications in economic and social fields
- b) a prize awarding two scholarships to young researchers worth 10,000 and 20,000 euro

The award is biennial; allocations will take place in 2021.

#### Publication requirements

The prize will be awarded to a **publication issued after 2015**. The prize-winning work must be distinguished by its original contribution towards explaining, developing or applying the Church's social doctrine in today's context, be rigorous and of notable quality. The *Centesimus Annus Pro Pontifice* Foundation intends to reward contributions that are easily understood by the general public and express with prophetic force a Christian commitment in economic and social activity. The jury will consider entries published in French, English, Italian, Portuguese, Spanish, German and Polish. If there is more than one winner, the prize will be divided among them equally.

Proposals must be submitted by 24th May 2020.

See website under the section 'NEWS' for more information.

## Comórtas Pádraic Fiacc – Poetry Competition, Age 11-18

The first annual Pádraic Ó Fiacc Poetry Competition, organised as part of our Seachtain na Gaeilge celebrations. We welcome poems in Irish and languages other than Irish. 'Identity and Language' is the theme of this year's competition; however poems are welcome on any theme.

*click on the links below* to open the poster and more information...

[Comórtas-Pádraic-Fiach-DIGITAL](#)  
[Comortas-Padraig-Fiach Guidelines](#)  
[Comortas-Padraig-Fiach FOIRM IONTRÁLA](#)

All the information is on our website under the section 'NEWS'.