

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 9.30pm to 1pm.

32nd Sunday of the Year – 7 November 2021 –

MASS TIMES NEXT WEEK:

Monday to Friday at 9.30am
[no registration needed]

MASS TIMES NEXT WEEKEND:
33rd Sunday of the Year

VIGIL SATURDAY 13 November @ 6.30pm
SUNDAY 14 November @ 10am, 12noon

NO REGISTRATION NEEDED

SUNDAY MASSES

Admittance will be on a first come first served basis and if the permitted number is exceeded a notice to that effect will be posted on the Church door.

Safety of parishioners and welcome to all, particularly families are joint top priorities. **Please note that the Covid sanitising regulations have not changed and will continue to be strictly observed.**

PRAYING WITH THE ICONS

under **The Four Saints** found in 'Parish Today'

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NOVEMBER DEAD LIST

In the month of November when we pray especially for all the dead you are invited to list deceased friends and relatives you wish to have included in the November Masses. Lists can be found at the entrance and exit. Kindly deposit your list in the envelope provided in the November Dead Box at the Exit Porch.

The envelopes will be opened and the lists placed on the altar so that they may be included in all Masses offered by Fr Whyte and Fr Gunn during the month.

SACRAMENTAL PREPARATION CLASSES

For all children not attending Catholic Schools



1ST PENANCE & HOLY COMMUNION - Classes to be held in the Parish Centre on Sunday mornings at 9:15 starting in November 2021. Please register by contacting the parish office by email stating the Child's(rens) Name(s), Primary School, Year Group and Age.

CONFIRMATION 2022

Confirmation Classes will be starting in January 2022 –
Please register by email to the parish office
E: bangor@downandconnor.org

Your prayers are requested for



Recently Deceased:

Anne O'Regan

Anniversaries:

Joe Smyth, Margaret McKenna,
Madge Griffin, Mary Anne Hinds, Mary
McGreevy, Frank Rice, Margaret Finlay,
Monsignor Ambrose Macauley, Joan Wright,
Agnes Wilson.



Sr Maura of the Columban Sisters

has added new reflections to the website page. Find them under the 'News' section of the tool bar and in the Columban Sisters page under 'The Parish Today'.

BAPTISM REGISTRATION

Evenings only until further notice at 7pm.
Wednesdays and Thursdays.
Please register online SIDE BAR under
'Sacramental Preparation'

Bethany Bereavement Support Group

we are here to support and listen.
Confidential. **075 1085 2157**

St Vincent de Paul
Helpline 077 0367 9384

Mass is Live Streamed and can be accessed via the Parish Website

www.bangorparish.com

Bethany Bereavement Annual Service
Sunday 14th November at 5pm

Each year the Bethany Bereavement Team hold a special evening prayer service for all our deceased family members and friends, in particular we remember those parishioners who have died since last November. As we must still comply with Covid-19 Restrictions, we can only invite the representatives of those people who have died in this period. For all other parishioners you can participate by connecting to the webcam from the parish website:
www.bangorparish.com

6 Page Bulletin don't forget to scroll down for all the updated information...

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: bangor@downandconnor.org
all names will then be mentioned on the weekly Sunday bulletin and at all the weekend Masses.

FULL COPY OF MISSALETTE ON THE WEBSITE
on the Slider or found in 'NEWS'

Bangor Parish Podcast



You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for

"**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#). If you use these apps please '**subscribe**' to our channel so you receive all the latest podcasts straight to your phone or tablet.

NOVEMBER - Month of the Holy Souls.

Many people choose to abstain from alcohol for the month of November and offer up their sacrifice for their deceased family members and friends. You can do likewise.

Please consider taking the **Short-Term Pledge for November** and say the Prayer daily:

"I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during November". Thank You.

SAFEGUARDING SUNDAY

This year Bishop Treanor has assigned Sunday 21st November 2021 as Safeguarding Sunday. As part of this special day of acknowledgement and remembrance across all parishes in the Diocese, there will be a service in **Saint Peter's Cathedral on Sunday 21 November 2021 at 3:00pm.**

View on <https://www.churchservices.tv/stpeterscathedral>

Safeguarding Sunday has become an important and crucial liturgical event in our Church. It acknowledges the immense damage and pain the abuse of children has caused to young people, their families and our entire church.

Safeguarding Sunday also recognises our shared responsibility to keep our church safe places where children can be nurtured and enriched. It publicly recognises the role and dedication of Parish Safeguarding Committees and Parish Priests across our Parishes who work tirelessly to keep our churches safe places.

Different ways of donating to St Vincent de Paul.

Direct Payment to Conferences Bank Account. St Comgall's, Allied Irish Bank. Sort Code 93-82-03. A/C No is 25302098. **Most Holy Redeemer Ballyholme**, Allied Irish Bank. Sort Code 93-82-03. A/C No. 06885061.

For account reconciliation purposes, please provide a note of your name where indicated.

Gift Aid Envelopes will be made available. **Standing order form** is available on Parish website.

Taxpayers please tick the box which will give us an extra 25p in the pound. Thank you.

Donations of good quality furniture and clothing are suspended temporarily.

Storehouse North Down

Storehouse continues to help St Vincent De Paul provide non-perishable food for those in need. Storehouse welcomes donations of foodstuff at their premises, 12 Balloo Avenue, Bangor on Mondays and Thursdays between 10.00am to 3.00 pm. Cash donations are also very acceptable.

Are You, or anyone you know, having financial difficulties due to reduced or loss of income through Covid 19?

The Society of St Vincent de Paul,
throughout North Down and Ards can help.

We know how hard it is to ask for help but these are extraordinary times and people. T: **077 0367 9384**

COVID INFORMATION

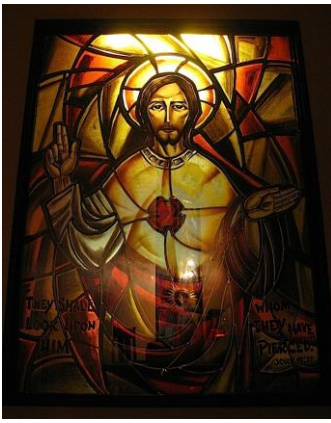
An up-to-date summary of all Executive regulations and guidance can be found at:

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>



Angel Guardian

"Angel of God my guardian
dear to whom God's love
commits me here. Ever this
day be at my side, to light,
to guard, to rule and guide.
Amen."



32nd Sunday of the Year – 7 November 2021

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

CALENDAR OF SAINTS DAYS

OCTOBER / NOVEMBER 2021

Thursday 4th November

Saint Charles Borromeo, Bishop

Friday 5th November

Saint Martin de Porres, Religious

Saturday 6th November

ALL SAINTS OF IRELAND

Sunday 7th November

Thirty Second Sunday of the Year

Tuesday 9th November

The Dedication of the Lateran Basilica

Wednesday 10th November

Saint Leo the Great, Pope & Doctor of the Church

Thursday 11th November

Saint Martin of Tours, Bishop

Friday 12th November

Saint Josaphat, Bishop & Martyr

Saturday 13th November

Blessed Virgin Mary

Sunday 14th November

33rd Sunday of the Year

Monday 15th November

Saint Albert the Great, Bishop & Doctor

Tuesday 16th November

Saint Gertrude, Virgin

Prayer Online: Come and join us at... www.soulparemission.com *Who are we?* We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. *What's on offer?* A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into. There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online!

Every Saturday at 4.30pm - I will be leading a [live Rosary](#) broadcast and later in the evening **Every Saturday at 8.30pm** I will be leading prayer with [Eucharistic Adoration](#) on the Catholic Internet TV – Shalom World TV. Just click on the following link to access this time of prayer. www.swprayer.org Please be assured that I will be including all the parishioners and their families during this live Rosary and live Eucharistic Adoration.

Knock Shrine - Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. Sunday Mass is broadcast at 12 noon, Rosary at 2.30pm and Mass at 3pm. For further details, please see www.knockshrine.ie

The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre. For bookings and further information email info@loughderg.org or telephone 0(0353) 71 9861518.



Live streaming and recordings.

St. Comgall's Church Brunswick Rd. Bangor

- The cameras installed inside this church facilitate livestreaming of masses and ceremonies from this church.
- Livestreaming allows homebound people, people in hospitals and in nursing homes or those who live abroad to watch live masses, ceremonies and other celebrations or services and, thereby facilitates parishioners to stay connected with this parish and with their families and friends through these services.
- Church Services TV (CSTV) provides the facilities for livestreaming and recording of services. Recordings are requested only by the parish administrators.
- Livestreaming is available 24/7 and not all livestreaming is recorded. No images are stored if a recording has not been requested.
- If services are recorded, the footage will be held securely for 30 days or otherwise as requested by the parish administrator. All recordings are stored on a secure server within the European Economic Area (EEA).

MARY'S MEALS info@marysmeals.org

We have some incredible news! From today until 31 January 2022, every donation made to our Double The Love appeal will be matched, up to £1.6 million!

This is all thanks to a group of generous supporters, who have promised to double your donations. You can help us access all of the available funding by giving to Mary's Meals during the campaign period.

[Donate now and double your gift](#)

The work of Mary's Meals is a fruit of prayer. We rely on your continued prayers to help us reach hungry children around the world, including those affected by natural disasters, conflict, and the ongoing Covid pandemic.

Sibongile and Sarah live with their family in a farming village in Zambia. It takes the girls two hours to walk to school. But they make the journey knowing that they will soon receive their serving of Mary's Meals which will help them to concentrate in class. Sibongile says: "I eat my porridge at 11am. If there's no leftover food from the night before that will be the first time I eat."

Together, through [Double The Love](#), we can transform the lives of so many more children like Sibongile and Sarah.

Trocaire

TROCAIRE thank you for your help. You can donate in the following ways:

1. Online at www.trocaire.org.
2. By phone: 0800 912 1200 (NI)
3. By post to Trocaire, 10 King Street, Belfast, BT1 6AD (NI),

Holy Mass Live Stream

Holy Mass is celebrated Monday to Friday at 12 noon for friends and benefactors of **Aid to the Church in Need, Ireland**. Beginning soon, we will also host a weekly rosary, to facilitate prayerful community among our staff and benefactors. Contact info@acnireland.org if you would like to join us weekly to pray for the persecuted Church.

ADVENT RESOURCES FROM Web Shop
Scriptural Books, Christmas Cards,
www.redcoms.org

USE THE LINK BELOW TO ACCESS - Issue 69 of *Sharing the Good News*. The current issue can be linked to and downloaded from the home page of www.catholicbishops.ie.

The September issue features the following articles:

- Bishop Brendan Leahy welcomes publication of Vatican document on Synodality
- Northern Catholic Bishops Webinar Series of historical talks
- Archbishop Dermot Farrell publishes pastoral letter on the climate crisis
- Church leaders call on Government to provide 100% redress for mica and pyrite families
- 60% of Irish prisoners abroad experience mental health difficulties - ICPO survey
- Archbishop Eamon Martin unveils plaque in Warrenpoint in honour of Saint Maximilian Kolbe
- Bishop Donal McKeown pays tribute to Pat Hume RIP
- Joy for the Diocese of Ferns as Bishop Ger Nash is ordained as the 81st bishop of the diocese
- Assisted Suicide reflects a failure of compassion on the part of society - Bishops' Day for Life Message 2021

Support the Benedictine Community

Buy your Christmas gifts at the shop of Holy Cross Abbey, 119 Kilbroney Road, Rostrevor, Co. Down BT34 3BN
Candles and Soaps made by the monks, Books and a range of different gifts.
Shop opens 9-11am & 2.30-5pm
www.benedictinemonks.co.uk

DRUMALIS RETREAT CENTRE, LARNE
For further information, please contact 028 28276455/28272196 during office hours (Mon-Fri, 9 am – 5 pm) or email maura@drumalis.co.uk Details are also available on the Drumalis website - <http://www.drumalis.co.uk>

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Advent Retreat:

“And the Word became flesh and dwelt among us” with the Drumalis Team and Fr Perry Gildea CM
Drumalis - Friday, 10 - Sunday, 12 December

During this residential weekend of quiet and prayer at Drumalis Retreat and Conference Centre in Larne, we will reflect on the various ways that God comes to us, speaks to us, invites us and remains with us, especially during these days of pandemic.

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“All My Children: Genesis and Exodus. Who said family was easy?” with Sr Pam Thimmes OSC. An eight part Zoom series exploring the theme of family in the Books of Genesis and Exodus. The course will take place from 7:00 pm – 9:15 pm on 9 Sept, 30 Sept, 14 Oct, 28 Oct, 11 Nov, 25 Nov, 13 Jan and 27 Jan.

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We need people like you

We are recruiting people like you to provide supported lodgings accommodation for young people aged 16-24 who are not quite ready to live independently. Supported lodgings is a type of foster care but does not require the same level of care that fostering

provides. If you're interested in finding out more please: Call us on **0800 0720 137** or visit www.adoptionandfostercare.hscni.net

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SYNOD: AN OPPORTUNITY TO SHARE YOUR EXPERIENCE

Pope Francis opened the pathway for a Universal Synod that will take place in Rome in 2023. This Synod will be a gathering that takes place after all the local Churches have shared their contribution on the experience of journeying together in Communion, Participation and Mission.

In our Diocese, of Down and Connor, we will have a time of listening and sharing prayerfully through Advent. During this time there will be an opportunity for you to share your experience of what it is like to be a part of our Church today.

Bishop Treanor launched our Diocesan Phase of this Universal Synod on **Saturday 16th October** at **5:30pm** at the Vigil Mass in St Peter's Cathedral. www.churchservices.tv/stpeterscathedral

Thank You!

ROUGHLY ONE IN NINE PRIESTS AROUND THE WORLD RECEIVED MASS OFFERINGS THROUGH ACN IN 2020. THESE OFFERINGS ARE VITAL FOR MANY PRIESTS AROUND THE WORLD. BELOW IS JUST ONE OF MANY MANY LETTERS ACN RECEIVES OFF PRIEST FROM DIFFERENT PARTS OF THE WORLD THANKING OUR BENEFACTORS FOR THEIR GENEROSITY.

Holy Mass being offered in Syria for the intentions of one of ACN's benefactors. (Credit: Aid to the

Church in Need)
My dear friends,

I wish you peace, joy and the love which flows from the heart of Our Lord Jesus Christ. **I am Fr. Melvin of Bijnor Diocese in India.** I was ordained a priest in 2015. At present I am serving as the associate parish priest at the diocese's cathedral and also render my help in running a printing press owned by the Diocese.



Holy Mass being offered in Ukraine for the intentions of one of ACN's benefactors. (Credit: Aid to the Church in Need)

I feel extremely privileged to work in this part of India, where most of the people are poor and downtrodden. **The diocese have undertaken many initiatives, to spread the love of Jesus through education, social work and other charitable activities.**

I really feel proved of working with this poor people of Christ. **We must always find time to stop and thank the people who make a difference in our lives.** For God protects and comforts us thorough His Divine providence by the generous hearts of people like you. I hope you are safe in the hands of God during this time of Pandemic. **I always offer you and your family into the hands of Our Lord during the Eucharistic Celebration I am so thankful for the amazing people like you whom God had placed in my life.** May God reward you for all that you do in His Name and keep you and your family safe, healthy and happy today and always.



As I offer my life to Christ with passion and enthusiasm, may God continue to fill my life with His blessings, I too ask God to bring His choicest blessings on you, who makes my life more meaningful. Because it is by your generous financial donation we are able to meet the necessities easily.

May God bless you with joy, prosperity and good health!

Fr. Melvin