

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

PARISH NEWSLETTER

FIFTH SUNDAY OF EASTER, Year A – 7th May 2023

Your prayers are requested for

Recently Deceased

Joseph Murdock
Colleen McGuinness
Stella Connolly

Month's Mind

Eilish McMullan

Anniversaries:

Anna Magill,
Sarah McKeown,
William Hudson,
James Cunningham,
Patrick Murray,
James McMahan,
Maura McPadden,
Sarah O'Kelly,
Mary & Charlie Heron

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 7th May 2023 @ 9.00am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 6th May @ 6.30pm and
Sunday 7th May @ 10am & 12noon

**MASS TIMES FOR:
DAILY MASS NEXT WEEK – 8th -12th May**
Morning Mass: Monday to Friday 9.30am

BAPTISM REGISTRATION
Please register online SIDE BAR under '**Baptism
Registration**'

CEMETERY SUNDAY

Milltown Cemetery	Sunday 7 May at 3.00pm
City Cemetery	Sunday 14 May at 3.00pm
Hannahstown Cemetery	Sunday 28 May at 3.00pm
Tullyrusk Cemetery	Sunday 4 June at 3.00pm
St Peter's the Rock Cemetery	Sunday 4 June at 3.00pm

Do you have a Gaeltacht bursary? Would you like another £200?

TACA in conjunction with the Bríd Ni Loingsigh fund will be offering **£200 each** to 10 adults to spend at the Gaeltacht this year. To qualify you must have a Gaeltacht bursary and be entitled to a state benefit e.g. unemployment benefit or free school meals etc. All you have to do is write a small letter (100 words) explaining your case and send it along with a copy of the bursary and a copy of the state benefit with your contact details to: **TACA, An Chultúrlann, 216 Bóthar na Bhfál, Béal Feirste, BT12 6AH** before **26th May 2023**. The winners will be drawn by ballot and we'll be in touch with them shortly thereafter.

A Holy Rosary will be recited on **May 13th**, the Feast of Our Lady of Fatima at St Mary's Grotto Chapel Lane Belfast at 4.00 pm. The special intention is for the Protection of Life and the Renewal of the Holy Catholic Faith in Ireland. For information please call Precious Life on **07592280522**



**NOVENA
TO
OUR LADY OF PERPETUAL HELP
At St Gerard's Church – 722 Antrim Road
MONDAY 15th MAY 2023
To
TUESDAY 23rd MAY 2023
9:30 am and 7:30 pm**

PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
BRIDGE CLUB at 7.15 until 9.45pm YOUTH CLUB 6.30pm – 8.30pm LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymrna's Room]	FRIENDSHIP CLUB at 10.00am IRISH DANCING CLASSES at 6.00pm SENIOR CHOIR Starting 11 th October at 7.30pm	MENCAP Every fortnight at 6.00pm YOUTH CLUB 6.30pm – 8.30pm BADMINTON Every fortnight at 8.00pm	St Comgall's Guide Unit (Girls aged 6-18) at 6.30pm IRISH CLASS & CEILI DANCING at 7.00pm
BOOKING OF PARISH CENTRE: Contact Thomas on 07305 746 263 or Email: mcmullanthomas481@gmail.com			
If you have a parish group and wish to advertise the times of starting or day in this Parish Newsletter please contact the parish office by email on: bangor@downandconnor.org			

Accord (NI) Catholic Marriage Care Service is recruiting Marriage Education Facilitators to provide Sacramental Marriage Preparation for couples in your diocese. We are seeking individuals who are good communicators and have an enthusiasm for supporting couples as they prepare for the Sacrament of Marriage and future family life. This is an opportunity to formally train within a supportive, nurturing and inspiring community. In 2022, our teams helped 2,140 couples to develop good communication skills, manage conflict and understand the responsibility and significance of the Sacrament of Marriage. For further details and an application form, please contact Brenda at 028 9023 3002 or email info@accordni.com

PILGRIMAGE TO KNOCK
17-18 June 2023. Staying in the Knock House Hotel. **£180** all in. If you are interested contact Sally Elliott on **028 90 247587.**

 'Who is She?', a day long Conference for Our Lady takes place on 13th May 2023. Come to the historic DCU All Hallows campus for insightful talks, prayer, Mass, good food and great company. What can we learn from early Irish Christians Marian devotion? And how can we love Jesus as His mother loved Him? To find out, come join us May 13, from 9.30-4.30 in DCU All Hallows, to find out. Cost €30. For more information or to book contact mariaassumptadublin@gmail.com

Mary's Meals – Pray in May
 During May, the month dedicated to Our Lady, Mary's Meals invites you to pray for its life-changing work, carried out in her name. We currently provide nutritious daily school meals to 2.4 million children in 18 of the world's poorest countries. These meals bring children into the classroom, where they can gain an education and hope of a better future. Could you commit to praying each day of May for the children receiving Mary's Meals, the volunteers and all who support this work and those children still waiting? Further information and prayer resources for individuals, groups and schools can be found at www.marymeals.org.uk/prayinmay

NURSES WILL YOU LEND US A HAND?

The Down & Connor Diocesan Pilgrimage to Lourdes is seeking volunteer registered nurses for our pilgrimage from 12-17th July 2023. Working with other volunteer doctors and nurses in a specially designed care setting! For more information, please email your contact details to lourdes@downandconnor.org

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clondeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomspoint, Donaghadee and Millisle)

AT A GLANCE – NEWS ITEMS IN THE PARISH AND AROUND THE DIOCESE

DIOCESAN NOTICES:

The Dioceses of Derry and Clogher have a small number of places left on their World Youth Day Pilgrimage in August

Here is the Info regarding World Youth Day to Lisbon

- **We are travelling on the 25th of July to the 7th of August**
- **Flights are booked from Dublin to Porto and we fly home from Lisbon to Dublin**
- **The first week will be spent with families and we will have days in the Diocese of Porto until the 31st**
- on the 31st we make our way from Porto to Fatima spend an afternoon in Fatima and continue the journey to Lisbon
- The rest of the Trip will be in Lisbon for the World Youth Day Schedule

Regarding Registration

- The deposit required is €250 and is non refundable
- The full fare must be paid by the middle of June.
- We are asking that everyone apply for the free health insurance card.
- **Full fare is €1150**

Many thanks

**Lizzie Rea
Youth Coordinator
Derry Diocese**

The Gate Lodge
2, Francis Street
Derry
BT48 7DS

Tel: 004428 71264087

Fax:028 71269090

OTHER NOTICES:

▪ **NI CANCER PILGRIMAGE TO LOURDES, Sun 28 May to Fri 2 June 2023**

- The price of £799 (with price reduction for Cancer Patients) will include: Return flights from Belfast International Airport, operated by Northern Star Travel Ltd. Full board and accommodation at the Hotel Agena in Lourdes for five nights based on twin/double/triple rooms. Service of JWT guides in Lourdes. The party will consist of patients, ex-patients, relatives

To see the fuller details please go to the parish website 'Parish Newsletter' and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel. **07846 88388** or email mail@nicancerpilgrimage.org.uk

▪ **COLUMBANUS ACROSS EUROPE**

Dear Friend of Columbanus Bangor, An Italian Columbanus friend sent me the link below which is a beautifully illustrated copy of a children's book written by Giovanni Caselli about the journeys of Columbanus across Europe through the eyes of a young trainee monk called Finbar. <https://rotharroutes.com/wp-content/uploads/2015/09/columbanus.pdf>

▪ **FOSTER CARE SERVICES AND SUPPORT**

'There are children in crisis today in our local communities – children of all ages and all abilities. Can you spare an hour a day, an overnight or a weekend or more to make a difference in a child's life? If you can, then contact the Regional Fostering Team at www.adoptionandfosteringcare.hscni.net or on 0800 0720 137....remember ,every child is just one caring adult away from success'.

• **Tobar Mhuire Retreat Centre**

You are invited to a series of conversations in Tobar Mhuire in which people share their experience of life, faith and finding hope in their lives. Participants will include Rev Harold Good, Baroness Nuala O'Loan and Fr Aidan Troy CP. Our next conversation will be on Monday 15 th May at 7pm with Rev Harold Good who will share his experience in peace and reconciliation. All welcome. Voluntary donation.



8th Sunday in Ordinary Time, Year A – 26th February 2023

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.
composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

MAY 2023

Wednesday 10 May

Saint Comgall, Abbot of Bangor

Saturday 10 March

Saint Aengus, Bishop & Abbot

Sunday 5 March

2nd SUNDAY OF LENT

Sunday 11 March

3rd SUNDAY OF LENT

Tuesday 7 March

Saints Perpetua & Felicity, Martyrs

Monday 12 March

The Anniversary of the election of Pope Francis

Wednesday 8 March

Saint John of God, Religious & Saint Senan, Bishop

Friday 18 March

Saint Patrick, Principal Patron of Ireland

Thursday 9 March

Saint Frances of Rome

Saturday 19 March

Saint Cyril of Jerusalem, Bishop & Doctor