

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Monday to Friday, 9.30am-1.30pm

SUNDAY MASS TIMES This weekend:

Bangor: (BRUNSWICK RD)
Vigil 6.30pm;
Sun 11.00am
Donaghadee:
Sun 9.30am.
Ballyholme:
Sun 12.30pm.

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WEEKDAY MASS TIMES: BANGOR PARISH, BRUNSWICK ROAD WEEK DAYS AT 9.30AM

CONFESSIONS:

BANGOR: SAT 5.30 PM AND
AFTER ALL MASSES.

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Weekend Mass in the Pastoral Communities

Holywood: Vigil 6.30pm;
Sun 10am & 12noon.

Newtownards:
Vigil 6.30pm; Sun 11.30am.
Comber: Sun 10.00am.

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Baptisms: 1st and 3rd Sunday of the Month at 2pm. Register online at www.bangorparish.com under

Sacramental Preparation.
2 month's notice required.

PERPETUAL EUCARISTIC ADORATION

EVERY MONDAY
10.00AM TO 9.30PM

VENUE: **ST COMGALL'S
CHURCH, BRUNSWICK RD.**

St Comgall's Church MARIAN PRAYER GROUP

Every Thursday evening.
Rosary of the Unborn,
Reflections, Petitions,
Thanksgivings. 6.30pm –
7.30pm. All Welcome.

Many thanks to the
parishioners who have
donated **£73 & £117**
respectively, towards
the Parish
Refurbishment Fund.
The continued support
is very much
appreciated.

6th Sunday in Ordinary Time – 16 February 2020

SAVE THE DATE!! SATURDAY 14th MARCH!!

Bangor Parish will be hosting a Saint Patrick's Day Event in the Parish Centre. Eight to Late! Music (Cap on the Wall), Ceili, Irish Disco and much more. Full licensed late bar with hot finger buffet. Strictly over 18's. Cost £10.

Ards CCE 'Night At The Races.' Imperial Bar Function Room
Friday 28 February. Doors open 7.30. Light supper and entertainment. Tickets £5 from Thomas shop or imperial bar.
All funds raised to our young musicians.



Your prayers are requested for:

Anniversaries:

Thomas Doherty, Brigid Doherty, Bert Cassidy,
Eddie McElroy, David Carlin Sidney Stanford,
Kathleen Dorrian-Brown, Deirdre Clarke, Fiona Clarke.

WHAT ARE YOU DOING FOR LENT?

Join Bangor Parish on a 5 WEEK JOURNEY with Jesus as we
look at the 'Greatest Love Story Ever Told'.
Shown in pictures, scripture, and video footage.

Thursdays – 7.00pm-7.45pm.

Starting March - 5th, 12th, 19th, 26th & April 2nd

We invite all parishioners and their families to take part. The
programme will be organised by the students involved with
the John Paul II Awards.

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Calling all young adults – Would you like to be part of the
organising team? Come along to an informal information
meeting on **Monday 17th February** in the Parochial House,
27 Brunswick Rd, Bangor.

**Thank you for the support at last weekend's sale.
£420 was raised for Trocaire.**

Seeing Your Life Through the Lens of the Gospel of Saint Matthew 5:17-37

1. *In this section of the Sermon on the Mount, Jesus proposes standards that go beyond external behaviour. He challenges our inner attitudes. When have you found that living out of inner conviction is more life-giving than keeping up appearances?*
2. *Jesus applies his teaching to feelings of anger and sexual desire. He suggests that if we do not keep an eye on our feelings and thoughts we will not be able to control our actions. Perhaps you have experienced the truth of this. What has helped you to integrate your feelings so that you were able to live in right relationship with yourself and others?*
3. *For Jesus, people with genuine authenticity do not need to swear an oath to be convincing. Their 'yes' or 'no' suffices. Recall people who had this kind of credibility for you. When have you found that your simple, direct and honest communication had a positive persuasive force?*

John Byrne OSA, E: jbpb Byrneosa@gmail.com

**St Vincent de Paul
Helpline 077 0367 9384**

Bethany Bereavement Support Group

we are here to support
and listen. Confidential.
075 1085 2157

SUNDAY CAFÉ continues in the PARISH CENTRE every Sunday after **11am Mass.**

Fresh filtered coffee /
tea and something
sweet! All welcome.
Let's build community
together!

WELCOME ROTA DURING FEBRUARY

6.30pm Mass
Dorreen Corran
& Patricia
Connery
11.00am Mass
Derek Le
Mahieu & Elaine
Le Mahieu

CHURCH GALLERY Brunswick Road

Due to the steepness of
the stairs it is requested
that babies in arms and
children under 8 years
of age not be brought
into the Gallery.

PARISH CENTRE to view all the groups please go to the website www.bangorparish.com

Baptism Course – 2nd Tuesday of the Month Venue: St Columbanus & St Cecelia Rooms
Pre-Sacramental Parents & 7.00pm until 7.45pm [*Through the green fence 2nd Floor of Parish Centre*]
God-parents Evening.

SACRAMENTAL PREPARATION CLASSES

All classes held after 11am Mass in the Parish Centre.

- Holy Communion Date - **16th May 2020** at 10am & 1pm.
- Holy Communion and First Penance Classes - Venue: St Dymphna's Room.
- Confirmation Date – **20th May 2020** at 5pm.
- Confirmation Class - Venue: St Columbanus Room, 2nd floor of Parish Centre.

DATES FOR YOUR DIARY! AND OTHER NOTICES....

Ards CCE Trad Music Classes every Saturday in St Columbanus' College for all trad instruments and all levels. More info contact Niall Mc Clean 07960072218.

Our **PASTORAL COMMUNITY** of the **ARDS** has organised a training morning for the volunteers of the Children's Liturgy Team.

New members welcome. Venue: Holywood Parish.

SATURDAY 7th MARCH from **10am to 1pm**.

Please contact the parish office to leave your details.

WEDNESDAY 19TH FEBRUARY

Why support life? - A round-table discussion on the future of the pro-life movement in Northern Ireland will take place in the **Catholic Chaplaincy QUB**. The panel, chaired by Brett Lockhart QC, features key figures in the pro-life movement including Dawn McAvoy, Dr Andrew Cupples, Patrick Gallagher, Kate Meenagh and Sarah Haire. If you are interested in learning more about the pro-life position from a variety of perspectives, this event is not to be missed. 28 Elmwood Avenue, Belfast at 7pm.

WEDNESDAY 26TH FEBRUARY

Anam Cara Armagh the organisation that supports bereaved parents, is holding a Bereavement Information Evening at 7:20pm in the Armagh City Hotel, Armagh, BT60 4FR. This is a free event and open to all bereaved parents. As Anam Cara will need to confirm numbers for teas, coffees, etc, please RSVP to info@anamcara.ie before Tuesday 25th February or call 028 95213120.



Accord provides a counselling service for any couple who are experiencing difficulties or challenges in their marriage. The Belfast Centre is situated in Twin Spires Centre, Northumberland Street, Belfast. Tel No- 02890339944. Email-belfast@accordni.com

SMA Retreat and Conference Centre, Dromantine LENTEN PROGRAMME

LENTEN DAYS of Recollection

Lord, open my heart as wide as it can open'

by Fr. Damian Bresnahan SMA

14th March: 9.30am – 5.00pm (inc. Lunch - £25)

'Remember – you're worth it!'

by Fr. John Gallagher SMA

28th March: 9.30am – 5.00pm (inc. Lunch - £25)

Would you like to win 20,000 Euro? Which is the International and Society Award to promote knowledge of Social Doctrine of the Catholic Church. See website **NEWS** for more info.

Beginning Experience - Are you suffering the pain of loss of a partner? Looking for help and understanding? Beginning Experience (a support group for widowed, separated and divorced people) meets **every Wednesday** evening from 8pm to 10pm, in St Bride's Hall, Derryvolgie Ave., Malone Rd., Belfast. All welcome. For details please contact Phil Tel: 028 90 207645 or Marie Tel: 07896119669.

CHILDREN'S LITURGY GROUP

More volunteers are needed urgently to staff a rota for the C.L.G. Please leave contact details in the parish office. The group is being reordered so as to provide a better service for P3 to P6 children when it resumes. A letter for interested families is available at the rear of the Church. It explains current developments and further plans.

St Comgall's Girl Guide Unit, Brunswick Road, Bangor.

Voluntary Girlguide **Youth Coaches Needed**

Thursday Night. Cygnets: 5.45pm To 6.30pm.

Brigini/Guides: 6.30pm To 8pm.

No experience required, as full training will be given. Age

18+. No Upper Age Limit. We Would Encourage Women

Of All Ages To Apply. If you want a few hours of fun,

friendship, to contribute to this community, awards for

your cv and much more: Then email:

stcomgallsguideunit@gmail.com

ST VINCENT DE PAUL – CLARE LODGE

16th-18th March 2020

2 nights full board, £90 per person sharing. £110 single room occupancy. **For further details please contact Clare Lodge 02843722849 or email clare.lodge@svpni.co.uk**

TUESDAY 19TH MAY - SUNDAY 24TH MAY

Ni Cancer Pilgrimage to Lourdes - The price of £695 (with price reduction for Cancer Patients) will include:

Return flights from Belfast International Airport, operated by JWT License T.O. 052. Full board and accommodation at the Hotel Agena in Lourdes for five nights based on twin/double/treble rooms. Travel insurance cover for persons up to 85 years on date of return. The party will consist of patients, ex-patients, relatives and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel: 07933938981; Email: mail@nicancerpilgrimage.org.uk

Extra notices on the website page!

4 page Bulletin.

All notices and anvs. notices need to be received by Wednesday at 1pm to be included.

Extra Notices! For your information!

MONDAY 24TH – FRIDAY 28TH FEBRUARY

Pilgrimage to Knock Shrine, Ireland, £399.00 per person sharing. Price includes return bus transfer to Knock, 4 nights' in Knock House Hotel with full board. All entertainment and excursions included. Lunches on days out. Single room supp £40.00. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com. Knock Pilgrimages ATOL T7613.

MONDAY 28TH FEBRUARY

LIVING YOUTH - 'Stay Awake for Homelessness' - Fundraising event @ Living Youth. 8pm to 6am, Aged 17-25. Living Youth, along with other organisations across Ireland, are running 'Stay Awake for Homelessness' to raise awareness and raise vital funds for homelessness, by staying awake all night. All proceeds go towards St Patrick's Mercy Door Soup Kitchen and Morning Star House. If interested, please email s.mullan@downandconnor.org or phone 028 90 232432

SATURDAY 21ST - SUNDAY 22ND MARCH

Preparing for Marriage? Catholic Engaged Encounter. A two day non-residential course will be held in Castle Community Centre, Ballymoney on 21-22 March 2020. This weekend is a positive way of preparing for Marriage where you will discover how you can enrich your future relationship. Information/Booking: marriageencounter.ie or 028276 38512

LENT AT TOBAR MUIRE

Ash Wednesday. A conversation on forgiveness between Alan McBride and Jude Whyte, two people who have been faced with the challenge of forgiving those who perpetrated awful deeds upon their loved ones. Session begins at 7.30pm. *Voluntary donation towards Belfast Welcome Centre.*

Lenten Scripture Course with Fr. Oliver Treanor. A four week series on the Wednesdays of Lent, in which Fr. Oliver Treanor invites us to see the meaning of the Cross in God's plan and as a way of achieving the fullness of life. Begins at 7.30pm and concludes at 9.00pm sharp. Voluntary Donation. **Take Off Your Shoes – You are Standing on Holy Ground!** A three week course, March 1st; March 8th; March 15th, to explore the beauty of Eucharistic Adoration and ways of developing best practice in our personal lives and in our parishes. **Led by:** Fr Tom Scanlon CP. **Time:** 3.00pm – 5.30pm each day. *Voluntary Donation.*

ST. BENEDICT'S PRIORY, CO. CORK MONASTIC DAY RETREAT

Saturday 21st March 9am-5pm Talks: Donation only Monasticism. All Welcome! Monastic Saints. Life in a Contemporary Monastery. Participate in the Divine Office and Adoration. Lunch Provided.

MONASTIC EXPERIENCE

16th – 18th April Opportunity for Women discerning Religious Life to experience life in our monastery. Contact: Mother Prioress **St. Benedict's Priory**, The Mount, Cobh, Co. Cork Tel 021 4811354 cobhtyburnconvent@gmail.com

Booking essential for both events as places are limited.

PILGRIMAGES

DIOCESAN PILGRIMAGE TO LOURDES

Diocesan Pilgrimage to Lourdes 2020

Full board in hotel: 7 nights (7-14 July) for £725 or 5 Nights (8-13 July) for £650. Full board for sick or infirm pilgrims with medical and nursing care in Accueil Notre-Dame: 5 Nights (8-13 July) for £550. Youth Team (5-14 July) £590. All flights from Belfast International Airport. Application forms now available from the Parish Office or for further information contact the Pilgrimage Office on (028) 9077 0162 email:

Lourdes@downandconnor.org or visit www.downandconnor.org/Lourdes

EASTER PILGRIMAGE TO FATIMA 8TH – 13TH APRIL.

All Easter Ceremonies in Fatima Mass in Santarem where the bleeding host took place and Prayers, and Hungarian Stations of the Cross in Fatima. Contact James Treacy 00353 (0)86-0572216

MEDJUGORJE IRISH CENTRE PILGRIMAGES

APRIL - OCT 2020: 7 Night Stay and Airport Shuttle service from Dubrovnik or Split for €266 per person sharing. Book any flight - any time and we provide guaranteed airport shuttle service. Call us for further info and book the dates that suit you. Tel. 01 4434510 or email reservations@med-irishcentre.com. MEDJUGORJE: 00387 36 651 518 IRELAND: 00353 1 443 4510 N. IRELAND: 0044 28 8224 1888 Email: reservations@med-irishcentre.com

SHRINES OF POLAND

with a Day retreat at the shrine of the Divine Mercy Poland - *Including visits to Krakow, Czestochowa, Wieliczka Salt Mines, Auschwitz & Wadowice to see St. John-Paul's house*

2nd - 7th JUNE 2020 6 DAY ESCORTED GROUP PILGRIMAGE *Spiritual Director: Fr. Tony Devlin*
FURTHER DETAILS: St Pauls Parish Belfast - Phone 028 90 325034 email: stpauls@downandconnor.org
Cost: £850 per person sharing - based on 20 pilgrims traveling; Cost: £775 per person sharing - based on 40 pilgrims traveling; £100 non-refundable deposit per person to secure a place by 28th February. Single Supplement £180.00. Balances due 6 weeks before departure and are accepted in instalments prior to due date. 28th February. Single Supplement £180.00. Balances due 6 weeks before departure and are accepted in instalments prior to due date.

YOUTH FESTIVAL AT MEDJUGORJE - 2020 29th July – 7th August

The LIVING YOUTH Summer Pilgrimage 2020 will be to Medjugorje. We will join more than 50,000 other young people from around the world to celebrate our Catholic Faith. Staying at the Medjugorje Palace Hotel we will take part in the youth festival and also visit the Waterfalls of Kravice, the capital Mostar and the Shrine

**The Dalgan Summer School
July 19th to 23rd 2020**

The Dalgan Summer School will be led by Dr. John Feehan author of *God in a five-pointed star; A spiritual philosophy of Nature* 2028

Twice in *Laudato Si'* Pope Francis refers to the created world as the 'other' book of revelation: the 'magnificent book in which God speaks to us and grants us a glimpse of his infinite beauty and goodness;' 'a precious book "whose letters are the multitude of created things present in the universe."

This year's Dalgan Summer School sets out to open the pages of some of the volumes of this Great Book of Creation, especially those that can be read with special meaning in the unique geological setting of the north-east of Ireland.

The Summer School will consist of lectures, recognition of species and work with microscopes.



**INTERNATIONAL "ECONOMY AND SOCIETY"
AWARD**

ANNOUNCEMENT OF THE COMPETITION

FIFTH EDITION - YEAR 2021

To promote knowledge of the Social Doctrine of the Catholic Church, the *Centesimus Annus- Pro Pontifice* Foundation (FCAPP), as part of the International "Economy and Society" Award, is offering

- a) a prize worth 20,000 euro for publications in economic and social fields
- b) a prize awarding two scholarships to young researchers worth 10,000 and 20,000 euro

The award is biennial; allocations will take place in 2021.

Publication requirements

The prize will be awarded to a **publication issued after 2015**. The prize-winning work must be distinguished by its original contribution towards explaining, developing or applying the Church's social doctrine in today's context, be rigorous and of notable quality. The *Centesimus Annus Pro Pontifice* Foundation intends to reward contributions that are easily understood by the general public and express with prophetic force a Christian commitment in economic and social activity. The jury will consider entries published in French, English, Italian, Portuguese, Spanish, German and Polish. If there is more than one winner, the prize will be divided among them equally.

Proposals must be submitted by 24th May 2020.

See website under the section 'NEWS'
for more information.

of Vepric at Makarska, all the while journeying with other young people from across our Diocese.
Pilgrimage Dates: **29th July – 7th August 2020**, for those aged 17 – 25 Cost £799. For an Application Form and more information go to www.livingyouthni.org or contact us on 02890 232 432 or info@livingyouthni.org

SUNDAY 13TH SEPTEMBER

Join us and follow in the footsteps of Padre Pio on this, our first Parish pilgrimage to San Giovanni Rotondo Italy. Return flights from Dublin, **4-nights** from 13th September, accompanied by a Spiritual Director and includes a fully escorted religious programme. Tour package £595 per person. £200 deposit to be paid by **7th February 2020** to secure places For additional details visit the website www.kilmoreandkillyleagh.com or contact Joe Walsh tours Tel: 00353 1241 0800.

**Comórtas Pádraic Fiacc –
Poetry Competition, Age 11-18**

The first annual Pádraic Ó Fiacc Poetry Competition, organised as part of our Seachtain na Gaeilge celebrations. We welcome poems in Irish and languages other than Irish. 'Identity and Language' is the theme of this year's competition; however poems are welcome on any theme.

click on the links below to open the poster and more information...

[Comórtas-Pádraic-Fiach-DIGITAL](#)

[Comortas-Padraig-Fiach Guidelines](#)

[Comortas-Padraig-Fiach FOIRM IONTRÁLA](#)

All the information is on our website
under the section
'NEWS'.