Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Twenty-Seventh Sunday in Ordinary Time, Year B - 6th October 2024

Your prayers are requested for

Month's Mind:

Anniversaries:
James McLaughlin
Astrid Mckeown
Hugh Leslie
Liam McDonnell
Agnes Fox
Judith Hewitt
Patrick McMahon
Maureen McKenna
Paddy Mulligan

MOST HOLY REDEEMER CHURCH BALLYHOLME Sunday 6th October @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 5th October @ 6.30pm and Sunday 6th October @ 10am and 12noon

MASS TIMES NEXT WEEK:

DAILY MASS NEXT WEEK 7th - 11th October 2024 @9.30am

BAPTISM REGISTRATION

Please register online SIDE BAR under **'Baptism Registration'**



Please support our Trócaire Coffee Morning on **Sunday 6th October** in the Parish Centre after both masses.

Big ballot prizes! Help us feed the world's hungry.

Parish Sacramental Preparation Classes

Parish sacramental preparation classes for the sacraments of Reconciliation, First Holy Communion and Confirmation will begin on Sunday 10th November 2024 in the parish centre. We welcome children in the parish attending local non-Catholic schools (P4+ and P7+). If your child or grandchild would like to enrol please email the parish office before Monday 21st October 2024.

PARISH NOTICES

Taize Holy Hour

Deacon James invites you to a candlelit hour of adoration, quiet prayer and reflection with Taize chant

in St Comgall's Church, Brunswick Road, Bangor on Tuesday 8th October from 7:30 - 8:30pm.

"Come away and rest" in the presence of God and feel his peace.

St. Columbanus' College will celebrate their Opening Year Mass on Thursday 10th October at 7pm. This Mass will mark the beginning of the new school year. We would like to invite all students, parents, family and friends as well as members of our parish community to celebrate with us on the night. The theme for our Mass will be 'Let Your Light Shine.' We look forward to sharing this special evening with everyone in our college and parish community.

PARISH CENTRE - PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MEDITATION GROUP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15pm until 9.45pm	at 10.00am	at 12pm to 1.30pm	(Girls aged 6-18)	Jitsu Club
[Minor Hall]	[Minor Hall]	[St Dympna's Room]	at 6.15pm to 8pm	(Juniors 5-15yrs)
			[Main/Minor Hall]	6-7pm
LECTIO DIVINA GROUP	IRISH DANCING	MENCAP		[Main Hall]
7.30pm – 8.30pm	CLASSES	Every fortnight at 6.00pm	IRISH LANGUAGE	
[St Dympna's Room]	at 6.00pm to 8.30pm	[Main/Minor Hall]	CLASS	
	[Main Hall]		At 7pm to 8pm	
BADMINTON		FOLK GROUP	[St Dympna's Room]	
NOW WEEKLY at 8 to 9pm	SVP	AT 7pm		
[Main Hall]	at 7.30pm to 9.30pm	[St Dympna's Room]	CEILI DANCING	
	[St Dympna's Room]		at 8.15pm to 9.30pm	
		SENIOR CHOIR	[Minor Hall]	
		At 7.30pm	_	
		[St Dympna's Room]		

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

FRIENDSHIP CLUB

The Friendship Club will be hosting **Citizens Advice Bureau** on Tuesday 8th October @ 10am for a talk regarding benefits for pensioners. There will be an opportunity to speak with a CAB advisor. We extend a warm welcome to our Bangor parishioners.

The Parish is recruiting boys and girls who have made their First Holy Communion as altar servers. If interested, parents are requested to contact the parish office as soon as possible.

Bangor Parish Pilgrimage to Rome 5th February 2025 for the Holy Year. Some places still available. Details on the parish website.

Vincents, the Saint Vincent de Paul charity shop in Kircubbin, would welcome donations of good quality men's, women's and children's clothes plus small (non-electrical) household items. If at any time you have such items to donate, please e-mail kircubbin.vincents@svpni.co.uk giving details of the items for donation, your name, address and telephone number. We will then arrange to pick up the items at you home at a suitable time. Alternatively, you can drop off the items at the Vincents shop in Kircubbin during opening hours 10.00am to 4.00pm Monday to Saturday. Your donation will raise money to help people in need across the North Down and Ards area.

Special Belfast Pilgrimage (Limited availability) to Fatima EX Dublin <u>Easter 2025</u>, Flying with TAP airlines, Also 13th June 2025 for Feast of Saint Anthony, 13th October 2025 for Miracle of Sun Contact James Treacy 00353 61921470 <u>jamestreacyphotography@gmail.com</u> Payment by instalments acceptable LAST REMAINING SEATS

There will be a special First Saturdays Conference on Saturday, October 12th (10am to 4pm) in the Firgrove Hotel in Mitchelstown. Sr Lucia of Fatima explained the importance of this devotion by saying that whether there is peace or war in the world depends on the practise of this devotion. We sure live in very turbulent and troubled times. There will be Mass and four speakers: Dr Katrina Layden, Fr Jaimie Twohig, Christine O'Hara and Fr Marius O'Reilly. We will also pray the Rosary and do the 15 minute meditation together. Bring your own lunch or eat in the hotel carvery. For more details see firstsaturdays.ie

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400**

• Towards Peace Spiritual Support Service

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/

Accord NI Catholic Marriage Care Service seeking

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Marriage Preparation Facilitators

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com		
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ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org
Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liquori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				