

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 9.30pm to 1pm.

The Most Holy Body & Blood of Jesus Christ 6th June 2021

MASS TIMES NEXT WEEK: *Every day*
at **10AM**
Monday 7th to Friday 11 June
[no registration needed]



MASS TIMES NEXT WEEKEND:
Eleventh Sunday of the Year
VIGIL SATURDAY 12th June @ 6.30pm
SUNDAY 13th June @ 10am, 12noon
online registration required.

When registering please specify which Mass you would like to attend.
[You will be contacted by text on Thursday when you have been allocated your seat(s).]

BOOKING BEFORE MONDAY IS RECOMMENDED.

PLEASE REGISTER USING THE CONTACT FORM [click below]
<https://www.bangorparish.com/re-opening-of-bangor-parish-for-public-mass/>

PRAYING WITH THE ICONS

under The Four Saints found in 'Parish Today'

An up-to-date summary of all Executive regulations and guidance can be found at:

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>

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Congratulations for Fr Daniel Whyte on his Diamond Jubilee of his Ordination (60 years).

We will be celebrating by offering 2 evenings, one for his family, friends, past-parishioners and fellow priests and one for Bangor Parishioners.

Thursday 17th June at 7pm – Family friends, Past-Parishioners & fellow priests.

Monday 21st June at 7pm - BANGOR PARISHIONERS ONLY

Light refreshments, socially distanced, shall be served in the Parish Centre after each celebration.

Due to Covid Regulations, while all are welcome only those attending the capacity of the Church are permitted. Seats will be allocated on a first come basis. To reserve a seat please go to our website www.bangorparish.com under 'Mass Application' – Diamond Jubilee Celebration.

Sr Maura of the Columban Sisters

has added new reflections to the website page. Find them under the 'News' section of the tool bar and in the Columban Sisters page under 'The Parish Today'.

Sacred Heart Novena Prayer

Father of love and mercy, we do well always and everywhere to give you thanks. Through Jesus Christ our Lord. Lifted high on the Cross, Christ gave his life for us, so much did he love us. From his wounded side flowed blood and water, the fountain of sacramental life in the Church. To his open heart the Saviour invites everyone to draw water in joy from the springs of salvation. Now, with all the saints and angels we praise you for ever, through Christ our Lord. Amen.

CONFIRMATION CLASSES 2021

We invite expressions of interest from parents of children not attending Catholic Schools who wish to have them confirmed. Please contact the parish office as soon as possible for registration.

BAPTISM REGISTRATION

Evenings only until further notice at 7pm. Wednesdays and Thursdays. Please register online SIDE BAR under 'Sacramental Preparation'

Bethany Bereavement Support Group

we are here to support and listen.
Confidential. **075 1085 2157**

St Vincent de Paul Helpline 077 0367 9384

Donations of good quality furniture and clothing are suspended temporarily.

Podcast audio Mass is available on the parish website

www.bangorparish.com

[Daily] **by 12noon.** [Sat vigil] **by 9pm.**

Bangor Parish Podcast

Fr Gunn offers Mass daily in **St Comgall's Church**, Brunswick Rd and podcasts it on the parish website. You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for "**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#) If you use these apps please '**subscribe**' to our channel so you receive all the latest podcasts straight to your phone or tablet.



THE PARISH CENTRE IS CLOSED to groups until further notice due to social distancing as recommended by the Diocese of Down and Connor, which is following the government's advice.

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: bangor@downandconnor.org
all names will then be mentioned on the weekly Sunday bulletin.

FULL COPY OF MISSALETTE ON THE WEBSITE on the Slider or found in 'NEWS'

As you will have noticed we have refreshed our website and have given some new prayer resources: Look under **The Parish Today**

- Daily Mass – uploaded by 11am.
- **NEW RESOURCES ONLINE... weekly**
Prayer Resources & articles from the Columban Sisters – Sr Maura & Sr Suzanna.
- Family Creative Prayer.

4 Page Bulletin don't forget to scroll down for all the updated information...

BANGOR TROCAIRE TEAM & FRIENDS

The Bangor Trócaire team (and friends) are walking 5 million steps over 5 months (May-September). This is approximately the perimeter of Ireland!

We hope to raise funds to assist in health care and pandemic programmes in the developing world.

Donations via Just Giving are very welcome but if you wish to donate via cash or cheque, these can be put through the St. Comgalls Parish Office letterbox in an envelope clearly marked 'Trocaire Trekkers'. If you are eligible to claim Gift Aid please include your name and address and state that you are eligible to claim Gift Aid. Any money donated before May 16th will be matched by the government!!!

Thank you very much for your support!

Online donations can be made at www.justgiving.com/TrocaireTrekkers

Different ways of donating to St Vincent de Paul.

Direct Payment to Conferences Bank Account. St Comgall's, Allied Irish Bank. Sort Code 93-82-03. A/C No is 25302098. **Most Holy Redeemer Ballyholme**, Allied Irish Bank. Sort Code 93-82-03. A/C No. 06885061.

For account reconciliation purposes, please provide a note of your name where indicated.

Gift Aid Envelopes will be made available. **Standing order form** is available on Parish website.

Taxpayers please tick the box which will give us an extra 25p in the pound. Thank you.

Donations of good quality furniture and clothing are suspended temporarily.

Storehouse North Down

Storehouse continues to help St Vincent De Paul provide non-perishable food for those in need. Storehouse welcomes donations of foodstuff at their premises, 12 Balloo Avenue, Bangor on Mondays and Thursdays between 10.00am to 3.00 pm. Cash donations are also very acceptable.

Are You, or anyone you know, having financial difficulties due to reduced or loss of income through Covid 19?

The Society of St Vincent de Paul, throughout North Down and Ards can help.

We know how hard it is to ask for help but these are extraordinary times and people. T: **077 0367 9384**

Diocesan Directory available in the Parish Office.

Cost £4.50 Includes updated list of Priests, City & Country Parishes, Church Services, Diocesan Bodies, Religious Orders & Pastoral Organisations, Schools & Colleges, Index of deceased bishops and priests 1960 – 2019.



VOCATION Intercession

"That the mystery of the love of the Blessed Trinity, manifest in the gift of Jesus Christ, will strengthen many men and women to respond to that love as priests, deacons and in the consecrated life."

TROCAIRE thank you for your help. You can donate in the following ways:

1. Online at www.trocaire.org.
2. By phone: 0800 912 1200 (NI)
3. By post to Trócaire, 10 King Street, Belfast, BT1 6AD (NI), please count the amount you have collected indicating the parish you are connected to by writing on the back of the cheque D&C Bangor Parish. Post your cheque through the post box at the parochial house with your Name, Address and Tel No. and we will send to Trocaire. This virus knows no borders, but neither does our compassion.

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into. There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online! **Every Saturday at 4.30pm** over the next 3 months (April-June 2021) I will be leading a live Rosary broadcast with ShalomWorld Internet TV. Just click on the following link to access this time of prayer. www.swprayer.org Please be assured that I will be including all the parishioners and their families during this Rosary.



The Most Holy Body & Blood of Jesus Christ – 6 June 2021

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.
composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

CALENDAR OF SAINTS DAYS

MAY 2021

Sunday 6th June

THE MOST HOLY BODY & BLOOD OF CHRIST

Monday 7th June

Saint Colman, Bishop

Wednesday 8th June

Saint Columba (Colum Cille), Abbot & Missionary

Thursday 9th June

Saint Ephrem, Deacon & Doctor of the Church

Friday 11th June

The Most Sacred Heart of Jesus

Saturday 12th June

The Immaculate Heart of Mary

NATIONAL CENTRE FOR LITURGY - Keeping The Song Alive || Celebrating and Supporting the Work of Cantors in our Church. The Advisory Committee on Church Music invites you to take part in a **Celebration by Zoom on Wednesday, 16 June 2021** from **7.30 – 8.30 p.m.** Included in the Event: *Sharing the Experience of Cantors, Input on Repertoire, Copyright, Caring for your Voice.* **TO REGISTER, PLEASE CLICK ON THE FOLLOWING LINK:**

<https://www.eventbrite.ie/e/keeping-the-song-alive-the-advisory-committee-on-church-music-tickets-155812189453>

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Knock Shrine offers virtual pilgrimages

This year, as we find ourselves in unique and challenging times, pilgrimage Masses will be broadcast online from Knock Basilica **every Sunday at 3pm**. The schedule for the afternoon will include the praying of the Rosary at 2.30pm, followed by Mass and Benediction at 3pm. The celebrant will be Fr. Richard Gibbons, PP, Rector at Knock Shrine. Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. **SUNDAY MASS IS BROADCAST AT 12 NOON**, ROSARY AT 2.30PM and MASS AT 3PM. For further details, please see www.knockshrine.ie

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Holy Mass Live Stream

Holy Mass is celebrated Monday to Friday at 12 noon for friends and benefactors of **Aid to the Church in Need, Ireland**. Beginning soon, we will also host a weekly rosary, to facilitate prayerful community among our staff and benefactors. Contact info@acnireland.org if you would like to join us weekly to pray for the persecuted Church.

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RIGHT TO LIFE UK.

Right To Life UK has set up an easy-to-use tool on their website that makes it simple to complete your submission. This tool can be accessed [here](#).

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Handmade Religious Gifts.

The Dominican Sisters of St Joseph have got you covered! We serve the Church through prayer, study, community life, and proclaiming the truth of the Catholic Faith in as many ways as possible - including art and beauty! We offer a wide range of affordable handmade rosaries, greetings cards, prayer cards, chaplets, prints and artwork. We also accept requests for bespoke commissions to suit your needs. Browse our Etsy store at <https://www.etsy.com/shop/dominicards/>

All proceeds from our products go towards supporting our life and mission.

