

# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
T: (028) 9146-5522 E: bangor@downandconnor.org W: [www.bangorparish.com](http://www.bangorparish.com) Office Hours: Mon-Fri 9.30pm to 1pm.

2<sup>nd</sup> SUNDAY OF ADVENT – Sunday 6<sup>th</sup> December 2020

## NO PUBLIC MASS NEXT WEEK:

**Due to the Northern Ireland Executive's Covid restrictions which come into effect on Friday 27<sup>th</sup> November,**

**ALL WEEKEND PUBLIC MASSES are cancelled for 2 weeks.**

Please note Daily Mass will be recorded for the Parish Podcast and available at the usual times: 11am weekday, 8pm Saturday.

## PRAYING WITH THE ICONS of the SAINTS OF BANGOR

*The four saints are represented in the Icons flanking the central Icon of Christ Pantocrator (All Powerful).*

**PRIVATE PRAYER** in St Comgall's Church, Brunswick Road.

**– Tuesday 8, Wednesday 9, Thursday 10 December –  
9.30am to 10.30am – NO registration required.**

Please use the Bishops' Porch entrance [left door at front gates.]

## MORNING & EVENING PRAYER – Bangor Parish Podcast – Sundays in Advent –

<https://www.bangorparish.com/advent-prayer-podcasts/>

Deacon James McAllister & Sr Maura Gallahue (Columban Sister)

We begin our preparation for the coming of Christ at Christmas. Not for many years has the need for light in our darkness and community hope been as patently obvious as this year. We pray that the Prince of Peace may bring that gift to our families and to all we meet in these days of heightened stress and anxiety. We are a people of hope tasked with displaying it in love. The source of our love is God approached in prayer, both private and communal. You are invited to join in the parish offering of Morning & Evening Prayer of the Sundays of Advent for your intentions. As we are asked to practice solidarity by separating ourselves from one another, may we be united as a faith-filled community. We are grateful to Sr Maura and Deacon James for leading these prayers. *Fr Joseph Gunn*

## St. Columbanus' College Bangor.

The Governors and Principal of the College wish to make you aware that the position of Bursar has been advertised on the EA website. Details including salary grade can be accessed via the following link;  
<https://eani.taleo.net/careersection/jobdetail.ftl?job=20002231&lang=en>

## St Vincent de Paul Appeal

**Bangor Conferences:** We are holding our Annual Christmas Appeal next weekend – 12<sup>th</sup> & 13<sup>th</sup> December 2020. Please give as generously as you can, we are so grateful for all your continued support over the years.

Please check out the parish website for more information and video links. Found under the 'News' page.

## Holy Mass Live Stream

Holy Mass is celebrated Monday to Friday at 12 noon for friends and benefactors of Aid to the Church in Need, Ireland. Beginning soon, we will also host a weekly rosary, to facilitate prayerful community among our staff and benefactors. Contact [info@acnireland.org](mailto:info@acnireland.org) if you would like to join us weekly to pray for the persecuted Church.



## Your prayers are requested for Recently Deceased:

Amanda Davidson, James Spence, Lisa Cooper (Rostrevor)

## Anniversaries:

Carl O'Connor, Kathleen O'Connor, Anne Savage, Molly Crossey, Margaret Teggart, Hugh Teggart, John McMullin, Josephine Thompson, Patrick Thompson, Patrick Ward, Brid Coyle, Mary Turley, Desmond Hanna, Shane Moraghan, Dessie Skillen, Molly Cody, Eileen Thompson, Bridie Arthurs, May & Tommy O'Neill, Paddy McKenna, Bridie York, Stephanie Barbour, Mamie Dougherty.

## Sr Maura of the Columban Sisters

has added new reflections to the website page. Find them under the 'News' section of the tool bar and in the Columban Sisters page under 'The Parish Today'.

## Bethany Bereavement Support Group

we are here to support and listen.  
Confidential. **075 1085 2157**

## St Vincent de Paul

**Helpline 077 0367 9384**



## SVdeP Christmas Cards

on sale see page two of bulletin for more info.

## Bangor Parish Podcast

Fr Gunn offers Mass daily in the oratory of the Parochial House and podcasts it on the parish website. You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for "**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#). If you use these apps please '**subscribe**' to our channel so you receive all the latest podcasts straight to your phone or tablet.



## Podcast audio Mass is available on the parish website

[www.bangorparish.com](http://www.bangorparish.com)  
(Daily) by **11.30am**. [Sat vigil] by **9pm**.

### List of Directions for attending Private Prayer.

1. Enter through the Bishops' Porch, (so named because of the windows in honour of Malachy and Conor O'Devaney – Sainly Bishops of Down and Connor) doors - left of the main Church doors, only.
2. Exit through the doors at the Baptismal Font only. If you are unable to use the steps please wait in your seat until the majority of people have left and the Stewards will direct you out.
3. There will be hand-sanitisers on entering the Church in the porch and the steward will direct you to a seat. (2 metre rule) Please respect social distancing as you enter the Church.
4. Envelope collections or donations can be given to one of the stewards when entering or leaving.
5. A mask must be worn at all times within the Church.
6. Please keep 2 metres distance as you leave the Church and please move quickly once outside to the carpark to allow others to safely exit the Church.

**We will continue to keep you informed as and when the regulations change.  
The most important thing is that everyone feels safe.**

**THE PARISH CENTRE IS CLOSED to groups** until further notice due to social distancing as recommended by the Diocese of Down and Connor, which is following the government's advice.

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: [bangor@downandconnor.org](mailto:bangor@downandconnor.org)  
all names will then be mentioned on the weekly Sunday bulletin.

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**PRIVATE PRAYER** will take place in St Comgall's Church: Tues 8, Wed 9, Thurs 10 Dec from 9.30am to 10.30am.

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**BAPTISM REGISTRATION**  
Baptisms will be starting back mid to late September and the team is working on how best to support the parents. Please register online SIDE BAR under

### FULL COPY OF MISSALETTE ON THE WEBSITE on the Slider or found in 'NEWS'

As you will have noticed we have refreshed our website and have given some new prayer resources: Look under **The Parish Today**

- Daily Mass – uploaded by 11am.
- **NEW RESOURCES ONLINE... November 2020**  
Prayer Resources & articles from the Columban Sisters – Sr Maura & Sr Suzanna.
- Family Creative Prayer.

**Prayer Online:** Come and join us at... [www.soulparemission.com](http://www.soulparemission.com) Who are we?  
We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into. There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online!



**St Vincent de Paul Christmas Cards** are available for a donation. The donations you make for the cards will help us to help others, especially at Christmas. You will find the cards in **Thomas' shop**, Brunswick Road, Bangor, **The Cabin**, Donaghadee and **Vincent's Shop**, Kircubbin, or by calling 07841102828 (Ballyholme) or 07981421048 (Bangor) You may wish to gift aid your donation which will give us an extra 25 pence in the pound.

**A Different Kind of Christmas!** Covid 19 is having a serious impact on people due to reduced or loss of income. Thanks to your generosity, the **Society of St Vincent de Paul** has continued to provide support to those in need. We need your help to maintain that support. Covid restrictions mean that we will be providing Gift Vouchers instead of Christmas food hampers and toys. Please give what you can to help us help others. Your generosity makes a world of difference to families and individuals. You can help in any of the following ways:

#### **SVP COLLECTION BUCKETS AFTER ALL MASSES.**

**Direct Payment to Conferences Bank Account. St Comgall's**, Allied Irish Bank. Sort Code 93-82-03. A/C No is 25302098. **Most Holy Redeemer Ballyholme**, Allied Irish Bank. Sort Code 93-82-03. A/C No. 06885061.

For account reconciliation purposes, please provide a note of your name where indicated.

**Gift Aid Envelopes** will be made available. **Standing order form** is available on Parish website. Taxpayers please tick the box which will give us an extra 25p in the pound. Thank you. **St Vincent de Paul Christmas Cards** are available for a donation. The donations you make for the cards will help us to help others, especially at Christmas. Gift Aid donation gives us an extra 25 pence in the pound. **Donations of good quality furniture and clothing are suspended temporarily.**

## DECEMBER - FRIDAY 18<sup>th</sup> & MONDAY 21<sup>st</sup>

### DRUMALIS CHRISTMAS CONCERTS VIA ZOOM

Friday, 18 December & Monday, 21 December 2020 at 7:30 pm Christmas wouldn't be Christmas at **Drumalis** without Music for Christmas so, after exploring the technical side of it, we're delighted that the Voices Chamber Choir under the direction of Loreto McAuley will be with us again this year, albeit in a virtual way! The concerts will take place via Zoom at **7:30pm** on **Friday, 18<sup>th</sup> December** and **Monday, 21<sup>st</sup> December**. The cost is £15 per person. To book, please phone Drumalis during office hours (Mon–Fri, 9 am–5 pm) – tel 028 28272196/ 28276455. We welcome credit and debit card payments. Payments can also be made by bank transfer (details available upon request).

**PRAYING AT HOME RESOURCE for ADVENT** which has been circulated through the Living Church Committee, can be found on the parish website [www.bangorparish.com](http://www.bangorparish.com) under 'News'.

### November - Month of the Holy Souls

Many people choose to abstain from alcohol during November and offer up their sacrifice for their deceased relatives and friends. You can do likewise.

Please consider taking the short term **Pledge for November** and say the prayer daily -

"I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during November".

**Prayers of Intercession** which you might like to use for private meditation can be accessed on the following link, which will bring you directly to the relevant page on the vocations.ie website. <https://vocations.ie/2020/08/04/parish-vocation-resources-for-august-2020/>

### Mary's Meals – Double the Love

At Mary's Meals we are inspired by the courageous 'yes' of Mary. Her total trust in God in the face of numerous challenges gave the world the most precious gift of all – Jesus. Throughout this year of many challenges Mary's Meals have continued to say yes, with the help of our generous supporters, to feeding 1.6 million children their daily meal in a place of education in 19 developing countries even when obstacles arose. Our Double the Love Campaign runs until 31st January 2021, any donations made will be matched by the UK government, up to £2 million. Each little act of love will be doubled in order to provide 43,000 children in Bong County Liberia with hope for a better future. More information about the campaign, our Christmas Gift cards and other ways to support can be found at [www.marysmeals.org.uk/doublethelove](http://www.marysmeals.org.uk/doublethelove).

Please do get in touch if you have any queries by email or by phone 07394564065.

## Storehouse North Down

Storehouse continues to help St Vincent De Paul provide non-perishable food for those in need. Storehouse welcomes donations of foodstuff at their premises, 12 Balloo Avenue, Bangor on Mondays and Thursdays between 10.00am to 3.00 pm. Cash donations are also very acceptable.

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**TRÓCAIRE** thank you for your help. You can donate in the following ways:

1. Online at [www.trocaire.org](http://www.trocaire.org).
2. By phone: 0800 912 1200 (NI)
3. By post to Trócaire, 10 King Street, Belfast, BT1 6AD (NI), please count the amount you have collected indicating the parish you are connected to by writing on the back of the cheque D&C Bangor Parish. Post your cheque through the post box at the parochial house with your Name, Address and Tel No. and we will send to Trocaire. This virus knows no borders, but neither does our compassion.

### Knock Shrine offers virtual pilgrimages in unique times

This year, as we find ourselves in unique and challenging times, pilgrimage Masses will be broadcast online from Knock Basilica **every Sunday at 3pm**. The schedule for the afternoon will include the praying of the Rosary at 2.30pm, followed by Mass and Benediction at 3pm. The celebrant will be Fr. Richard Gibbons, PP, Rector at Knock Shrine. Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. **SUNDAY MASS IS BROADCAST AT 12 NOON, ROSARY AT 2.30PM and MASS AT 3PM**. For further details, please see [www.knockshrine.ie](http://www.knockshrine.ie)

### ST ELISABETH CONVENT.

Today, I would like to briefly summarize our ministries and include the article with links to each one - in case you've missed some of my emails. Firstly, **we help the homeless, poor, and disadvantaged men and women**. We have TWO separate rehabilitation centers where those people rebuild their lives by learning to work and finding God along the way. Secondly, **we visit mentally challenged children and adults who live in special boarding homes and hospitals**. We call them God's People because their pure hearts are always ready to follow God. And, of course, **we make sure to help those who are suffering from illnesses**. We have a Visiting Nurse Service to help bedridden elderly people and our lay sisters also visit the patients of the Minsk City Clinical Hospital #2.

To learn more about Sain Elisabeth Convent's many ministries, please click on this link.

[Faith, Hope, and Charity: the many ministries of St Elisabeth Convent](#)

## SACRAMENTAL PREPARATION CLASSES

### 1<sup>st</sup> Penance & Holy Communion Classes – started on...


#### SUNDAY 18TH OCTOBER

They will be virtual classes to begin (ZOOM). Please email your mobile number along with your name and child's name, primary school.

Please register your interest by contacting the parish office by email. [bangor@downandconnor.org](mailto:bangor@downandconnor.org)

## CALENDAR OF SAINTS DAYS

### DECEMBER 2020

|                                                                                                |                                                                                                  |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>Sunday 6<sup>th</sup> December</b><br>2 <sup>nd</sup> SUNDAY OF ADVENT                      | <b>Friday 11<sup>th</sup> December</b><br>Saint Damasus I, Pope                                  |
| <b>Monday 7<sup>th</sup> December</b><br>Saint Ambrose, Bishop & Doctor of the Church          | <b>Saturday 12<sup>th</sup> December</b><br>Our Lady of Guadalupe                                |
| <b>Tuesday 8<sup>th</sup> December</b><br>The Immaculate Conception of the Blessed Virgin Mary | <b>Sunday 13<sup>th</sup> December</b><br>3 <sup>rd</sup> SUNDAY OF ADVENT                       |
| <b>Wednesday 9<sup>th</sup> December</b><br>Saint Juan Diego                                   | <b>Monday 14<sup>th</sup> December</b><br>Saint John of the Cross, Priest & Doctor of the Church |
| <b>Thursday 10<sup>th</sup> December</b><br>Our Lady of Loreto                                 |                |

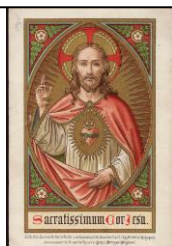
#### INITIAL PLANS FOR 4 CORNERS FESTIVAL 2021

Professor John Paul Lederach, the internationally renowned conflict transformation expert, of Notre Dame University, USA, is the keynote speaker at the 9<sup>th</sup> annual **4 Corners Festival** that takes place in Belfast from **January 31 to February 7**. Due to the pandemic most of those attending the Christian arts festival that offers a rich mix of talks, music, drama, and prayer will do so from the comfort of their homes as the events will be streamed on-line having been promoted on social media.

The organising committee announced on the festival's website [www.4cornersfestival.com](http://www.4cornersfestival.com) that the theme is Breathe... from the Hebrew word Ruach meaning 'breath' or 'spirit' – the meaning of life.

They added, in a letter to supporters: "The programme is designed to encourage the breathing of hope and creativity into our city and to foster resilience as we contend with the challenges of the pandemic." Others taking part will include singer-songwriter Duke Special, Jamaican-born poet and singer-songwriter Raquel McKee and the poet and theologian Pádraig Ó Tuama.

The full programme will be announced shortly on the website and it is planned that a limited number will be able to attend some of the events, regulations permitting.



### 2<sup>nd</sup> SUNDAY OF ADVENT – 6 December 2020

**Penitential Act:** I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

#### Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

#### Gloria

*Gloria in excelsis Deo et in terra pax hominibus bonae voluntatis.*

*Laudamus te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex caelestis, Deus Pater omnipotens.*

*Domine Fili Unigenite, Iesu Christe, Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostrum. Qui sedes ad dexteram Patris, miserere nobis.*

*Quoniam tu solus Sanctus, tu solas Dominus, tu solas Altissimus, Iesu Christe, cum Sancto Spiritu: in Gloria Dei Patris. Amen.*

**FIRST READING** 40:1-5.9-11 A reading from the prophet Isaiah

**RESPONSORIAL PSALM** Ps84:9-14.R.v.8 R. *Let us see, O Lord, your mercy and give us your saving help.*

**SECOND READING** 3:8-14 A reading from the second letter of St Peter

**GOSPEL** 1:1-8 A reading from the holy Gospel according to Mark.

## PRAYERS AT HOLY COMMUNION

### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present  
in the most Blessed Sacrament.

I love you above all things and

I desire to receive you into my soul.

Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.

I embrace you as if you have already come,  
and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

*composed by Saint Alphonsus Liguori*

### **ANIMA CHRISTI**

#### **Prayer to the Most Holy Redeemer**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, embolden me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Never permit me to be separated from you.

From the evil enemy defend me.

At the hour of my death call me

and bid me to come to you,

that with your Saints I may praise you

for age upon age. Amen