

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 9.30pm to 1pm.

2nd SUNDAY IN ADVENT, 5 December 2021

MASS TIMES NEXT WEEK:

Monday to Friday at 9.30am

WEDNESDAY 8 December – *Feast of the Immaculate Conception of the Blessed Virgin Mary: 9.30am & 7.30pm*
[no registration needed]

MASS TIMES NEXT WEEKEND:

3rd SUNDAY IN ADVENT

VIGIL SATURDAY 11 December @ 6.30pm
SUNDAY 12 December @ 10am, 12noon

NO REGISTRATION NEEDED

SUNDAY MASSES

Admittance will be on a first come first served basis and if the permitted number is exceeded a notice to that effect will be posted on the Church door.

Safety of parishioners and welcome to all, particularly families are joint top priorities. **Please note that the Covid sanitising regulations have not changed and will continue to be strictly observed.**

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PRAYING WITH THE ICONS
under **The Four Saints** found in 'Parish Today'

REGISTRATION FOR MASS OVER CHRISTMAS IS LIVE ON THE PARISH WEBSITE. PLEASE BOOK EARLY TO AVOID DISAPPOINTMENT.

YOU WILL BE OFFERED 8 MASSES WHICH INCLUDES: FRIDAY, SATURDAY & SUNDAY. ONLY ONE MAY BE CHOSEN TO ALLOW FOR THE GREATEST NUMBER OF PARISHIONERS TO ATTEND MASS OVER CHRISTMAS.

CLICK ON THE LINK BELOW:

[HTTPS://WWW.BANGORPARISH.COM/CHRISTMAS-MASS-REGISTRATION/](https://www.bangorparish.com/christmas-mass-registration/)

ALL MASSES ARE SUBJECT TO DIOCESAN REGULATIONS.

CHRISTMAS EVE – FRIDAY 24TH DECEMBER
5PM, 7PM, 9PM

CHRISTMAS DAY – SATURDAY 25TH DECEMBER
9AM, 11AM, 1PM

SAINT STEPHEN'S DAY – SUNDAY 26TH DECEMBER
10AM, 12NOON



8 Page Bulletin don't forget to scroll down for all the updated information...

Your prayers are requested for Recently Deceased:



Patrick McBrearty (Belfast)

Anniversaries: Daniel & Mary McDowell, Joesa Benas, Peter & Rosetta McCullough, Mary Turley, Michael Horan, Desmond Hanna, Bríd Coyle, Shane Monaghan, Josephine & Patrick Thompson, Dessie Skillen, Molly Cody, Daniel McCambridge, Eileen Thompson, Bridie Arthurs, May & Tommy O'Neill, Mary McGuigan, Paddy McKenna, Bridie York, Mamie Dougherty, Patrick Ward, Molly Crossey, Margaret Gaughan, Isabel Reilly, Bridie Arthurs, Cecilia Walsh, Charles Walsh.

Sr Maura of the Columban Sisters

has added new reflections to the website page. Find them under the 'News' section of the tool bar and in the Columban Sisters page under 'The Parish Today'.

BAPTISM REGISTRATION

Evenings only until further notice at 7pm.
Wednesdays and Thursdays.
Please register online SIDE BAR under 'Sacramental Preparation'

Bethany Bereavement Support Group

we are here to support and listen.
Confidential. **075 1085 2157**

St Vincent de Paul
Helpline 077 0367 9384

Mass is Live Streamed and can be accessed via the Parish Website

www.bangorparish.com

St Pauls GAC are holding a Christmas Draw fundraiser with superb prizes from local Businesses.

You can buy tickets via www.facebook.com/naomhpolgac and click on the KlubFunder link; or purchase a ticket at Thomas's Shop.
Thank you.



If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: bangor@downandconnor.org
all names will then be mentioned on the weekly Sunday bulletin and at all the weekend Masses.

Bangor Parish Podcast

You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for

"**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#). If you use these apps please '**subscribe**' to our channel so you receive all the latest podcasts straight to your phone or tablet.



FULL COPY OF MISSALETTE ON THE WEBSITE
on the Slider or found in 'NEWS'

Calling All Men! Public men's rosary of reparation and repentance in Belfast next Saturday 4th December, 1pm at Castle Street Junction, praying for conversion of our nation and end to covid circumstances. Call Owen 075-25166090



CELTIC STORM

A NIGHT OF TRADITIONAL AND FESTIVE MUSIC WITH ARDS CCE, McClean Family, Fr Martin O'Hagan and guest artists.

Venue: St Comgall's Parish Centre **FRIDAY 10th DECEMBER 2021**
Time: 7.30pm

Tickets £10.00 from Thomas' Shop –
Brunswick Newsagents, Brunswick Road, Bangor

Kids are free with a paying adult.
Tickets sold on half capacity with all public health guidelines followed.

Licensed bar and tea / coffee etc



The Society of St Vincent de Paul offers practical and confidential help to those in need throughout the North Down Area. We know it can be hard to ask for help but please, if you need help call us on **our Helpline: 077 0367 9384.**

SVP WEEK starts on 6th December. Members of the team will be speaking at the weekend Masses of 4th & 5th December ahead of the **Church Door Collection on 11th & 12th December.** Please be as generous as you can.

To help us to help others you can make direct payments to Conferences Bank Account.

St Comgall's, Allied Irish Bank. Sort Code 93-82-03. A/C No is 25302098.

Most Holy Redeemer Ballyholme, Allied Irish Bank. Sort Code 93-82-03. A/C No. 06885061.

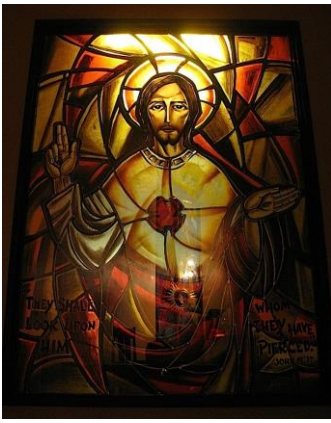
Donations can also be made to SVP Giving Page at www.svp-no.co.uk, or on the SVP Christmas Campaign Telephone Line number 028 9075 0161. If you are a UK income tax payer please consider Gift Aiding your donation, which will enhance your donation by 25% at no extra cost to you. Gift Aid forms are available on the Parish website, or on request, via SVP Helpline number, as above.

A good selection of SVP Christmas cards are now available, for a voluntary donation, at Thomas's Shop or The Cabin, New Street, Donaghadee.

The Society is always on the lookout for new Members, and if you are interested and can spare a few hours per week please speak to a Conference Member, or leave your name and contact number on the Helpline and we will return to you promptly. You will be warmly welcomed and full training will be given.

We can now accept donations of Good quality furniture – please call our Helpline or speak to a member of the Society.

See Storehouse notice on page 4...



2nd Sunday in Advent – 5 December 2021

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.



Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

CALENDAR OF SAINTS DAYS

DECEMBER 2021

Friday 3rd December

Saint Francis Xavier, Priest

Saturday 4th December

Saint John Damascene, Priest & Doctor of the Church

Sunday 5th December

Second Sunday of Advent

Monday 6th December

Saint Nicholas, Bishop

Tuesday 7th December

Saint Ambrose, Bishop & Doctor

Wednesday 8th December

Immaculate Conception of the Blessed Virgin Mary

Thursday 9th December

Saint Juan Diego

Friday 10th December

Our Lady of Loreto

Saturday 11th December

Saint Damasus I, Pope

Sunday 12th December

3rd Sunday of Advent

Monday 13th December

Saint Lucy, Virgin & Martyr

Tuesday 14th December

Saint John of the Cross

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online!

Saturday at 4.30pm (live) I will be leading the Most Holy Rosary. **Saturday at 8.30pm (live)** I will be leading prayer with Eucharistic Adoration on the Catholic Internet TV – Shalom World.org Just click on the following link to access this time of prayer. www.swprayer.org Please be assured that I will be including all the parishioners and their families during this live Rosary and Eucharistic Adoration.

Knock Shrine - Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. Sunday Mass is broadcast at 12 noon, Rosary at 2.30pm and Mass at 3pm. For further details, please see www.knockshrine.ie

The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre. For bookings and further information email info@loughderg.org or telephone 0(0353) 71 9861518.



Storehouse North Down - Storehouse continues to help St Vincent De Paul provide non-perishable food for those in need. Storehouse welcomes donations of foodstuff at their premises, 12 Balloo Avenue, Bangor on Mondays and Thursdays between 10.00am to 3.00 pm. Cash donations are also very acceptable.

COVID INFORMATION

An up-to-date summary of all Executive regulations and guidance can be found at:

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>



Angel Guardian

"Angel of God my guardian dear to whom God's love commits me here. Ever this day be at my side, to light, to guard, to rule and guide. Amen."

9 DAY ROSARY NOVENA FOR IRELAND

We are inviting you to join in a **9 Day Rosary Novena** beginning Tuesday 30th November and ending on Wednesday 8th December. People all over Ireland will pray the Rosary together each evening at 9pm. On the final evening at 9pm on Radio Maria the Primate of All Ireland Archbishop Eamon Martin will lead the final Rosary live. If you are gathering to pray in groups we encourage you to gather safely adhering to local Covid 19 regulations.

Catholic Bishops Online Advent Calendar!! This year's calendar goes live on **1st Sunday in Advent – 28 Nov!** Now in its eighth year, the unique online Advent Calendar offers resources for the parish, school and for families which can be accessed behind a virtual door each day during the season of Advent. Just click on the following link to get connected: www.catholicbishops.ie/adventcalendar

Trocaire

TROCAIRE thank you for your help. You can donate in the following ways:

1. Online at www.trocaire.org.
2. By phone: 0800 912 1200 (NI)
3. By post to Trocaire, 10 King Street, Belfast, BT1 6AD (NI),

This Christmas see the gifts online @ www.trocaire.org/gifts

Thank you to all the parishioners for the generous gift of £3,060.00 received recently.

Holy Mass Live Stream

Holy Mass is celebrated Monday to Friday at 12 noon for friends and benefactors of **Aid to the Church in Need, Ireland**. Beginning soon, we will also host a weekly rosary, to facilitate prayerful community among our staff and benefactors. Contact info@acnireland.org if you would like to join us weekly to pray for the persecuted Church.

ADVENT RESOURCES FROM Web Shop
Scriptural Books, Christmas Cards,
www.redcoms.org



SACRAMENTAL PREPARATION CLASSES

For all children not attending Catholic Schools

1ST PENANCE & HOLY COMMUNION - Classes to be held in the Parish Centre on Sunday mornings at 9:15 starting in November 2021. Please register by contacting the parish office by email stating the Child's(rens) Name(s), Primary School, Year Group and Age.

CONFIRMATION 2022 - Confirmation Classes will be starting in January 2022 – Please register by email to the parish office E: bangor@downandconnor.org

USE THE LINK BELOW TO ACCESS - Issue 70 of *Sharing the Good News*. The current issue can be linked to and downloaded from the home page of www.catholicbishops.ie.

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Together for Christmas

Join St. Agnes' Choral Society as they get ready to begin the festive season with their carol concert, Together for Christmas, in St. Peter's Cathedral, Belfast. The concert will take place on Sunday 12th December at 7.30pm. Strict covid protocols in place and you will be seated with your own group. Tickets can be booked via this link: bit.ly/3xClOkd

We need people like

You. We are recruiting people like you to provide supported lodgings accommodation for young people aged 16-24 who are not quite ready to live independently. Supported lodgings is a type of foster care but does not require the same level of care that fostering provides. If you're interested in finding out more please: Call us on **0800 0720 137** or visit www.adoptionandfostercare.hscni.net



Northern Ireland Foster Care



Donaghadee Christmas Market Friday 3rd December 5pm - 9pm

Santa comes to the Dee. We are delighted to offer our members a stall at our Christmas Market. There will be a nominal charge for the stalls, and gazebos will also be available if required. This will be the day that Santa comes to Donaghadee via the lifeboat, and we intend to have a grotto within the Market.



MARY'S MEALS info@marysmeals.org

We have some incredible news! From today until 31 January 2022, every donation made to our Double The Love appeal will be matched, up to £1.6 million!

This is all thanks to a group of generous supporters, who have promised to double your donations. You can help us access all of the available funding by giving to Mary's Meals during the campaign period.

[Donate now and double your gift](#)

STORMONT ROSARY FOR LIFE - Please join us for a special Candlelight Rosary for Life at Parliament Buildings, Stormont, (meeting at main gate entrance on Upper Newtownards Road) at 3.00pm on the Feast of Our Lady of Guadalupe on Sunday 12th December.. For more information contact **Rosary Crusade for Ireland** on **07845686437**.

DRUMALIS RETREAT CENTRE, LARNE

For further information, please contact 028 28276455/28272196 during office hours (Mon-Fri, 9 am – 5 pm) or email maura@drumalis.co.uk Details are also available on the Drumalis website - <http://www.drumalis.co.uk>

Advent Retreat:

"And the Word became flesh and dwelt among us" with the Drumalis Team and Fr Perry Gildea CM
Drumalis - **Friday, 10 - Sunday, 12 December**

During this residential weekend of quiet and prayer at Drumalis Retreat and Conference Centre in Larne, we will reflect on the various ways that God comes to us, speaks to us, invites us and remains with us, especially during these days of pandemic.

"All My Children: Genesis and Exodus. Who said family was easy?" with Sr Pam Thimmes OSC. An eight part Zoom series exploring the theme of family in the Books of Genesis and Exodus. The course will take place from 7:00 pm – 9:15 pm on 13 Jan and 27 Jan.

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The Priory Institute invites you to Advent!

Please find more information about the retreat and how to register [here](#) Lectio Divina reflections on the Advent and Christmas Gospels.

The Priory Institute is delighted to offer a Free of Charge online retreat which is a repeat of the popular Advent Retreat we ran in 2018. Visit our website prioryinstitute.com or click on this link <https://bit.ly/3DWrtKx> to register/find out more.

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Support the Benedictine Community

Buy your Christmas gifts at the shop of Holy Cross Abbey, 119 Kilbroney Road, Rostrevor, Co. Down BT34 3BN
Candles and Soaps made by the monks, Books and a range of different gifts.

Shop opens 9-11am & 2.30-5pm
www.benedictinemonks.co.uk

Ask your MP to end 'DIY' abortion

The abortion lobby are now running a large campaign in the media to put pressure on the Government to make temporary 'DIY' abortion schemes permanent before the end of the year. It is therefore vital that as many MPs as possible write to the Health Secretary, Sajid Javid, asking the Government to end these dangerous 'DIY' abortion schemes. **Right To Life UK** has launched an easy-to-use tool on its website today which makes it easy for you to send an email to your MP asking them to write to Sajid Javid. Please visit www.righttolife.org.uk/endDIY to contact your MP now. It only takes 30 seconds.

**Every week during Advent the Diocese are sending us notifications on the Synod.
We will add another thought and intention each week from the Living Church Committee!**

THE SYNOD ON SYNODALITY: PREPARING OUR HEARTS AND MINDS



Pope Francis has invited every Diocese around the world to participate in the Universal Synod on Synodality. This Synod is a process of journeying together. As the Church, we will listen to each other, dialogue with each other, pray together, discern together, and make decisions together for the purpose of proclaiming the Gospel of Jesus Christ to the world! Listening and speaking within the Church always involves prayer. We are listening, dialoguing, and praying together so that we can hear the voice of the Holy Spirit.

The starting point of this journey begins with our own personal prayer and reflection. *"Prayer opens hearts. It opens the ear to a listening that is more than hearing and makes us attentive to the action of the Spirit in our lives."* (Cardinal Grech) In your prayer this week we ask that you pray for the success of our synodal journey and that you take time to reflect on the needs of the people in your community. This week we encourage you to pray with the prayer used at the Second Vatican Council.

Adsumus Sancte Spiritus.

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

The Synod on Synodality: Preparing to journey together

Pope Francis has called the entire People of God to journey together! This invitation isn't just for Bishops or Clergy it is an invitation to every Baptised person – all the People of God. The Synodal process invites each one of us - the People of God - to recall that we journey together as a community of faith. As we walk on our journey of faith we are called to listen to the voice of the Holy Spirit and to one another.

On this second week of Advent, we reflect on John the Baptist; a voice calling in the wilderness. There are many people who feel that their voice is in the wilderness and isn't heard by the Church. This week let us prayerfully look around our Parish Community and reflect on whose voice may not be heard and how we might accompany people on their faith journey with the compassion, love, and mercy that Jesus asks of us. This week we encourage you to pray with this prayer:

Lord, this Advent, give me a welcoming heart. Let me be open to the messengers of your word, especially to those whom at first glance I might resist, for they are your prophets today urging me to change my way of thinking and living.

APOSTOLIC LETTER - *SCRIPTURAE SACRAE AFFECTUS* - OF THE HOLY FATHER FRANCIS ON THE SIXTEEN HUNDREDTH ANNIVERSARY OF THE DEATH OF SAINT JEROME

Devotion to sacred Scripture, a "living and tender love" for the written word of God: this is the legacy that Saint Jerome bequeathed to the Church by his life and labours. Now, on the sixteen hundredth anniversary of his death, those words taken from the opening prayer of his liturgical Memorial [1] give us an essential insight into this outstanding figure in the Church's history and his immense love for Christ. That "living and tender love" flowed, like a great river feeding countless streams, into his tireless activity as a scholar, translator and exegete. Jerome's profound knowledge of the Scriptures, his zeal for making their teaching known, his skill as an interpreter of texts, his ardent and at times impetuous defence of Christian truth, his asceticism and harsh eremitical discipline, his expertise as a generous and sensitive spiritual guide – all these make him, sixteen centuries after his death, a figure of enduring relevance for us, the Christians of the twenty-first century.....

For more content click on - https://www.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco-lettera-ap_20200930_scripturae-sacrae-affectus.html

SUBSCRIBE TO THE MIRROR

Caring for the sick and elderly in Aleppo

THE CIVIL WAR IN SYRIA HAS BEEN GOING ON FOR OVER TEN YEARS. MANY PEOPLE HAVE SUFFERED. THE WAR HAS BEEN PARTICULARLY DIFFICULT ON THE OLD AND SICK, WHO HAVE BEEN UNABLE TO LEAVE. By ACN Staff

Moufida Jallouf and Mousa Ogzan. (Credit: Aid to the Church in Need)

Syria has been at war for over ten years. These years of war have brought great suffering to the Syrian people.

Father Hugo Alaniz is a missionary priest of the Institute of the Word Incarnate from Argentina. Father Hugo has been a priest for 25 years and arrived in Syria in 2017.

After arriving in Syria, he travelled from Damascus to Aleppo where he has served his mission.

A church in Aleppo. (Credit: Aid to the Church in Need)

Speaking with ACN, Father Hugo describes the dangerous conditions that he ministered to the faithful in:



*"Until a year and a half ago **many of the areas around Aleppo were still full of terrorists**, and we witnessed clashes very close to us. We saw some very sad and shocking things in the hospitals, with **many people wounded by bullets or shrapnel from terrorist attacks** launched from outside the city."*



The fighting in Aleppo is now mostly over. However, the economic situation in Syria is dire following the war. **Over 90% of the Syrian people live under the poverty line.** Father Hugo tells us the difficult circumstances the local people live in:

*"I estimate that **a family of four or five people would need around 350/400 USD a month to live on, yet salaries are usually around 25 USD.** In other words, they are not living, but simply subsisting. It is very difficult for them."*

Basic necessities are too expensive for many, and goods from abroad, such as some medicines, are unavailable due to the international sanctions against Syria. Father Hugo came to Aleppo to respond to an appeal made by the Latin Catholic Bishop George Abou-Khazen. Once he arrived in Aleppo, Father Hugo was put in charge of the Church of Our Lady of the Annunciation in the east of the city.

Fr Hugo and Moufida. (Credit: Aid to the Church in Need)

The vast majority of the local parish had left Aleppo. Slowly some have begun to return. **The war has been particularly hard on the sick and elderly.** Families with boys left the country, due to fear of their sons being conscripted when they came of age. Even now with the war mostly over, conscription is still in force.



Often the sick, elderly and disabled were unable to travel with their wider family and were left behind. This has presented practical challenges, but above all else, **these people suffer from loneliness. The priests of the Incarnate Word, such as Father Hugo, take special care of the elderly, sick and disabled.** Father Hugo tells us more about the ministry to the sick and elderly:

*"They are very much alone. **We visit them and see what they need.** We start by providing medication, and also incontinence pants for the sick and elderly."*

We also have a community kitchen, where a group of volunteers cook three days a week, in order to provide these people with food in their homes. On the other three days they cook for the other people living or working in the surrounding area.

Moufida Jallouf and her husband Mousa are amongst those that Father Hugo visits. The couple are not originally from Aleppo but were able to travel there through a humanitarian corridor during the war. **Mousa is seriously ill and is not able to walk.** The village the couple lived in was taken over by Islamists during the fighting. **Moufida describes what it was like living under the Islamists' rule:**

"They took away our livelihood, our money and our homes. They wouldn't let us ring the church bell either, but we continued praying and making the sign of the cross privately inside our homes."

Moufida helping her husband Mousa. (Credit: Aid to the Church in Need)



Although the couple is not living in as much danger now that they are in Aleppo, **life is still hard** as Moufida explains:

"We can't afford even the basic necessities of life now, so thank God the Church is helping us. We want to thank ACN International for supporting the parish of Our Lady of the Annunciation, so that we can also survive."

Father Hugo believes very strongly that it is the duty and responsibility of the Universal Church to offer help to Middle

Eastern Christians in places like Syria during their time of need. It was from this part of the world that Christianity began.

Father Hugo made this appeal on behalf of the sick and elderly in Aleppo:

"Thanks to your help we can continue to play our small part in supporting the Christian community here in Aleppo, in Syria, in the Middle East. It is an immensely precious help. Whatever you can continue contributing will have great significance, especially for these people, who have lost everything, who continue to be in great need, who need your help."