

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Closed.

Fourth Sunday of Easter – 3 May 2020

THE PARISH CENTRE IS CLOSED

until further notice due to social distancing as recommended by the Diocese of Down and Connor, which is following the government's advice.

SUNDAY MASS TIMES

ALL BANGOR PARISH PUBLIC MASSES

are cancelled
until further notice.

The weekend Sunday Mass will be offered for all parishioners living and deceased.

YOU CAN ASSIST AT MASS BROADCAST FROM THE PARISHES AS LISTED BELOW

MASS TIMES DURING COVID-19

NEWTOWNARDS Times:

St Patrick's Church
Daily Mon-Friday 9.30am
Weekend: Sat 6.30pm
Sunday 11.30am

www.newtownardsandcomberparish.com

HOLYWOOD Times:

St Colmcille's Church
Daily: Tuesday - Thursday 9.30am,
Mon & Fri 7.00pm
Weekend: Sunday 12noon

www.stcolmcilleshollywood.org

ARDGLASS Times:

St Nicholas' Church
Daily: Mon-Sat 10.00am Mass,
Mon-Fri Rosary 9.30am
Wed. eve. 8-9pm Holy Hour with
Eucharistic Adoration.

www.churchservices.tv/ardglass

**St Vincent de Paul
Helpline 077 0367 9384**

Bethany Bereavement Support Group

we are here to support
and listen. Confidential.
075 1085 2157

5 page bulletin this weekend includes the Third Sunday of Easter Readings. Homily of Sunday can be found on the Podcast App or website.

Daily Podcast audio Mass is available on the parish website
www.bangorparish.com by 11.00am

Parishioners are asked to note that

Funeral Masses have now been suspended. When possible Fr Gunn will say Requiem Mass for the deceased on the day of burial. When this crisis passes, Fr Gunn will welcome all the bereaved families in St Comgall's Church, Brunswick Road, to a Mass for all those who have died during this time.

During the week Fr Joseph Gunn will celebrate Mass *alone* in the oratory in the parochial house.

'I encourage you all in your faith and the hope that only God can give us during these difficult times. To all those who are listening to the Podcasts I offer every prayer and best wish and assure you that you and all the people of the parish are remembered in the prayers offered here day and daily in the parochial house. May God bless and keep you all.'

Fr Joseph Gunn

As you will have noticed we have refreshed our website and have given some new prayer resources:

Look under **The Parish Today**

- Daily Mass – uploaded by 11am.
- Prayer Resources & articles from the Columban Sisters – Sr Maura & Sr Suzanne.
- Family Creative Prayer & Puzzles.

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: bangor@downandconnor.org all names will then be mentioned on the weekly Sunday bulletin.

Your prayers are requested for: Recently Deceased:

Sr Marie Chantal MOC (USA), Felix Flynn, Anthony Toner, Michael Brannigan, Caroline O'Kane (Cork), Elizabeth McKinley

Month's Mind: Francie McCaffrey

Anniversaries: Gemma McKinney, Sarah McKeown, Maureen Coyle, John Coyle, Jim Morrow, Patrick McSherry, Pauline McSherry, Sadie O'Kelly, Norman McMaw, Mary Delargy, James McMahan, Catherine Martin, Joe Boyle, Daniel Carvill, Bernard O'Hara, Michael Withington, Mary Coulter, Annie McHugh, Maureen Doherty, Joseph Treacey, Jim Morrow, Margaret Sullivan, James McMahan.



DIOCESAN NEWS DURING COVID-19

We are aware of a **fraudulent scam** within some Parishes. Unscrupulous individuals are calling with vulnerable people (in some cases our Parishioners) and offering to:

1. Take their weekly envelopes to the Church.
2. Offering to do their shopping but wanting cash up front.

Please be aware of this scam.

The parish is not collecting envelopes during this time of social distancing.

Parish Podcast

You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for "**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#) If you use these apps please **'subscribe'** to our channel so you receive all the latest podcasts straight to your phone or tablet.



**DIOCESAN NINE DAY NOVENA – Message from Bishop Noel Treanor
Wednesday 29th April to Thursday 7th May**

A novena (nine successive days of prayer) is an ancient tradition of the Christian Church which draws us closer to Christ and to one another. I invite you, and your parishioners, to join me online **each evening at 7pm from Wednesday 29th April to Thursday 7th May** in offering a Diocesan Novena of Prayer. Each evening, the novena prayers will be offered in St Peter's Cathedral, Belfast and will be accessible via webcam - <https://www.churchservices.tv/stpeterscathedral>

Each day of the Diocesan Novena, those who are suffering from the coronavirus, those who have died, their loved ones and those who care for them will be remembered in the prayers. If you, or any of your parishioners, would like to include a special intention for this novena, please send an email to novena@downandconnor.org and your intentions will be placed before the Altar in St Peter's Cathedral, Belfast.

SVP-The Society continues to help those in need who seek their assistance, albeit on reduced resources with the suspension of Parish Masses. Many thanks to those Parishioners who have donated to date.

If you are in a position to assist, donations can be made via St Vincent de Paul website (syp.ie) Follow the on screen instructions and when prompted indicate if your donation is for St Comgalls Bangor or Most Holy Redeemer Ballyholme.

Alternatively a payment can be made direct to the Conferences Bank Accounts with First Trust Bank- Sort Code 93-82-03. St Comgalls A/C 25302098. Most Holy Redeemer Ballyholme A/C 06885061. For account reconciliation purposes please provide a note of your name where indicated

Donations of furniture and good clothing are suspended temporarily.

Non-perishable food donations can continue to be made to Storehouse at their premises at 12 Balloo Avenue, Bangor only on Mondays and Thursdays 2.00pm to 4.00 pm.

Again many thanks for your continued support.

Please check out the Podcast for the Third Sunday of Easter audio Mass.

Readings at Mass – FOURTH SUNDAY of EASTER 3rd MAY.



Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Entrance Antiphon - Cf. Ps 32: 5-6

The merciful love of the Lord fills the earth;
by the word of the Lord the heavens were made, alleluia.

Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Gloria

Gloria in excelsis Deo et in terra pax hominibus bonæ voluntatis.

Laudamus te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex cælestis, Deus Pater omnipotens.

Domine Fili Unigenite, Iesu Christe, Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostrum. Qui sedes ad dexteram Patris, miserere nobis.

Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Iesu Christe, cum Sancto Spiritu: in Gloria Dei Patris. Amen.

First reading - Acts 2:14,36-41 *'God has made him both Lord and Christ'*

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'The whole House of Israel can be certain that God has made this Jesus whom you crucified both Lord and Christ.'

Hearing this, they were cut to the heart and said to Peter and the apostles, 'What must we do, brothers?' 'You must repent,' Peter answered 'and every one of you must be baptised in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. The promise that was made is for you and your children, and for all those who are far away, for all those whom the Lord our God will call to himself.' He spoke to them for a long time using many arguments, and he urged them, 'Save yourselves from this perverse generation.' They were convinced by his arguments, and they accepted what he said and were baptised. That very day about three thousand were added to their number.

The word of the Lord. **R:** Thanks be to God.

Responsorial Psalm - Psalm 22(23)

Response: *The Lord is my shepherd: there is nothing I shall want.*

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

Response

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

Response

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Response

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

Response

Second reading - 1 Peter 2:20-25 *You have come back to the shepherd of your souls.*

The merit, in the sight of God, is in bearing punishment patiently when you are punished after doing your duty.

This, in fact, is what you were called to do, because Christ suffered for you and left an example for you to follow the way he took. He had not done anything wrong, and there had been no perjury in his mouth. He was insulted and did not retaliate with insults; when he was tortured he made no threats but he put his trust in the righteous judge. He was bearing our faults in his own body on the cross, so that we might die to our faults and live for holiness; through his wounds you have been healed. You had gone astray like sheep but now you have come back to the shepherd and guardian of your souls.

The word of the Lord. **R:** Thanks be to God.

Gospel Acclamation - Jn10:14

Alleluia, alleluia!
I am the good shepherd, says the Lord;
I know my own sheep and my own know me.
Alleluia!

Gospel - John 10:1-10 *I am the gate of the sheepfold*

Jesus said: 'I tell you most solemnly, anyone who does not enter the sheepfold through the gate, but gets in some other way is a thief and a brigand. The one who enters through the gate is the shepherd of the flock; the gatekeeper lets him in, the sheep hear his voice, one by one he calls his own sheep and leads them out. When he has brought out his flock, he goes ahead of them, and the sheep follow because they know his voice. They never follow a stranger but run away from him: they do not recognise the voice of strangers.'

Jesus told them this parable but they failed to understand what he meant by telling it to them.

So Jesus spoke to them again:

'I tell you most solemnly,
I am the gate of the sheepfold.
All others who have come
are thieves and brigands;
but the sheep took no notice of them.
I am the gate.
Anyone who enters through me will be safe:
he will go freely in and out
and be sure of finding pasture.
The thief comes
only to steal and kill and destroy.
I have come
so that they may have life and have it to the full.'

The Gospel of the Lord.

R: **Praise to you, Lord Jesus Christ.**

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen.

Prayer of Saint Bonaventure

Lord Jesus Christ, pierce my soul with your love so that I may always long for you alone, who are the bread of angels and the fulfilment of the soul's deepest desires. May my heart always hunger for you, so that my soul may be filled with the sweetness of your presence. Amen.

EXTRA NOTICES FOR YOUR INFORMATION

TROCAIRE UPDATE

Donations can be made online at <https://www.trocaire.org/donate/make-a-donation>
Several resources are available online at www.trocaire.org/parish. 'Trócaire Together: From our home to yours'. Starting after Easter, there will be short videos of reflections, prayer and solidarity led by staff members from across the organization. They will be available on our social media channels for you to access at times that best suits you. Please keep an eye on our social media for these – the first one will be posted at noon on Thursday April 16th

PODCAST: CATECHISM WITH FR NEILL

Dear friends, We hope you had a peaceful and joyful Easter break and that you and your loved ones continue to be safe and in good health. As the lockdown and social distancing measures remain in place and many of us are self-isolating or cocooning, you may be interested to be reminded of Fr. Neil Xavier O'Donoghue's podcast, "Catechism with Fr. Neil" Fr. Neil is a Lecturer in Systematic Theology at St. Patrick's College, Maynooth Each day, Fr. Neil posts a short (5-10 minute) audio podcast for the 366 days of 2020. In each episode he reads a few paragraphs of the Catechism of the Catholic Church and gives a short reflection on the passage. In this way you can listen to the whole book over the course of a year, starting at any time that suits you. The Catechism is a great summary of the Catholic Faith that Pope St. John Paul II called a "sure reference for

ACCORD NI - Belfast
E:belfast@accordni.com
Thu 26/03/2020

We regret that due to the worsening situation being created by the spread of COVID-19, we are unable to resume Marriage Preparation Courses for the foreseeable future. We will continue to monitor the situation, and when we have been advised that it is safe to recommence our normal service we will be delighted to convey the good news to everyone. For the present time Accord Marriage Preparation Courses are suspended until the end of **July 2020**.

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ACCORD NI during this Covid-19 lockdown, have set up a Support helpline if you need to speak to an **experienced couples & relationships counsellor** during this time of unprecedented stress and pressure on family life... Contact: **028 9568 0151** 9.00 am - 8.00 pm, Monday to Friday. All calls charged at local rate. Poster can be found under the website page Covid-19 updates. (charges apply). Please join our growing faith family!

the teaching of Catholic Doctrine." The *Catechism with Fr. Neil* Podcast is available on SoundCloud and Spotify and also in the Apple podcast store. Details can be found on Fr. Neil's webpage: www.fatherneil.com

The feed for the podcast is also available at: <http://feeds.soundcloud.com/users/soundcloud:users:747004546/sounds.rss>

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THE MESSENGER FOR FREE**

A combination of 'cocooning' and the travel restrictions currently in place all around the country mean that many readers of The Sacred Heart Messenger cannot access their monthly 'little red book'. Therefore, during this coronavirus crisis we are delighted to make the digital edition of The Messenger available FREE OF CHARGE until we return to normal delivery. Please send your email request to: c.henry@messenger.ie and we will send you a link to view the Messenger on your laptop, tablet or mobile phone.

**FREE POSTAGE ON ALL BOOK ORDERS TO
IRELAND AND THE UK**

We are happy to say that our online bookstore is operating as normal - and we are offering FREE postage on all book orders to Ireland and the UK during this time. We have a wonderful selection of new and Seasonal books to choose from. All of our books are available to order; however, for those of our new titles not yet in stock, readers can place an order as usual and the book will be despatched out immediately the restrictions are lifted; this may take a number of weeks. [Click here to view our new releases that people might enjoy over the coming weeks.](#)