

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

Twenty-Second Sunday in Ordinary Time, Year C – 31st August 2025

Your prayers are requested for Recently Deceased:

Madeleine Halligan

Month's Mind:

Pauline Crawley

Anniversaries:

Con Naylor
Anne & Pauline McCausland
Susan O'Brien
Mary Rowney
Philip Gunn
Patricia McGrenaghan
Dominic Hamilton
John Rea
Maria Rea
Billy Kane
Bridie Kane
Rosaleen Gibson

MOST HOLY REDEEMER BALLYHOLME

Sunday 31st August 2025 @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 30th August @ 6.30pm and
Sunday 31st August @ 10am and 12noon

MASS TIMES NEXT WEEK:

Monday 1st – Friday 5th September @ 9.30am

BAPTISM REGISTRATION

Please register online **SIDE BAR** under
'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

Children's Liturgy

Children's Liturgy will start on the 21st September at 10am mass for children from p2 to p5. Forms will be given out at front of church at 10am mass on Sunday 7th September and must be completed and returned to Lisa Morrow before attending. Any queries contact Lisa on 07762788733.



**ST COMGALL'S
PARISH CENTRE**

Bridge Club begins Mon 01 September @ 7.15pm until 9.45pm. Everyone welcome.

Ceili classes begin Thurs 04 Sept @ 8.15 to 9.30pm. Everyone welcome. No partner needed.

Requests for Parish Centre bookings should be forwarded to the PCC via email:
stcomgallspcc@gmail.com

Jubilee Year of **HOPE**

Diocese of Down & Connor



'Celebration of Youth'

A time of prayer
and reflection led by
Bishop Alan McGuckian SJ



FRIDAY 26TH SEPTEMBER 2025



7:15 PM – 8.30 PM



CLODARD MONASTERY, BELFAST



All youth and young adults welcome!

Queen's University Belfast
Catholic Chaplaincy



PARISH CENTRE – PARISH GROUPS 2024

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room] BADMINTON NOW WEEKLY at 8 to 9pm [Main Hall]	FRIENDSHIP CLUB at 10.00am [Minor Hall] IRISH DANCING CLASSES at 6.00pm to 8.30pm [Main Hall] SVP at 7.30pm to 9.30pm [St Dymphna's Room]	PARENTS & TODDLERS 10am [Main/Minor Hall] MEDITATION GROUP at 12pm to 1.30pm [St Dymphna's Room] FOLK GROUP AT 7pm [St Dymphna's Room] SENIOR CHOIR At 7.30pm [St Dymphna's Room]	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall] IRISH LANGUAGE CLASS At 7pm to 8pm [St Dymphna's Room] CEILI DANCING at 8.15pm to 9.30pm [Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall] Discussion Group At 7.30pm – 9pm [St.Dymphna's Room]

New Madonna and Child Statue

As announced Matthew Thompson from Co.Cork has been commissioned to sculpt a statue in Portland stone to replace the mutilated statue of Our Lady outside the church. Any donations large or small would be deeply appreciated. Please use the envelopes on top of the safe, and place in the safe. So far this week several people have contributed **£200.00** for which the parish is deeply grateful.

Peace Walk Invitation — Saturday 20th September 2025

The **Friends of Columbanus Bangor** invite all parishioners and members of the wider faith community to join a **Peace Walk** on **Saturday 20th September at 2:00 PM**, beginning at **Helen's Bay** (meeting at the beach car park from 1.30 pm) and following the **Coastal Path to Bangor**.

The walk will conclude at **Bangor Abbey Parish Centre**, where light refreshments will be served and information will be shared about the **Irish Columban Way**, a spiritual and cultural route inspired by **St. Columbanus**.

All are welcome. Registration is essential. Registration fee is £ 5 / FoC members free

Please register via FoC Website: <https://friendsofcolumbanusbangor.co.uk/>

For more information contact Barbara Boyle 07883993867 / bboyle92@gub.ac.uk

Come Belfast and join **“The walk the cross Eucharistic Procession”** starting at **Saint Michael's Church**, Finaghy Sunday the 14th of September at 4.30 .

Processing with Jesus to **Saint Peter's Cathedral**, starting with Holy Mass at 6.00 pm followed by Benediction and Anointing of the sick, unite your cross with the cross of Christ and unite your Heart to his Eucharistic Heartbeat.

For further information please visit walkthecross.ie

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clondeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

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St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

- Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>**

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

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Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI
Prayer to the Most Holy Redeemer
Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024

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