PARISH OF BANGOR, MEMBER OF ARDS FAMILY OF PARISHES

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 **E**:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

First Sunday of Advent, Year A – 30th November 2025

Your prayers are requested for: Recently deceased:

Helen Morton

Anniversaries:

George & Alice Hill
George & Marie Hill
Sean & Yvonne Hill
Bridget Gillen
Gerry McQuaid
Jim Jordan
John & Margaret Cleary
Mary McGuigan
Vincent Jamison Snr
Hazel Coyle
Lily Campbell

Mary & Thomas Martin

Peter & Rosetta McCullagh Marion Treacy

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 30th November 2025 @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 29th November @ 6.30pm Sunday 30th November @ 10am and 12noon

MASS TIMES NEXT WEEK:

Daily Mass Mon 1st, Wed 3rd -Fri 5th December @ 9.30am **REQUIEM MASS Tues 2nd December @ 10am**

Deacon James invites you to join him in a candlelit hour of Adoration before the Blessed Sacrament with Taize chant on **Wednesday 3rd December** in the church of **Our Lady of the Visitation Comber** from **7:30 to 8:30pm**.

This will be an opportunity so step out of the busy world and experience the peace and calmness of God's presence.



Vocations Society of St. Joseph (formerly St Joseph's Young Priests Society) exists to help students on their journey to priesthood. The Society fosters vocations to the priesthood and religious life. It assists students for the priesthood both financially and by prayer. It promotes the vocation of the laity and fosters a greater understanding and love of the Eucharist and Holy Mass.

The second collection today is the annual collection for the support of the society. By promoting the work of the society through our prayers and financial support, we hope to create a greater awareness of how important Vocations to the Priesthood are, and the urgent need to provide Priests for tomorrow.

In 2023/24, 58 Irish and 602 overseas students were supported by your donations, and 139 students were ordained to the Priesthood.

Thank you for your continued support.



CANTIUNCULAE CHRISTMAS CONCERT

St Comgall's Church Bangor on Sunday 7th December @ 8pm.

The concert is in aid of parish funds.

Tickets £5 - available to purchase from Thomas's shop.

PARISH CENTRE - PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	PARENTS & TODDLERS	St Comgall's Guide Unit	Ju-Jitsu Club
at 7.15pm until 9.45pm	at 10.30am	10am	(Girls aged 6-18)	(Juniors 5-15yrs)
[Minor Hall]	[Minor Hall]	[Main/Minor Hall]	at 6.15pm to 8pm	6-7pm
			[Main/Minor Hall]	[Main Hall]
LECTIO DIVINA GROUP	IRISH DANCING	MEDITATION GROUP	, ,	
7.30pm – 8.30pm	CLASSES	at 12pm to 1.30pm	IRISH LANGUAGE	Discussion Group
[St Dympna's Room]	at 6.00pm to 8.30pm	[St Dympna's Room]	CLASS	At 7.30pm – 9pm
. , ,	[Main Hall]		At 7pm to 8pm	[St. Dympna's
BADMINTON		FOLK GROUP	[St Dympna's Room]	Room)
NOW WEEKLY at 8 to 9pm	SVP	AT 6.30 -7.30pm	- ' ' '	_
[Main Hall]	at 7.30pm to 9.30pm	[St Dympna's Room]	CEILI DANCING	
[[St Dympna's Room]		at 8.15pm to 9.30pm	
		SENIOR CHOIR	[Minor Hall]	
		At 7.30pm		
		[St Dympna's Room]		

We'd love to see you at St Comgall's Primary School Open Night on Wednesday 3rd December! Join us for the Principal's Address at 6:00pm and take the opportunity to explore our school. If your little one is starting P1 in September 2026, this is a great chance to find out what makes St Comgall's special. Please spread the word to family, friends and

neighbours with children starting P1 in September 2026.

TROCAIRE

Many thanks to all who supported our Christmas Trocaire Coffee morning. We raised a wonderful £2,385.00 to help ease FAMINE in SUDAN. Also £110.00 was raised from the sale of Trocaire Christmas cards.

HOLY SHOP

This Sunday after all masses Holy shop will be in porch of church. Get all your stocking fillers of nativity sets, Holy Family snow globes and lovely candles.

St Columbanus' College - Santa Claus & Santa Paws Christmas Event

St Columbanus' College warmly invites parish families to a festive Christmas event on **Saturday 29th November, from 12.00 noon until 5.00 pm.** This will be a joyful afternoon filled with seasonal activities for children, families, and even pets.

Santa's Grotto - Pre-Booking Required

Visits to Santa's Grotto for children must be pre-booked via Eventbrite, and tickets are selling quickly.

Booking link: https://www.eventbrite.co.uk/e/santa-claus-at-st-columbanus-college-tickets-1820556937809

Santa Paws

Dogs are also welcome for their own special "Santa Paws" visit in a separate grotto. These tickets do not require pre-booking and may be purchased on the day.

Additional Activities

Throughout the afternoon there will be:

- Face painting
- Glitter tattoos
- Children's Christmas craft areas

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

St. Comgall's Bereavement Support Group

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

• Towards Peace Spiritual Support Service Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/						
Accord NI Catholic Marriage Care Marriage Preparation Facilitators Service seeking						
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.						
 If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! 						
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.						
Contact Brenda on 02890 233002 or by email to info@accordni.com						
<u>www.accordni.com</u> ***********************************						

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				