Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Twenty-Second Sunday in Ordinary Time, Year B – 1st September 2024

Your prayers are requested for

Recently Deceased:

Ann Kelly

Anniversaries:

Loretta Brennan Elizabeth McDowell Rosaleen Gibson Patricia McGrenaghan Dominic Hamilton

Sunday 9am MASS SCHEDULE SEPT – St. Comgall's DONAGHADEE

OCT – MHR BALLYHOLME

NOV - St. Comgall's DONAGHADEE

DEC – MHR BALLYHOLME

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 1st September @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 31st August @ 6.30pm and Sunday 1st September @ 10am and 12noon

MASS TIMES NEXT WEEK:

DAILY MASS NEXT WEEK 2nd – 6th September 2024 @9.30am

BAPTISM REGISTRATION

Please register online SIDE BAR under **'Baptism Registration'**

Ards CCE Traditional Music Classes

Music classes for all instruments in St Columbanus College on Sunday afternoons commencing 22nd September.

All levels including total beginners.

More information from Niall McClean 07960 072218

HOMECOMING PARTY for ALL IRELAND CHAMPIONS Seamus, Cadhan and Conal

Sunday 15th September IMPERIAL BAR FUNCTION ROOM 2 -5PM

ALL WELCOME



Places are still available on the following Adult Faith Development programmes offered by Drumalis commencing in September and October 2024:

PATHWAYS ADULT FAITH DEVELOPMENT PROGRAMME

The Pathways Adult Faith Development programme for 2024/25 begins on Saturday, 12 October at Drumalis. The programme takes place one Saturday a month from 10 am – 4 pm between October and June. All are welcome. Past participants may also be interested in the new programme on offer for this coming year.

GROWTH IN PRAYER AND REFLECTIVE LIVING (hosted by Drumalis via Zoom, commencing Mon, 16 September 2024)

Do you feel restless, do you sense there is a deeper meaning to life, that God is out there but you feel disconnected. The Growth in Prayer and Reflective Living course may be for you. This 20 session course via Zoom between September and March is based on the insights of Ignatian Spirituality. Places are also available on the Zoom course, "ROOTED IN LOVE", delivered over ten Thursday evening sessions from Sept 2024 to May 2025 – this course is ideal for anyone who has already completed Growth in Prayer and Reflective Living.

For further information or to register on either of these courses, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28276455/28272196 or email drumalis@btconnect.com Further information also available on Drumalis website:

http://www.drumalis.co.uk

PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15 until 9.45pm	FRIENDSHIP CLUB at 10.30am	MEDITATION 12 – 1.30pm	St Comgall's Guide Unit (Girls aged 6-18) at 6.30pm	St Comgall's Ju- Jitsu Club (Juniors 5-15yrs) 6-7pm
LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dympna's Room]	IRISH DANCING CLASSES at 6.00pm	MENCAP Every fortnight at 6.00pm	IRISH CLASS At 7pm	
BADMINTON At 8.00pm	SVP At 7.30pm	FOLK GROUP AT 7PM SENIOR CHOIR At 7.30pm	CEILI DANCING at 8.15pm	

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

PARISH CENTRE COMMITTEE

Further expressions of interest from more volunteers are urgently needed to renew the Parish Centre Committee which supervises the running of this vital parish resource. Please contact Canon Gunn leaving your name, telephone number or an email address.

The Legion of Mary, the Knights of Saint Columbanus and Youth 2000 present Our Lady's Rosary Festival from Saturday 5 October to Sunday 13 October 2024 with 7 events in different venues. All details can be found at belfastrosaryfestival.com or at 07955386288

Bridge Club will meet again Monday 2nd Sept @ 7.15pm in the parish centre. All welcome.

The Friendship Club will recommence on Tues 3 rd September @ 10.30am. All welcome.

Irish classes begin on Thursday 5th of September from 7pm to 8pm and Ceili classes begin at 8.15 pm to 9.30 pm. Beginners welcome, no partner needed and great fun!

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400**

Towards Peace Spiritual Support Service

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/

Accord NI Catholic Marriage Care **Service seeking Marriage**

Preparation Facilitators

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.coi	<u>11</u>		
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ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				