# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

# Thirtieth Sunday in Ordinary Time, Year B – 27th October 2024

## Your prayers are requested for

**Recently Deceased:** 

Month's Mind:

# **Anniversaries:**

Charles O'Hara Peter McQuade Peter Jennings Maureen Duffy Charlotte Hutchinson Paddy Fox Mona Mulligan Stephen Lennon Berandette McNulty Thomas Carlin Catherine, James & Jim Brown Brigid & Frank McQuade Josie, Therese & John McVey Peg & Teresa, Marie Clare, Michelle & **Donal Burke** Hugh Rooney Jack O'Driscoll

# MOST HOLY REDEEMER CHURCH BALLYHOLME

Sunday 27th October @ 9am

## ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 26<sup>th</sup> October @ 6.30pm and Sunday 27<sup>th</sup> October @ 10am and 12noon

#### **MASS TIMES NEXT WEEK:**

DAILY MASS NEXT WEEK 28<sup>th</sup> October – 1<sup>st</sup> November 2024 @9.30am

#### **BAPTISM REGISTRATION**

Please register online SIDE BAR under **'Baptism Registration'** 

#### **Parish Sacramental Preparation Classes**

Parish sacramental preparation classes for the sacraments of Reconciliation, First Holy Communion and Confirmation will begin on **Sunday 10<sup>th</sup> November 2024** in the parish centre. We welcome children in the parish attending local non-Catholic schools (P4+ and P7+). If your child or grandchild would like to enrol please email the parish office before Thursday 31<sup>st</sup> October 2024.

#### **VOLUNTEERS**

Volunteers to clean the church of St Comgall Brunswick Road are urgently needed. Those who offer their services will work in teams of three or four on a rota basis. The church is cleaned once a week. The greater the number of volunteers the less frequently they will be called upon to help maintain our beautiful Church as a noble place of prayer.

If interested please contact the office on 02891465522 or <a href="mailto:bangor@downandconnor.org">bangor@downandconnor.org</a>

#### **VACANCY**

Cleaning vacancy at St Comgall's Primary School **10hrs per week** – afternoons only

Please contact the office at St Comgall's Primary School for further details





St Comgall's Pre-School Education Centre St Comgall's Parish Centre

23 Brunswick Road, Bangor BT20 3DS

The Management Committee of St Comgall's Pre-School Education Centre invite applications from suitably qualified candidates for the following Post:

Post: Deputy Pre School Leader in Charge

25 hours per week Monday to Friday

Term Time plus 1 week

Salary is payable 10/12 basis

Rate of pay as per JNC scales Point 17-21

#### Job Description and Application Form available via email:

#### bangor@downandconnor.org

Closing date for completed applications 12noon on Monday  $11^{\text{th}}$  November 2024

It is anticipated that interviews will take place w/c 25th November 2024

#### PARISH CENTRE - PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MEDITATION GROUP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15pm until 9.45pm	at 10.00am	at 12pm to 1.30pm	(Girls aged 6-18)	Jitsu Club
[Minor Hall]	[Minor Hall]	[St Dympna's Room]	at 6.15pm to 8pm [Main/Minor Hall]	(Juniors 5-15yrs) 6-7pm
LECTIO DIVINA GROUP	IRISH DANCING	MENCAP		[Main Hall]
7.30pm – 8.30pm	CLASSES	Every fortnight at 6.00pm	IRISH LANGUAGE	
[St Dympna's Room]	at 6.00pm to 8.30pm [Main Hall]	[Main/Minor Hall]	CLASS At 7pm to 8pm	
BADMINTON		FOLK GROUP	[St Dympna's Room]	
NOW WEEKLY at 8 to 9pm	SVP	AT 7pm		
[Main Hall]	at 7.30pm to 9.30pm [St Dympna's Room]	[St Dympna's Room]	ceili dancing at 8.15pm to 9.30pm	
		SENIOR CHOIR	[Minor Hall]	
		At 7.30pm [St Dympna's Room]		

# UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

#### **Children's Liturgy**

Bangor Parish Pilgrimage to Rome 5<sup>th</sup> February 2025 for the Holy Year- just five twin rooms remain! Details on the parish website.

We are delighted to announce the formation of a new Parish Centre Committee. The focus of the committee will be to build upon the use of our Parish Centre, for our Parishioners, with the hope of it becoming the hub of our community. Please join us at our **new weekly 'Cuppa & Connect' after 10am mass** on **Sunday 3rd November**, to meet our new committee, socialise with fellow Parishioners and enjoy a coffee or tea with some music.

#### FRIENDSHIP CLUB AIR AMBULANCE FUNDRAISER

The Friendship Club announce their fundraising 'Big Ballot' will take place on Tuesday 12th November after daily mass in the parish centre. All proceeds will be donated to the Air Ambulance Fund and a warm invitation is extended to all parishioners to join us at this event.

# <u>Columbanus Festival 22nd – 24th November</u>

The festival programme is available on the parish website. Bishop Alan McGuickian will celebrate a special Mass at St. Comgall's church to mark the installation of a St. Gall relic on Saturday 23rd November at 6.30pm

#### ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

#### St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400** 

• Towards Peace Spiritual Support Service

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <a href="https://towardspeace.ie/">https://towardspeace.ie/</a>

Accord NI Catholic Marriage Care

Marriage Preparation Facilitators

Service seeking

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

<u>www.accordni.com</u>				
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# ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

#### PRAYERS AT HOLY COMMUNION

#### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

# ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="www.soulparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

#### **CALENDAR OF SAINTS DAYS**

JANUARY 2024				