# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

## Twenty-Fifth Sunday in Ordinary Time, Year B - 22nd September 2024

## Your prayers are requested for

## **Recently Deceased:**

## **Anniversaries:**

Maeve Murray
Edward Patrick McConville
Elizabeth & John McCausland
Colin Beck
Maureen Taylor
Matthew Furlong
Patricia Small
Frank Moore
Alice & Joseph Hall
Joe McNally
Sandy Saunders
Sean McPadden
Joseph Brannigan
Dorothy & Jimmy McTrustry
James Hart

## ST COMGALL'S CHURCH, DONAGHADEE

Sunday 22nd September @ 9am

## ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 21<sup>st</sup> September @ 6.30pm and Sunday 22nd September @ 10am and 12noon

### **MASS TIMES NEXT WEEK:**

DAILY MASS NEXT WEEK 23<sup>rd</sup> – 27<sup>th</sup> September 2024 @9.30am

### **BAPTISM REGISTRATION**

Please register online SIDE BAR under **'Baptism Registration'** 

## St Mary's Church Chapel Lane, Belfast 15th & 16th October 2024

### Tuesday 15th

12 noon: Angelus Bell: Liturgy of Welcome for the Relics.

1.00pm: Mass of Our Lady of Lourdes.

3.00pm: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.
 4.00pm: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.
 5.00pm: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.
 6.00pm: Angelus – followed by period of quiet preparation for Mass.

7.00pm: Mass of St. Bernadette followed by Marian Candlelight Procession

11.00pm: Church closes.

#### Wednesday 16th

7.00am: Mass of Our Lady of Lourdes.

9.00am: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.
10:00am: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.
11:00am: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.

12 noon: Angelus – Followed by period of quiet preparation for Mass. 1.00pm: Mass of St. Bernadette.

3.00pm: Lourdes meditation on the Stations of the Cross

4.00pm: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette. 5.00pm: Lourdes Water Ritual, Rosary mediation, Litany of St. Bernadette.

6.00pm: Angelus - followed by period of quiet preparation for Mass.
 7.00pm: Concluding Mass of the Immaculate Conception, followed by Benediction.

11.00pm: Church closes.





www.downandconnor.org/stbernadette www.stbernadette.ie

#### **PARISH NOTICES**

## **PARISH CENTRE COMMITTEE**

Further expressions of interest from more volunteers are urgently needed to renew the Parish Centre Committee which supervises the running of this vital parish resource. Please contact Canon Gunn leaving your name, telephone number or an email address.

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The Parish is recruiting boys and girls who have made their First Holy Communion as altar servers. If interested, parents are requested to contact the parish office as soon as possible.

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Bangor Parish pilgrimage to Rome 5<sup>th</sup> February 2025 for the Holy Year. Places are still available. Details on the parish website.

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#### PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MEDITATION GROUP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15pm until 9.45pm	at 10.00am	at 12pm to 1.30pm	(Girls aged 6-18)	Jitsu Club
[Minor Hall]	[Minor Hall]	[St Dympna's Room]	at 6.15pm to 8pm [Main/Minor Hall]	(Juniors 5-15yrs) 6-7pm
LECTIO DIVINA GROUP	IRISH DANCING	MENCAP		[Main Hall]
7.30pm - 8.30pm	CLASSES	Every fortnight at 6.00pm	IRISH LANGUAGE	
[St Dympna's Room]	at 6.00pm to 8.30pm	[Main/Minor Hall]	CLASS	
. , ,	[Main Hall]		At 7pm to 8pm	
BADMINTON		FOLK GROUP	[St Dympna's Room]	
NOW WEEKLY at 8 to 9pm	SVP	AT 7pm	1 , ,	
[Main Hall]	at 7.30pm to 9.30pm	[St Dympna's Room]	CEILI DANCING	
[	[St Dympna's Room]		at 8.15pm to 9.30pm	
		SENIOR CHOIR	[Minor Hall]	
		At 7.30pm	-	
		[St Dympna's Room]		

## UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

Recharge is a new young adult group starting in the parish for people aged 18 to 35. The group will meet twice monthly on the first and third Tuesday of each month to "recharge" the spiritual batteries through Adoration, intellectual formation and social gatherings. To keep updated and get involved, follow us on Facebook and Instagram or email <a href="mailto:rechargecatholic@gmail.com">rechargecatholic@gmail.com</a>. You can also join our WhatsApp group via the QR code.

Our first gathering will be for Adoration with guided meditation and confessions at 7.30pm on Tuesday the 1st of October!





From Ceasefires to Circles of Change - a service marking the 30th anniversary of the Ceasefires. Sunday, 22 September at 7pm in Clonard Monastery. Guest speaker Tim Magowan. All welcome. Organised by the Clonard/Fitzroy Fellowship.

#### What is RCIA?

RCIA (the Rite of Christian Initiation for Adults) is a process to introduce the teachings of Jesus Christ and the Catholic Church to individuals who wish to learn more about Catholicism, including the opportunity, if they wish, to become Catholic through the Sacraments of Initiation. RCIA is a time of teaching, formation and conversion to come to know, love and develop a relationship with God, the Father, Son and Holy Spirit.

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#### How do I sign up for RCIA?

The first step is to request a registration form by emailing rcia@downandconnor.org.

## When and where does RCIA meet together?

We meet Monday nights from 6.30 - 8.00 pm at St Mary's Hall, Chapel Lane, Belfast BT1 1HH from October to May. The start date for the programme is Monday 7<sup>th</sup> October 2024.

#### ST VINCENT DE PAUL HELPLINES

## Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

## St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400** 

Towards Peace Spiritual Support Service				
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <a href="https://towardspeace.ie/">https://towardspeace.ie/</a>				
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Accord NI Catholic Marriage Care  Service seeking				
Marriage Preparation Facilitators				
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as				
marriage preparation programme facilitators.				
<ul> <li>If you have a positive attitude towards marriage in the Catholic Church</li> <li>If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage</li> <li>Accord wants to hear from you!</li> </ul>				
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.				
Contact Brenda on 02890 233002 or by email to info@accordni.com				
www.accordni.com				
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## ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

## CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

### PRAYERS AT HOLY COMMUNION

## **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="who-are teleparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

## **CALENDAR OF SAINTS DAYS**

JANUARY 2024				