# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

## Twenty-Fourth Sunday in Ordinary Time, Year B – 15th September 2024

## Your prayers are requested for

## **Recently Deceased:**

Mary Sarah Gallagher (Donegal) Rita Kelly (Co. Offlay) Anne Marie Rafferty

#### **Anniversaries:**

Alice & Raymond Havlin
Nuala O'Driscoll
James Murdock
James Hill
Billy Grego
Patrick Coyle
Imelda McPoland

## **Sunday 9am MASS SCHEDULE**

SEPT – St. Comgall's DONAGHADEE OCT – MHR BALLYHOLME NOV – St. Comgall's DONAGHADEE DEC – MHR BALLYHOLME

## ST COMGALL'S CHURCH, DONAGHADEE

Sunday 15th September @ 9am

#### ST COMGALL'S CHURCH BRUNSWICK ROAD

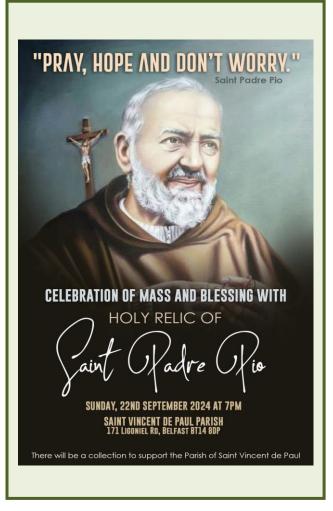
Saturday 31<sup>st</sup> August @ 6.30pm and Sunday 8th September @ 10am and 12noon

## **MASS TIMES NEXT WEEK:**

DAILY MASS NEXT WEEK 16th – 20<sup>th</sup> September 2024 @9.30am

#### **BAPTISM REGISTRATION**

Please register online SIDE BAR under **'Baptism Registration'** 



## **PARISH NOTICES**

#### **PARISH CENTRE COMMITTEE**

Further expressions of interest from more volunteers are urgently needed to renew the Parish Centre Committee which supervises the running of this vital parish resource. Please contact Canon Gunn leaving your name, telephone number or an email address.

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The Parish is recruiting boys and girls who have made their First Holy Communion as altar servers. If interested, parents are requested to contact the parish office as soon as possible.

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Bangor Parish pilgrimage to Rome  $5^{th}$  February 2025 for the Holy Year. Places are still available. Details on the parish website.

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Senior Choir will recommence on Wednesday 18 September. Newcomers welcome.

#### **Parish Sacramental Preparation Classes**

Parish sacramental preparation classes for the sacraments of Reconciliation, First Holy Communion and Confirmation will begin on <u>Sunday 10<sup>th</sup> November 2024</u> in the parish centre. We welcome children in the parish attending local non-Catholic schools (P4+ and P7+). If your child or grandchild would like to enrol please email the parish office before **Monday 21<sup>st</sup> October 2024**.

#### PARISH CENTRE - PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MEDITATION GROUP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15pm until 9.45pm	at 10.00am	at 12pm to 1.30pm	(Girls aged 6-18)	Jitsu Club
[Minor Hall]	[Minor Hall]	[St Dympna's Room]	at 6.15pm to 8pm [Main/Minor Hall]	(Juniors 5-15yrs) 6-7pm
LECTIO DIVINA GROUP	IRISH DANCING	MENCAP		[Main Hall]
7.30pm – 8.30pm	CLASSES	Every fortnight at 6.00pm	IRISH LANGUAGE	-
[St Dympna's Room]	at 6.00pm to 8.30pm	[Main/Minor Hall]	CLASS	
- , ,	[Main Hall]		At 7pm to 8pm	
BADMINTON		FOLK GROUP	[St Dympna's Room]	
NOW WEEKLY at 8 to 9pm	SVP	AT 7pm	, , ,	
[Main Hall]	at 7.30pm to 9.30pm	[St Dympna's Room]	CEILI DANCING	
	[St Dympna's Room]		at 8.15pm to 9.30pm	
		SENIOR CHOIR	[Minor Hall]	
		At 7.30pm		
		[St Dympna's Room]		

## UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

Trócaire is looking for people to join our team of Christmas fundraisers to help respond to the urgent need of poor communities around the world, including the millions of children and families caught in conflict in Sudan and Gaza. You can take action and make a difference through a range of activities, including the promotion of our Gifts of Change – training and support will be provided. If you would like to find out more about what you can do to help now or over the Advent and Christmas period, then please email Mark McMahon at <a href="mailto:infoni@trocaire.org">infoni@trocaire.org</a> or call 028 9080 8030.

Columban Way Walk for Peace, Healing and Wellbeing.

A small core group of walkers are walking the entire 361 mile Columban Way from Carlow to Bangor Abbey, Bangor County Down. They are due to arrive at Bangor Abbey on Saturday 21<sup>st</sup> September, International Peace Day. You can join the group on the final stage from Helen's Bay to Bangor (4.5 miles)

To join the walk you need to register in advance of the 21<sup>st</sup> September. For more information and to book visit <a href="https://www.visitardsandnorthdown.com/whats-on/columban-way-peace-walk-helens-bay-to-bangor-p916111">https://www.visitardsandnorthdown.com/whats-on/columban-way-peace-walk-helens-bay-to-bangor-p916111</a> Places on the walk are limited so book early to avoid disappointment.

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (28th September, 26th October and 30th November) Booking essential. To find out more, contact Pauline 07519289185 or Marie 07896119669 or email <a href="mailto:belfastbe@yahoo.com">belfastbe@yahoo.com</a>

#### **Ards CCE Traditional Music Classes**

Music classes for all instruments in St Columbanus College on Sunday afternoons commencing 22<sup>nd</sup> September.

\*\*All levels including total beginners.\*\*

More information from Niall McClean 07960 072218

## ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

#### St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400** 

Towards Peace Spiritual Support Service
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <a href="https://towardspeace.ie/">https://towardspeace.ie/</a>
Accord NI Catholic Marriage Care Service seeking Marriage
Preparation Facilitators
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.
If you have a positive attitude towards marriage in the Catholic Church
If you have the enthusiasm to be part of the Accord team in supporting couples who
are preparing for the Sacrament of Marriage
Accord wants to hear from you!
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.
Contact Brenda on 02890 233002 or by email to <a href="mailto:info@accordni.com">info@accordni.com</a>
www.accordni.com
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## ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

#### PRAYERS AT HOLY COMMUNION

#### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="who-are teleparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

#### **CALENDAR OF SAINTS DAYS**

JANUARY 2024				