

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Monday to Friday, 9.30am-1.30pm

Sunday Mass Times This week:

Bangor:

Vigil 6.30pm;

Sun 10.30am & 12.30pm

Donaghadee:

Sun 9.30am.

Ballyholme:

Sun 11am.

Weekday Mass Times:

Bangor:

Monday - Friday 9.30am.

Ballyholme:

Mon & Fri 9am.

Confessions:

Bangor: Sat 5.30 pm.

ST PATRICK'S DAY
will be celebrated on
Sunday 17th March

Weekend Mass in the Pastoral Communities Holywood:

Vigil 6.30pm;

Sun 10am & 12noon.

Newtownards:

Vigil 6.30pm;

Sun 11.30am.

Comber:

Sun 10.00am.

Baptisms: 1st and 3rd

Sunday of the Month at

2pm. Register online at

www.bangorparish.com

under **Sacramental**

Preparation.

2 month's notice required.

Children's Liturgy:

Every Sunday at the
10.30am Mass for children
from P1-P7. Parents are to
leave their children directly
to the Parish Centre.
Consent forms must be
signed.

Perpetual Adoration

St Comgall's Church,

Bangor Monday 10.30am
to 9.30pm

**St Vincent de Paul
Helpline 077 0367 9384**

2nd Sunday of Lent - 17 March 2019

St. Patrick's Breastplate is a popular prayer attributed to one of Ireland's most beloved patron saints. According to tradition, St. Patrick wrote it in 433 A.D. for divine protection before successfully converting the Irish King Leoghaire and his subjects from paganism to Christianity.



Christ with me, Christ before me,
Christ behind me, Christ in me,
Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ when I arise, Christ in the heart
of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me. Amen.

TROCAIRE BOXES AVAILABLE AT THE BACK OF THE CHURCH.

Fr Gunn and the Parish Finance Committee have discovered that Church Refurbishment is not an exact science!

Final permission to start the process has been received from the Diocesan Trustees and the tenders have just been issued. It is hoped that the work will begin in late April. Further details will be communicated as soon as they are known. Once again grateful thanks are offered to those who have contributed so generously and gentle encouragement is offered to those who are thinking of so doing.

Seeing Your Life Through the Lens of the Gospels Matthew 13:24-32

1. The owner of the field who allowed the wheat and the darnel to grow together is a reminder to us to be patient with ourselves and with others when we see that everything is not right. Sometimes a preoccupation with the negative (the darnel) can blind us to seeing the positive in our own lives and in the lives of others. When have you found that a willingness to live with the messiness of the present created the conditions for future growth?
2. Have you ever found that it was through accepting the darnel that you learned important lessons for life, e.g., learning by making mistakes, or asking stupid questions, or taking foolish risks?
3. The parable of the mustard seed is a reminder that seemingly insignificant things can have very positive results. Have you ever been surprised by the benefit to yourself or others a kind of encouragement or a smile?

John Byrne OSA, E: jbbyrneosa@gmail.com



Your prayers are requested for:

Recently Deceased:

Carol Hughes.

Anniversaries: Winifred O'Neill, Veronica McBrien, Con Murphy, Pat Walsh, Eddie Brady, Mary O'Kane, Matt Kelly, Josie Kelly, Anna Gordon, Dorothy Magill, Peter Magill, Emil Magill, Philomena Davis, Maureen McAlister, Francis Barnes, Mary McCarville, James McCarville, Mary Freney, John McCann, Elizabeth Goan, Roma Ryan.

For inclusion in the Bulletin Notices, notices need to be in to the Parish Office before 1pm on Wednesdays

This Weekend

St Patrick's Day is on Sunday.



The Irish Language Collection will be taken up outside the Church at all Masses.

Trocaire and Traidcraft will be having a sale on the **23/24 March**. Tea and coffee will be available after all Masses on Sunday.

Support for the Bereaved

If you need to talk to someone about your bereavement, a member of the Bethany Bereavement Support Group can be contact on the Confidential mobile number: 075 1085 2157

DATES FOR YOUR DIARY!

Parish Envelopes 2019-2020.

The new parish envelopes are now available for collection for **ALL THE PARISH** in the Parish Centre after all masses this weekend 16th & 17th March. The envelopes for Donaghadee and Ballyholme will be available on the following dates 23rd & 24th March within each of the Parish Churches. If any parishioner does not have envelopes and would like some please contact the parish office. There is availability to donate to Gift Aid all contributions. If you would like more information on any of these items please contact the Parish Office during office hours.
Mon-Fri 9.30am-1.30pm.

Ards cce would like to say a huge thanks to the great crowd at Friday night's concert past and all the performers. The new Ards cce CD 'the journey' is now available at Thomas' shop priced £10.

WEDNESDAY 15TH MARCH

Tobar Mhuire, Crossgar. First of our Lenten Talk Series: The Beatitudes of Pope Francis with Dr Aidan Donaldson at 7pm. All welcome. Voluntary donation.

WEDNESDAY 15TH MARCH

Down and Connor Youth Team 'Strictly Come Dancing' in aid of the Lourdes Pilgrimage. Join us for a superb evening of entertainment in Carryduff Parish Centre at 7.30pm. Ticket £15 for Adults, £7.50 for children. Can be ordered through the Carryduff Parish.

SATURDAY 30TH MARCH

The Iona Institute NI welcomes you to our upcoming conference, "The Future of Conscience in an Age of Intolerance" 10 am - 1.30pm (Registration opens 9.30am) Wellington Park Hotel, Malone Road, Belfast BT 9 6RU £10 Adults £5 student (includes tea/coffee/scones). Speakers include Nuala O'Loan (DBE), Dr Helen Watt (Anscombe Bioethics Centre Oxford) Benedict Ó'Floinn SC, and David Smyth (Evangelical Alliance). To book or to request further information, please email ionainstitute@gmail.com or call 02892646861

LENTEN PIONEER PLEDGE

Many people choose to abstain from alcohol during Lent. Please consider taking the short term Lenten Pledge and make a difference to someone's life. Register your pledge with local Pioneers and say the daily prayer.

PRAYER: I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent.

FRIDAY 5TH APRIL

St. Patrick's in N'Ards is hosting 'Friday night is Music Night' in the Parish Centre at **8pm**. Tickets are £15 including a light supper and the proceeds will go towards the restoration of the interior of the Church.

FRIDAY 5TH TO SUNDAY 7TH APRIL

SHALOM RETREAT – in Drumalis Retreat Centre, Larne. Be a part of this exciting weekend where you will rekindle your identity in Christ! Prayer, praise, reconciliation, Mass and encouragement for the journey ahead. A retreat that will shine the light of Christ into your heart and lead you to forgiveness, freedom and healing. Book now £150 per person. Full board with coffee/tea breaks. Contact Roshni George T:07737 430 680 or Jacinta T:07756 225 114. Register at Fri 10am-Sun 4pm. www.shalommedia.org/retreat

THURSDAY 6TH APRIL

The MIC Thurles Student Experience Day will take place in MIC St Patrick's Campus, Thurles. If you're interested in a career in education then this is the event for you. Register your interest for the day and find out more at www.micopenday.ie

Diocesan Pilgrimage to Lourdes Full Board in hotel: 7 nights (9-16 July) £725 or 5 nights (10-15 July) £650. Full board for sick or infirm pilgrims with medical and nursing care in Accueil Notre-Dame: 5 nights (10-15 July) £550. Youth team (7-16 July) £590. All flights from Belfast Int'l Airport. Application forms available from the Parish Office.

Living Youth – Local Summer Pilgrimages 2019

Summer Madness – join with over 2,000 other young people, from all religious backgrounds, across the island of Ireland to celebrate, connect and explore your faith. This 5-day camping experience at Glenarm Castle is on from 28th June – 2nd July 2019, Cost: £120, Age: 15 – 18.

Camino Through the Mournes – join with other young adults to spend time together in a faith environment, all through the medium of outdoor activities such as hikes, walks and outdoor adventures. Stay in Newcastle Co Down from 6th – 9th August 2019, Cost: £125, Age: 18 – 25.

Bangor Abbey Parish, 3rd Thursday alternative months Hearing Aid User Support Service is a free service funded through the Health & Social Care Board – Dates: 11th April, 13th June, 8th August, 10th October, 12th December. Address: St Malachy's Way, Bangor, BT20 4JF More details contact Hazel Wilson T:07342-994453 or E: hazel.wilson@hearingloss.org.uk

QUB Catholic Chaplaincy – Come and Receive! starting **Tuesday 12th March** at 7pm, at the Bangor Room, 1st floor. For more information contact: 07727129929.

Tuesday 19th March is the Feast of St Joseph.

Prayer to St Joseph

O St Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St Joseph do assist me by your powerful intercession and obtain for me from your Divine Son every spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my thanksgiving and homage to the Most Loving of Fathers. O St Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press him in my name and kiss His fine Head for me, and ask Him to return the kiss when I draw my dying breath. St Joseph, Patron of departing souls pray for us. Amen.