

# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
T: (028) 9146-5522 E: bangor@downandconnor.org W: [www.bangorparish.com](http://www.bangorparish.com) Office Hours: Closed.

## 26<sup>th</sup> Sunday in Ordinary Time – 27 September 2020

### MASS NEXT WEEK:

WEDNESDAY 30<sup>th</sup> SEPTEMBER at 10am – **NO ONLINE REGISTRATION NEEDED.**

**in St Comgall's Church, Brunswick Road**

SATURDAY VIGIL 3<sup>rd</sup> October at 6.30pm &  
**SUNDAY 4<sup>th</sup> October at 10am & 12.30pm**  
**online registration required.**

When registering please specify which Mass you would like to attend.

[You will be contacted by text when you have been allocated your seat(s), please allow 48hours, Mon-Fri.]

**BOOKING BEFORE MONDAY IS RECOMMENDED.**

PLEASE REGISTER USING THE CONTACT FORM on the parish website

<https://www.bangorparish.com/re-opening-of-bangor-parish-for-public-mass/>

Dear Parishioner,

Please sign up for **MASS** in St Comgalls Church, Brunswick Road. Using the **two metre** distancing rule the Church can hold fewer people than the hall so please register early.

**For the time being it will no longer be necessary to register for the WEEK DAY MASSES. People attending these Masses will be asked for their name which will be recorded and then will be shown to a seat by the Steward. Please note that online registration for weekend Masses are still necessary.**

The Covid-19 virus is still circulating and all necessary sanitising advice supplied by the Diocese following government recommendations will be strictly observed. We need **volunteers to steward and to clean** and anyone over the age of 18 who would like to do so is invited to contact the parish by email as soon as possible.

As part of Track and Trace everyone will be required to apply for Mass online. This will also prevent people from having to be turned away because the number of permitted attendees has been reached. I do not want people who have made the considerable physical and psychological effort to come to Mass to be turned away at the door. **Applications will be dealt with on a first come first served basis.** A seat(s) will be allocated to you. If you cannot avail of this allocation please let us know so that someone else may do so. I am fully aware that this will cause many difficulties and it goes against every custom and every tradition that we hold dear but the aim is to provide Mass to as many people as possible while keeping everyone safe.

International experience has shown churches can be a source of infection spikes. The places you occupy will be cleaned after you use them and time must be given for them to dry before the next Mass. The doors of the centre will remain open to provide ventilation and the toilets will remain CLOSED. Masks must be worn.

I realise that these are onerous conditions to impose for the celebration of the Mass which is a coming together of the Parish but the primary aim is the safety of all. I should be very grateful if you would tell as many people as possible about this notice and the means of applying for Mass.

Upon receipt of your online form we will contact you to confirm the allocated Mass, day and date. **Communication with all parishioners is very difficult at the moment please alert other parishioners to this notice.**

With every best wish and sincere thanks for your assistance in this important but complicated matter.

Fr J Gunn PP



**Your prayers are requested for**

**Recently Deceased:** Maeve Murray, Mary McBride

**Month's Mind:** Rita McGettrick

**Anniversaries:**

Sandy Saunders, Colin Beck, Agnes Kane, John McCausland, P J Cullen, James Hart, James Duffy, Michael Duffy, Rose Donaghy, Gerry McGarry, Margaret Shields, John Shields.

**4 page bulletin** this weekend includes the readings for Mass.

**Saint Vincent de Paul Ballyholme and Donaghadee** are selling washable face masks to raise much need funds. The masks have 3 layers and are available in child's, adults and large sizes from the Centra, Donaghadee Road/Windmill Road junction and from the porch at 20 Deanfield, Bangor, for a donation.

**Bethany Bereavement Support Group**

we are here to support and listen.  
Confidential. **075 1085 2157**

**St Vincent de Paul**

**Helpline 077 0367 9384**

### List of Directions for attending Mass in line with the Government Guidelines.

1. Enter through the main doors of the Church only.
2. Exit through the doors at the Baptismal Font only. If you are unable to use the steps please wait in your seat until the majority of people have left and the Stewards will direct you out.
3. There will be hand-sanitisers on entering the Church in the foyer and the steward will confirm your seat number and direct you to your seat(s). Families / households are seated together – (2 metre rule) please respect social distancing as you enter the Church. There will be a time for prayer after Mass so reverence on exiting will permit personal silent prayer.
4. Confession will be offered after all Masses.
5. Envelope collections or donations can be given to one of the stewards when entering or leaving.
6. A mask must be worn at all times within the Church.
7. Distribution of Holy Communion will be given directly to you at your seat. You will receive Holy Communion on the hand only. The host will be placed on your hands. The Priest will sanitise his hands before distribution of Holy Communion and will wear a face mask.
8. When Mass is over please remain in your seats until the Stewards direct you to leave one row at a time. Please keep 2 metres distance as you leave the Church and please move quickly once outside to the carpark to allow others to safely exit the Church.
9. The parish secretary will be in the parish office from Monday to Friday 9.30am to 1.00pm. Those who have no access to the online registration can telephone and book in for Mass with Jacinta.

**We are all in a new way of attending Mass to ensure the safety of everyone coming to Mass.  
We will continue to keep you informed as and when the regulations change.  
The most important thing is that everyone feels safe.**

**THE PARISH CENTRE IS CLOSED to groups** until further notice due to social distancing as recommended by the Diocese of Down and Connor, which is following the government's advice.

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: [bangor@downandconnor.org](mailto:bangor@downandconnor.org)  
all names will then be mentioned on the weekly Sunday bulletin.

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**PRIVATE PRAYER** will take place before public Mass in St Comgall's Church.

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#### **BAPTISM REGISTRATION**

Baptisms will be starting back mid to late September and the team is working on how best to support the parents. Please register online under '**Sacramental Preparation**'

**Podcast audio Mass is available on the parish website**  
[www.bangorparish.com](http://www.bangorparish.com) (Daily) **by 11.00am.** [Sat vigil] **by 7pm.**

### Bangor Parish Podcast

Fr Gunn offers Mass daily in the oratory of the Parochial House and podcasts it on the parish website. You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for "**Parish Of Bangor Podcast**" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#)

If you use these apps please '**subscribe**' to our channel so you receive all the latest podcasts straight to your phone or tablet.



As you will have noticed we have refreshed our website and have given some new prayer resources: Look under **The Parish Today**

- Daily Mass – uploaded by 11am.
- Prayer Resources & articles from the Columban Sisters – Sr Maura & Sr Suzanna.
- Family Creative Prayer & SUNDAY LOOK SHEETS.

**SVP**-The Society continues to help those in need who seek their assistance, albeit on reduced resources with the suspension of Parish Masses. Many thanks to those Parishioners who have donated to date.

If you are in a position to assist, donations can be made via St Vincent de Paul website ([svp.ie](http://svp.ie)) Follow the on screen instructions and when prompted indicate if your donation is for St Comgalls Bangor or Most Holy Redeemer Ballyholme. Alternatively a payment can be made direct to the Conferences Bank Accounts with First Trust Bank-Sort Code 93-82-03. St Comgalls A/C 25302098. Most Holy Redeemer Ballyholme A/C 06885061. For account reconciliation purposes please provide a note of your name where indicated.

Donations of furniture and good clothing are suspended temporarily.

Non-perishable food donations can continue to be made to Storehouse at their premises at 12 Balloo Avenue, Bangor only on Mondays and Thursdays 2.00pm to 4.00 pm. Again many thanks for your continued support.

**Prayer Online:** Come and join us at... [www.soulpardonmission.com](http://www.soulpardonmission.com) Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into. There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online!

**QUB Catholic Chaplaincy Reopens 21.09.20**

The Catholic Chaplaincy at Queen's reopens on Monday 21 September. Our liturgies, faith events and social gatherings are popular with students and alumni. We have a range of groups and societies whose activities appeal to a wide range of interests. Our Chapel, Food Bar and study space are open throughout the academic year. Wherever you are on your faith journey, know that we are here for you. For more details visit [qubcatholic.org](http://qubcatholic.org) or drop by for a coffee and chat at 28 Elmwood Avenue, Belfast. I would also be grateful if parishes and dioceses, especially diocesan youth/young adult groups, could share this facebook link to a welcome video: <https://www.facebook.com/watch/?v=613457662659672&extid=VWuGAapdA2czXP2q>

**Knock Shrine offers virtual pilgrimages in unique times**

This year, as we find ourselves in unique and challenging times, pilgrimage Masses will be broadcast online from Knock Basilica every Sunday at 3pm. Each weekend, there will be a special welcome for the pilgrimage groups that traditionally travel to our National Marian Shrine for their own celebrations. Pilgrims are welcome to join the afternoon ceremonies from their homes. The schedule for the afternoon will include the praying of the Rosary at 2.30pm, followed by Mass and Benediction at 3pm. The celebrant will be Fr. Richard Gibbons, PP, Rector at Knock Shrine. Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. **SUNDAY MASS IS BROADCAST AT 12 NOON, ROSARY AT 2.30PM and MASS AT 3PM.**

For further details, please see [www.knockshrine.ie](http://www.knockshrine.ie)

**Helpers Needed**

**St. Comgall's Brigins and Guides**

**Please note the Parish Centre is still not open for parish groups for the foreseeable future.**

St. Comgalls Guide Unit is planning on returning. If you have thought of helping out in the community and can spare 2 hours a week we are looking for some helpers to help out with our girls aged 6-14 yrs on Thursday evening from 6.30-8pm. If you want a few hours of fun, friendship, contribute to this community and so much more contact Yvonne for more information on 07851144222 or email [stcomgallsguideunit@gmail.com](mailto:stcomgallsguideunit@gmail.com)

**What are you looking for? Come and See! RCIA!**

- **if you feel you would like to explore and enquire into the catholic faith with a view possibly of baptism...**
- **if you feel you would like to explore and enquire into what it is Catholics believe ...**
- **if you feel you need to get a deeper understanding of your catholic faith...**



- **if you feel a need to return to celebrating your faith...**

**Encounter** the presence of the Spirit of God in our weekly meetings. **How?** Spend an hour and half each Thursday evening exploring the Catholic Faith **When?** Programme commences 15th October 2020 **Where**

St Mary's 25 Marquis Street, Belfast BT1 1JJ

**Secure your place!**

Email: [rcia@downandconnor.org](mailto:rcia@downandconnor.org) or contact Fionnuala Tel 07702073895

**TROCAIRE** thank you for your help. You can donate in the following ways:

1. Online at [www.trocaire.org](http://www.trocaire.org).
2. By phone: 0800 912 1200 (NI)
3. By post to Trocaire, 10 King Street, Belfast, BT1 6AD (NI), please count the amount you have collected indicating the parish you are connected to by writing on the back of the cheque D&C Bangor Parish.
4. Post your cheque through the post box at the parochial house with your Name, Address and Tel No. and we will send to Trocaire. This virus knows no borders, but neither does our compassion.

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**Parish Pastoral Worker**

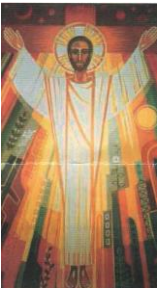
The Parish of St. Joseph & St. Benildus & St. Marys, in the Diocese of Waterford and Lismore, is the largest in the Diocese with a Catholic population of approximately 13,750. It is situated in the south-east of Waterford City and stretches from St Joseph & St Benildus Church on Newtown Road to St Mary's Church in Ballygunner. The Parish is a welcoming Christian community where people feel valued and have a sense of belonging.

The Parish is now inviting applications for the position of Parish Pastoral Worker.

Applicants must have a primary degree in theology/religious education, or equivalent, as well as relevant experience. The closing date for receipt of applications, including Curriculum Vitae, is Friday, 2<sup>nd</sup> October 2020 at 5:00 p.m. Please send to [liampowerwaterford@gmail.com](mailto:liampowerwaterford@gmail.com).

Shortlisting will take place immediately thereafter. Interviews are scheduled to take place in October 2020.

The Job Description is available from the Parish Office at [parishofficejbm@gmail.com](mailto:parishofficejbm@gmail.com)



## 26<sup>th</sup> Sunday in Ordinary Time,

27 September.

**Penitential Act:** I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

### **Gloria**

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

### **Gloria**

*Gloria in excelsis Deo et in terra pax hominibus bonæ voluntatis.*

*Laudamus te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex cælestis, Deus Pater omnipotens.*

*Domine Fili Unigenite, Iesu Christe, Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostrum. Qui sedes ad dexteram Patris, miserere nobis.*

*Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Iesu Christe, cum Sancto Spiritu: in Gloria Dei Patris. Amen.*

## **PRAYERS AT HOLY COMMUNION**

### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present  
in the most Blessed Sacrament.

I love you above all things and

I desire to receive you into my soul.

Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.

I embrace you as if you have already come,  
and unite myself wholly to you.

Never permit me to be separated from you.  
Amen.

*composed by Saint Alphonsus Liguori*

### **ANIMA CHRISTI**

#### **Prayer to the Most Holy Redeemer**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, embolden me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Never permit me to be separated from you.

From the evil enemy defend me.

At the hour of my death call me

and bid me to come to you,

that with your Saints I may praise you

for age upon age. Amen