Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Third Sunday in Ordinary Time, Year C – 26th JANUARY 2025





St. Malachy's Primary School are celebrating their 50th anniversary this year and will begin with a special Mass in St. Comgall's Church on **Monday 27th January 2025 at 11am**. Children from Y3-Y7 will be in attendance along with staff.

Past pupils and parents, ex-staff and members of the community are cordially invited to attend this Mass to help celebrate 50 years of service to the community in the Parish of Bangor.

ST COMGALL'S CHURCH DONAGHADEE

Sunday 26th January @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 25th January @ 6.30pm and Sunday 26th January @ 10am and 12noon

MASS TIMES NEXT WEEK:

Thursday 30th & Friday 31st January @ 9.30am

REQUIEM MASS – Tuesday 28th January @ 10am Wednesday 29th January @ 10am

Service of Light – Thursday 30th January @ 1pm

BAPTISM REGISTRATION
Please register online SIDE BAR under
'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

New Horizons: Shaping the Digital Future Ethically

Join the QUB Catholic Chaplaincy for a thought-provoking keynote talk on the ethical implications of artificial intelligence, led by Rev Dr Philip Larrey, a leading philosopher and ethicist from Boston College. As AI continues to shape our world, it's essential that we critically reflect on its impact through the lens of faith and Christian ethics. Everyone is welcome to attend this important discussion on Tuesday, 28 January, at 6pm in the Canada Room, Lanyon Building, Queen's University Belfast. Refreshments will be served afterwards. Don't miss this opportunity to engage with one of the key issues of our time. To attend, please follow this link: https://catholicchaplaincyqub.churchsuite.com/events/y3lzx7s



ST COMGALL'S PARISH CENTRE

Cuppa & Connect:

January

*Sunday 26th Jan after 10am mass

February

- *Sunday 2nd Feb after 12md mass
- *Saturday 8th Feb after 630pm mass

Our Holy Shop items continue to be sold at each Cuppa & Connect. We hold a small stock of bibles, missals & candles.

Catalogues available to browse through to order specific Holy items and for all upcoming sacraments including First Holy Communion and Confirmation.

You are warmly invited to the opening of this year's 4 Corners Festival with Dr Lorna Gold, Chair of the International Laudato Sì Movement.

In this 10th anniversary year of Pope Francis' Encyclical "*Laudato Sì*", Belfast is privileged to host **Lorna Gold**, Chair of the International Laudato Sì Movement, at the **4 Corners Festival** on **Sunday 2nd February** (7pm, Jennymount Methodist Church, 222 North Queen Street, BT15 3DH).

The 10th anniversary of Laudato Si' coincides with the Jubilee Year of Hope, making it an ideal moment to reflect on the urgent call to care for God's creation. In his letter of February 2022, Pope Francis said, "In the realization that all of us are pilgrims on this earth, which the Lord has charged us to till and keep (cf. Gen 2:15), may we never fail, in the course of our sojourn, to contemplate the beauty of creation and care for our common home It is my hope that the coming Jubilee Year will be celebrated and experienced with this intention too."

Drawing from her extensive experience as a climate activist, policy advisor, author and protagonist of the film, "**The Letter**", Lorna will explore the connections that bind us as a human family and our planet as a shared home. She will challenge and encourage us to take positive action for the wellbeing of future generations. The 4 Corners Festival is an annual celebration designed to inspire transformation across Belfast through events that promote peace, unity, and understanding. Let this talk be an opportunity to step out of our own corner, encounter fresh perspectives and be inspired to care for our common home.

Let's come together for a future of hope and justice. All are welcome!
Further info from info@jointhedotstogether.org
Register

here: https://www.tickettailor.com/events/4cornersfestival2/1489258

PARISH CENTRE - PARISH GROUPS 2024

FRIDAYS
nit Ju-Jitsu Club
(Juniors 5-15yrs)
6-7pm
[Main Hall]

Your prayers are requested for

Recently Deceased: DES MCGILL, MARTHA GRIMES, MARIA GARCIA

Month's Mind:

NOTICE TO PARISHIONERS

Our Ministers of the Eucharist provide the weekly service of bringing Holy Communion to our housebound parishioners. Please contact the Parish Office if you wish to avail of this service.

Calling all Knitters!

We're delighted to announce the Big Knit is back for 2025!

So grab your needles and your brightest yarn and get knitting for Age NI.

For every hat knitted, Age NI receives 30p, and that money helps the Charity support older people who have no one else to turn to.

To register and find out more, call Age NI on 028 9024 5729, email bigknit@ageni.org or visit www.ageni.org/thebigknit

ST COMGALL'S PRIMARY SCHOOL - RECIPIENTS OF THE SPIRIT OF CATHOLIC EDUCATION AWARD 2025

To mark Catholic Schools' Week, the Diocese of Down and Connor paid tribute to the inspiring work of twenty schools from across the diocese by awarding them with the prestigious **Spirit of Catholic Education Award 2025.**

This year, it is my pleasure to announce that one of our parish schools, St Comgall's Primary, was one of the award-winning schools. At a special ceremony in St Mary's University College on 22nd January, St Comgall's received the award from the Down and Connor Catholic Schools' Support Service, for their outstanding work, commitment and response to the call of Christ: "You Are My Witnesses" (Luke 24:48) – as well as for their ongoing role in upholding the distinctive gospel-inspired ethos and values of Catholic Education within the school community.

We send our warmest congratulations to all the staff of St Comgall's Primary School who are representative of how teachers across the diocese monitor, evaluate, review and embed an ongoing commitment to living out the Spirit of Catholic Education. Well done to everyone in St Comgall's Primary.

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400**

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (25th January; 22nd February and 29th March) Booking essential. To find out more, contact Pauline 07519289185 or Marie 07896119669 or email belfastbe@yahoo.com

Towards Peace Spiritual Support Service		
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/		

Marriage Preparation Facilitators		
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.		
 If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! 		
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.		
Contact Brenda on 02890 233002 or by email to info@accordni.com		
www.accordni.com ***********************************		

ı

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org
Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024		