Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

PARISH NEWSLETTER

Third Sunday of Lent, Year B – 3rd March 2024

Your prayers are requested for

Recently Deceased:

Andrew Wright
Tane Tangoroa Gregory (NZ)

Month's Mind:

Charlotte (Cioci) Denny

Anniversaries:

May & Maura McLaughlin
Connie McCoubrey Eddie McElroy
Michael & Kathleen Duffy
Marie Leavey Rory O'Reilly
James Reilly
Sarah Doherty Kevin O'Kane

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 3rd March @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 2nd March @ 6.30pm and Sunday 3rd March @ 10am and 12 noon

MASS TIMES FOR:

DAILY MASS NEXT WEEK 4th - 8th MARCH @9.30am

BAPTISM REGISTRATION

Please register online SIDE BAR under **'Baptism Registration'**

EXPRESSIONS OF INTEREST FOR THE PERMANENT DIACONATE

Information evenings for those wishing to explore the Permanent Diaconate or to hear more about the work of permanent deacons will take place in **Downpatrick on 7**th **March at 7.30pm** in the Parochial House beside St Patrick's Church

Also, at All Saints' Church Broughshane Road **Ballymena** on **12th March at 7.30 pm**

And finally at St Brigid's Church in the Parochial Hall, Derryvolgie Avenue **Belfast on 20**th **March 2024 at 7.30pm.**

Further relevant information can be found on the Diocesan website https://www.downandconnor.org/living-church/diaconate/

It is hoped to commence a propaedeutic year of discernment in September 2024. Expressions of Interest forms will be issued by email to those who have responded to this announcement and the formal application and interview process will commence, with a view to completion in June 2024.

Exposition of the Blessed Sacrament

In order for the regular Monday Exposition of the Blessed Sacrament to continue, volunteers are urgently required for one hour of adoration on a rota basis and the current schedule needs to be revised. Please contact the office via email providing information as to your availability. If unable to attend please inform the parish office.

Children's Lituray

If anyone would like to help with Children's Liturgy which is hopefully starting up soon, would they give their name to Emma in the Parish Office.

It takes place during the 10am Sunday Mass for Primary One to Primary Five children at the moment and it takes the children from the church to the parish centre for approximately 20minutes every Sunday. Leaders or helpers would only be required on a rota of 1 in 4 weeks, so it would not be a big commitment but it is a great asset to children in the understanding of the Gospel.

In the parish centre the leaders explain the Gospel in a child-like form and the children are given a little activity or a craft to colour in to remember what they learned. Any queries please contact Lisa Morrow on 07762 788766

CALLING ALL MINISTERS OF THE WORD!

We are hoping to reinstate a rota for Saturday Vigil and Sunday Masses.

Can we ask all those who read at Saturday and Sunday Masses to leave their names, phone numbers and the Mass time at which they read with the Parish Office as soon as possible.

Expressions of interest for new Ministers will also be welcome

PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	
BRIDGE CLUB	FRIENDSHIP CLUB	MENCAP	St Comgall's Guide Unit	St Comgall's Ju-	
at 7.15 until 9.45pm	at 10.00am	Every fortnight at 6.00pm	(Girls aged 6-18)	Jitsu Club	
			at 6.30pm	(Juniors 5-15yrs)	
	IRISH DANCING	BADMINTON		6-7pm	
	CLASSES	Every fortnight at 8.00pm	IRISH CLASS		
LECTIO DIVINA GROUP	at 6.00pm		At 7pm		
7.30pm – 8.30pm	-	FOLK GROUP			
[St Dympna's Room]	SVP	AT 7PM	CEILI DANCING		
	At 7.30pm		at 8.15pm		
		SENIOR CHOIR			
		At 8PM			
		SET DANCING CLASS			
		At 8pm			
BOOKING OF PARISH CENTRE: Contact Craig in the parish office 028 9146 5522 or via email on					
bangorparishaccounts@downandconnor.org					

Fatima Pilgrimage 9th-14th August EX Dublin mass in Santarem where bleeding host took place, visit visionaries homes Hungarian stations of the cross, Lisbon with church of Saint Anthony where he was born and baptised, seaside excursion. Payments can be made by instalments, Contact James Treacy 061921470 or email jamestreacyphotography@gmail.com

MEDJUGORJE IRISH CENTRE PILGRIMAGES APRIL - OCT 2024:

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

7 Nights Apartment B&B from €273 per person sharing. Airport transfer available on request. Contact us for details and book the dates that suit you.

Tel. 01 4434510 or website <u>www.med-irishcentre.com</u>
MEDJUGORJE: 00387 36 651 518IRELAND: 00353 1 443 4510
U.K.: 004420 3239 8662

Email: reservations@med-irishcentre.com
Website: www.med-irishcentre.com

Laying Down

11am – 3.30pm, Saturday 9 March, 2024. Clonard Monastery, Belfast.

Gentle mix of prayer, song, story and silence, led by Breige O'Hare. Time to rest and recover a simpler, slower sense of Lent. Space to meet the God who lived and died so that we might know how much we matter.

Donation: £10 (or whatever you can afford). Bring your own lunch. Tea, coffee provided. Booking is essential. To book, ring Clonard: 028 9044 595

Year 24/25 CHURCH ENVELOPES

Church collection envelopes for the 24/25 year will be available for collection at the back of the Churches in Bangor and Donaghadee from **Saturday 9th March**. If you have any queries relating to envelopes, please contact Craig in the Parish Office.

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **074 7751 7864**

Escorted Tour to Westport, Knock & Co Mayo, 10th March 2024. £799.00 pps. Price includes return bus from NI, 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Ashford Castle. Single supplement on Enquiry. Contact Patricia on 07740 175557 or 087 1890 236 or email knockpilgrimages@gmail.com.

• Towards Peace Spiritual Support Service

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/

Accord NI Catholic Marriage Care Service seeking Marriage Preparation Facilitators

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

	www.accordni.com		

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/

Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org
Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and
I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				