Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

Palm Sunday of the Lord's Passion, Year B – 24th March 2024

Your prayers are requested for

Recently Deceased: Nick Hart

Month's Mind:

Anniversaries:

Nellie McCluskey Bernard Brady
Marie Jenkins Jake McCoubrey
Kathleen McLaughlin Leticia Peńas
Martina Maria Smyth
Stephen Henderson Molly McCloskey
Theresa Donaghy Francie Farley
Rosemary Bryson Kathleen Rooney
Anthong Donaghy

ST COMGALL'S CHURCH, DONAGHADEE Sunday 24th March @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 23rd March @ 6.30pm and Sunday 24th March @ 10am and 12 noon

MASS TIMES FOR HOLY WEEK:

DAILY MASS NEXT WEEK 25th - 27th March @9.30am

Mass of Chrism 27th March @ 12noon - St Peter's Cathedral

Mass of the Lord's Supper 28th March @ 7.30pm

Stations of the Cross Good Friday @ 3pm

Good Friday Liturgy @7.30pm

Easter Vigil Saturday 30th March @ 9pm

BAPTISM REGISTRATION

Please register online SIDE BAR under **'Baptism Registration'**

The Parish Church (Church of Ireland),
Donaghadee, warmly invites you to
attend a Taize Service – of music,
prayer and meditation – on
Wednesday 27th March, at 7.30pm

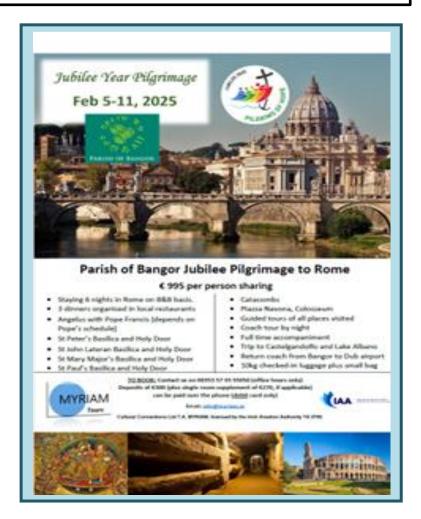
PENITENTIAL SERVICES

BANGOR - Mon 25[™] @7pm

BALLYGALGET -Tues 26th @6pm

PORTAFERRY -Tues 26th @7pm

At the request of Pope Francis, a special collection will be taken up for Christians in the Holy Land, in churches across the world on **Good Friday**, as their situation is desperate. Please be as generous as your means allow.



PARISH CENTRE - PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MENCAP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15 until 9.45pm	at 10.00am	Every fortnight at 6.00pm	(Girls aged 6-18)	Jitsu Club
			at 6.30pm	(Juniors 5-15yrs)
	IRISH DANCING	BADMINTON		6-7pm
	CLASSES	Every fortnight at 8.00pm	IRISH CLASS	
LECTIO DIVINA GROUP	at 6.00pm		At 7pm	
7.30pm – 8.30pm		FOLK GROUP		
[St Dympna's Room]	SVP	AT 7PM	CEILI DANCING	
	At 7.30pm		at 8.15pm	
		SENIOR CHOIR		
		At 8PM		
		SET DANSING SLASS		
		SET DANCING CLASS		
		At 8pm		

BOOKING OF PARISH CENTRE: Contact **Craig** in the parish office **028 9146 5522** or via email on

bangorparishaccounts@downandconnor.org

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

This year our Diocesan Pilgrimage to Knock will take place on Sunday 9th June.

We look forward to welcoming our new Bishop Alan to lead us for the first time.

I encourage parishes to consider organizing a coach perhaps in conjunction with neighbouring Parishes or as a Vicariate, perhaps for one day or overnight.

I would be grateful if parishes could contact me if they wish to plan a trip to Knock to join the Diocesan Pilgrimage or if they need any assistance or advice on planning. I can be contacted at:

v.cushnahan@downandconnor.org

Marriage Enrichment Weekend, 26 – 28 April 2024, Co. Kildare: an opportunity to energise communication and romance in your marriage! Visit: www.marriageencounter.ie/marriage-encounter-weekend

Ards cce coffee and music morning

Sunday 14th April after 10am and 12noon masses in the parish centre.

Ards cce pupils from parish schools will be touring in the footsteps of Columbanus to Italy in July.

Lovely music/treats and a cuppa. Please support.

trōcaire

We welcome everyone to our Trócaire Coffee Morning on **Sunday 24th March** after both masses. Big ballot prizes to be won. Please support.

Holy Hour St Comgall's Church Donaghadee

There will be a holy hour at St Comgall's Church, Donaghadee, to celebrate the Divine Mercy Sunday, **April 7th** at **2.45pm**. The theme for prayer will be peace.

FRIENDSHIP GROUP

The friendship group donated £50 towards the installation of a defibillator at Thomas McMullan's shop in honour of the Danny Mills Heart Foundation.

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **074 7751 786**

Escorted Tour to Westport, Knock & Co Mayo, 10 th March 2024. £799.00 pps. Price includes return bus from NI, 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Ashford Castle. Single supplement on Enquiry. Contact				
return bus from NI, 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Luncl on three days. All entertainment, excursions and transport included. Visit Knock, Galway City,				
Towards Peace Spiritual Support Service				
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/				

Accord NI Catholic Marriage Care Marriage Preparation Facilitators Service seeking				
Warriage Freparation Facilitators				
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.				
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as				
 ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators. If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage 				
 ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators. If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! Successful applicants will receive professional training and will be part of a team delivering 				
 ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators. If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally. 				

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/

Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				