

Parish of Bangor, Member of Ards Pastoral Community

23rd Sunday in Ordinary Time - 9 September 2018

Seeing Your Life Through the Lens of the Gospels

Mark 31-37

1. The healing of the deaf mute provides us with an opportunity to reflect on the importance of communication in our lives. The healing touch of Jesus brought the man from isolation into community. Who have been the people who touched you when you felt isolated and alone and helped you to come out of painful aloneness? For whom have you done this?
2. Deafness is symbolic of being unable to hear what is being said to us. What a difference when our ears are opened! Perhaps you can recall a time when your ears were opened and you heard in a new way that you were loved – by God or by another person.
3. Words are not the only form of communication. Actions can speak louder than words. Recall times when this was brought home to you.
4. Being able to say what is in you is the other side of communication. Perhaps there have been occasions when you have struggled to find words to express what is deepest in you – your faith, your values, your love. Then something changed and you found the words. What was it like to be able to express your deepest self?

*John Byrne OSA
emailjbyrne@gmail.com*

Sunday Mass Times this week:

Bangor: Vigil 6.30 pm,
10.30 am, 12.30 pm.
Donaghadee: Sun 9.30 am.
Ballyholme: 11 am.

Holywood: Vigil 6.30 pm;
10 am and 12 noon.

Newtownards: Vigil 6.30 pm; 11.30 am.

Comber: 10.00 am.

Weekday Mass Times:

Bangor: Monday - Friday 9.30 am

Ballyholme: No Mass at present.

Confessions: Sat 5.30 pm.

Children's Liturgy:

Every Sunday at the 10.30am Mass for children in primary school.

Baptisms: 1st and 3rd Sunday of the Month at 2pm. Register online at www.bangorparish.com under Sacramental Preparation. 4 week's notice must be given.

MUSINGS

'If we start without confidence, we have already lost half the battle and we bury our talents. While painfully aware of our own frailties, we have to march on without giving in, keeping in mind what the Lord said to Saint Paul: 'My grace is sufficient for you, for my power is made perfect in weakness' (2 Cor 12:9). Christian triumph is always a cross, yet a cross which is at the same time a victorious banner borne with aggressive tenderness against the assaults of evil. The evil spirit of defeatism is brother to the temptation to separate, before its time, the wheat from the weeds; it is the fruit of an anxious and self-centred lack of trust.'

Pope Francis, *Evangelii Gaudium* 85

Your prayers are requested for:

Recently Deceased:

Joan Hollywell, Pauline Morgan

Anniversaries

Patrick Coyle, Dan McCart,
Harry Shiels, Emmanuel Shiels,
Pauline Rogan.

*The second collection this weekend is
for the Parish Development fund.*

Perpetual Adoration

St Comgall's Church
Monday 10.30am-9.30pm

National Grandparents Pilgrimage

today Sun 9 Sept, Our Lady of Knock Shrine, Knock. Anointing of the Sick 2.30pm; Pilgrimage Mass 3pm.

Children's Liturgy: Volunteers are urgently required to help in a Rota of 1 in 4 weeks, please phone Lisa 07762788733. Any children attending the Children's Liturgy must have a parent consent form completed, forms at the back of the church.

Voice of Hope Concert

St Peters Cathedral Fri 14 Sept 7.30pm to mark World Suicide Prevention Day. Headlining this event - Peter Corry and guests The Priests and others. Tickets £10 from the Cathedral Office, Immaculata Youth Club, online at www.eventbrite.co.uk/e/voice-of-hope-belfast-tickets-46646393619. Proceeds will provide support and services to young people from all sections of the community in North and West Belfast on Mental Health Awareness, Suicide Prevention and Wellbeing. Contact Ronan for more details at info@alpsni.org or 07801481013.

Annual Belfast Pioneer Mass

Tues 18 Sept in St Malachy's Church, Belfast at 7pm. Everyone is welcome. Light refreshments afterwards. Anyone wishing to be presented with emblems/certificates contact Pat 9262 9959, Ian 9061 6601, Josephine 9061 7116, Roisin 9064 6957.

Marriage Encounter Weekend

The next Marriage Encounter Weekend will be held in Dromantine Conference Centre, Newry on 5 -7 Oct 2018. For more information and/or booking visit www.marriageencounter.ie or call 028 7135 9612 or (087) 784 0408.

Vacancy - Parish Centre Cleaner

The Parish are seeking to recruit a cleaner for 8 hrs per week to work in the Parish Centre. Full details relating to the vacancy can be found on the Diocesan website at: www.downandconnor.org/job-vacancies/ and the Community NI website. Terms and Conditions relating to the role can also be accessed there, together with the Job Description and Application form. Application packs are available from St Comgall's Parish Office. We welcome applications from anyone who feels they meet the criteria and are interested in playing an active part in the Parish. Applications must be received by 12 noon Fri 14 Sept 2018.

**Deep Listening" Retreat Day
Drumalis, Larne Sat 15 Sept 2018**

Third of 4 themed retreat days in "Meeting God Mindfully" with Maria Garvey. The day will run from 9:30 am to 5pm and costs £60. For further info contact 2827 6455/2827 2196 during office hours (Mon-Fri, 9-5pm). Details are also available on the Drumalis website: www.drumalis.co.uk

Beginning Experience

Are you suffering the pain of loss of a partner? Looking for help and understanding? Beginning Experience (a support group for widowed, separated and divorced people) meets every Wed evening 8-10pm in St Bride's Hall, Belfast. 1st weekly meeting and Information Session: Wed 26 Sept at 8pm. All welcome. For details please contact Phil Tel: 028 90 207645 or Marie Tel: 07896119669.

Marie Curie - 7km Twilight Walk

at the beautiful Barnett Demesne, South Belfast on Fri 28 Sep. You can sign up at www.mariecurie.org.uk/twilightwalk or call 90882060.

Overseas Volunteers Required!

Volunteer Carpenters, Builders, Media Specialists, Teachers, Accountants, Early Childhood Practitioners, Social Workers, Occupational Therapists, Farmers...required for placements on Missions in Africa, SE Asia and the Caribbean. No previous overseas exp required, no upper age limit! Volunteer training programme begins on 22 Sept in Dublin - open to all! Contact Viatores Christi for more information on +353 1-8689986 or email apply@viatoreschristi.com

St Comgall's Parish Youth Club

Open Night and Registration for the new term will be in the Parish Centre on:

Wed 12 Sept - 6.30pm-8.30pm

Club commences on: Mon 17 Sept P6, Wed 19 Sept P7, Fri 21st Sept Yr8+ Membership is £15 per child and £10 for each family member thereafter.

Job Opportunities: We have 2 vacant positions for Youth Workers - see jobcentreonline.com for details.

Volunteers: Interested in being a Junior Leader or Volunteer? St Comgall's Parish Youth Centre needs volunteers to help in the Youth Club.

Email comgallsyc@gmail.com or call 07754 423571 or call into the club and have a chat.

Rosary on the Coast for Life and Faith, Ireland:

Following the passing of the referendum removing the protection for unborn babies in Ireland we ask you to come and pray the Rosary on the Coasts of Ireland on 7 Oct 2018 for the protection of unborn babies and for the strengthening of the Catholic Faith here. Sign up to a location in Ireland. www.coastalrosaryireland.ie

**80th Anniversary of The
Dedication of St Anthony's Church**

You are invited to celebrate with us on Tues 16 October at 7.30pm. Concelebrated Mass with Bishop Noel Treanor, followed by a Reception in St Vincent's Centre. RSVP by Sat 29 Sept to Fr Henry McCann PP, email: stanthonys@downandconnor.org or mobile 077 4060 3643.

NI Hospice Big Coffee Break:

Get together with your church group to pop the kettle on and help raise vital funds for Hospice! You can host your coffee break any date from 20 Sept to 30 Nov. Register today at www.nihospice.org

Family Care Adoption Services

is seeking to recruit adoptive families for babies and young children. For a free information pack ring 7136 8592 or 9069 1133 Mon-Fri 9-5 pm, email: anne.ohagan@familycare.society.org, www.familycaresociety.co.uk

Badminton Club for Adults:

Recommences this Wed 12 Sept in the Parish Centre from 8.30pm. This is a non-competitive club with all abilities. Come along and join us for some fun and exercise.

Fr Gunn/Parish Office Tel: 9146 5522, 27 Brunswick Road, Bangor.

Website: www.bangorparish.com

Email: bangor@downandconnor.org Office hours Mon-Fri 9.30am-1pm.