

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS

T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

Third Sunday of Lent, Year C – 23rd March 2025

Easter Duty - every Catholic is required under pain of sin to receive Holy Communion worthily once between Ash Wednesday and the Feast of the Blessed Trinity

Your prayers are requested for

Recently Deceased:

MATEA RANIT
NILA APACIBLE
ARTURO DUCUSIN

Anniversaries:

WINIFRED O'NEILL
BERNARD BRADY
JOHN (SEAN) MCMANUS
MARIE JENKINS
KATHLEEN MCLAUGHLIN
HARRY SHIELDS
JAMES LENNON
MOLLY MCCLOSKEY
MARY ANDERSON
JOHN ANDERSON
JAKE MCCOUBREY
STEPHEN ANDERSON
LETICIA PEÑAS
NELLY MCCLUSKEY
ANN & JIMMY BRESLIN
TERESA & ANTHONY DONAGHY
FRANCIE FARLEY
BARNEY & MARY MCCAUGHEY
NUALA MARTIN

St COMGALL'S CHURCH DONAGAHADÉE

Sunday 23rd March @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 22nd March @ 6.30pm and
Sunday 23rd March @ 10am and 12noon

MASS TIMES NEXT WEEK:

DAILY MASS Mon 24th – Fri 29th March @ 9.30am

"On Tuesday, we celebrate the feast of the Annunciation of the Lord, the day we commemorate when the Lord Jesus took on human flesh. Let us pray that all expectant mothers and fathers will be given the grace of God and the help of the Blessed Virgin Mary. Lord hear us"

BAPTISM REGISTRATION

Please register online **SIDE BAR** under
'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

trócaire

COFFEE MORNING

SUNDAY 6TH APRIL

ALL WELCOME

BIG BALLOT PRIZES

Trócaire needs your support to respond to
disasters and emergencies



**ST COMGALL'S
PARISH CENTRE**

Cuppa & Connect:

*Sunday 23rd March after 12nd mass

*Sunday 30th March No Cuppa & Connect - Mothering Sunday

Family Fun Night 🍷 🍕 🍷

Friday 28th March 6.30pm in Parish Youth Club. Pizza for the children & tea/coffee/biscuits for Parents. £3 per child

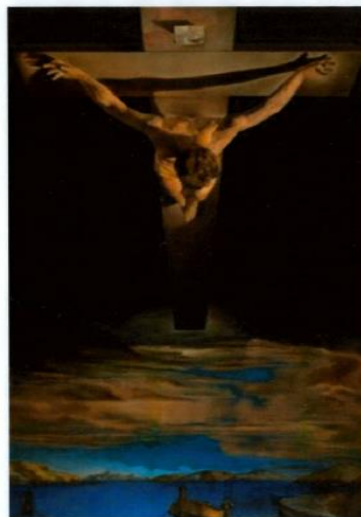
Please register your attendance by contacting the committee email stcomgallspcc@gmail.com

All parents must remain with their child/children.

Easter Family Ceili Saturday 12th April @ 4pm - All welcome for an evening of fun, dancing, light supper and craic.

Easter treats for all children 🍌 🍷 🍷

The Crucifixion Stainer



Sunday 6th April 6.30pm

Fr Eugene O'Hagan - tenor

Seamus Brady - bass

Joe McKee - organ

Mark Wardil - director of music

The choir of Bangor Abbey

"To [the] words Stainer added his music, writing some of the most memorable hymn-tunes we shall ever hear; and showing a rare sense of understanding in painting the text with music that is both thoughtful and dramatic, whilst also giving us the sublime and unsurpassed ... setting of God So Loved The World."

Barry Rose (Guildford Cathedral/St Paul's London)

PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room] BADMINTON NOW WEEKLY at 8 to 9pm [Main Hall]	FRIENDSHIP CLUB at 10.00am [Minor Hall] IRISH DANCING CLASSES at 6.00pm to 8.30pm [Main Hall] SVP at 7.30pm to 9.30pm [St Dymphna's Room]	PARENTS & TODDLERS 10am [Main/Minor Hall] MEDITATION GROUP at 12pm to 1.30pm [St Dymphna's Room] MENCAP Every fortnight at 6.00pm [Main/Minor Hall] FOLK GROUP AT 7pm [St Dymphna's Room] SENIOR CHOIR At 7.30pm [St Dymphna's Room]	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall] IRISH LANGUAGE CLASS At 7pm to 8pm [St Dymphna's Room] CEILI DANCING at 8.15pm to 9.30pm [Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall] Discussion Group At 7.30pm – 9pm [St.Dymphna's Room]

Step forward as a *Pilgrim of Hope* this Lent!

As we journey through the Jubilee Year, Pope Francis invites us to be Pilgrims of Hope – people who walk in faith, supporting one another and deepening our relationship with Christ. We invite you to join us for our Lenten program, *Pilgrim Hearts – Walking in the steps of Jesus this Lent*, a 6 week Lenten journey inspired by the Sunday gospels and the lives of the Irish saints who embraced faith in times of challenge. From St Patrick's prayers on the mountain to St Brigid's acts of compassion, their lives remind us that holiness is lived in simple, everyday choices. They were the great heralds of the Christian faith in Ireland.

Evangelisation begins with an invitation! Who in your life might need this journey? Invite a friend, a family member, or someone who perhaps has been away from Church for a while. Your invitation could be the start of their pilgrimage of hope.

All are welcome! For more details contact the parish office or Derek on the number below.

Venue: Most Holy Redeemer, Ballyholme

Date: Sundays during Lent, 9th, 16th, 23rd, 30th March, 6th & 13th April

Time: 5pm to 6.30pm

Contact person: **Derek 075 4936 2907**

Please visit the Parish website for the course resources.

COFFEE MORNING Sunday 30 March after both masses

ARDS CCE All Ireland 2026 Fleadh bid musicians and dancers

Fundraiser for the 15-18 age group going to Italy in July 2025.

These are children of Parish Schools going to follow in the footsteps of St Columbanus.

SENSORY MASS

There will be a **Sensory Friendly Mass** at St Colmcille's Church, Ballyhackamore, Belfast, on **Saturday 29th March at 10.00am**.

We welcome and embrace neurodiverse persons and those with sensory needs, both young and older.

Join us for a sensory friendly liturgy, which includes lower lights, softer music, and literal homilies.

Feel free to get up and move if needed, bring alternative seating, use quiet fidgets or noise cancelling headphones.

Come celebrate the Eucharist in an environment free of stigma. Please contact n.dunn@downandconnor.org to express your interest, or for enquiries.

Eucharistic Adoration

Calling **ALL ADORERS** of the Blessed Sacrament in **DOWN & CONNOR DIOCESE**

National Eucharistic Adoration Pilgrimage to Knockon Sunday 6th April (weekend of 5th Sunday of Lent)

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

- **Towards Peace Spiritual Support Service**

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>

Accord NI Catholic Marriage Care Preparation Facilitators **Service seeking Marriage**

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com

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ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

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