

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

Seventh Sunday in Ordinary Time, Year C – 23rd February 2025

Your prayers are requested for

Recently Deceased:

NORMAN MCNEILL
ANNE MCCLELLAND

Anniversaries:

MARY LARKIN
TONY HILL
MICHAEL DEVLIN
ELLEN CURRAN
ANNIE LOUISE WILSON
THOMAS DONOHUE
ANDREW WRIGHT
TOM MCSHERRY
MARY HAMILTON
GARETH SMITH
ELIZABETH DICKSON
KAY MACKENZIE
IRENE THOMPSON
FR JOHN COURTNEY

MOST HOLY REDEEMER BALLYHOLME

Sunday 23rd February @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 22nd February @ 6.30pm and
Sunday 23rd February @ 10am and 12noon

MASS TIMES NEXT WEEK:

Monday 24th – Friday 28th February 2025 @ 9.30am

BAPTISM REGISTRATION

Please register online **SIDE BAR** under
'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

The Parish Pastoral Council in St Columcille's Holywood has been organising monthly talks for parishioners. Mr Noel Doran former editor of the Irish News will give our monthly talk on **Wednesday 26th February at 7pm** in the church.



**ST COMGALL'S
PARISH CENTRE**

Cuppa & Connect:

- *Sunday 23rd February after 12md mass
- *Saturday 2nd March after 12md mass
- *Sunday 09th March after 12md mass
- *Sunday 16th March No Cuppa & Connect - St. Patrick's weekend
- *Sunday 23rd March after 12md mass
- *Sunday 30th March No Cuppa & Connect - Mothering Sunday

Save the date - Easter Family Ceili Saturday 12th April -
more details to follow 🍷 📖 📱

New Defibrillator has been installed & is located on the right hand wall to the main entrance of our Parish Centre.
Our Holy Shop items continue to be sold at each Cuppa & Connect.
We hold a small stock of bibles, missals & candles.
Catalogues available to browse through to order specific Holy items and for all upcoming sacraments including First Holy Communion and Confirmation.

Saturday 29 March

Renewal For Ministers of the Eucharist & Ministers of the Word.

**St Patrick's Community Centre,
Portaferry**

Arrive 9:30 AM for 10:00 AM start

Session concludes at 1:00 PM

**A morning of reflection, renewal,
and spiritual enrichment for all
who serve in these ministries.**

**Join us as we deepen our
understanding of our roles and
grow together in faith.**

PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room] BADMINTON NOW WEEKLY at 8 to 9pm [Main Hall]	FRIENDSHIP CLUB at 10.00am [Minor Hall] IRISH DANCING CLASSES at 6.00pm to 8.30pm [Main Hall] SVP at 7.30pm to 9.30pm [St Dymphna's Room]	PARENTS & TODDLERS 10am [Main/Minor Hall] MEDITATION GROUP at 12pm to 1.30pm [St Dymphna's Room] MENCAP Every fortnight at 6.00pm [Main/Minor Hall] FOLK GROUP AT 7pm [St Dymphna's Room] SENIOR CHOIR At 7.30pm [St Dymphna's Room]	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall] IRISH LANGUAGE CLASS At 7pm to 8pm [St Dymphna's Room] CEILI DANCING at 8.15pm to 9.30pm [Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall] Discussion Group At 7.30pm – 9pm [St.Dymphna's Room]

Cap On The Wall will be putting on 2 sensational shows of Irish music song and dance, with special guests , all Ireland champions and lead dancer from riverdance , Lauren Smyth.

Sat 15th March St Patrick's hall Newtownards

Sunday 16 March St Comgall's Parish Centre Bangor.

Tickets £10 from Thomas shop Brunswick road Bangor or on Eventbrite.

Both shows will have licensed bars and fabulous ballots. Stew also available at the Ards show.

Mary's Meals -Emergency in Southern Africa

Southern Africa is experiencing its worst drought in 100 years, with an estimated 21 million children in the region suffering from malnutrition. Mary's Meals works in four of the worst effected countries (Malawi, Mozambique, Zambia and Zimbabwe) providing vital daily school meals to 1.5 million hungry children. To help Mary's Meals keep providing these life-changing meals and reach more children in need, please keep our work in your prayers and consider donating to this appeal. 10p provides a school meal. Find out more at www.marysmeals.org.uk or freephone 0800 698 1212

Step forward as a *Pilgrim of Hope* this Lent!

As we journey through the Jubilee Year, Pope Francis invites us to be Pilgrims of Hope – people who walk in faith, supporting one another and deepening our relationship with Christ. We invite you to join us for our Lenten program, *Pilgrim Hearts – Walking in the steps of Jesus this Lent*, a 6 week Lenten journey inspired by the Sunday gospels and the lives of the Irish saints who embraced faith in times of challenge. From St Patrick's prayers on the mountain to St Brigid's acts of compassion, their lives remind us that holiness is lived in simple, everyday choices. They were the great heralds of the Christian faith in Ireland.

Evangelisation begins with an invitation! Who in your life might need this journey? Invite a friend, a family member, or someone who perhaps has been away from Church for a while. Your invitation could be the start of their pilgrimage of hope.

All are welcome! For more details contact the parish office or Derek on the number below.

Venue: Most Holy Redeemer, Ballyholme

Date: Sundays during Lent, 9th, 16th, 23rd, 30th March, 8th, 13th April

Time: 5pm to 6.30pm

Contact person: Derek 07549362907

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clondeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted via the Parish office

- Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>**

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- Accord wants to hear from you!

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

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composed by Saint Alphonsus Liguori

for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

JANUARY 2024

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