

# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
T: (028) 9146-5522 E: bangor@downandconnor.org W: [www.bangorparish.com](http://www.bangorparish.com) Office Hours: Monday to Friday, 9.30am-1.30pm

## SUNDAY MASS TIMES This weekend:

### Bangor: (PARISH CENTRE)

Vigil 6.30pm;  
Sun 11.00am

### Donaghadee:

Sun 9.30am.

### Ballyholme:

Sun 12.30pm.

## WEEKDAY MASS TIMES:

### MOST HOLY REDEEMER

at 9.30am Monday-Friday

### Confessions:

**Bangor:** Sat 5.30 pm and  
after all Masses.

### Weekend Mass in the Pastoral Communities

**Holywood:** Vigil 6.30pm;  
Sun 10am & 12noon.

### Newtownards:

Vigil 6.30pm; Sun 11.30am.  
**Comber:** Sun 10.00am.

### Baptisms: 1st and 3rd

Sunday of the Month at  
2pm. Register online at  
[www.bangorparish.com](http://www.bangorparish.com)  
under

### Sacramental Preparation.

2 month's notice required.

## PERPETUAL EUCHARISTIC ADORATION

Every Monday  
**10.00am to 9.30pm**

Will be in **Most Holy  
Redeemer Church,**  
Ballyholme.

### Marian Prayer Group

Meet every Thursday  
evening for 1 hour. 6.30-  
7.30pm. Meditation on the  
Rosary for the unborn,  
Divine Mercy Chaplet.

Will be in **Most Holy  
Redeemer Church,**  
Ballyholme.

### ST COMGALL'S, Bangor PARISH CENTRE

During the 20 weeks of work on  
St Comgall's Church to allow for  
the setting up of the Vigil Mass &  
Sunday Mass with seating,  
there will be no bookings for the  
Main Hall on Saturdays.

## 22<sup>nd</sup> Sunday in Ordinary Time – 1 September 2019

### Theology of the Body - Down and Connor

Invite you to an introduction to Pope John Paul II catechises  
on the Theology of the Body starting on Wednesday 4<sup>th</sup>  
**September** running for 7 sessions until Wednesday 16<sup>th</sup>  
October. Venue: St Patrick's Church, Downpatrick BT30 6DN  
- in the Crypt of the Church "Patrick's Place" – once in the  
carpark travel to the right around the side of St Patrick's  
Church. Light refreshments provided.

Time: 8.10pm – 9.30pm Over 18s. Contact Maureen  
T:07719 284 747 or Geraldine T: 07719 284 738 or

### THURSDAY 5<sup>TH</sup> SEPTEMBER 2019

Our Lady and St Patrick's College, Knock will hold an  
Information Evening at 7.30 pm for the parents of P7 pupils who  
are seeking entry to Year 8 in September 2020.

**Café Donaghadee** has raised £103 towards the Night Shelter,  
Belfast and will be donating all the clothing raised by the  
parishioners in response to our appeal over the summer. Thank  
you for your generous response yet again!

**First Saturday Devotion of Reparation** as requested by Our  
Lady of Fatima will take place in St Joseph's Church, Killough,  
Chapel Street, BT30 7QJ on **Saturday 7th September:**  
Exposition of the Blessed Sacrament 8.30am; Sacrament of  
Reconciliation from 8.45 to 9.45am; Rosary of the Blessed Virgin  
Mary at 9.00am; Meditation on the Mysteries of the Rosary at  
9.30am, Holy Sacrifice of the Mass at 10.00am.

### NI Blood Transfusion Service

GIVE BLOOD – SAVE LIVES, Wesley Centenary Methodist Church  
Hall, Hamilton Road, Bangor – **Thursday 5<sup>th</sup> & Friday 6<sup>th</sup>**  
**September.** 1.30pm-4pm & 5.15pm-8pm Text Blood to 60081



### Your prayers are requested for:

**Recently Deceased:** Sean O'Kane,  
Elizabeth O'Brien, Fenton Lyons, Kathleen Griffin.

### Anniversaries:

Bernie Denvir, Loretta Brennan, Rosaleen Gibson,  
Thomas Leonard, Elizabeth Devlin, Austin Kernan,  
Paddy McIlroy.

### Seeing Your Life Through the Lens of the Gospel of Saint Luke 14:1,7-14.

1. The parable brings our two contrasting experiences, but each in its own way can be a moment of grace, a moment of truth, a moment of growth. You may be able to recall such experiences in your life. In the first (verses 8,9) we discover that we had claimed a place that is too high for us; we are not as selfless, generous or compassionate as we thought we were. In the second (v.10), others point out a goodness in ourselves that we may not have acknowledged to ourselves. How have you grown through such experiences?
2. In verses 12-14, Jesus warns us against the danger of ulterior motives in doing good. We can do good things partly because of the benefit we will get from what we do. That is natural but can lead to disappointment and resentment when our expectations are not met. When the good deed in itself is our reward we have a greater freedom. Praise will be a bonus, but is not necessary. What does your life experience tell you about this?

John Byrne OSA, E: [jbpbbyrneosa@gmail.com](mailto:jbpbbyrneosa@gmail.com)

**St Vincent de Paul  
Helpline 077 0367 9384**

### WELCOME ROTA DURING AUGUST

**6.30 pm** Mass -  
Anne Mc Cabe and  
Una Sweeney  
**11.00 am** Mass -  
Elaine Le Mahieu  
and Charlie Taylor

**Holy Hour and  
Exposition** in  
St Comgalls Church  
Donaghadee on Sunday  
**1<sup>st</sup> September** at  
2.45pm. All welcome.

**Lough Derg 2019:  
One Day Retreats**  
resume on Saturday  
17<sup>th</sup> August and  
continue on specific  
days until Sunday 29<sup>th</sup>  
September. For  
bookings or further  
information telephone  
Maureen or Lorraine on  
071 9851518 (from NI  
00353 71 9861518).  
Email: [info@loughderg.org](mailto:info@loughderg.org)  
[www.loughderg.org](http://www.loughderg.org)

**4 page Bulletin this  
week!** To  
accommodate all the  
notices....

## PARISH CENTRE GROUPS

<b>Badminton Club</b> Venue: Main Hall.	Starting Wednesday 4 <sup>th</sup> September - Every Wednesday: 8.30pm - 9.30pm
<b>Bible Study</b> Venue: St Dymphna's Room.	Starting Thursday 12 <sup>th</sup> September - Every Thursday: 7.30pm - 9.00pm
<b>Bridge Club</b> Venue: Minor Hall.	Starting Monday 2 <sup>nd</sup> September - Every Monday: 7.30pm - 10.00pm
<b>Irish Language Group</b> Venue: St Columbanus Room, Ceili Dancing-Minor Hall.	Starting Thursday 5 <sup>th</sup> September - Every Thursday: 7.00pm - 8.00pm St. Colum.Rm - Every Thurs Ceili Dancing: 8.15pm-9.30pm M.Hall <i>Contact: Harry 9146-2055</i> [Language 1 <sup>st</sup> & 2 <sup>nd</sup> Year 7.00pm-8.00pm]
<b>Friendship Club</b> Venue: Minor Hall.	Starting Tuesday 10 <sup>th</sup> September - Every Tuesday: 10.00am - 12noon
<b>Meditation Prayer Group</b> Venue: St Columbanus Room.	Starting Tuesday 10 <sup>th</sup> September - Every Tuesday: 10.00am - 11.00am
<b>Mothers &amp; Toddlers Group</b> Venue: Minor Hall.	Starting Thursday 5 <sup>th</sup> September - Every Thursday: 10.30am - 12noon
<b>Scoil Rince Cosa in Airde</b> Venue: Main Hall.	Starting Tuesday 3 <sup>rd</sup> September - Every Tuesday: 6.00pm - 9.00pm
<b>St. Comgall's Brigins</b> Venue: Main Hall.	Starting Thursday 5 <sup>th</sup> September - Every Thursday: Cygnets: (p1/p2) 5.45 - 6.30pm Aged 6-10: 6.30 - 8.00pm
<b>Youth Club</b> Venue: Youth Room, Sports Hall.	Starting Monday 2 <sup>nd</sup> September - Every Mon, Wed, Fri: 6.00pm - 9.00pm
<b>Whist Club</b> Venue: Minor Hall.	Starting Friday 6 <sup>th</sup> September - Every Friday: 1.30pm - 3.30pm

<b>Baptism Course –</b> Pre-Sacramental Parents & God-parents Evening.	2 <sup>nd</sup> Tuesday of the Month 7.00pm until 7.45pm	Venue: St Columbanus & St Cecelia Rooms [Through the green fence 2 <sup>nd</sup> Floor of Parish Centre]
<b>Children's Liturgy</b> <i>Registration Forms must be completed and will be given out at the first session.</i>	Starting Sunday 1 <sup>st</sup> September 11am Mass: <i>After the welcome &amp; opening prayers for the entire congregation by the priest, the children will be called forward and sent out with the leaders.</i>	Venue: St Dymphna's Room 1 <sup>st</sup> Room on the left.

<b>SACRAMENTAL PREPARATION CLASSES</b> 1 <sup>st</sup> Penance & Holy Communion and Confirmation Classes.	<ul style="list-style-type: none"> <li>1<sup>st</sup> Penance &amp; Holy Communion Classes - Starting Sunday 6<sup>th</sup> October for P4 children attending other primary schools from the Bangor area.</li> <li>Confirmation Class date to be confirmed.</li> </ul> <p>Please register your interest by contacting the parish office during office hours or by email. <a href="mailto:bangor@downandconnor.org">bangor@downandconnor.org</a></p>
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### DATES FOR YOUR DIARY! AND OTHER NOTICES....

#### Volunteers Needed St. Comgall's Girl Guide Unit

Do you like working with children? Are you over 18? Can you spare 2 hours a week? If YES! St. Comgall's Brigins (aged 6-10) are looking for helpers on a Thursday evening from 6.30-8pm and Cygnets (p1/p2) 5.45-6.30pm. No experience necessary, full support and training provided. If interested or for more information contact Yvonne 07851144222 or email [stcomgallsguideunit@gmail.com](mailto:stcomgallsguideunit@gmail.com)

#### **6WKS – STARTING THURSDAY 5<sup>TH</sup> SEPTEMBER**

The Eucharist / The Mass - Well, what's it really all about, why do we gather together to celebrate the Eucharist/Mass, and do we truly know the depth of this treasure of love and the true difference it can make? Discover the true meaning of Mass! The Knights of St Columbanus and Newtownards and Comber Parish Pastoral Council would like to take you on a journey of "Unpacking Mass". Individual elements of Mass will be explained with the use of Bishop Baron's DVDs followed by **an informal group discussion over 6 weeks** starting **Thursday, 5 September at 7pm** in the Minor Hall, St Patrick's, Newtownards.



#### **FAITH AND LIFE CONVENTION 2019**

Online bookings for this year's [Faith and Life Convention](#) are now open. We hope that you will be able to join us on **Saturday, 28 September 2019** at Our Lady and St Patrick's College in Belfast.

This year our theme for the convention is ***Faith in a Better World*** and our Keynote Speaker will be Michel Camdessus. Michel is the former Director of the International Monetary Fund (IMF) and a member of the Pontifical Council on Justice and Peace. Our keynote speech will be followed by a panel discussion where together we can reflect on the variety of issues that we face in society today. The highlight of the day for many people is the variety of workshops on offer and this year we have an impressive line-up of local and international speakers. The convention is an excellent opportunity to network with others from the Diocese and beyond. We look forward to welcoming you and having an enjoyable day where we can encourage one another to be people of active faith in our society. [www.faithandlifeconvention.org/](http://www.faithandlifeconvention.org/)

## EXTRA PARISH NOTICES AND OTHER NOTICES OF INTEREST!

### MONDAY 2ND SEPTEMBER

Healing Mass devotion to St Pio @ 7.30 PM in St. Mary's Star of the Sea Church, Killyleagh Saint Pio's Relic will be available before and after mass. This is a special mass as it marks the 3 year anniversary of this monthly mass and there will be the sacrament of anointing of the sick.

### PARISH INITIATIVE

#### SUNDAY 13TH OCTOBER – (2pm-3.30pm)

**COASTAL ROSARY FOR LIFE, FAITH AND LOVE.** Join in with thousands of people all around Ireland, as we gather on our coasts, near rivers, in our churches, at grottos etc. to pray the Rosary for Life, Faith and Love on Sunday October 13th at 2.30pm. We will join in with many countries around the world. We will meet beyond Pickie Park at the first beach cove at Stricklands Glen. We will gather from 2pm onwards to say the Rosary and the prayers of Consecration to the Sacred Heart and the Immaculate Heart of Mary.

St Comgall's Marian Prayer Group will co-ordinate this event. All welcome please bring your families and friends. Let's decide to offer reparation and be a part of the movement of love and life!

#### St Vincent De Paul: Clare Lodge, Newcastle

Why spend Christmas or New Year alone when you can be among friends and have company.

- Christmas breaks from 24th December – 27th Dec
- New Year 30th December – 2nd January (Accommodation & full board meals) - (single room occupancy £175.00) (Sharing room £145.00)

Alternatively, if you just wish to spend the day having Christmas Dinner and Evening Tea or New Year's Dinner & Evening Tea in the company of others for the cost £20.00 (numbers for day visit limited to 20 people) All bookings to be made in advance. For further information and any queries, please contact Clare Lodge Reception on 028 4372 2849 or email [clare.lodge@svpni.co.uk](mailto:clare.lodge@svpni.co.uk) (All special dietary meals catered for via prior arrangement).

#### Storehouse North Down (food bank)

are now operating from our new premises at 12 Balloo Avenue BT19 7QT. Our hours will be the same: MONDAY AND THURSDAY 2PM - 4 PM.

### WEDNESDAY 11TH SEPTEMBER

Anam Cara Belfast the organisation that supports bereaved parents, is holding a Bereavement Information Evening on 11th at 7:20pm in the Crowne Plaza Hotel. This is a free event and open to all bereaved parents. As Anam Cara will need to confirm numbers for teas, coffees, etc, please RSVP to [info@anamcara.ie](mailto:info@anamcara.ie) before Tuesday 10th September or call T: 028 9521 3120

### FRIDAY 13TH SEPTEMBER

Are you still thinking about joining your parish Bethany Bereavement Support Group? Just to remind you that the final date to return application forms in order to facilitate interviews, is Friday 13 September. Completed forms should be sent to: Bethany Bereavement Support, 120 Cliftonville Road, Belfast BT 14 6LA Or, for any information regarding this, please contact Claire Dowds on: T:075 5788 2183 or email: [bethanybereavementni@gmail.com](mailto:bethanybereavementni@gmail.com)

### MONDAY 16TH TO SATURDAY 22ND SEPTEMBER

Silent Retreat: Theme: "If you but knew the gift of God..." Preached by: Fr. Kilian Byrne Venue: Ards Retreat Centre, Letterkenny, Co. Donegal. Cost: €390 full board Contact: Helen : 086 1678027/ [hellywilliams@gmail.com](mailto:hellywilliams@gmail.com) [www.foyerofcharity.ie](http://www.foyerofcharity.ie) A privileged time to come away from noise and distractions, and listen to the Spirit of God, - Who is Love. Silence, prayer, teachings & liturgy of the Church.

### MONDAY 16TH SEPTEMBER (starting)

Growth in Prayer and Reflective Living: In association with the Ignatian Spirituality Centre, Glasgow. This is a one-year programme (30 x 2.5 hour sessions) for those who want a closer relationship with God, who struggle with prayer, who want to make choices that are in tune with God's dream for the world. No expertise in prayer or reflection is required. The first session is on Monday 16th September beginning at 7 pm. For further details, please contact Drumalis during office hrs T: 2827 2196 or email [maura@drumalis.co.uk](mailto:maura@drumalis.co.uk)

### WEDNESDAY 18TH SEPTEMBER

The Belfast Pioneer Region are holding their Annual Mass in St Agnes' Church, 141 Andersonstown Rd. Belfast 11 beginning at 7pm. If anyone wishes to be presented with gold, silver or other Pioneer emblems /certificates, please contact Pat 9262 9959, Roisin 9064 6957, Josephine 9061 7116 or Mary 9442 3956 as soon as possible. All Pioneers and friends are welcome. Light refreshments afterwards.

### THURSDAY 19TH SEPTEMBER

"Get Together", a community of bereaved families, invites you to our "From Inside Out" conference on 9 a.m.-5 p.m. at Riddel Hall, Belfast. The most frequently voiced fear by those wanting to support bereaved children is "What if I say the wrong thing?". Want to know more about helping families find community in the midst of trauma and grief?. Come to the 'From Inside Out' Conference on 19-9-19 to learn directly from bereaved children and families what they need: <https://www.cruse.org.uk/from-inside-out-conference> or contact [maria.mcentee@cruse.org.uk](mailto:maria.mcentee@cruse.org.uk) or 02890792419 for more information. Cost- £99 full day £50 half day.

### MONDAY 14TH to SUNDAY 20TH OCTOBER

Silent Retreat- Theme: "If you but knew the gift of God..." Preached by: Fr. Kilian Byrne Venue: Dromantine Retreat Centre, Newry, Co. Down Date: October 14th to 20th Cost: £410stg full board Contact: Helen : 00353 86 1678027/ [hellywilliams@gmail.com](mailto:hellywilliams@gmail.com) [www.foyerofcharity.ie](http://www.foyerofcharity.ie) A privileged time to come away from noise and distractions, and listen to the Spirit of God, - Who is Love. Silence, prayer, teachings & liturgy of the Church.

### FRIDAY 15TH – SUNDAY 17TH NOVEMBER

The Joy of Love in Marriage - A Marriage Enrichment Weekend offers married couples (of all ages) private time to rekindle the joy of their love. The next Weekend (residential) will be at The Lake Hotel Killarney. For info. and to book, visit [www.marriageencounter.ie](http://www.marriageencounter.ie) or call 07702-812321 or+353 87 784 0408.

## **PILGRIMAGES**

Special Belfast Christmas Pilgrimage to the Holy Land €1,795 || Special Belfast Pilgrimage to the Holy Land 31st October for Halloween 8 nights €1,685.

Taking in Bethlehem, Jerusalem Mount Tabor, Cana, Nazareth, Jericho, River Jordan, Dead Sea and Sea of Galilee. || Special Belfast Fatima Pilgrimage for Miracle of the Sun on 13th October €759 Prayers, Mass and Hungarian Stations of the Cross in Fatima.

Contact James Treacy 00353 860572216 All ex Dublin

**TinyLife**, is currently recruiting for Family Support Volunteers to help us offer practical support to families of premature babies. Volunteers are urgently required in the following areas:- Omagh, Enniskillen, Fermanagh - Newry, Newcastle, Lurgan, Portadown & Armagh. You must be aged 22 + and be able to volunteer for one morning or afternoon each week. Full training will be delivered on Saturday 14th, Wednesday 18th and Saturday 28th September (attendance is required on all 3 days) If you are interested, please contact us at: Email: [info@tinylife.org.uk](mailto:info@tinylife.org.uk) Telephone: 028 9081 5050

## **Trócaire**

Caoimhe de Barra, Chief Executive Officer of Trócaire, has written to thank the parishioners and priests of Down and Connor for their much-valued contribution to the mission of Trócaire. Last year Trócaire supported 2.9 million people in some of the poorest countries around the world. The Annual Report for 2018/19 details the work of the organisation and its continued impact, both overseas and here in Ireland. To access this report click the following link:

[https://www.trocaire.org/sites/default/files/trocaire\\_annual\\_report\\_2018-19.pdf](https://www.trocaire.org/sites/default/files/trocaire_annual_report_2018-19.pdf)