

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 9.30pm to 1pm.

3rd Sunday in Ordinary Time C, 22/23 January 2022

Good News! In response to relaxation of Covid Regulations the parish will take the following steps:

1. St Comgall's Church Brunswick Road, Bangor – cleaning will continue as usual after each Mass but the Church will be reopened for the rest of the day to facilitate private prayer. People visiting the Blessed Sacrament will be required to sanitise their hands on arrival and departure. The doors of the Church will be left open to encourage ventilation.
2. Beginning on Sunday 6th February there will be 9am Mass in St Comgall's, Donaghadee and on each Sunday in February. In March there will be 9am Mass in Most Holy Redeemer Church on each Sunday of March. Sunday Mass will alternate between these two Churches on a monthly basis. Experience from other parishes has shown that monthly rather than weekly rotation of Masses causes less confusion for parishioners.

This new arrangement is entirely dependent on the continuing generosity of our 86yr old Fr Whyte in saying a Sunday Mass for which all of us are so grateful.

The context for this new arrangement is as follows. Priests retire at the age of **75**yrs. At the moment Down and Connor has **87** active priests under **75** for its **87** parishes. In twenty years it is projected that there will be **33**.

The Diocese has responded to the drastic change in the age profile of priests by

- 1) Creating Pastoral Areas; in our case stretching from Holywood to Portaferry.
- 2) Appointing one priest to take charge of 2 or more contiguous parishes as is the case in:
 - a) Ballygalget & Portaferry,
 - b) Cushendall & Cushendun,
 - c) Carnlough & Glenarm,
 - d) Portrush, Bushmills & Portstewart,
 - e) Glenravel & The Braid,
 - f) Castlewellan & Kilcoo.

In any parish all arrangements are provisional by definition. The test for Mass Times will be to see if they work. If not they can be altered subject to availability of priests and the geography of the parish. Your cooperation and understanding are kindly requested and your prayerful support is vital.

Volunteers will be needed to deep clean the Churches before reopening and to sanitise parishioners and to clean the Church after Mass. If you are in a position to offer your services please contact the parish office. This partial reopening of our Churches represents the start of a return to normal parish life but we must continue to observe government anti-Covid Regulations and Diocesan Guidelines.

SUNDAY MASS TIMES THIS WEEKEND

Saturday vigil 22nd January @ 6.30pm
Sunday 23rd January @ 10am & 12noon

3rd Sunday in Ordinary Time C

NO REGISTRATION NEEDED

ALL MASSES ARE SUBJECT TO DIOCESAN REGULATIONS.

SUNDAY MASSES

Admittance will be on a first come first served basis and if the permitted number is exceeded a notice to that effect will be posted on the Church door.

Safety of parishioners and welcome to all, particularly families are joint top priorities. **Please note that the Covid sanitising regulations have not changed and will continue to be strictly observed.**

DAILY MASS NEXT WEEK – 24th to 28th January

Monday to Friday at 9.30am

[may be changed at short notice due to a funeral]

We have a number of Masses including funerals recorded. These can be accessed when you click on the link below:

www.churchservices.tv/bangor



Your prayers are requested for

Month's Mind: Mona Fox

Anniversaries: Brendan McDowell, Noreen Gunn, John Walsh, Dymphna Lillie, Mollie Hall, Alan George, Eileen & Harry Morrow, Tommy Jennings, Thomas Doherty, Maeve Hagan, Luke McCann, Ethna Caughey, Martin Beagon, John McMullan, Rose Davidson, Ellen Rally, Comgall Storey, Patrick Hinds, John McAloon, Anne McGlinchey, Rosaleen Lennon, Paula O'Driscoll, Ann Fox, Hannah Flannery, Maureen Murray, Mick Seeley, Lilian & Frank Sullivan, Vincent Coulter, Robert Lowry, Prof. James Dunwoody, BC Joy.

BAPTISM REGISTRATION

Evenings only until further notice at 7pm.

Wednesdays and Thursdays.

Please register online SIDE BAR under 'Sacramental Preparation'

Mass is Live Streamed and can be accessed via the Parish Website

www.bangorparish.com

Bethany Bereavement Support Group

we are here to support and listen.
Confidential. **075 1085 2157**

St Vincent de Paul
Helpline 077 0367 9384



Bangor Parish Family of Schools - Open Enrolment 2022



Families, if you have a child eligible for Pre-School/Nursery, Primary One or Year 8, and require any information or support with the online application process, please get in touch with our Parish schools. Open Enrolment for Pre-School & Primary begins 12noon Monday 10th January and closes 12noon 28th January. Please make your application online by visiting www.eani.org.uk/admissions

St Comgall's Pre-School – Tel: Susan McDowell – 02891 468844

Email: stcomgallspreschool@btconnect.com

Twitter: @StCPreSchool

St Malachy's Pre-School & Nursery Unit – Tel:

Orla Mulhern-Caddell – 02891 270594

Email: llungley164@c2kni.net

Twitter: @stmalsbangor

St Comgall's PS, Bangor – Principal: Cathy Hunter – Tel: 02891 463194

Email: ajones169@c2ken.net

Website: www.stcomgallsps.org

Twitter: @StComgallsPS

St Anne's PS, Donaghadee – Principal: John Hennessy – Tel: 02891 883619

Email: info@stannesps.donaghadee.ni.sch.uk

Website: www.stannesps.com

Twitter: @stannesps

St Malachy's PS, Bangor – Principal: Stephen Rafferty – Tel: 02891 270594

Email: llungley164@c2kni.net

Website: www.stmalachysbangor.co.uk

Twitter: @stmalsbangor

St Columbanus' College, Bangor – Principal:

Maria Flynn – Tel: 02891 270927

Email: info@stcolumbanuscollege.bangor.ni.sch.uk

Website: www.stcolumbanus.org.uk

Twitter: @St_Columbanus



Catholic Schools Week will be celebrated in schools across the island of Ireland from
Sunday 23 January – Sunday 30 January.

The theme for Catholic Schools Week 2022 is 'Catholic Schools: Living Life to the Full'.

During Catholic Schools Week families, parishes and schools are invited to participate in a week of celebration of Catholic schools reflecting on their contribution to the common good of society.



Hail Glorious Saint Patrick!

A 9-week novena in honour of Saint Patrick will take place on Wednesday evenings in the coming weeks to pray for the renewal of the faith in Ireland.

The novena begins on **19 January at 7 pm** in St Patrick's Cathedral, Armagh, with Adoration, Rosary, Novena prayer to St. Patrick and Holy Mass celebrated by Archbishop Eamon Martin. Following Armagh, the novena will take place on the following Wednesdays in different churches across Ireland following in the footsteps of St. Patrick.

You can join the novena each Wednesday evening at 7 p.m. at Shalom World Prayer www.swprayer.org. You can also join the opening night of the novena via the webcam for St. Patrick's Cathedral, Armagh.

The novena will also be broadcast live by Radio Maria Ireland. Updates on the novena will be posted on facebook at Hail Glorious Saint Patrick. St. Patrick pray for us, pray for Ireland.

If you would like your deceased family & friends to be prayed for please email your names to the parish office: E: bangor@downandconnor.org
all names will then be mentioned on the weekly Sunday bulletin and at all the weekend Masses.

Bangor Parish Podcast

You can listen to the Parish podcasts by clicking on the audio files on the website or by searching for

"Parish Of Bangor Podcast" in the apple or google podcast apps. You can download these apps from [Apple App Store](#) or [Google Play](#). If you use these apps please **'subscribe'** to our channel so you receive all the latest podcasts straight to your phone or tablet.



What is Alpha? An opportunity to explore: life – faith – meaning in a friendly and informal setting. You are invited to Alpha for a time of video presentations that will make you think – a place where you can be yourself. No pressure. No charge. **How?** Via Zoom link **When?** Begins on Tuesday 11th January 2022 @ 8.00pm **Contact** Email: n.dunn@downandconnor.org Tel: 07879 498131 <https://alpha.org/catholic-context/> **Why not give it a try? Invite someone else too!**

PRAYING WITH THE ICONS

under **The Four Saints** found in 'Parish Today'

FULL COPY OF MISSALETTE ON THE WEBSITE
on the Slider or found in 'NEWS'

Sr Maura of the Columban Sisters

has added new reflections to the website page. Find them under the 'News' section of the tool bar and in the Columban Sisters page under 'The Parish Today'.



LIVING CHURCH OFFICE COURSE – contact below

Email: Aisling
a.steen@downandconnor.org
Mob No: 07548893514

SACRAMENTAL PREPARATION CLASSES

For all children not attending Catholic Schools.

1ST PENANCE & HOLY COMMUNION –

Classes to be held in the Parish Centre on Sunday mornings at 9:15 starting in November 2021.

Please register by contacting the parish office by email stating the Child's(rens) Name(s), Primary School, Year Group and Age.

CONFIRMATION 2022 - Confirmation Classes will be starting on 23 January 2022 – Please register by email to the parish office
Email: bangor@downandconnor.org

The Society of St Vincent de Paul offers practical and confidential help to those in need throughout the North Down Area. We know it can be hard to ask for help but please, if you need help call us on **our Helpline: 077 0367 9384**.

To help us to help others you can make direct payments to Conferences Bank Account.

St Comgall's, Allied Irish Bank. Sort Code 93-82-03. A/C No is 25302098.

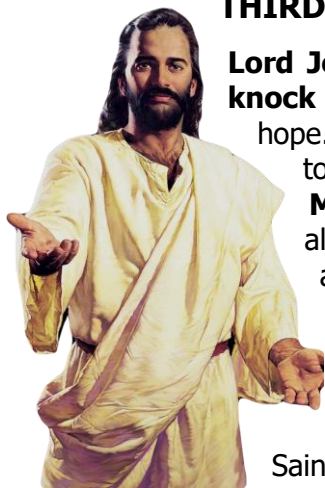
Most Holy Redeemer Ballyholme, Allied Irish Bank. Sort Code 93-82-03. A/C No. 06885061.

Donations can also be made to SVP Giving Page at www.svp-ni.co.uk. If you are a UK income tax payer please consider Gift Aiding your donation, which will enhance your donation by 25% at no extra cost to you. Gift Aid forms are available on the Parish website, or on request, via SVP Helpline number, as above.

The Society wishes to thank you for your tremendous response to our Annual Appeal, on the theme of "Impossible Choices" Through your generosity St Comgalls Conference were able to assist over 150 families in the month of December, and Most Holy Redeemer Conference Ballyholme provided assistance to 108 families and individuals over the same period To include those donations enhanced by Gift Aid, the Appeal raised over £10,000. We thank you on behalf of the Society, and on behalf of those we assisted.

The Society is always on the lookout for new Members, and if you are interested and can spare a few hours per week please speak to a Conference Member, or leave your name and contact number on the Helpline and we will return to you promptly. You will be warmly welcomed and full training will be given.

We can now accept donations of Good quality furniture – please call our Helpline or speak to a member of the Society.



THIRD SUNDAY IN ORDINARY TIME C – 22 & 23 January 2022

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

CALENDAR OF SAINTS DAYS

JANUARY 2022

Thursday 20th January

Saint Fabian, Pope & Martyr

Friday 21st January

Saint Agnes, Virgin 7 Martyr

Saturday 22nd January

Saint Vincent, Deacon & Martyr

Sunday 23rd January

3rd Sunday in Ordinary Time C

Monday 24th January

Saint Francis de Sales, Bishop

Tuesday 25th January

The Conversion of St Paul, Apostle

Wednesday 26th January

Saints Timothy & Titus, Bishops

Thursday 27th January

Saint Angela Merici, Virgin

Friday 28th January

Saint Thomas Aquinas, Priest & Doctor of Church

Saturday 29th January

Blessed Virgin Mary

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Mother Teresa, St John Paul II, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration. Come and join us and be part of the prayer movement online!

Saturday at 4.30pm (live) Rosary and later **Saturday at 8.30pm** I will be leading prayer with Eucharistic Adoration on the Catholic Internet TV – Shalom World.org Just click on the following link to access this time of prayer. www.swprayer.org Please be assured that I will be including all the parishioners and their families during this live Eucharistic Adoration.

Knock Shrine - Daily Masses continue to be broadcast on the Knock Shrine website and Facebook page at 12 Noon and 7.30pm, with Rosary at 7pm. Sunday Mass is broadcast at 12 noon, Rosary at 2.30pm and Mass at 3pm. For further details, please see www.knockshrine.ie

The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre. For bookings and further information email info@loughderg.org or telephone 0(0353) 71 9861518.



Storehouse North Down - Storehouse continues to help St Vincent De Paul provide non-perishable food for those in need. Storehouse welcomes donations of foodstuff at their premises, 12 Balloo Avenue, Bangor on Mondays and Thursdays between 10.00am to 3.00 pm. Cash donations are also very acceptable.

COVID INFORMATION

An up-to-date summary of all Executive regulations and guidance can be found at:

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>



Angel Guardian

"Angel of God my guardian dear to whom God's love commits me here. Ever this day be at my side, to light, to guard, to rule and guide. Amen."

Trocaire

TRÓCAIRE thank you for your help. You can donate in the following ways:

1. Online at www.trocaire.org.
2. By phone: 0800 912 1200 (NI)
3. By post to Trócaire, 10 King Street, Belfast, BT1 6AD (NI),

This Christmas see the gifts online @ www.trocaire.org/gifts

Thank you to all the parishioners for the generous gift of £3,060.00 received recently.

The 4 Corners Festival 2022 is a 10th Anniversary celebration that begins in St Anne's Cathedral and ends in St Peter's. This year the week long series of thought-provoking events will be around the theme Common Ground, Common Good and includes participants as diverse as boxer Carl Frampton, the Archbishop of Canterbury, and Dr Austen Ivereigh, the Pope's biographer. There's sure to be something to pique your interest at this unique Christian Festival.

Come and join us between January 30th and February 6th, somewhere across Belfast's four corners or online. Browse events here, or see highlights programme attached: <https://4cornersfestival.com/>

Preparing for Marriage? Catholic Engaged Encounter

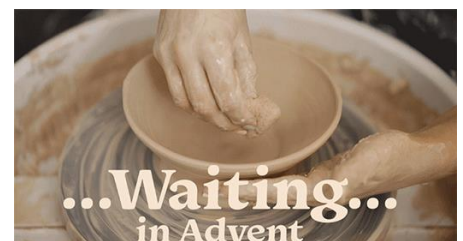
A Marriage Preparation course is planned for **9/10 April 2022** in **The Drummond Hotel**, Ballykelly, Co. Derry. This 2-day **non-residential** course is a positive way of preparing for Marriage where you will discover how you can enrich your future relationship.

Information/Booking: marriageencounter.ie or 028276 38512

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to Shalom Tidings Magazine
your source of His endless hope!

Shalom
tidings
A new lifestyle magazine



The December issue features the following articles:

- Christmas Messages reflect on the hope that Jesus brings to our world
- Christmas Day Broadcasts on RTÉ One Television and Radio
- Sharing the wisdom of time with Pope Francis on Netflix
- 'Plague of drugs is raging out of control' - Archbishop Dermot Farrell
- Bishop Denis Nulty warns of 'hidden silent pandemic' of domestic abuse during Covid-19 lockdown
- Catholic Bishops of Northern Ireland call to defend the most vulnerable in our society
- Mass of Thanksgiving for Archbishop Michael Neary at Knock Shrine to mark his retirement
- We look forward to hearing what the Spirit is saying to the churches - Bishops' update on the Synodal Pathway and Universal Synod

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**"Spiritual Challenges in Later Life" with Sr Una Agnew SSL PhD**

*hosted by Drumalis via Zoom from 11:00 am – 12:15 pm (25 Jan, 1, 8, 15 & 22 Feb 2022)*

"Spiritual well-being in later life is a potential that needs to be explored even as it is happening within us and among us. During this series, we will explore together this rich season of grace that we call ageing." (Úna Agnew SSL)  
Suggested Donation: £50 per person. For further details or to book a place, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28272196/28276455 or email [drumalis@btconnect.com](mailto:drumalis@btconnect.com)

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**"Patrick Kavanagh – A Poet for Spring" with Sr Una Agnew SSL PhD**

*hosted by Drumalis via Zoom from 11:00 am – 12:15 pm (2, 9 & 16 March 2022)*

"As we embark on the season of spring, we celebrate in poetry the way Kavanagh senses the stirrings of his soul as the earth comes alive in Spring. His liturgy of the seasons enhances his poetic pilgrimage from Monaghan to the Grand Canal." (Úna Agnew SSL) Suggested Donation: £30 per person. For further details or to book a place, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28272196/28276455 or email [drumalis@btconnect.com](mailto:drumalis@btconnect.com)

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**South Eastern Health & Social Care Trust
Carer Support Service**

Are you an unpaid carer who cares for a family member or friend?

You are invited to come along to the Carer Support Service Carer Hub in Bangor.

When: 1st Wednesday of every month
Where: North Down Community Wellbeing Hub, Main Street
Time: 10.30 – 1pm



No need to book, just call in at any time during the morning for carer information advice and guidance. Join us for tea/coffee and scones, we would love to meet you.

AID TO THE CHURCH

<https://www.acnireland.org/n-donate>

SUBSCRIBE TO THE MIRROR

Mozambique's Cross

THE PEOPLE OF NORTHERN MOZAMBIQUE HAVE SUFFERED MUCH IN RECENT YEARS DUE TO THE ONGOING ISLAMIST INSURGENCY. SALESIAN MISSIONARY, FATHER EDEGARD, SPOKE TO ACN ABOUT A CRUCIFIX MADE BY THE LOCAL PEOPLE TO REPRESENT THEIR SUFFERING. By ACN Staff

Father Edegard Silva with the crucifix. (Credit: Aid to the Church in Need)

Since 2017, the Diocese of Pemba in northern Mozambique has been terrorised by an Islamist insurgency. **One of the worst attacks carried out during this insurgency was the attack on the Catholic mission of Nangololo, in the Muidumbe district of Cabo Delgado.** The mission and many of the homes of the local Catholics were destroyed during the attack. **Around the same time, November 2020, over 50 young people were beheaded by insurgents in a nearby football stadium in Muatide.**

Many of the local people have been unable to return home and have been forced to live elsewhere in Mozambique. **Amongst those forced to leave was Brazilian Salesian missionary Father Edegard Silva.** Father Edegard had ministered in the parish of Our Lady of Mount Carmel in the west of the Diocese of Pemba before the insurgency.



After the attack in the Muidumbe district, **some of the local Catholics recovered wood from the burnt-out houses and carved a crucifix from the wood to represent the community's suffering.** Father Edegard told ACN more about the crucifix:

"The cross was made from the charred wood of the house of one of the Christians, and the figure of Christ is made from broken pieces, because we wanted to recall the situation of so many people, men, women and children, who have been cut to pieces. And so the body – the feet, the hands and the head of Christ – are in separate pieces, as an expression of the reality lived by so many people here in this war zone of Cabo Delgado."

Father Edegard also told ACN about the importance of prayer in bringing peace:

"There is a beautiful aspect to this prayer in that in every Mass there is always a prayer for peace in all of Mozambique and in the rest of the world as well. We don't ask for peace only in Cabo Delgado, because the reality of war is not something that exists only here. The Rosary opens us up to the whole world – that is what we mean by the missionary Rosary. Whenever we pray it, we ask for peace on every continent, for solidarity for all and for ourselves as well. When we bring our sufferings to our prayer, we want to pray not only for the sufferings in Cabo Delgado, but also for the sufferings of all the world, the crosses of the world."

ACN is [helping the Church in Mozambique](#) to minister and help refugees displaced by the insurgency. **Please join us in prayer with our brothers and sisters in Mozambique that peace may soon return to the north of the country.**

