Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Fourth Sunday of Easter, Year B – 21st April 2024

Your prayers are requested for

Recently Deceased:

Genovino Gambale Harry Harding Philip McDade (England)

Anniversaries:

Sheelagh Mohan
Davy & Paul McCausland
Ann Diver
Lily McCready
Marie Coulter
Stella Connolly
Peter Mulholland
James McLarnon
Geraldine Burns
Pat O'Driscoll
Joan Hillen

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 21st April @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 20th April @ 6.30pm and Sunday 21st April @ 10am and 12 noon

MASS TIMES NEXT WEEK:

DAILY MASS NEXT WEEK 22nd, 24th & 26th April @9.30am **REQUIEM MASS Tuesday 23rd April @ 10am REQUIEM MASS Thursday 25th April @ 11.30am**

BAPTISM REGISTRATION

Please register online SIDE BAR under **'Baptism Registration'**

Called to Be a Monk? A Monastic Come and See Day



Sunday 23rd June 2024 Our Lady of Bethlehem Abbey 10am - 5pm

St. Columbanus College

Spring Concert - 25 April 2024 - College Assembly Hall

Our very talented pupils will be performing at the Spring Concert on Thursday 25 April in the College Assembly Hall. Doors open at 6.30pm and the concert will start at 6.45pm. Admittance costs £5.00 (payable at the door on the night).



Parish of Bangor Jubilee Pilgrimage to Rome

€ 995 per person sharing

- Staying 6 nights in Rome on B&B basis.
- · 3 dinners organised in local restaurants
- Angelus with Pope Francis (depends on Pope's schedule)
- · St Peter's Basilica and Holy Door
- St John Lateran Basilica and Holy Door
- . St Mary Major's Basilica and Holy Door
- · St Paul's Basilica and Holy Door

- Catacombs
- · Piazza Navona, Colosseum
- · Guided tours of all places visited
- · Coach tour by night
- · Full time accompaniment
- Trip to Castelgandolfo and Lake Albano
- Return coach from Bangor to Dub airport
- · 10kg checked-in luggage plus small bag



TO BOOK: Contact us on 00353 57 93 55050 (office hours only)

Deposits of €300 (plus single room supplement of €270, if applicable)

can be paid over the phone (debit card only)

Email: info@myriam.ie

Cultural Connections Ltd T.A. MYRIAM, licensed by the Irish Aviation Authority TA 0766

PARISH CENTRE – PARISH GROUPS 2023

| MONDAYS | TUESDAYS | WEDNESDAYS | THURSDAYS | FRIDAYS |
|----------------------|-----------------|---|--------------------------------|---------------------------------|
| BRIDGE CLUB | FRIENDSHIP CLUB | MENCAP | St Comgall's Guide Unit | St Comgall's Ju- |
| at 7.15 until 9.45pm | at 10.00am | Every fortnight at 6.00pm | (Girls aged 6-18) at 6.30pm | Jitsu Club (Juniors 5-15yrs) |
| | IRISH DANCING | BADMINTON | · | 6-7pm |
| | CLASSES | Every fortnight at 8.00pm | IRISH CLASS | · · |
| LECTIO DIVINA GROUP | at 6.00pm | , | At 7pm | |
| 7.30pm – 8.30pm | · | FOLK GROUP | | |
| [St Dympna's Room] | SVP | AT 7PM | CEILI DANCING | |
| - , | At 7.30pm | | at 8.15pm | |
| | · | SENIOR CHOIR | · | |
| | | At 8PM | | |
| | | SET DANCING CLASS | | |
| | | At 8pm | | |

BOOKING OF PARISH CENTRE: Contact Craig in the parish office 028 9146 5522 or via email on

bangorparishaccounts@downandconnor.org

UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

Lough Derg One Day Retreats in May

These guided days of prayer and reflection will take place on Sun5th, Mon6th, Sun12th, Tue14th, Sat18th, Sun25th and Mon27th. More details can be found at www.loughderg.ie. €45 per person, booking essential.

The Lough Derg traditional **Three Day Pilgrimage** begins on Friday May 31st and continues until August 15th.

"Big Band for a Big Cause" - In aid of Marie Curie charity, you're invited to an evening with Dana and the PM Big Band on Friday May 31st at The Theatre at the Mill at 7:45pm. Vocalists Ceara Grehan and David Hamilton will feature in a night of music featuring songs of Sinatra, Glen Miller, Michael Buble, Tom Jones and Amy Winehouse. Tickets £25 from theatre box office 0300 123 7788.

Reflection Day at SMA Dromantine

Saturday 4th May 9.30am – 5.00pm

Forgiveness; the journey from hurt to healing,

freedom, peace and happiness. Led by Fr. Des Corrigan SMA.

Cost (incl. lunch) £38/€43

Tel 02830821964 email: <u>admin@dromantineconference.com</u>

Poor Clares in Carlow invite women from age 22 to 40 years for a cuppa and a chat to find out more about our life. If interested please contact us before the event.

poorclaresvoc@gmail.com

Saturday 4th May from 2.30 to 4.30

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (27th April, 25th May and 29th June 2024)

Booking essential. To find out more, contact Pauline 07519289185 or Marie 07896119669 or email belfastbe@yahoo.com

From Good Shepherd Sunday we celebrate a year of praying for and promoting awareness of Vocations to Diocesan priesthood in Ireland. The specific theme is 'Take the risk for Christ'. A prayer for vocations can be found below and will be on the parish website for the rest of the year. Please include this vital intention in your daily prayers.

A Prayer for Vocations

O Jesus, send labourers into your fields, which are awaiting holy apostles, saintly priests, heroic missionaries and dedicated sisters and brothers. Enkindle in the hearts of men and women, the spark of a vocation. Grant that Christian families may desire to give to your church, helpers in the work of tomorrow. Amen

ST VINCENT DE PAUL HELPLINES Bangor Conference 07703679384 (covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -. Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle) St. Comgall's Bethany Bereavement Support Group The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number 074 7751 786 **Towards Peace Spiritual Support Service** Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/ Accord NI Catholic Marriage Care Service seeking **Marriage Preparation Facilitators** ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/

Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org
Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and
I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

| JANUARY 2024 | | | | |
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