



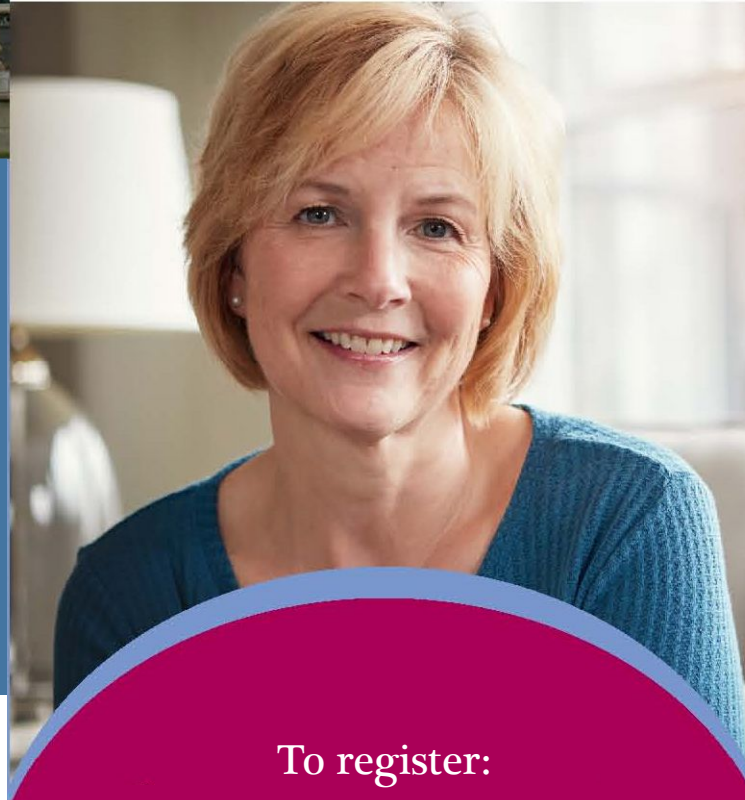
“Rooted In Love was a new and refreshing opening up to prayer and reflection which was profoundly helpful and challenging.”

The Purpose of the Course

- ~ To further develop your relationship with God
- ~ To receive a level of inner peace
- ~ To encounter Jesus in the Scriptures
- ~ To deepen your prayer and develop a reflective way of living

“This course has greatly enhanced my prayer life in every way and I would thoroughly recommend it to others.”

“I have nothing but praise for the course: its content and delivery, and the fellowship of the group.”



Rooted In Love

*Integrating Ignatian Spirituality
into Daily Life*

To register:

Contact Drumalis during office hours

katrina@drumalis.co.uk

02828 272196

www.drumalis.co.uk

Thursday evenings once a month

7.15pm ~ 9.15pm

September 2023 ~ April 2024

via zoom



The Course is...

modelled on the Spiritual Exercises of St Ignatius and is ideal for anyone who has completed *Growth in Prayer and Reflective Living*.

The Format of the Course is...

reflective and experience-based, including

- ~ Short presentations
- ~ Sharing and listening
- ~ Personal prayer
- ~ Guided prayer experiences

The course will be held on Thursday evenings, once a month, via zoom.

Course Fees

Course fees are £160 per year.

“The two highly skilled directors helped create a context of openness to God present with us and a sense of wonder and searching within the group.”

Date	Theme
21 Sept 23	Prayer & Introduction
5 Oct 23	Love
26 Oct 23	The tender mercy of God
23 Nov 23	The call of Christ
14 Dec 23	Incarnation
11 Jan 24	The hidden life of Jesus
1 Feb 24	The ministry of Jesus
29 Feb 24	The passion & death of Christ
21 Mar 24	God’s love & Our Response
18 Apr 24	Contemplation to love

Holiday Breaks:

30 Oct to 3 Nov 23 1 Jan to 10 Jan 24
 12 Feb to 16 Feb 24 1 Apr 24 to 3 Apr 24

The Presenters

The course is delivered by the Ignatian Spirituality team at Drumalis under the direction of Fionnuala McLernon.

Fionnuala McLernon qualified as an Ignatian spiritual director through the Milltown Institute of Theology and Philosophy, Dublin. She also holds a Diploma in Pastoral Theology and a post graduate Diploma in Spirituality from St Patricks Pontifical University, Maynooth.

Fionnuala is a member of the Growth in Prayer and Reflective Living team in Drumalis. She describes herself as having “*a contemplative approach to accompanying people’s transformation and relationship with God.*”

Eileen O’Brien is a guest director, presenter, and a trainer on the Spiritual Direction course at the Jesuit Centre of Spirituality, Dublin. She has been involved in the Ignatian Spirituality courses in Drumalis for a number of years.

In addition to a Master’s degree in Spirituality, Eileen also holds an Advanced Diploma in Spirituality (Supervision) awarded by St Patrick’s Pontifical University, Maynooth.