# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

## Pentecost Sunday, Year B – 19th May 2024

## Your prayers are requested for

## **Recently Deceased:**

John Adams David Cowling Ignatius Geddis Brian McMullan

#### **Month's Mind:**

Monica McDowell Harry Harding

#### **Anniversaries:**

Thomas & Gerard Scollan

Jimmy Caulfield Gemma McKinney

Arthur Hugh Neeson Aoife Robinson

Frank & Kathleen Rafferty

Anthony & Rosaleen Arthurs

Anna Magill Eugene Magahran

## ST COMGALL'S CHURCH, DONAGHADEE Sunday 19<sup>th</sup> May @ 9am

## ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 18<sup>th</sup> May @ 6.30pm and Sunday 19<sup>th</sup> May @ 10am and 12 noon

#### **MASS TIMES NEXT WEEK:**

DAILY MASS NEXT WEEK 20<sup>th</sup> – 22nd May @9.30am REQUIEM MASS – 23<sup>rd</sup> & 24<sup>th</sup> May @10am

### **BAPTISM REGISTRATION**

Please register online SIDE BAR under **'Baptism Registration'** 



Expressions of interest from volunteers are urgently needed to renew the Parish Centre Committee which supervises the running of this vital parish resource. Please contact Canon Gunn leaving your name and telephone number or an email address.

Down & Connor Diocesan Novena to The Sacred Heart: Renew Our Hearts

May 30th to June 7th, the feast of the Sacred Heart of Jesus.

As Bishop Alan McGuckian SJ begins his time as bishop of the diocese he would love everyone in the diocese to join him in nine days of prayer, asking Jesus to give us a new heart. Many people among us are weary or wounded, hurting in one way or another. He wants us to make a novena for each other, aware that we are brothers and sisters in Christ.

The prayers will be available in a booklet you can pick up at Mass or read online; it will also include a piece of scripture and a reflection for each day for those who wish to go a little deeper. Bishop Alan's hope is that this novena will be prayed either individually or together by parishes, groups, schools or families. Even young children can join in with the short prayers!

#### **PARISH CENTRE – PARISH GROUPS 2023**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MENCAP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15 until 9.45pm	at 10.00am	Every fortnight at 6.00pm	(Girls aged 6-18)	Jitsu Club
		, , , , , , , , , , , , , , , , , , , ,	at 6.30pm	(Juniors 5-15yrs)
	IRISH DANCING	BADMINTON	·	6-7pm
	CLASSES	Every fortnight at 8.00pm	IRISH CLASS	·
LECTIO DIVINA GROUP	at 6.00pm	, , , , , , , , , , , , , , , , , , , ,	At 7pm	
7.30pm – 8.30pm	·	FOLK GROUP		
[St Dympna's Room]	SVP	AT 7PM	CEILI DANCING	
. , ,	At 7.30pm		at 8.15pm	
	·	SENIOR CHOIR	·	
		At 8PM		
		SET DANCING CLASS		
		At 8pm		

BOOKING OF PARISH CENTRE: Contact Craig in the parish office 028 9146 5522 or via email on

bangorparishaccounts@downandconnor.org

## UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

#### KNOCK SHRINE

Please see attached details of two upcoming events here at the Shrine.

On May 25th, we will officially launch the new Creation Walk and all are welcome to attend.

On June 8th, we will host 'Seeing is Believing – Art as a Doorway to Mystery', where we will gain personal insights into the influence of Christian art on international art experts. Guest speakers will be Fr. Patrick Van Der Vorst, Caroline Campbell, Director of the National Gallery and Dr Nora Donnelly.

Further information is available on www.knockshrine.ie.

<u>Mary's Meals</u>- A representative from the charity Mary's Meals will speak at all Masses next weekend (25<sup>th</sup>/26<sup>th</sup> May) about their life-changing work of providing a daily school meal to children in some of the world's poorest countries, how it has grown in the past few years with your support and about the current hunger crisis in Ethiopia. There will be a bucket collection after mass if you wish to support financially. Mary's Meals would also appreciate your prayers in support of their work. Prayer cards will be available to take home. Further details on their work can be found at <a href="https://www.marysmeals.org.uk">www.marysmeals.org.uk</a> or contact Caoimhe McCann on 07394564065.



#### Columbanus Community Folk Festival Bangor 9 – 16 June 2024

Full week of headline concerts/gigs and sessions including: Sands Family - Bangor Abbey - Sunday 9 June @ 7pm

Celtic Soul – St Comgall's Parish Centre – Saturday 15<sup>th</sup> June – Doors 7pm \*Licensed bar\* Tickets available from Thomas's Shop or online.

More information on full festival to be found on Ards CCE Facebook page

#### ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

#### St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400** 

Towards Peace Spiritual Support Service

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <a href="https://towardspeace.ie/">https://towardspeace.ie/</a>

Accord NI Catholic Marriage Care

Marriage Preparation Facilitators

Service seeking

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

www.accordni.com

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

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## ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

### PRAYERS AT HOLY COMMUNION

## **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and
I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="www.soundercreative-prayer">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

## **CALENDAR OF SAINTS DAYS**

JANUARY 2024				