

## PARISH OF BANGOR, MEMBER OF ARDS FAMILY OF PARISHES

**Parish Priest:** Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
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**Email:** bangor@downandconnor.org **Website:** [www.bangorparish.com](http://www.bangorparish.com) **Office Hours:** Mon-Fri 10am to 1pm.

### The Ascension of the Lord, Year A – 17th May 2026

Your prayers are requested for:

**Recently Deceased:**

Patsy Monaghan (Dublin)

**Anniversaries:**

Jimmy Caulfield

Matthew Taiwo

Patrick Coyle

Tommy Scollan

Patrick Scollan

Willie Magill

Godfrey & Carmel Thomas

Daisy & Salvatore Gatt

### MASS TIMES NEXT WEEK

**DAILY MASS:**

Monday 18th – Friday 22nd May @ 9.30am

**St COMGALL'S CHURCH DONAGHADEE**

Sunday 23rd May 2026 @ 9am

**ST COMGALL'S CHURCH BRUNSWICK ROAD**

Saturday 22nd May @ 6.30pm

Sunday 23rd May @ 10am & 12noon

**BAPTISM**

Please register online SIDE BAR under Baptism registration  
*Baptisms are celebrated on Sundays @ 1.15pm*

### LET GO, LET GOD (SURRENDER TO JESUS)

1-DAY RETREAT  
TOBAR MHIURE RETREAT CENTRE  
CROSSGAR

SAT 6<sup>TH</sup> JUNE  
10.00 AM – 4.00 PM

REGISTRATION / TEA / COFFEE & BISCUITS AT 9.40AM

TEA/COFFEE /BISCUITS DURING MORNING BREAK

LUNCH

3 THEMED SESSIONS  
GROUP DISCUSSIONS & TIME FOR INDIVIDUAL REFLECTION

£30 STIPEND

TO BOOK YOUR PLACE  
(only 40 spaces available)

Telephone reception at Tobar Mhuire and pay your £30  
or alternatively you can call in

Reception **02844 830242**

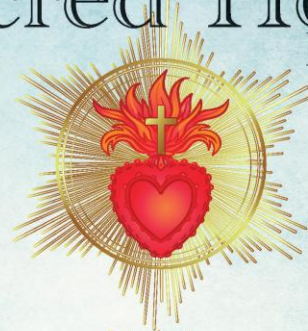
Open 9.30am – 4.30pm Monday – Friday

Please note you will be asked to provide your  
name, mobile and email details

You will also be asked  
if you will be attending 9.00am mass

## the Sacred Heart Novena

4 - 12 June  
2026



#### Introduction

A novena prepares us over nine days to receive the graces of God special to a feast. In this Sacred Heart novena, the grace we ask is to know personally the love of God in the heart of Christ.

The Novena to the Sacred Heart takes place from 4–12 June 2026. Many churches celebrate this novena, or at least pray the novena prayer. During the nine days, we renew our love of the heart of Jesus, who loved us first. Each day, this novena presents a short piece of Scripture followed by a meditation, a reflection and a prayer.

Novena texts by Enda O'Callaghan SJ; meditations by Brendan Comerford SJ

#### Novena Prayer

Lord Jesus Christ, your heart was moved with love for those who came to you for help: you healed the sick, you fed the hungry, you forgave sinners, you cried over Jerusalem. Above all, you showed to those who were prepared to listen the way to true life, for you are the Way, the Truth and the Life.

Lord, your heart is still moved today by your people and their many needs. Open my heart to hear your Word, to accept your love and to respond to your call. In particular, I beg you to grant me the favour I ask during this novena (make your request silently), provided that it will contribute to my own eternal good and to the building up of your kingdom of love, peace and justice here on earth.

Most Sacred Heart of Jesus, I place all my trust in you.

**PARISH CENTRE – PARISH GROUPS 2025**

<b>MONDAYS</b>	<b>TUESDAYS</b>	<b>WEDNESDAYS</b>	<b>THURSDAYS</b>	<b>FRIDAYS</b>
<b>BRIDGE CLUB</b> at 7.15pm until 9.45pm [Minor Hall]	<b>FRIENDSHIP CLUB</b> at 10.30am [Minor Hall]	<b>PARENTS &amp; TODDLERS</b> 10am [Main/Minor Hall]	<b>St Comgall's Guide Unit</b> (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall]	<b>Ju-Jitsu Club</b> (Juniors 5-15yrs) 6-7pm [Main Hall]
<b>LECTIO DIVINA GROUP</b> 7.30pm – 8.30pm [St Dymphna's Room]	<b>IRISH DANCING CLASSES</b> at 6.00pm to 8.30pm [Main Hall]	<b>MEDITATION GROUP</b> at 12pm to 1.30pm [St Dymphna's Room]	<b>IRISH LANGUAGE CLASS</b> At 7pm to 8pm [St Dymphna's Room]	<b>Discussion Group</b> At 7.30pm – 9pm [St. Dymphna's Room]
<b>BADMINTON</b> NOW WEEKLY at 8 to 9pm [Main Hall]	<b>SVP</b> at 7.30pm to 9.30pm [St Dymphna's Room]	<b>FOLK GROUP</b> AT 6.30 -7.30pm [St Dymphna's Room]	<b>CEILI DANCING</b> at 8.15pm to 9.30pm [Minor Hall]	
		<b>SENIOR CHOIR</b> At 7.30pm [St Dymphna's Room]		
		<b>YOUTH CLUB</b> AT 6.30 -8.30pm [Main Hall]		

**Join us during the month of May, for Marian devotions**

Through our Blessed Mother's powerful intercession, may we unite across the Ards Family of Parishes, to pray for peace in our world, our homes and our hearts.

In prayer, reflection and contemplation, we will also explore our Mother Mary's role in God's great plan of salvation.

**Thursday evenings at 7pm, Most Holy Redeemer, Ballyholme 28<sup>th</sup> May.** Finishing in St Patrick's Newtownards on **Saturday 30<sup>th</sup> May at 3pm**

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✠ Walk in the footsteps of our Patron Saint on **Saint Patrick's Way Pilgrim Walk** in Downpatrick with guides Martina Purdy and Elaine Kelly on Sat 6 June and 8 August, and Mairead Sweeney on Sat 4 July, begin at Saint Patricks Centre with the fabulous 180° IMAX film of St Patrick, price includes entrance fees, internal bus transfers, pilgrimage lunch at the famous Saul Barn, plus a stamped Camino passport and a 6 mile pilgrimage walk finishing at Saint Patrick's grave. Come and Be Amazed! (Duration 9am-approx 3pm, all for just £55) To book ring **02844 619000** or go to website [www.saintpatrickcentre.com](http://www.saintpatrickcentre.com) ✠

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**ST VINCENT DE PAUL HELPLINES**

**Bangor Conference 07703679384**

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

**Ballyholme/Donaghadee Conference 07703679389.** (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

***The Life of Fr Patrick Kelly: Co. Down Priest & member of French Resistance in WW2***

A talk by **Padraig Coyle, Journalist and Broadcaster**

**Ballynahinch Parish Centre - Monday coming, 18<sup>th</sup> May, at 7.30pm**

*A native of Dromara, Fr Kelly served in a French diocese and became immersed in the Resistance in Nazi-occupied France. Having been honoured by the France for his wartime heroism, he returned to his native Dromore Diocese, serving in various places including Dunmore in Ballynahinch Parish.*

Admission: £1

*All warmly welcome*



**Sunday 17<sup>th</sup> May** after both masses in the Parish Centre. Tea/Coffee & traybakes. Big ballot. Summer Picnic Tombola. *Help support Trociare run projects to help eradicate poverty.*



**ST COMGALL'S  
PARISH CENTRE**

**'Save The Date' - Sunday 14th June 2026 - Parish Centre - Times tbc**

Ards CCE pre all Ireland Fleadh Fun Day Concert & BBQ for all the parish & families