PARISH OF BANGOR, MEMBER OF ARDS FAMILY OF PARISHES

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 **E**:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Thirty-third Sunday in Ordinary Time, Year C – 16th November 2025

Your prayers are requested for: Recently deceased:

Mary Mathew (India) Maureen McMullan

Anniversaries:

Anne O'Regan
Michael Carvill
Anthony Mulligan
Pat Boyd (Healy)
Marion McLarnon
Anthony McLarnon
Paddy Mulligan
Sean McGreevy
Barry Grego
Anita & Jim Delaney
Alice Carvill
Ina Millen
Eileen Thompson
Patricia Hanna

Danielle Cummings

Kathleen Storey

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 16th November 2025 @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 15th November @ 6.30pm Sunday 16th November @ 10am and 12noon

Annual Parish Prayer for the Dead Service @ 5pm All welcome

MASS TIMES NEXT WEEK:

Daily Mass Mon 17th- Fri 21st November @ 9.30am

BAPTISM REGISTRATION Please register online SIDE BAR under 'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm



SUNDAY 23 NOVEMBER

Welcome to our Christmas Trocaire Event

Santa, stalls, ballot, tea & coffee, Christmas
Fayre
Also Trocaire Christmas cards on sale.

Help Trocaire help those who face war, hunger and poverty





🎄 Parish Family Christmas Party! 😣

The Parish Centre Committee warmly invites everyone to our Family Christmas Party on Sunday 14th December, 11am–1pm in the Parish Centre.

PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	PARENTS & TODDLERS	St Comgall's Guide Unit	Ju-Jitsu Club
at 7.15pm until 9.45pm	at 10.30am	10am	(Girls aged 6-18)	(Juniors 5-15yrs)
[Minor Hall]	[Minor Hall]	[Main/Minor Hall]	at 6.15pm to 8pm	6-7pm
			[Main/Minor Hall]	[Main Hall]
LECTIO DIVINA GROUP	IRISH DANCING	MEDITATION GROUP		
7.30pm – 8.30pm	CLASSES	at 12pm to 1.30pm	IRISH LANGUAGE	Discussion Group
[St Dympna's Room]	at 6.00pm to 8.30pm	[St Dympna's Room]	CLASS	At 7.30pm – 9pm
- ' '	[Main Hall]		At 7pm to 8pm	[St. Dympna's
BADMINTON		FOLK GROUP	[St Dympna's Room]	Room]
NOW WEEKLY at 8 to 9pm	SVP	AT 6.30 -7.30pm	- / .	-
[Main Hall]	at 7.30pm to 9.30pm	[St Dympna's Room]	CEILI DANCING	
[i all i i all	[St Dympna's Room]	' ' ' '	at 8.15pm to 9.30pm	
	, , , , , , , , ,	SENIOR CHOIR	[Minor Hall]	
		At 7.30pm	[
		[St Dympna's Room]		
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New Madonna and Child Statue

As announced Matthew Thompson from Co. Cork has been commissioned to sculpt a statue in Portland stone to replace the mutilated statue of Our Lady outside the church. Any donations large or small would be deeply appreciated. Please use the envelopes on top of the safe, and place in the safe. So far this week several people have contributed £180.00 for which the parish is deeply grateful.

Waiting in Wonder: Lectio and Visio Divina for Advent

Join us at the Belfast Jesuit Centre for a gentle, reflective journey through Advent. Each Tuesday evening, we'll pray with the Gospel for the following Sunday, alongside poetry and art, using the contemplative practices of *Lectio* and *Visio Divina* followed by small group sharing on the prayer.

Dates: Tuesdays – Nov 25, Dec 2, 9, 16

① Time: 7:00-9:00pm

Cocation: Belfast Jesuit Centre, 193–195 Donegall Street

☑ Tea and coffee provided☑ Small donation welcome

All are welcome to this sacred space of quiet, prayer, and shared reflection.

Visit our website to register: https://belfastjesuitcentre.co.uk

https://belfastjesuitcentre.co.uk/waiting-in-wonder-lectio-and-visio-divina-for-advent/

"Be Strong In The Lord" - HLI Ireland 32 County mission evening with relics of St Thérèse & The Holy Face. **Wednesday 26th November**, St Patrick's Hall, Newtownards, **7pm - 9:15pm**

Ards CCÉ host branch of the All Ireland Fleadh will be hosting their annual Christmas Irish Concert in St Patrick's Hall Newtownards, Sunday 30 Nov 4-6 pm. Expect a feast of Irish trad and festive music/ song and dance from champion musicians.

Tickets £5 (kids free with a paying adult) available at Thomas shop Brunswick Road Bangor. Tea / coffee etc and great ballots.

More info from Ards CCÉ Facebook and www.ardscce.co.uk

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

St. Comgall's Bereavement Support Group

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

Towards Peace is an independent organization that provides a spiritual service for survivors of physical, emotional, sexual and spiritual abuse clerical or religious setting in Ireland. Funded by the Irish Catholic Bis Association of Missionary and Religious in Ireland, the vision of Toward supportive space for people and their families, whose spiritual life has abuse. Through spiritual accompaniment with a qualified spiritual dire to accompany people as they seek their own experience of spiritual per Peace is also a response to the continually growing understanding of the fabuse and seeks to raise awareness about this within the Church. The Support Service is free of charge and for more please see https://towareness.	who suffered in an institutional, shops' Conference and the ds Peace is to provide a safe been damaged by ector, Towards Peace endeavours ace, one step at a time. Towards he spiritual impact of the trauma the Towards Peace Spiritual		
Accord NI Catholic Marriage Care	Service seeking		
Marriage Preparation Facilitators			
ACCORD NI Catholic Marriage Care Service is currently recruiting marriage preparation programme facilitators.	ng people to train as		
 If you have a positive attitude towards marriage in the C If you have the enthusiasm to be part of the Accord tear are preparing for the Sacrament of Marriage Accord wants to hear from you! 			
Successful applicants will receive professional training and will marriage preparation programmes locally.	be part of a team delivering		
Contact Brenda on 02890 233002 or by email to info@accordni.com			
www.accordni.com			
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ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				