# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS T: (028) 9146-5522 E:bangor@downandconnor.org W:www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

## Eleventh Sunday in Ordinary Time, Year B – 16th June 2024

## Your prayers are requested for

## **Recently Deceased:**

Patricia Horan Bernard Christopher Unwin Michael Beagon (Holywood)

#### Month's Mind:

## **Anniversaries:**

Mary McNally Carol Murray Annam Augustine David McCausland Paul McCausland Margaret Crilly William McGeough Owen Rafferty Nicola Boyle Sarah Carlin Paul Robinson David P Carlin Stephen McKearney **Edward McDaniels** Ita Kelly Mary Haire Godfrey & Carmel Thomas John Jnr McCausland

## ST COMGALL'S CHURCH, DONAGHADEE

Sunday 16th June @ 9am

## ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 15th June @ 6.30pm and Sunday 16th June @ 10am and 12 noon

#### **MASS TIMES NEXT WEEK:**

DAILY MASS NEXT WEEK 17th – 21st June @ 9.30am

Requiem Mass Wed 19th June @ 11am

### **BAPTISM REGISTRATION**

Please register online SIDE BAR under **'Baptism Registration'** 

#### **DONATIONS**

Vincents, the Saint Vincent de Paul charity shop in Kircubbin, would welcome donations of good quality men's, women's and children's clothes plus small (non-electrical) household items.

If at any time you have such items to donate, please e-mail

kircubbin.vincents@svpni.co.uk giving details of the items for donation, your name, address and telephone number. We will then arrange to pick up the items at you home at a suitable time.

Alternatively, you can drop off the items at the Vincents shop in Kircubbin during opening hours 10.00am to 4.00pm Monday to Saturday. Your donation will raise money to help people in need across the North Down and Ards area.

#### **trōcaire**

Please support our Coffee morning on **Sunday 23<sup>rd</sup> June** in the Parish Centre after both masses. BIG SUMMER BALLOT!

Thank you to the parish Friendship Club who have donated £65.



#### **PARISH CENTRE – PARISH GROUPS 2023**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	MENCAP	St Comgall's Guide Unit	St Comgall's Ju-
at 7.15 until 9.45pm	at 10.00am	Every fortnight at 6.00pm	(Girls aged 6-18)	Jitsu Club
•		, , , , , , , , , , , , , , , , , , , ,	at 6.30pm	(Juniors 5-15yrs)
	IRISH DANCING	BADMINTON	·	6-7pm
	CLASSES	Every fortnight at 8.00pm	IRISH CLASS	·
LECTIO DIVINA GROUP	at 6.00pm	, , , , , , , , , , , , , , , , , , , ,	At 7pm	
7.30pm – 8.30pm	•	FOLK GROUP		
[St Dympna's Room]	SVP	AT 7PM	CEILI DANCING	
. ,	At 7.30pm		at 8.15pm	
	'	SENIOR CHOIR	·	
		At 7.30pm		
		SET DANCING CLASS		
		At 8pm		

**BOOKING OF PARISH CENTRE**: Contact **Craig** in the parish office **028 9146 5522** or via email on

bangorparishaccounts@downandconnor.org

#### UNTIL FURTHER NOTICE THERE WILL BE NO NEW PARISH CENTRE BOOKINGS

#### 'Day for Life': a dedicated day celebrating the beauty and dignity of all human life

Day for Life Sunday is celebrated annually with a special message by the Catholic Church across Ireland, Scotland, England and Wales. It is a day specifically dedicated to raising awareness and reflecting on the deep value and meaning of human life at every stage, and in every condition. On Sunday 16 June, the Church will mark Day for Life 2024 with a message on the theme: The Lord is my shepherd - Compassion and Hope at the End of Life.

This year's message reminds us that Jesus did not send the sick away, rather He showed that life always has dignity and that there is no such a thing as a useless life. Catholics are called to defend this gift of life to its natural end and to protect vulnerable citizens from a culture that could pressure them into assisted suicide. In this way, we are encouraged to support people with the companionship of a listening ear, appropriate treatment, and the best of care, so that their last days can be times of grace, intimacy and love.

This message also includes a brief human-interest story about a young man named Matt, and the experience of a priest who ministered to Matt and his loved ones in his final months and days. This grace-filled time proved to be a period of intense compassion and profound dignity, as well as faith enriching experience of love and generosity for all concerned.

The Day for Life message is available on https://councilforlife.ie/day-for-life-2024/

#### **HOLY HOUR**

A holy hour will take place on Sunday 16th June at St. Comgall's Church Donaghadee, at 2.45pm. Our theme is prayer for peace, so we are encouraging people of the parish to join us in prayer before the Most Blessed Sacrament.

Join us in a service which draws on the healing practice of lament, Friday 21st of June 2024 at St Anne's Cathedral, Donegall

#### Street, Belfast from 11.30am to 12.30pm.

Using the biblical practice of **lament**, this service offers a space to reflect on the conflict in and about Northern Ireland as well as the future that is before us. In this space we acknowledge our deep hurt and pain, reflect on what we might have done or might still do, and commit ourselves to a future where such suffering and loss does not happen.

This is a service for everyone because violence has affected all of us.

Using the biblical practice of lament, Church leaders stand with victims and survivors in marking our collective hurt and in committing ourselves to ensuring we do not return to the violence of the past.

It is our belief that standing together on matters which are both painful and contentious shows collective civic courage. It is particularly important for Christian leaders to stand with and alongside the most vulnerable in our community. This service provides opportunity to do so within the context of ecumenical worship. We hope that you will be able to attend this Service for the Day of Reflection as we create spaces to share our communal loss without fear of judgement or reproach.

This service is part of the Day of Reflection, established by Healing Through Remembering in 2007 and held on the longest day of the year in partnership with Corrymeela, Wave Trauma Centre, St John's Parish,

Belfast Cathedral and the Commission for Victims and Survivors.

#### St Joseph's Young Priests Society

The second collection next weekend is the annual collection for the support of the society. Envelopes are available at the rear of the Church, along with information leaflets on the work of the Society.

Please put your donation in the envelope and place in the basket next Saturday/Sunday

#### ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

#### St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **077 325 13400** 

<ul> <li>Towards Peace Spiritual Support Ser</li> </ul>	vice
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Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <a href="https://towardspeace.ie/">https://towardspeace.ie/</a>

Accord NI Catholic Marriage Care

Marriage Preparation Facilitators

Service seeking

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com
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## ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

#### PRAYERS AT HOLY COMMUNION

#### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="www.soulparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

#### **CALENDAR OF SAINTS DAYS**

JANUARY 2024				