

# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS  
T: (028) 9146-5522 E: bangor@downandconnor.org W: [www.bangorparish.com](http://www.bangorparish.com) Office Hours: Mon-Fri 10am to 1pm.

PARISH NEWSLETTER

## 28th Sunday, Year A – 15th October 2023

### Your prayers are requested for

#### Recently Deceased:

Alice Devlin  
Gerry Mckeown  
Eleanor Tierney (England)  
Marion Deane (Dublin)  
Brendan McBrien (Italy)

#### Anniversaries:

Mary McNally Raymond Barber  
Patrick & Kathleen McDonagh  
Mary Sweeney James McGivern  
Joe Jackson Rosaleen McCormick  
Stephen Taylor Mary Magill  
Mary McMahan Barry Armitage  
Marie & Daniel Donnelly  
Kathleen Ward Mary McArdle  
Mick McArdle Jim Brown

### ST COMGALL'S CHURCH, DONAGHADEE

Sunday 15th October 2023 @ 9.00am  
Prayer Service led by Sr Maura Gallahue

### ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 14<sup>th</sup> October @ 6.30pm and  
Sunday 15th October @ 10am & 12noon

#### MASS TIMES FOR:

**DAILY MASS NEXT WEEK 16<sup>th</sup> -20<sup>th</sup> Oct 2023**

**Morning Mass: Mon & Wed @ 9.30am**

**Thurs - No Mass. Friday: To be announced.**

**Requiem Mass: Tuesday @ 10am**

#### BAPTISM REGISTRATION

Please register online SIDE BAR under '**Baptism Registration**'

### November Dead List

In the month of November, we remember all our dead. You are invited to include the names of all those deceased friends and relatives whom you wish to have remembered in all the names offered in November for all those on the dead lists by Canon Gunn.

Envelopes can be found at the back of the Church and at the Exit doors. Completed lists should be placed in the November Dead box in the Exit porch. They will then be opened, and the lists placed on the altar.

### 'Conversations for the Common Good'

Tuesday 17th October  
7pm  
Riddell Hall  
(Lecture Room 3)

Hosted by the Catholic  
Chaplaincy QUB  
in association with  
The Order of Malta



THE WAR IN UKRAINE AND CATHOLIC

### ETHICS OF WAR AND PEACE

BY PROFESSOR TOBIAS WINRIGHT

ALL WELCOME • [QUBCATHOLIC.ORG](http://QUBCATHOLIC.ORG)



### Prayers and Reflections for October



Prayer for Peace Pope St John XXIII • 11 October

Lord Jesus Christ,  
who are called the Prince of Peace,  
who are yourself our peace and reconciliation,  
who so often said, 'Peace to you,'  
grant us peace.  
Make all men and women witnesses of  
truth, justice, and brotherly love.  
Banish from their hearts whatever might endanger peace.  
Enlighten our rulers that they may guarantee  
and defend the great gift of peace.  
May all peoples of the earth become as brothers and sister  
May longed-for peace blossom forth  
and reign always over us all.  
Amen.

*Courtesy of Intercom magazine*

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In response to the appeal for prayers for peace in the Holy Land, issued by Cardinal Pizzaballa, the Latin Patriarch of Jerusalem, there will be exposition of the Blessed Sacrament in St Comgall's from **2pm on Tuesday 17<sup>th</sup> October** with recitation of the Rosary at **2, 4, 6 and 8pm**. The day of Prayer and fasting will close with benediction after the 8pm Rosary. **ALL are welcome** to drop in to pray for as long or as short a time that is convenient.

### First Penance and Holy Communion classes for children not attending the parish schools

The classes will begin in the parish centre on **Sunday 5th November at 11am** for preparation of the sacraments. Parents are asked to contact the parish office with their details. The classes are open to children in P4 and older and a parent/guardian is requested to attend with their child. Enrolments closing date is **Thurs 26<sup>th</sup> October 2023**

**Deacon James invites you to a candlelit hour of adoration, quiet prayer and reflection with Taizé chant.**  
**In St.Comgall's Church, Brunswick Road, Bangor**  
**Thursday 19th October from 7:30pm to 8:30pm**

**PARISH CENTRE – PARISH GROUPS 2023**

| <b>MONDAYS</b>   | <b>TUESDAYS</b>   | <b>WEDNESDAYS</b>   | <b>THURSDAYS</b>   | <b>FRIDAYS</b>   |
|--|---|---|--|--|
| <b>BRIDGE CLUB</b><br>at 7.15 until 9.45pm<br><br><b>LECTIO DIVINA GROUP</b><br>7.30pm – 8.30pm<br>[St Dymphna's Room] | <b>FRIENDSHIP CLUB</b><br>at 10.00am<br><br><b>IRISH DANCING CLASSES</b><br>at 6.00pm<br><br><b>SENIOR CHOIR</b><br>Starting 11 <sup>th</sup> October at 7.30pm | <b>MENCAP</b><br>Every fortnight at 6.00pm<br><br><b>BADMINTON</b><br>Every fortnight at 8.00pm | <b>St Comgall's Guide Unit</b><br>(Girls aged 6-18) at 6.30pm<br><br><b>IRISH CLASS &amp; CEILI DANCING</b><br>at 7.00pm | <b>St Comgall's Ju-Jitsu Club</b><br>(Juniors 5-15yrs) 6-7pm<br>(Seniors 16+yrs) 7-8pm |

**BOOKING OF PARISH CENTRE:** Contact Thomas **only** on 07305 746 263 or Email: [mcmullanthomas481@gmail.com](mailto:mcmullanthomas481@gmail.com)

**If you have a parish group and wish to advertise the times of starting or day in this Parish Newsletter please contact the parish office by email on: [bangor@downandconnor.org](mailto:bangor@downandconnor.org)**

**St Columbanus Posts**

The College requires a temporary suitably qualified/experienced person for a vacancy in the College's front office. If you are interested in this temporary position, then please forward any enquiries and your CV to the College's Bursar at [gmcaleer953@c2ken.net](mailto:gmcaleer953@c2ken.net)

The College is updating its register of temporary Classroom Assistants for the current academic year 2023/2024. As a College, we are keen to have a list of suitably qualified Classroom Assistants who are available should there be staff illness or if temporary positions arise at short notice throughout this academic year.

If you feel you have the correct qualifications/experience and would like to be considered for any short/long term positions as/if they arise during this academic year please send your CV and availability to the College's SENCO Mrs K Doyle at [kdoyle791@c2ken.net](mailto:kdoyle791@c2ken.net) or the College's Bursar Mr G McAleer at [gmcaleer953@c2ken.net](mailto:gmcaleer953@c2ken.net)

**HOLY HOUR – DONAGAHDEE**

**Sunday 15<sup>th</sup> October 2023 starting at 2.45pm. Everyone welcome.**

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**St.Comgall's Ju-Jitsu Club**

JU-JITSU IS SO MUCH MORE THAN PUNCHING AND KICKING ... GET FIT, LEARN SELF DEFENCE, BUILD CONFIDENCE AND HAVE FUN! CLUB INSTRUCTORS - Colum Jordan 7th Dan & Scott Jordan 1st Dan.

Places will be limited and are offered on a first come first served basis.To book a place contact: Colum Jordan T.07970143611 [colum.jordan@icloud.com](mailto:colum.jordan@icloud.com)

St.Comgall's Ju-Jitsu Club is a World Ju-Jitsu Federation Club registered by Sport N.I.

For information about our organisation visit; [www.ujitsuireland.com](http://www.ujitsuireland.com)

**[Marriage Enrichment Weekend, 10 – 12 November 2023, Co. Kildare: an opportunity to energise communication and romance in your marriage! Visit: \[www.marriageencounter.ie/marriage-encounter-weekend\]\(http://www.marriageencounter.ie/marriage-encounter-weekend\)](#)**

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**St. Comgall's Bethany Bereavement Support Group**

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted on the following number **07732 513 400**

**ST VINCENT DE PAUL HELPLINES**

**Bangor Conference 07703679384**

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389.** (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

مجلس رؤساء الكنائس الكاثوليكية في الأرض المقدسة



אספת ההגמונים הקתוליים  
של ארץ הקודש

THE ASSEMBLY OF CATHOLIC ORDINARIES OF THE HOLY LAND  
*Latins, Melchites, Maronites, Syrians, Armenians, Chaldeans, Custody of the Holy Land*

Prot. n. 37/2023

Jerusalem, October 11 2023

*"Since he is not the God of disorder but of peace" (1 Cor. 14,33)*

Dear brothers and sisters,  
may the Lord indeed give us His peace!

The pain and dismay at what is happening is great. Once again we find ourselves in the midst of a political and military crisis. We have suddenly been catapulted into a sea of unprecedented violence. The hatred, which we have unfortunately already been experiencing for too long, will increase even more, and the ensuing spiral of violence will create more destruction. Everything seems to speak of death.

Yet, in this time of sorrow and dismay, we do not want to remain helpless. We cannot let death and its sting (1 Cor 15:55) be the only word we hear.

That is why we feel the need to pray, to turn our hearts to God the Father. Only in this way we can draw the strength and serenity needed to endure these hard times, by turning to Him, in prayer and intercession, to implore and cry out to God amidst this anguish.

On behalf of all the Ordinaries of the Holy Land, I invite all parishes and religious communities to a day of fasting and prayer for peace and reconciliation.

**We ask that on Tuesday, October 17, everyone hold a day of fasting, abstinence, and prayer. Let us organize prayer times with Eucharistic adoration and with the recitation of the Rosary to Our Blessed Virgin Mary. Although most probably in many parts of our dioceses circumstances will not permit large gatherings, it is possible to organize simple and sober common moments of prayer in parishes, religious communities, and families.**

This is the way we all come together despite everything, and unite collectively in prayer, to deliver to God the Father our thirst for peace, justice and reconciliation.

With sincere prayers for all,



+ Pierbattista Pizzaballa  
+Pierbattista Card. Pizzaballa  
Latin Patriarch of Jerusalem  
President of the ACOHL

## **OTHER NOTICES:**



### **8<sup>th</sup> Sunday in Ordinary Time, Year A – 26<sup>th</sup> February 2023**

**Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.'** I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

**My intention:** Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

**Penitential Act:** I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

## **PRAYERS AT HOLY COMMUNION**

### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present  
in the most Blessed Sacrament.  
I love you above all things and  
I desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace you as if you have already come,  
and unite myself wholly to you.  
Never permit me to be separated from you.  
Amen.  
*composed by Saint Alphonsus Liguori*

### **ANIMA CHRISTI**

#### **Prayer to the Most Holy Redeemer**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, embolden me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within your wounds hide me.  
Never permit me to be separated from you.  
From the evil enemy defend me.  
At the hour of my death call me  
and bid me to come to you,  
that with your Saints I may praise you  
for age upon age. Amen

**Prayer Online:** Come and join us at... [www.soulparemission.com](http://www.soulparemission.com) Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

## CALENDAR OF SAINTS DAYS

October/November 2023

|  |   |
|--|---|
| <b>Saturday 07 October</b><br>Our Lady of the Rosary | <b>Wednesday 01 November</b><br>All Saints                                |
| <b>Monday 16 October</b><br>St Gall                  | <b>Thursday 02 November</b><br>All Souls                                  |
| <b>Sunday 22 October</b><br>Mission Sunday           | <b>Friday 03 November</b><br>St Malachy                                   |
|  | <b>Sunday 05 November</b><br>Prisoners Sunday                             |
|  | <b>Sunday 19 November</b><br>World Day of the Poor                        |
|  | <b>Tuesday 21 November</b><br>The Presentation of the Blessed Virgin Mary |
|  | <b>Thursday 23 November</b><br>St Columbanus                              |