# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

## The Twenty-eighth Sunday in Ordinary Time, Year C – 12th October 2025

# Your prayers are requested for Recently Deceased:

Roger O'Kelly (England) Stephen Dalzell (England)

#### Month's Mind:

Una Ferguson

#### **Anniversaries:**

Gerard McKeown
Hugh Leslie
Hugh McPoland
Frances Doherty
Margaret Finlay
Mary McNally
Liam Gallagher
Leslie Jennings
Sean McKenna
Ashley Stevenson

Rosaleen McCormack nee Fox
George Roberts Kathleen Ward
Mary McArdle Mick McArdle

## MOST HOLY REDEEMER CHURCH, BALLYHOLME

Sunday 12th October 2025 @ 9am

### ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 11<sup>th</sup> October @ 6.30pm and Sunday 12<sup>th</sup> October @ 10am and 12noon

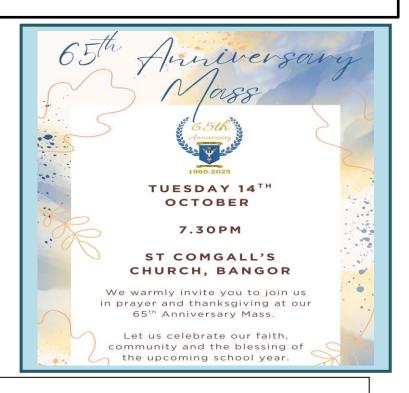
#### **MASS TIMES NEXT WEEK:**

Monday 13th - Friday 17th October @ 9.30am

# BAPTISM REGISTRATION Please register online SIDE BAR under 'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm







#### Cuppa & Connect <>>

Stay a while after Mass and share a cup of tea or coffee with friends old and new. A lovely way to catch up, build community, and feel refreshed. Parents can relax too — there's space for little ones to play while you enjoy a chat!

Sunday 12th Oct after 12md Mass

Sunday 19th Oct after 10am Mass Sunday 26th Oct after 12md Mass

Requests for PARISH Centre bookings should be forwarded to the PCC via email: <a href="mailto:stcomgallspcc@gmail.com">stcomgallspcc@gmail.com</a>

#### PARISH CENTRE - PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	PARENTS & TODDLERS	St Comgall's Guide Unit	Ju-Jitsu Club
at 7.15pm until 9.45pm	at 10.30am	10am	(Girls aged 6-18)	(Juniors 5-15yrs)
[Minor Hall]	[Minor Hall]	[Main/Minor Hall]	at 6.15pm to 8pm [Main/Minor Hall]	6-7pm [Main Hall]
LECTIO DIVINA GROUP	IRISH DANCING	MEDITATION GROUP		-
7.30pm – 8.30pm	CLASSES	at 12pm to 1.30pm	IRISH LANGUAGE	<b>Discussion Group</b>
[St Dympna's Room]	at 6.00pm to 8.30pm [Main Hall]	[St Dympna's Room]	CLASS At 7pm to 8pm	At 7.30pm – 9pm [St. Dympna's
BADMINTON		FOLK GROUP	[St Dympna's Room]	Room]
NOW WEEKLY at 8 to 9pm	SVP	AT 6.30 -7.30pm	- / .	_
[Main Hall]	at 7.30pm to 9.30pm [St Dympna's Room]	[St Dympna's Room]	ceili dancing at 8.15pm to 9.30pm	
		SENIOR CHOIR At 7.30pm	[Minor Hall]	
		[St Dympna's Room]		

#### **New Madonna and Child Statue**

As announced Matthew Thompson from Co. Cork has been commissioned to sculpt a statue in Portland stone to replace the mutilated statue of Our Lady outside the church. Any donations large or small would be deeply appreciated. Please use the envelopes on top of the safe, and place in the safe. So far this week several people have contributed £296.00 for which the parish is deeply grateful.

St Comgall's Primary school has a very limited number of spaces for new pupils in Year 2, 3, 5 and 7. If you, a family member or friend has a child who would like to join, please contact the school office <a href="mailto:ajones169@c2kni.net">ajones169@c2kni.net</a> or telephone 02891 463194 for more information.

#### PARISH SACRAMENTAL CLASSES

The Parish Sacramental classes will be held bi-monthly commencing **Sunday 02 November.** To register your child please email : <a href="mailto:bangor@downandconnor.org">bangor@downandconnor.org</a>

First Penance & First Holy Communion class @ 9 -9.45am

Confirmation class @ 10.30 - 11.45am

Prisons week runs from Sunday 12th to Saturday 18th of October.

During that time we ask that you pray for prisoners, their families, their victims and communities affected by their crime and incarceration. We also remember those who work both in prisons and in the communities working to rehabilitate and bring healing to all touched by crime. There will be a service to mark prison week in **St Anne's Church, Kingsway, Finaghy on Wednesday 15th October at 7pm.** All are welcome. Hospitality by way of refreshments will be provided following the service

#### ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

#### St. Comgall's Bereavement Support Group

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522** 

Notices for the newsletter and anniversary requests are to be submitted to the parish office by 12noon on Wednesdays. bangor@downandconnor.org

Notices are available to view in the NEWS section of the parish website

Towards Peace is an independent organization that provides a spiritual service for survivors of physical, emotional, sexual and spiritual abuse clerical or religious setting in Ireland. Funded by the Irish Catholic Bis Association of Missionary and Religious in Ireland, the vision of Toward supportive space for people and their families, whose spiritual life has abuse. Through spiritual accompaniment with a qualified spiritual dire to accompany people as they seek their own experience of spiritual per Peace is also a response to the continually growing understanding of the fabuse and seeks to raise awareness about this within the Church. The Support Service is free of charge and for more please see https://towareness.	who suffered in an institutional, shops' Conference and the ds Peace is to provide a safe been damaged by ector, Towards Peace endeavours ace, one step at a time. Towards he spiritual impact of the trauma the Towards Peace Spiritual
Accord NI Catholic Marriage Care	Service seeking
Marriage Preparation Facilitators	
ACCORD NI Catholic Marriage Care Service is currently recruiting marriage preparation programme facilitators.	ng people to train as
<ul> <li>If you have a positive attitude towards marriage in the C</li> <li>If you have the enthusiasm to be part of the Accord tear are preparing for the Sacrament of Marriage</li> <li>Accord wants to hear from you!</li> </ul>	
Successful applicants will receive professional training and will marriage preparation programmes locally.	be part of a team delivering
Contact Brenda on 02890 233002 or by email to info@accordn	ni.com
www.accordni.com	
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#### ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### **CONTACT US!**

#### PRAYERS AT HOLY COMMUNION

#### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="who-are teleparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

#### **CALENDAR OF SAINTS DAYS**

JANUARY 2024				