# Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 E:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

## Third Sunday of Easter, Year C - 11th May 2025

# Your prayers are requested for Recently Deceased:

JIM MCGLINCHEY ANN MARGARET MILLIGAN

#### **Anniversaries:**

VERA MAGENNIS
GERALD & THOMAS SCOLLAN
ROSALEEN & HUGH O'NEILL
JOHN COYLE
MAUREEN CRAIG
CATHERINE BROWN
MARY DELARGY
SARAH MCGARRY
JEAN O'KANE
MARGARET SULLIVAN
AOIFE ROBINSON
MAURA MCPADDEN
FRANK KILLEN

## ST COMGALL'S CHURCH DONAGHADEE

Sunday 11th May @ 9am

#### ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 10th May @ 6.30pm and Sunday 11th May @ 10am and 12noon

#### **MASS TIMES NEXT WEEK:**

DAILY MASS Monday 12th - Friday 16th May @ 9.30am

BAPTISM REGISTRATION
Please register online SIDE BAR under
'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

# trōcaire

MARY & CHARLIE HERON

Our coffee morning is on **Sunday 18**<sup>th</sup> **May** after both masses. Big ballot prizes. Thank you for all your continued support.



#### **Cuppa and Connect**

Sunday 11th May - after 10am mass

Sunday 18th May No Cuppa & Connect - Trocaire coffee morning

Sunday 25th May - after 10am mass

Sunday 01st June - after 12md mass

Sunday 08th June - after 10am mass

Sunday 15th June - after 12md mass

Sunday 22nd June Cuppa & Connect Family BBQ after 12 mass

All Parish P7 children keep an eye out - fun event upcoming to celebrate end of Primary! More details to follow



#### PARISH CENTRE - PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] LECTIO DIVINA GROUP	FRIENDSHIP CLUB at 10.30am [Minor Hall] IRISH DANCING	PARENTS & TODDLERS 10am [Main/Minor Hall]  MEDITATION GROUP	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall]
7.30pm – 8.30pm [St Dympna's Room]  BADMINTON  NOW WEEKLY at 8 to 9pm [Main Hall]	CLASSES at 6.00pm to 8.30pm [Main Hall]  SVP at 7.30pm to 9.30pm	at 12pm to 1.30pm [St Dympna's Room]  MENCAP Every fortnight at 6.00pm [Main/Minor Hall]	IRISH LANGUAGE CLASS At 7pm to 8pm [St Dympna's Room]	Discussion Group At 7.30pm – 9pm [St. Dympna's Room Monthly
[	[St Dympna's Room]	FOLK GROUP AT 7pm [St Dympna's Room]	ceili dancing at 8.15pm to 9.30pm [Minor Hall]	
		SENIOR CHOIR At 7.30pm [St Dympna's Room]		

#### Children's Liturgy

We are delighted and very excited to announce that Children's Liturgy group is commencing as soon as possible. This will be held weekly at **10am mass**. Strictly only registered children can attend and only from P3-P6. Children's Liturgy will be held in the Youth Club. Registration is now at full capacity.

#### **Summer Singing Course 7-11 July 2025**

5-day singing course for young people who want to improve their singing voice and musical skills. For young people aged 8-18 Venue: St Paul's Parish Centre, Belfast. End of week showcase: St Peter's Cathedral Optional extra sessions for singers studying GSCE and A Level Music. £75 for 5-day course. Book by 30th April for discount. Scholarships available on request. For more information see NEWS section of parish website.

Congratulations to all the children who made their First Holy Communion this week. May the joy of this holy occasion guide you throughout your life.

#### Pilgrimage to Rome & Assisi - Last Places Remaining!

Join the Alumni & Friends of the Catholic Chaplaincy at Queen's for a Jubilee Year of Hope pilgrimage to Rome and Assisi, from 25 August to 1 September 2025. Enjoy 4★ hotel accommodation, private coach travel, guided visits to key religious and cultural sites, and selected meals—this promises to be the trip of a lifetime. Additions to the itinerary include a visit to Pope Francis' tomb in the Basilica of St Mary Major, and a General Audience with our newly elected Pope. With just four double/twin rooms left (and a waiting list for singles), don't miss this unforgettable opportunity. Whether you're a graduate, a parent, or simply a friend—we consider you part of the Chaplaincy family. For more information, contact Shannon Campbell at: <a href="mailto:catholicchaplaincy@qub.ac.uk">catholicchaplaincy@qub.ac.uk</a>

#### **Healing Service**

There will be a Healing Service in St Matthew's Church, Short Strand, East Belfast on Thursday May 15<sup>th</sup> at 7pm. Focussing on the healing power of the Rosary followed by a Eucharistic healing blessing and benediction.

The service will be led by Fr Peter Carlin, PP, and Music Ministry will be provided by Fionnuala O Neill and family.

#### Assisted suicide Bill - less than 2 weeks left!

Report Stage of the assisted suicide Bill is 16 May. It is vital that you contact your MP urgently about this issue.

\*Please take action now and visit <a href="www.righttolife.org.uk/ASVote">www.righttolife.org.uk/ASVote</a> to email your MP - it takes just 30 seconds! If you have the time, please also visit your MP - you can arrange a meeting now by visiting

\*\*www.righttolife.org.uk/meetyourMP\*\*

\*

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (26th April. 24th May and 21st June) Booking essential. To find out more, contact Pauline <a href="mailto:07519289185">07519289185</a> or Marie <a href="mailto:07896119669">07896119669</a> or email <a href="mailto:belfastbe@yahoo.com">belfastbe@yahoo.com</a> If you require any further information please contact any of the above numbers and we will be happy to help.

ST VINCENT DE PAUL HELPLINES

#### Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

**Ballyholme/Donaghadee Conference 07703679389**. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

Towards Peace Spiritual Support Service  Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeadours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see hitses! (Ivowardspeace.le.)  Accord NI Catholic Marriage Care  Service seeking Marriage  Accord NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.  If you have a positive attitude towards marriage in the Catholic Church  If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage  Accord wants to hear from you!  Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.  Contact Brenda on 02890 233002 or by email to info@accordni.com  www.accordni.com		
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### ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

#### CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133 Website: www.familycareadoption.com We are waiting to hear from you!

#### PRAYERS AT HOLY COMMUNION

#### **Spiritual Holy Communion Prayer**

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liguori

## ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

**Prayer Online**: Come and join us at... <a href="www.soulparemission.com">www.soulparemission.com</a> <a href="www.soulparemission.com">Who are we</a>? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. <a href="www.soulparemission.com">what's on offer?</a>? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

#### **CALENDAR OF SAINTS DAYS**

JANUARY 2024				