

Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 E: bangor@downandconnor.org W: www.bangorparish.com Office Hours: Mon-Fri 10am to 1pm.

PARISH NEWSLETTER

Corpus Christi, Year A – 11th June 2023

Your prayers are requested for

Recently Deceased

James Connell
Sean Higgins
Jean Curran
Lillie Mount
Terry Savage

Month's Mind:

Fr Kevin McMullan

Anniversaries:

Màire Mc Donnell
Godfrey Thomas
Carmel Thomas
Colin Blaney
Michael & Ann Magee
Gertrude O'Mahony
Kathleen McCann

ST COMGALL'S CHURCH, DONAGHADEE

Sunday 11th June 2023 @ 9.00am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 10th June @ 6.30pm and
Sunday 11th June @ 10am & 12noon

MASS TIMES FOR:

DAILY MASS NEXT WEEK – 12th – 16th June 2023

Morning Mass: Monday to Friday @ 9.30am
Requiem Mass: Wednesday & Thursday @ 10am

BAPTISM REGISTRATION

Please register online SIDE BAR under '**Baptism Registration**'

14th - 22nd June 2023 Clonard Solemn Novena

In honour of our Mother of Perpetual Help

MONDAY to SATURDAY

6:45am, 9:30am, 11:30am,
4:00pm, 6:00pm, 8:00pm

SUNDAY

6:45am, 9:30am, 11:30am,
1:00pm, 4:00pm, 6:00pm, 8:00pm

SPECIAL SESSIONS

Blessing of the Sick at all Masses
Saturday, 17th June

Blessing of Children at all Masses
Sunday, 18th June

Youth Session with Mass
Sunday, 18th June at 8:00pm

Inter-Church Day
Monday, June 19th



This year's theme:

"Towards a New Vision of Church"

Watch Novena sessions live at www.clonard.com

Join us on: [f Clonard Monastery](https://www.facebook.com/ClonardMonastery) [t @clonardmbelfast](https://twitter.com/clonardmbelfast)

ABIDE

EUCCHARISTIC REVIVAL CONFERENCE '23

SATURDAY SEPTEMBER 16TH 11.00 A.M
ST. ANNE'S CHURCH, CRANMORE RD, SLIGO

"IF YOU ABIDE IN ME, AND MY WORDS ABIDE IN YOU, ASK FOR WHATEVER YOU WISH, AND IT WILL BE DONE FOR YOU" JN 15:7

GUEST SPEAKERS:

BISHOP KEVIN DORAN - ELPHIN
ARCHBISHOP DOMENICO SORRENTINO - ASSISI, ITALY
MOTHER ADELA GALINDO - MIAMI, FLORIDA
FR. BARRY BRAUM, PAPAL MISSIONARY OF MERCY - TYBURN, LONDON & MORE

Talks - Praise & Worship - Sacrament of Reconciliation - Children's Prayer - Holy Mass - Eucharistic Healing Service - Fellowship - Installation of First-Class Relic of Bl. Carlo Acutis

PARISH CENTRE – PARISH GROUPS 2023

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
BRIDGE CLUB at 7.15 until 9.45pm YOUTH CLUB 6.30pm – 8.30pm LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymrna’s Room]	FRIENDSHIP CLUB at 10.00am IRISH DANCING CLASSES at 6.00pm SENIOR CHOIR Starting 11 th October at 7.30pm	MENCAP Every fortnight at 6.00pm YOUTH CLUB 6.30pm – 8.30pm BADMINTON Every fortnight at 8.00pm	St Comgall’s Guide Unit (Girls aged 6-18) at 6.30pm IRISH CLASS & CEILI DANCING at 7.00pm

BOOKING OF PARISH CENTRE: Contact Thomas on 07305 746 263 or Email: mcmullanthomas481@gmail.com

If you have a parish group and wish to advertise the times of starting or day in this Parish Newsletter please contact the parish office by email on: bangor@downandconnor.org

Please support **Trocaire Coffee** morning on **Sunday 25 June**. Big ballot prizes.

Down and Connor Annual Knock Pilgrimage

We welcome you to join us for our Diocesan Knock in person/Virtual Pilgrimage on **Sunday 11th June 2023**. The Ceremonies will be streamed live on the Shrine website www.knockshrine.ie and on Knock Shrine Facebook page. The programme will commence with the Sacrament of the Anointing of the Sick at 2.30pm and Mass will be celebrated at 3pm by Bishop Donal McKeown. Apostolic Administrator of the Diocese of Down and Connor. Bishop McKeown will also deliver the Homily. The Mass will be followed by the Recitation of the Rosary
 You are invited to place a Petition by visiting the Knock Shrine website and all the Petitions will be placed before the Altar during the Mass. You may also request that a candle be lit for your intentions, or you may do so in person.
 Many regular visitors to Knock with our Diocesan Pilgrimage have expressed a reluctance to travel this year via coaches, therefore, unfortunately, there are a limited number of Parish Groups attending this year. we do hope that we can build this up again in the years to come.
 We encourage as many of you as possible to participate and pray that next year we may gather, as a Diocese, in larger numbers in person at our National Shrine of Our Lady of Knock.
 With Every Blessing

Father Vincent Cushnahan
(Diocesan Knock Pilgrimage Director).

Dromantine Summer Camp

For over 50 Years Dromantine Summer Camp, ran by SMA on the grounds of Dromantine Conference Centre, just outside of Newry, has been hosting young people for a week full of unforgettable memories.
 A week of camp includes Sports, Talent and Individual Skills Shows, Quiz and Movie Nights, Reflective Prayer and Mass. A few spaces are still available for Boys Camp during the month of July.
 Check out our website for more details and registration information. <https://www.dromantinesummertimecamp.co.uk/camp-registration>



Holy Hour

There will be a holy hour at St Comgalls Chapel, Donaghadee, on **Sunday June 18th**, starting at **2.45pm**. Please join us.

VACANCY – PARISH CENTRE CLEANER

Please be advised that the details for this post can be found in the **NEWS** section of the parish website.

Coffee Morning in aid of Stanton Healthcare will be held in St. Mary’s Church, Chapel Lane, Belfast, on Thursday 15th June 2023 at 1.30pm (after 1pm Mass). Come along and hear about the amazing work of Stanton Healthcare providing women facing unexpected pregnancy with practical help and support. For more information contact **02890332882**

Children’s Liturgy Volunteer Appeal – Please contact Emma in the Parish Office if you would be interested in assisting in our Children’s Liturgy programme commencing in Sept 2023.

**Tobar Mhuire Summer Institute
22nd – 23rd June**

“Blessed are the Peacemakers”



Speakers:

Fr Chris Monaghan CP: *Set My People Free – Peacebuilding in the Scriptures*

Peter McBride: *Trauma as a spiritual fracture*

Brian McKee: *Imagining a new and shared future together*

Each day begins at 10 am with tea/coffee and finishes each afternoon with optional liturgy at 4.30pm.

Conference Costs: £40 per day (to include tea/coffee/light lunch)

Residential Cost for Evening meal / Bed and Breakfast: £75 – single / £60 shared (plus conference cost)

For further information or to book your place:

Contact Tobar Mhuire T: 0284483044

Email: secretary@tobarmhuire.com



ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clondeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -.

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

Tobar Mhuire Retreat Centre: A warm welcome is extended to a series of conversations under the theme of "Stories of Life, Faith and Hope."

Tuesday 30 May - Baroness Nuala O'Loan on 30th May (former Police Ombudsman)

Tuesday 6 June - Fr Aidan Troy CP (former parish priest in Holy Cross, Ardoyne) and advocate on issues around suicide. Further information can be received from the reception at Tobar Mhuire, telephone 02844830242 or email reception@tobarmhuire.com.

SAFEGUARDING: The Diocese of Down and Connor has invited the National Board for Safeguarding Children in the Catholic Church in Ireland to conduct a review of safeguarding practice across the Diocese. The review will take place 6th, 7th, 8th, and 9th June. If you have any views about Safeguarding in the Diocese, you are invited to contact Teresa Devlin, Chief Executive Officer, National Board for Safeguarding Children in the Catholic Church in Ireland, prior to the review dates: Tel 003531 5053124 or email teresa.devlin@safeguarding.ie.

This is part of the process of learning and maintaining best safeguarding practice across the Diocese and ensuring our Church is a safe and nurturing place for young people where they can grow and develop their faith. Philip O Hara, Interim Director of Safeguarding, Designated Liaison Person, Diocese of Down and Connor.

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Saint Luke's and Nativity Parish Offices



From Wednesday 17th May 2023, the Parish Office for both St Luke's & Nativity Parishes will be re-located to St Luke's Church, Twinbrook, BT17 0RP (From that date, Nativity Presbytery, Bell Steel Road, will no longer serve as a Parish Office

The telephone number for the re-located Parish Office (both St Luke's & Nativity) and St Luke's Presbytery will be

028 90 625739

(the former St Luke's number 02890 619459) will no longer be in use)

The Parish Office opening hours will be the following:

Monday, Tuesday, Thursday and Friday 10am-1pm)

Email addresses will remain the same.

stlukes@downandconnor.org

nativity@downandconnor.org

HOMESCHOOLING CONFERENCE.

Laura Berquist, founder of Mother of Divine Grace School, will be speaking on Catholic Homeschooling and Classical Education, at Kelly's Inn, Garvaghey, Ballygawley, Co. Tyrone. Tues 6th June at 7pm. Free event where you will have a chance to meet other local homeschooling families. All welcome.

Right to Life UK

"As we reflect on the source and summit of the Christian life, we ask God to give us a better understanding of the importance and dignity of the human person, who is made in God's image and likeness. Lord hear us".

Unused bicycles for charity

The Rotary Club of North Down supports a Belfast charity, Bike Aid Africa, which collects second hand bicycles of all sizes, repairs and refurbishes them and then forwards them to a country in Africa for use by people of all ages as their only means of transport, e.g. to get to work or go to school. At the end of June, it will be sending a container of bicycles to Madagascar. If anyone has a bicycle no longer in use, please phone Greg McCourt on 07774672445 who will be pleased to collect it and delivery it to this worthy charity.

OTHER NOTICES:

▪ **NI CANCER PILGRIMAGE TO LOURDES, Sun 28 May to Fri 2 June 2023**

- The price of £799 (with price reduction for Cancer Patients) will include: Return flights from Belfast International Airport, operated by Northern Star Travel Ltd. Full board and accommodation at the Hotel Agena in Lourdes for five nights based on twin/double/triple rooms. Service of JWT guides in Lourdes. The party will consist of patients, ex-patients, relatives

To see the fuller details please go to the parish website 'Parish Newsletter' and friends accompanied by medical, nursing and other staff. To enquire or to obtain a booking form please speak to a member of the committee on Tel. **07846 88388** or email mail@nicancerpilgrimage.org.uk

▪ **COLUMBANUS ACROSS EUROPE**

Dear Friend of Columbanus Bangor, An Italian Columbanus friend sent me the link below which is a beautifully illustrated copy of a children's book written by Giovanni Caselli about the journeys of Columbanus across Europe through the eyes of a young trainee monk called Finbar. <https://rotharoutes.com/wp-content/uploads/2015/09/columbanus.pdf>

▪ **FOSTER CARE SERVICES AND SUPPORT**

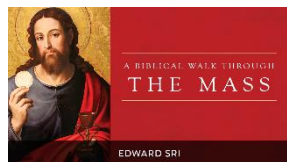
'There are children in crisis today in our local communities – children of all ages and all abilities. Can you spare an hour a day, an overnight or a weekend or more to make a difference in a child's life? If you can, then contact the Regional Fostering Team at www.adoptionandfosteringcare.hscni.net or on 0800 0720 137....remember ,every child is just one caring adult away from success'.

• **Graduation Mass – QUB Catholic Chaplaincy**

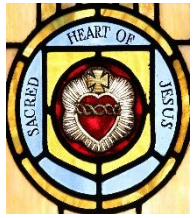
On **Thursday 1 June at 5.15pm**, the QUB Chaplaincy will host a Graduation Mass for the Class of 2023. Students, their families and friends, as well as staff and alumni are most welcome. This Mass will be the last special celebration before we close our doors and move to temporary accommodation whilst our landmark building on Elmwood Avenue undergoes major redevelopment. If the Chaplaincy holds special memories for you and you would like to experience it as-is for one last time, know that we would love to have you join us. Refreshments will be served afterwards. If you plan to come, it would be helpful if you could let us know by emailing catholicchaplaincy@qub.ac.uk

• **Lough Derg 2023**

The Living Church Office are organising a three-day pilgrimage to Lough Derg. The Pilgrimage will be led by Jim Deeds. Dates Friday 30th June – Sunday 2nd July 2023. Cost £90 includes luxury coach transfers. Bus departs 9am Friday 30th June from Glengall Street. Places are limited so early booking is recommended. Contact Claire Tel: 02890 690920 Email: livingchurch@downandconnor.org



The Mass is nothing short of amazing. The words, the gestures, and the rituals of the Mass are rich in meaning. Everything we say and do in the Liturgy is steeped in biblical language. We invite you to join us for the programme, *A Biblical Walk Through the Mass (Edward Sri)*, where we will explore the roots of the words and gestures we experience at Mass and reflect on their profound significance. We hope that this fascinating tour of the Mass will renew your faith and deepen your love & devotion to the Holy Eucharist. This programme will be facilitated by Fr Paul Byrne and Aishling Steen beginning on **Monday 29th May @7pm for 5 weeks online via zoom**. To book your place please contact the Living Church Office at **02890690920** or e-mail livingchurch@downandconnor.org



8th Sunday in Ordinary Time, Year A – 26th February 2023

Lord Jesus, you have said, 'Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you.' I come to you in faith and trust, in love and hope. Let me know your closeness to me and your care for me and for all who are dear to me.

My intention: Hear my prayer (*mention intention*); grant what I ask, and may I always trust that in all that happens in life, you will be close to me as my friend, guide and saviour. And so, Most Sacred Heart of Jesus, I place all my trust in you.

Penitential Act: I confess to the almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.
composed by Saint Alphonsus Liguori

ANIMA CHRISTI

Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

MAY/JUNE 2023

Wednesday 10 May Saint Comgall, Abbot of Bangor	Sunday 4 June The Most Holy Trinity
Sunday 21 May The Ascension of the Lord	Friday 9 June St Columba
Wednesday 24 May Day of Prayer for the Church in China	Sunday 11 June Corpus Christi
Sunday 28 May Pentecost Sunday	Saturday 17 June The Immaculate Heart of Mary
Monday 29 May The Blessed Virgin Mary, Mother of the Church	Sunday 18 June Collection for Peter's Pence
Wednesday 31 May The Visitation of the Blessed Virgin Mary	Saturday 24 June The Nativity of St John the Baptist