

PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall]	FRIENDSHIP CLUB at 10.30am [Minor Hall]	PARENTS & TODDLERS 10am [Main/Minor Hall]	St Comgall's Guide Unit (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall]	Ju-Jitsu Club (Juniors 5-15yrs) 6-7pm [Main Hall]
LECTIO DIVINA GROUP 7.30pm – 8.30pm [St Dymphna's Room]	IRISH DANCING CLASSES at 6.00pm to 8.30pm [Main Hall]	MEDITATION GROUP at 12pm to 1.30pm [St Dymphna's Room]	IRISH LANGUAGE CLASS At 7pm to 8pm [St Dymphna's Room]	Discussion Group At 7.30pm – 9pm [St. Dymphna's Room]
BADMINTON NOW WEEKLY at 8 to 9pm [Main Hall]	SVP at 7.30pm to 9.30pm [St Dymphna's Room]	FOLK GROUP AT 6.30 -7.30pm [St Dymphna's Room]	SENIOR CHOIR At 7.30pm [St Dymphna's Room]	CEILI DANCING at 8.15pm to 9.30pm [Minor Hall]

Vincent's, the Saint Vincent de Paul charity shop in Kircubbin, would welcome donations of good quality men's, women's and children's clothes plus small (non-electrical) household items. If at any time you have such items to donate, please e-mail kircubbin.vincent@svpni.co.uk giving details of the items for donation, your name, address and telephone number. We will then arrange to pick up the items at you home at a suitable time. Alternatively, you can drop off the items at the Vincents shop in Kircubbin during opening hours 10.00am to 4.00pm Monday to Saturday. Your donation will raise money to help people in need across the North Down and Ards area.

DISCUSSION GROUP

The next meeting of the Discussion Group will be on **Friday 16 January 2026** in St Dymphna's room from **7.30pm – 9.30pm**.

The topic for this meeting is: "Sophia: the Wisdom of God". Everyone is welcome.



Cuppa + Connect
Sunday 11th Jan after 10am Mass

Ards CCÉ traditional music classes in St Columbanus College Bangor Sunday afternoons and Sunday Eve in St Joseph's College Belfast.

All instruments and all levels including total beginner. More info Niall McClean **079 6007 2218**

McClean family concerts, Bangor Courthouse Friday 16 Jan and Sat matinee 17th Jan.

Friday eve sold out. Limited tickets left for Sat. More info from Courthouse online

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle)

St. Comgall's Bereavement Support Group

The aim of the Bereavement Group is to provide support to the bereaved. If you wish to avail of this service, please contact the parish office **028 9146 5522**

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (31st January, 28th February and 28th March) Booking essential. To find out more, **contact Pauline 07519289185 or Marie 07896119669** or email belfastbe@yahoo.com

Canons Whyte and Gunn wish to thank most sincerely all those parishioners who sent Mass bouquets, Christmas cards and gifts. Your kindness and great generosity are deeply appreciated. They wish you all a very happy and peaceful New Year.

- **Towards Peace Spiritual Support Service**

Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see <https://towardspeace.ie/>

Accord NI Catholic Marriage Care
Marriage Preparation Facilitators

Service seeking

ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.

- If you have a positive attitude towards marriage in the Catholic Church
- If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage

Accord wants to hear from you!

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.

Contact Brenda on 02890 233002 or by email to info@accordni.com

www.accordni.com

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!
