Parish of Bangor, Member of Ards Pastoral Community

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS **T**: (028) 9146-5522 **E**:bangor@downandconnor.org **W**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Fifth Sunday in Ordinary Time, Year C – 9th February 2025

Your prayers are requested for

Recently Deceased:

VERY REV CANON NOEL CONWAY PP VERY REV BRENDAN SMYTH PP

Anniversaries:

PETER DRUMGOOLE
BERT CASSIDY
PHIL MCNALLY
MARGARET MCGEOUGH
MICHAEL COYLE
YVONNE O'NEILL
ESTHER HILL
DANIEL & TERESA O'LOAN
MARY NORRINGTON
LAURENCE CONNOR
JOHN ROGAN

MOST HOLY REDEEMER BALLYHOLME

Sunday 9th February @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD

Saturday 8th February @ 6.30pm and Sunday 9th February @ 10am and 12noon

MASS TIMES NEXT WEEK:

Monday 10th - Friday 14th February 2025 @ 9.30am

Taizé Hour of Adoration

St Comgall's Church Bangor Tuesday 11th February @ 7.30pm

BAPTISM REGISTRATION Please register online SIDE BAR under 'Baptism Registration'

Baptisms are celebrated on Sundays @ 1.15pm

NOTICE TO PARISHIONERS

The Rome Pilgrimage commences on Wed 5th February – Tues 11th February. Canon Whyte assisted by Deacon James McAllister will undertake parish pastoral care in the absence of Canon Gunn.

Tel: 077 5185 1444

The Parish office will be closed on Monday 10th and Tuesday 11th February 2025.



ST COMGALL'S PARISH CENTRE

Cuppa & Connect:

- *Saturday 8th February after 630pm mass
- *Sunday 16th February after 10am mass
- *Sunday 23rd February after 12md mass

Save the date - Easter Family Ceili Saturday 12th April - more details to follow 🔭 📘

Our Holy Shop items continue to be sold at each Cuppa & Connect. We hold a small stock of bibles, missals & candles.

Catalogues available to browse through to order specific Holy items and for all upcoming sacraments including First Holy Communion and Confirmation.

Jubilee Year 2025 - 'A call to action!'

The celebration of Jubilee 2025 has now begun throughout the universal Catholic Church on the theme: 'Pilgrims of Hope'. Everyone is invited to participate in this special year of faith. Specifically, Pope Francis is encouraging each of us to be messengers of hope in our very troubled world during this holy year. In our Christian tradition, the Jubilee has a strong focus on reconciliation and renewal, including reaching out to people on the margins. It is normally celebrated every 25 years, so that more people can experience it at least once in a lifetime. In dioceses and parishes around Ireland people are celebrating specific jubilee occasions both locally and in Rome. Reflecting the Jubilee Year in the Universal Church, the Irish Synodal Pathway will also focus on hope ahead of the national presynodal assembly in Kilkenny on 18 October next. For further information on Jubilee 2025 Year of Hope, see the dedicated page on <u>CatholicBishops.ie</u> for all Jubilee-related updates, including a live calendar featuring events happening across the island. To keep the Jubilee page vibrant, we invite you to contribute by sharing videos and photos from events in your diocese to the Catholic Communications Office in Maynooth on info@catholicbishops.ie. Your contributions will help showcase and amplify the Jubilee celebrations across Ireland. Scan QR code here to see the dedicated Jubilee 2025 page. Thank you! Hashtags to use on social media: #Jubilee2025 #PilgrimsofHope @Iubilaeum 25



PARISH CENTRE – PARISH GROUPS 2025

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB	FRIENDSHIP CLUB	PARENTS & TODDLERS	St Comgall's Guide Unit	Ju-Jitsu Club
at 7.15pm until 9.45pm	at 10.00am	10am	(Girls aged 6-18)	(Juniors 5-15yrs)
[Minor Hall]	[Minor Hall]	[Main/Minor Hall]	at 6.15pm to 8pm	6-7pm
			[Main/Minor Hall]	[Main Hall]
LECTIO DIVINA GROUP	IRISH DANCING	MEDITATION GROUP		
7.30pm – 8.30pm	CLASSES	at 12pm to 1.30pm	IRISH LANGUAGE	Discussion Group
[St Dympna's Room]	at 6.00pm to 8.30pm	[St Dympna's Room]	CLASS	At 7.30pm – 9pm
	[Main Hall]		At 7pm to 8pm	[St.Dympna's Room]
BADMINTON		MENCAP	[St Dympna's Room]	
NOW WEEKLY at 8 to 9pm	SVP	Every fortnight at 6.00pm		
[Main Hall]	at 7.30pm to 9.30pm	[Main/Minor Hall]	CEILI DANCING	
	[St Dympna's Room]		at 8.15pm to 9.30pm	
		FOLK GROUP	[Minor Hall]	
		AT 7pm		
		[St Dympna's Room]		
		SENIOR CHOIR		
		At 7.30pm		
		[St Dympna's Room]		ļ

DISCUSSION GROUP

The Discussion Group will meet on the second Friday of every month in St Dympna's room from 7.30pm to 9.00pm.

The first meeting will be on Friday 14th February commencing at 7.30pm.

The topic for the first meeting is: "Evils of the Latter Days". Everyone is welcome

Taizé Hour of Adoration

Deacon James will lead the monthly candlelit hour of adoration with Taizé chant on **Tuesday 11th February from 7.30 – 8.30pm** in St Comgall's Church Brunswick Road.

A time for quiet reflection in the presence of the blessed sacrament.

Order of Malta

Letter of thanks is available on the parish website NEWS section for parishioners to read. The Christmas Crib Box Appeal in aid of the Order's Holy Family Hospital Bethlehem raised the magnificent sum of £995.00

As part of the College's 65th anniversary celebrations St Columbanus' College are holding a Golf day on **Friday 23rd May** at Carnalea Golf Club. For further information please contact Kevin Blaney . <u>kblaney724@c2ken.net</u>

ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384

(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn) will continue to use the existing number -

Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Conlig/Breezmount, Groomsport, Donaghadee and Millisle)

St. Comgall's Bethany Bereavement Support Group

The aim of the Bethany Group is to provide support to the bereaved. The Bethany Group may be contacted via the Parish office

Towards Peace Spiritual Support Service				
Towards Peace is an independent organization that provides a spiritual support and professional service for survivors of physical, emotional, sexual and spiritual abuse who suffered in an institutional, clerical or religious setting in Ireland. Funded by the Irish Catholic Bishops' Conference and the Association of Missionary and Religious in Ireland, the vision of Towards Peace is to provide a safe supportive space for people and their families, whose spiritual life has been damaged by abuse. Through spiritual accompaniment with a qualified spiritual director, Towards Peace endeavours to accompany people as they seek their own experience of spiritual peace, one step at a time. Towards Peace is also a response to the continually growing understanding of the spiritual impact of the trauma of abuse and seeks to raise awareness about this within the Church. The Towards Peace Spiritual Support Service is free of charge and for more please see https://towardspeace.ie/				

Accord NI Catholic Marriage Care Service seeking				
Marriage Preparation Facilitators				
ACCORD NI Catholic Marriage Care Service is currently recruiting people to train as marriage preparation programme facilitators.				
 If you have a positive attitude towards marriage in the Catholic Church If you have the enthusiasm to be part of the Accord team in supporting couples who are preparing for the Sacrament of Marriage Accord wants to hear from you! 				
Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally.				
Contact Brenda on 02890 233002 or by email to info@accordni.com				
www.accordni.com				

ADOPTIVE PARENTS NEEDED URGENTLY



Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US!

Email: email@familycareadoption.org

Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love you above all things and I desire to receive you into my soul.

Since I cannot now receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you have already come, and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

composed by Saint Alphonsus Liquori

ANIMA CHRISTI Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at... www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. what's on offer?? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024				