PARISH OF BANGOR, MEMBER OF ARDS FAMILY OF PARISHES

Parish Priest: Very Rev Joseph Gunn St Comgall's Presbytery, 27 Brunswick Road, Bangor, Co Down, BT20 3DS
T: (028) 9146-5522 **Permanent Deacon**: Rev James McAllister **T:** 07751 851444
Email:bangor@downandconnor.org **Website**:www.bangorparish.com **Office Hours**: Mon-Fri 10am to 1pm.

Twenty-Seventh Sunday in Ordinary Time, Year A – 4th October 2026

Your prayers are requested for:

Recently Deceased:
Fr Aidan O'Kane

Anniversaries:
James McLaughlin
Julie McAlister
Mairead Donnelly
Michael Duffy
Hugh Leslie
Rose Donaghy
Pat Ormsby
Maureen Mckenna
Jack Devitt
Judith Hewitt
Audrey Duffin
George & Mary McMillan
John & Mary Donohue

MASS TIMES NEXT WEEK

DAILY MASS:

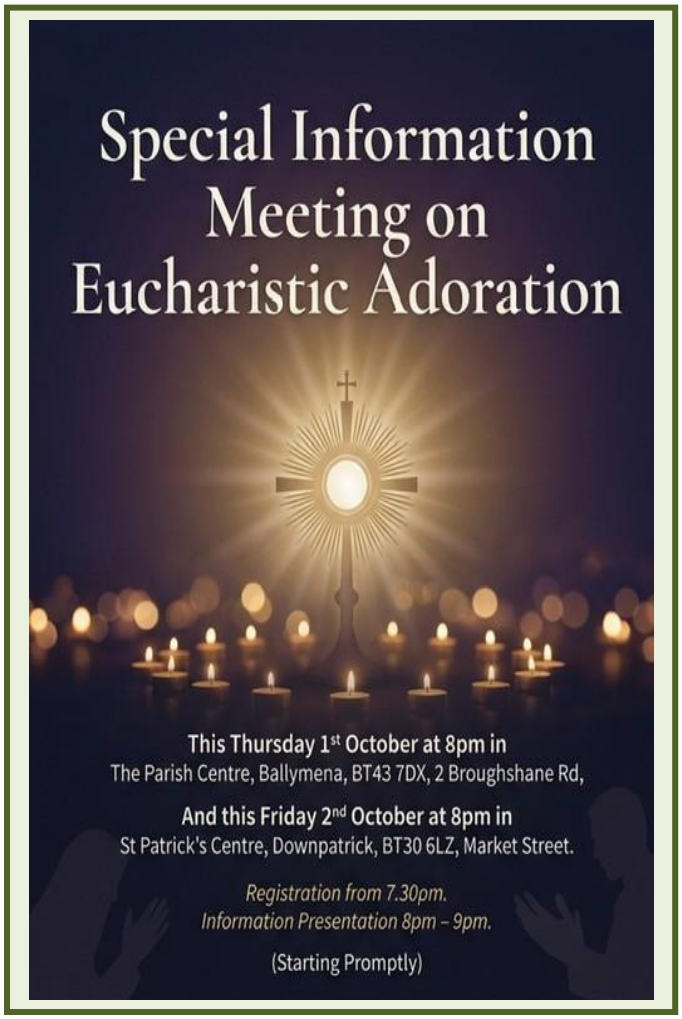
Monday 5th – Friday 9th October 2026 @ 9.30am

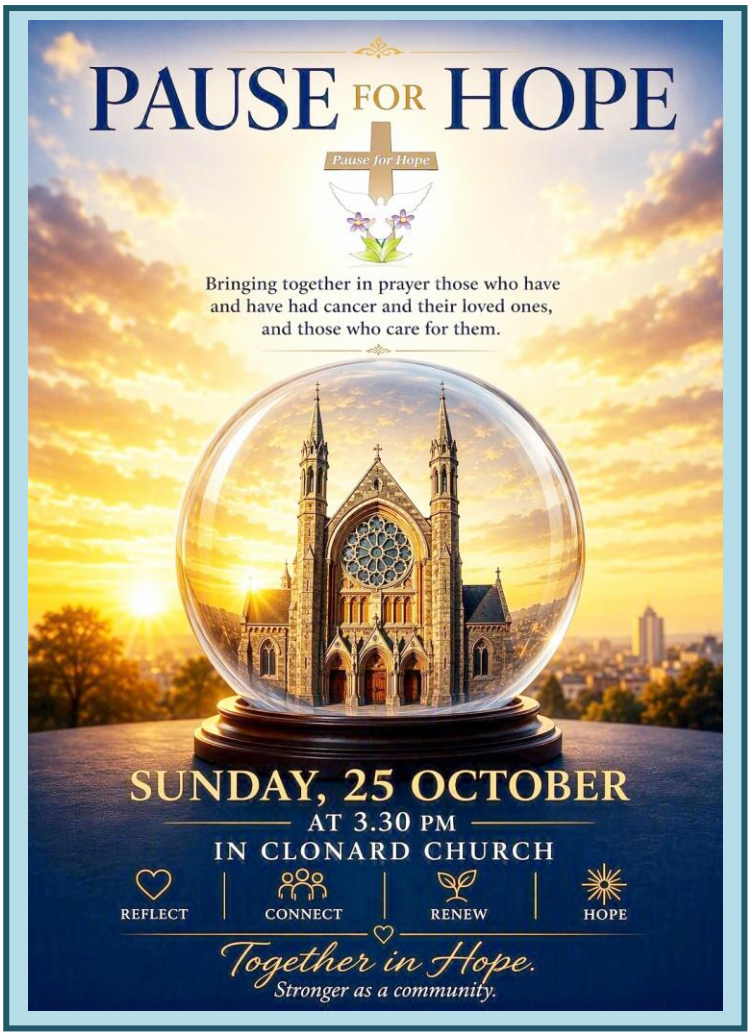
MOST HOLY REDEEMER CHURCH BALLYHOLME
Sunday 11th October 2026 @ 9am

ST COMGALL'S CHURCH BRUNSWICK ROAD
Saturday 10th October @ 6.30pm
Sunday 11th October @ 10am & 12noon

BAPTISMS

Please register online SIDE BAR under Baptism registration
Baptisms are celebrated on Sundays @ 1.15pm





PARISH CENTRE – PARISH GROUPS 2026

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
BRIDGE CLUB at 7.15pm until 9.45pm [Minor Hall] **LECTIO DIVINA GROUP** 7.30pm – 8.30pm [St Dympna's Room] **BADMINTON** NOW WEEKLY at 8 to 9pm [Main Hall]	**FRIENDSHIP CLUB** at 10.30am [Minor Hall] **IRISH DANCING CLASSES** at 6.00pm to 8.30pm [Main Hall] **SVP** at 7.30pm to 9.30pm [St Dympna's Room]	**MEDITATION GROUP** at 12pm to 1.30pm [St Dympna's Room] **FOLK GROUP** AT 6.30 -7.30pm [St Dympna's Room] **SENIOR CHOIR** At 7.30pm [St Dympna's Room] **YOUTH CLUB** AT 6.30 -8.30pm [Main Hall]	**St Comgall's Guide Unit** (Girls aged 6-18) at 6.15pm to 8pm [Main/Minor Hall] **IRISH LANGUAGE CLASS** At 7pm to 8pm [St Dympna's Room] **CEILI DANCING** at 8.15pm to 9.30pm [Minor Hall]	**Ju-Jitsu Club** (Juniors 5-15yrs) 6-7pm [Main Hall] **Discussion Group** At 7.30pm – 9pm [St. Dympna's Room]

NOTICE TO PARISHIONERS

Please be advised there will be essential water repair works carried out from Monday 05 October. Regretfully both the church toilets and the walkway between the Church, parochial house and the church carpark will be closed for the duration of the repair works.

We apologize for this inconvenience to parishioners.

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Recharge Young Adult Group

All young adults aged 18-35 are welcome to the following events in St Colmcille's, Belfast:

6th October @ 7.30pm - Holy Hour

20th October @ 7.30pm - Group Study

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Mass to celebrate – End of Season of Creation

St Peter's Cathedral, **Sunday Oct 4th at 11.00 am**

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ST COMGALL'S PARISH CENTRE

Welcome Back & Volunteers Needed!

The Parish Centre Committee sends a warm welcome to all parishioners & families!

As our calendar fills up with community events & gatherings, we are looking for friendly new **volunteers** to help out. Whether you can spare an hour for event setup, hospitality, or helping at family activities, your time makes a huge difference & we are so very grateful. To get involved or learn more please get in touch with the Parish Office & the Committee Chair will happily contact you. Thank you for your generosity in building our community. Let's make this school year a wonderful one!

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ST VINCENT DE PAUL HELPLINES

Bangor Conference 07703679384
(covering Bangor West, Clandeboye/Newtownards Road area, Kilcooley, Helens Bay and Crawfordsburn)
Ballyholme/Donaghadee Conference 07703679389. (covering Bangor city centre, Bangor East/Ballyholme, Balloo/Bloomfield Road area, Groomsport, Donaghadee and Millisle

PRAYERS AT HOLY COMMUNION

Spiritual Holy Communion Prayer

My Jesus, I believe that you are present
in the most Blessed Sacrament.
I love you above all things and
I desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you have already come,
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.
composed by Saint Alphonsus Liguori

ANIMA CHRISTI
Prayer to the Most Holy Redeemer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Never permit me to be separated from you.
From the evil enemy defend me.
At the hour of my death call me
and bid me to come to you,
that with your Saints I may praise you
for age upon age. Amen

Prayer Online: Come and join us at… www.soulparemission.com Who are we? We are a new interactive prayer website created by Jacinta Crockford DipTH, Spiritual Director living in Down and Connor. What's on offer? A variety of PDF meditations on Scripture, Mother Teresa, Ignatius Spirituality to name but a few. Lots of content to Dive into! There you will find - Podcasts on Faith, Friendship & Knowledge; Rosaries, Prayers and Marian Consecration, Videos of Reflective Prayers during Adoration. Come and join us and be part of the local prayer movement online!

CALENDAR OF SAINTS DAYS

JANUARY 2024	